



# JustBirth Space

Operationalizing Birth Justice  
Metrics towards Achieving Equity in  
Maternal Health

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*Advancing Diagnostic Excellence in Maternal  
Health Care: A Workshop*

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**JustBirth Space** provides individuals with free, responsive, and trustworthy virtual support to safely navigate pregnancy, birth, and the postpartum period.

Our mission is to operationalize birth justice to foster CARE (Connection, Accountability, Repair, and Equity) throughout the perinatal care system, from institutions to health care providers to birthing families.

Our work is rooted in core values of:

Anti-Racism and Equity

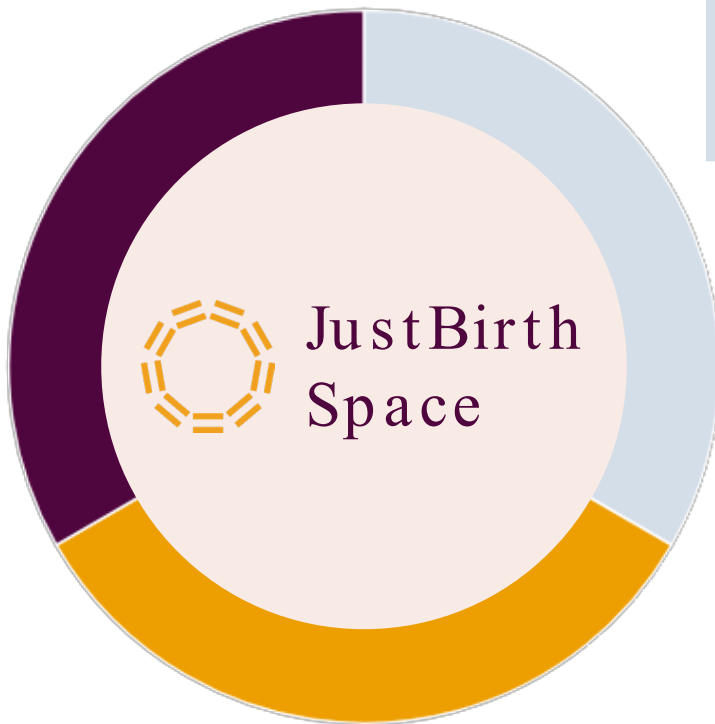
Accountability

Inclusion

# Our Model:

## Direct Services

Community-based doula support via free text, phone and video, and virtual support groups and classes



## Systems Transformation

Integration of birth justice principles into institutions through health systems partnerships and implementation

## Workforce Development

Supportive and flexible work opportunities for the community doula workforce



## HOSPITABASED NETWORKS

Montefiore Hospital  
Elmhurst Hospital  
NYU Langone  
Mount Sinai

## PARENTS

Pregnant  
Postpartum  
Extended family  
Support Systems



## COMMUNITYBASED ORGS

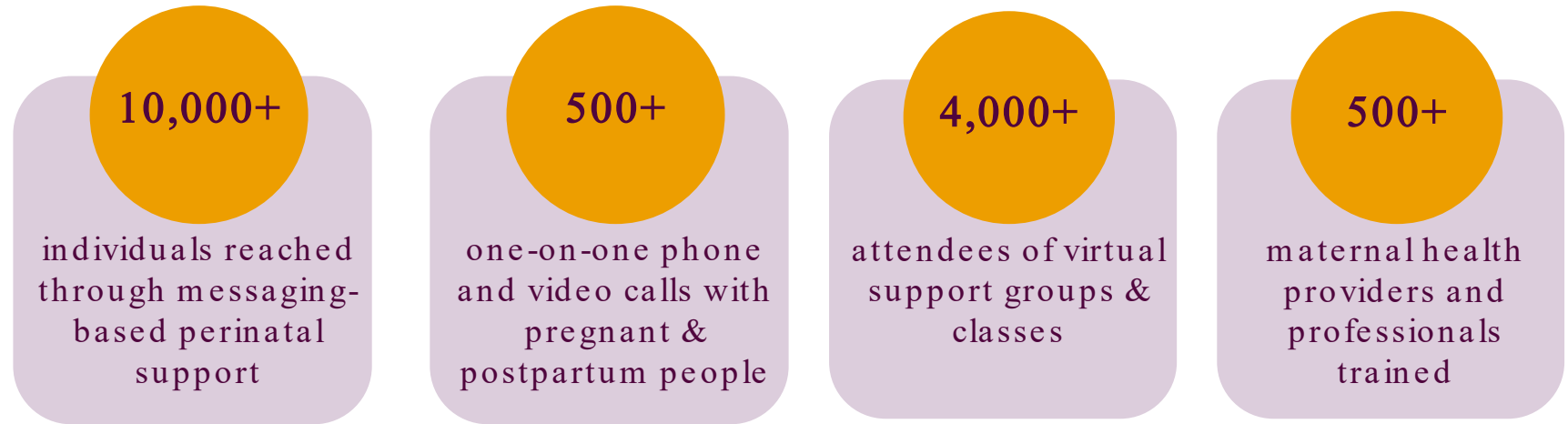
Ancient Song  
VBI  
Morris Heights Health Center  
CWAHA  
Public Health Solutions  
Bronx Healthy Start

