

IMPLEMENTATION OF ESSENTIAL COMPONENTS OF CARE IN PRIMARY CARE SETTINGS

What about the children?

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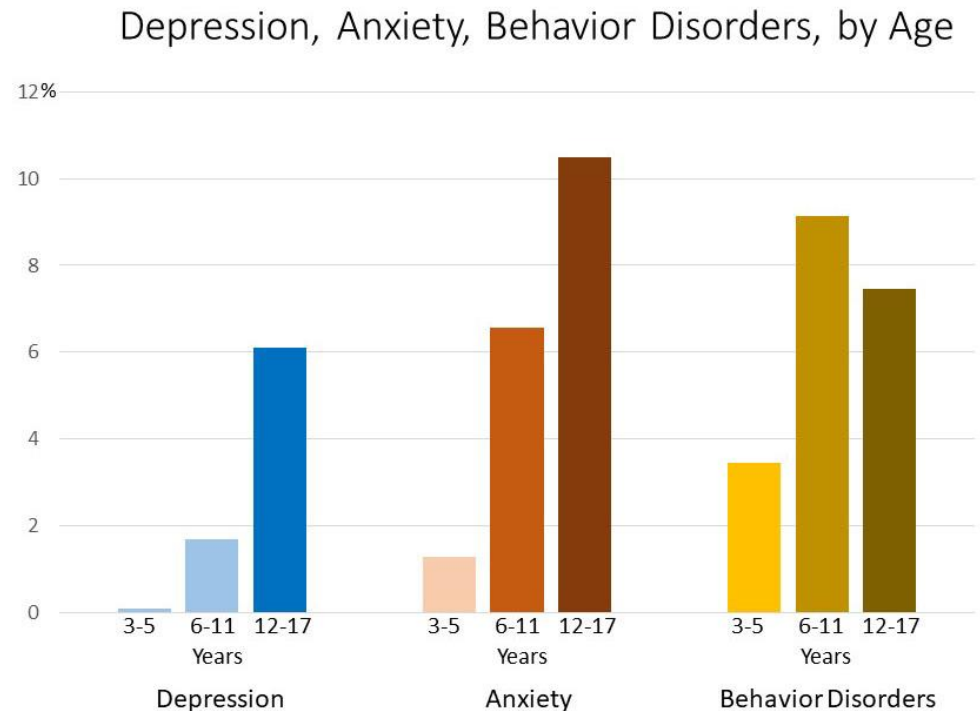
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Mental health problems are common in children and youth

- ADHD, behavior problems, anxiety, and depression are common
- Access to treatment varies by age, condition and socioeconomic status
- First line of treatment is usually in primary care



<https://www.cdc.gov/childrensmentalhealth/data.html> (Accessed 7/21/20)

What's different about children?: The 5 D's

- Development
- Dependency
- Different Epidemiology
- Demographics
- Dollars

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CHILDREN'S HEALTH, THE NATION'S WEALTH

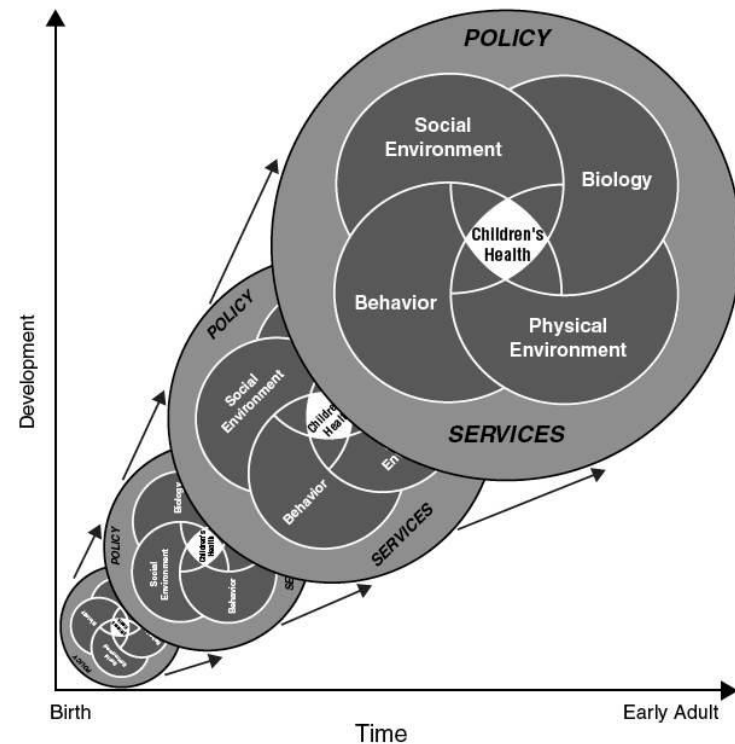


FIGURE 2-2 A new model of children's health and its influences.

