



Caring for People with Mental Health and Substance Use Disorders in Primary Care Settings

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NASEM WEBINAR

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Assumptions, Experience, Perspective

- ▶ Old
- ▶ Family Doc
- ▶ Mental Health Services Researcher
- ▶ Longtime clinic nick
- ▶ Patients vs problems

Behavioral Health Consultants vs Primary Care Clinicians

- ▶ A consultant peels a problem loose from a patient and treats it like a thing
- ▶ Embedded behavioral clinicians and care managers are *primary care clinicians*

Effectiveness vs Implementation, Sustainability

- ▶ Slippage in the CoCM
 - ▶ CPC+
 - ▶ Need for psychiatrists

IBPHC, or PCBH, or IBHC

- ▶ CFHA
- ▶ Integrating behavioral healthcare into primary care vs integrating depression treatment into primary care
- ▶ The team
 - ▶ Primary clinician
 - ▶ Care manager
 - ▶ Embedded behavioral clinician
 - ▶ Usually a psychologist or social worker
 - ▶ Sometimes a psychiatrist or Psych NP

Sources of Evidence

- ▶ The Journal of the American Board of Family Medicine September 2015, 28 (Supplement 1)
- ▶ AHRQ Integration Academy
 - ▶ Integrationacademy.ahrq.gov
 - ▶ Lexicon
 - ▶ Literature collection
 - ▶ Playbooks
 - ▶ IBHC measures atlas
 - ▶ Professional practices
 - ▶ Opioid and SU Resources

Suggestions

- ▶ Disease-specific interventions are doomed to failure
- ▶ The controlled clinical trial is in trouble
- ▶ The misconceived misery of measurement
- ▶ We get what we pay for