

Behavioral Health (BH) Workforce: Optimizing Medication Outcomes

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August 26, 2020

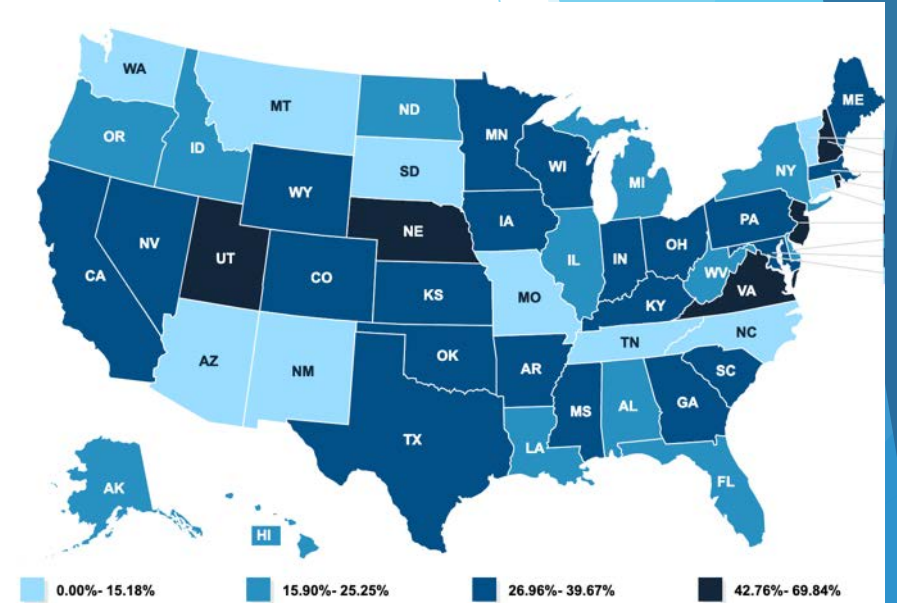


Workforce Needs

- ▶ Common co-occurring BH, substance use (SUD), and chronic medical conditions
- ▶ High morbidity, early mortality
- ▶ Complex medication regimens
- ▶ Medication access, adherence
- ▶ The Psychiatric Shortage: Causes and Solutions

National Council for Behavioral Health, March 2017, March 2018

- ▶ Underutilized healthcare professionals



<https://www.kff.org/other/state-indicator/mental-health-care-health-professional-shortage>

<https://bhw.hrsa.gov/sites/default/files/bhw/nchwa/projections/bh-workforce-projections-fact-sheet.pdf>

Integrating Clinical Pharmacists

- ▶ Doctor of pharmacy, residency training, board certified, including board certified psychiatric pharmacists (BCPP)
- ▶ Improve outcomes by medication optimization
- ▶ Comprehensive Medication Management (CMM)
 - ▶ Evidence-based process of care
 - ▶ To identify and resolve medication-related problems such as:
 - ▶ Drug interactions, adverse effects, adherence
- ▶ FQHCs, VA, Project ECHO



https://www.accp.com/docs/positions/misc/CMM_Care_Process.pdf

Key Elements and Clinical Pharmacists

Process-of-care elements

- ▶ Evidence-based care – CMM, treatment guidelines
- ▶ Team-based care – PCP, BH, pharmacy - team meetings, case reviews (ex. buprenorphine for OUD)
- ▶ Measurement-based, stepped care – referral to BH, clinical pharmacy (ex. inadequate antidepressant response)
- ▶ Self-management support – chronic conditions, adherence counseling
- ▶ Systematic QI – drug utilization reviews (population health)

McGinty EE, Daumit GL. Integrating mental health and addiction treatment into general medical care: the role of policy. *Psychiatric Services in Advance*. doi: 10.1176/appi.ps.202000183

Key Elements (cont'd)

Structural Elements

- ▶ Multidisciplinary care team – BH, psychiatric pharmacists, PCP (ex. integrated follow-up post AUD treatment)
- ▶ Individualized care plan
- ▶ Financing – adequate reimbursement for essential elements

Workforce Needs

- ▶ Interprofessional team training
- ▶ Role delineation, optimization
- ▶ Shared outcome goals
- ▶ Adequate payment
 - ▶ CMS, Collaborative Care Model