Looking through a 5 D Lens

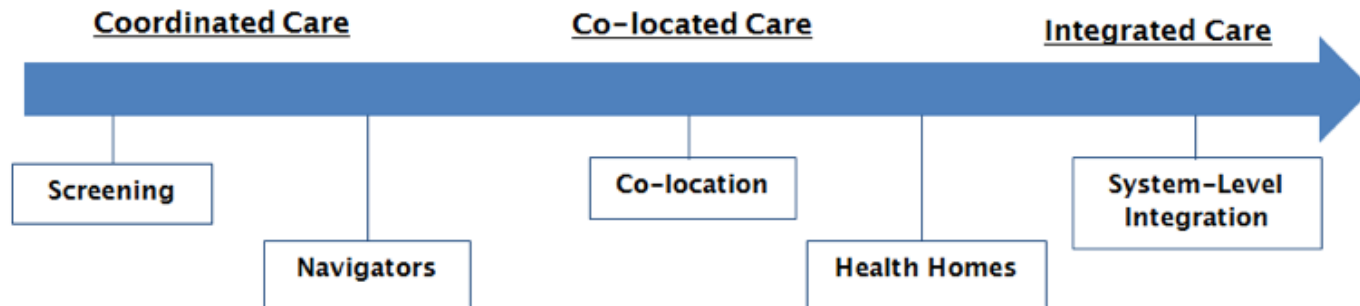
Development

Dependency
Demographics

Different Epidemiology
Dollars

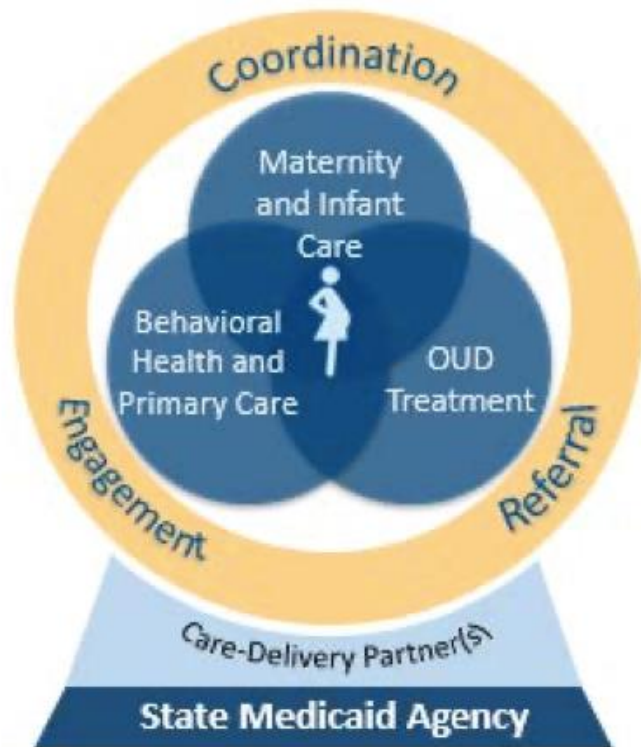
Figure 1

Continuum of Physical and Behavioral Health Care Integration



<https://www.kff.org/medicaid/issue-brief/integrating-physical-and-behavioral-health-care-promising-medicare-models> (Accessed 7/21/20)

Opioid Treatment in the Context of Maternal-Child Health



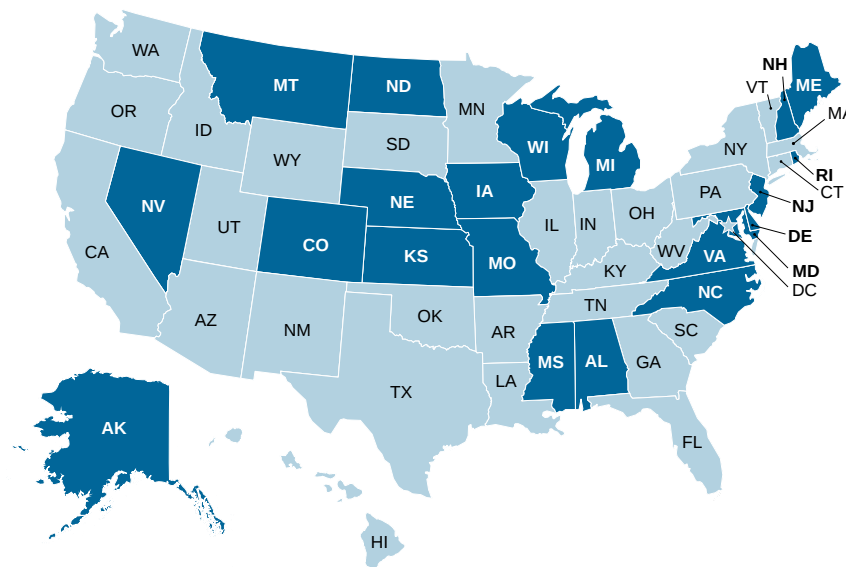
MOM Model

- *Developmental support:*
Early intervention
- *Complex family system:*
Custody issues
- *Multiple diagnoses:* Infant, mother, family
- *Demographics:* Race, rural
- *Complex payment models:*
Bundles for delivery, FFS for infant, carve-out of MH and SA

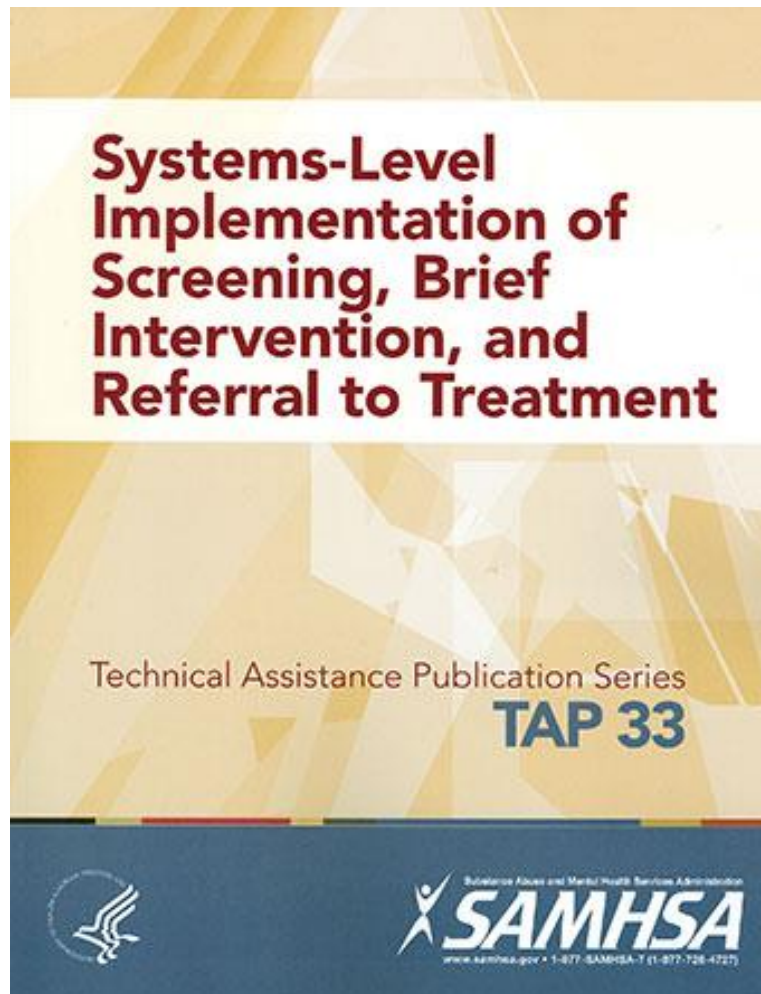
Treating Depression with a Virtual Team: Pediatric Mental Health Care Access Program

- *Developmentally appropriate:* Screeners, therapies, medications
- *Dependency:* Trauma informed, schools
- *Different epidemiology:* Anxiety, bullying
- *Demographics:* Lack of child psychiatrists
- *Complex payment models:* Line items, Medicaid, grants, fees to private payers

PMHCA Program Reach 2020



Adolescent substance abuse with an integrated team



- *Development:* Screeners, confidentiality
- *Dependence:* Relationship with family, stigma
- *Different Epidemiology:* Binging vs. chronic use
- *Demographic Pattern:* Substances vary
- *Dollars:* Paying for confidential services

Children are not little adults

- Look at the system through the 5 Ds
 - *Development*
 - *Dependency*
 - *Different Epidemiology*
 - *Demographics*
 - *Dollars*
- Integration requires a broad team
- Services need to cross systems
 - Social Service
 - Education
 - Juvenile justice





Lake Gilpin, Routt County, July 2020