## BIRTH ADVOCATES

Midwives  
Obstetricians  
Doulas  
Lactation Specialists  
Childbirth Educators  
Social Workers



## Expanding Reach with Proven Satisfaction



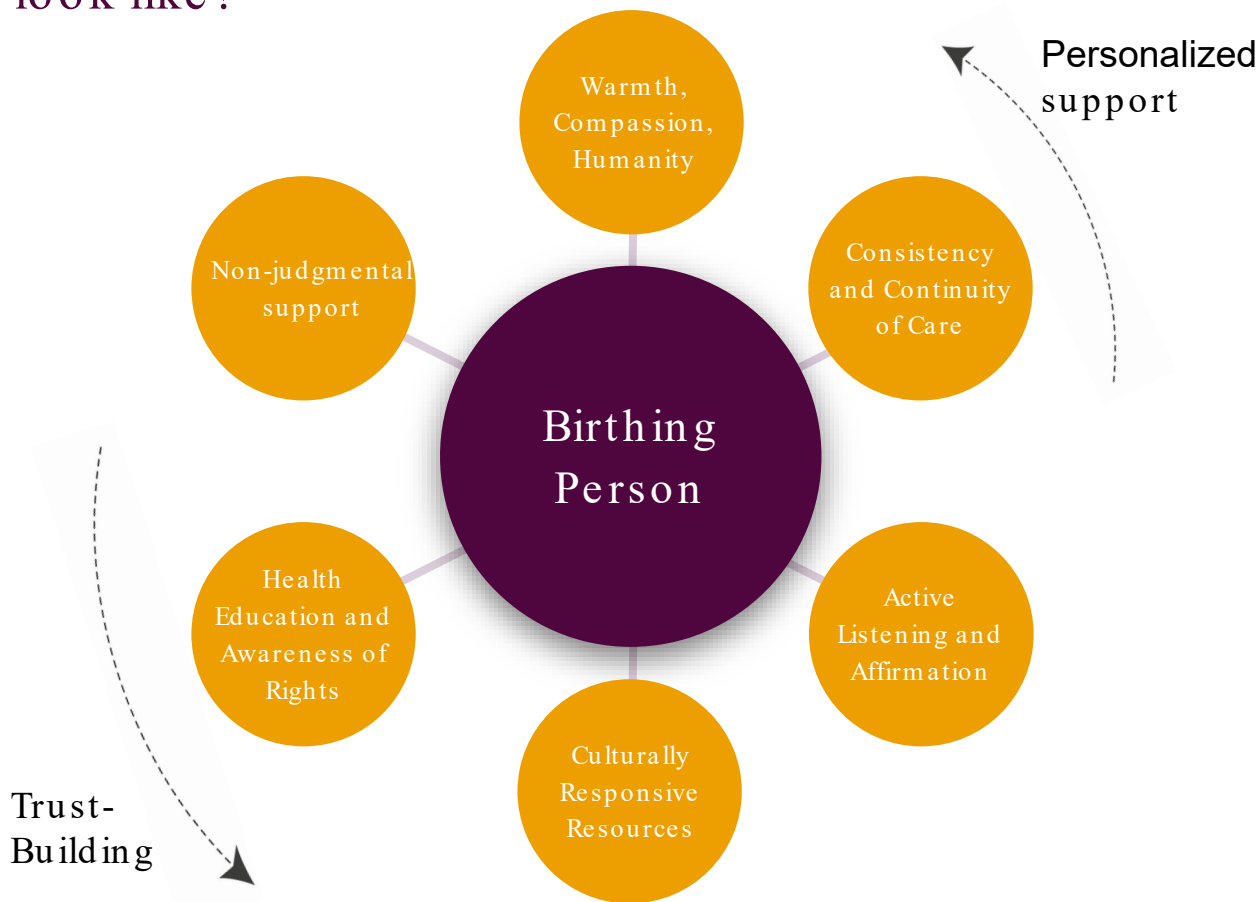
Across all services, JustBirth Space clients have described support they received to be **compassionate, accessible, inclusive, focused on trust-building, culturally responsive, and non-judgmental.**

## *Birth Justice is...*

When individuals regardless of race or gender identity are able to make informed decisions during pregnancy, childbirth, and postpartum for themselves and babies that is free from racism and implicit bias; without fear of coercion into unnecessary medical interventions, reprisal for refusal of care, and/or face inadequate medical care and are able to express their full human rights around their reproductive health choices for themselves and families that incorporates the intersectional and structural needs of the individual and communities.

*Ancient Song*

## What does operationalizing birth justice look like?

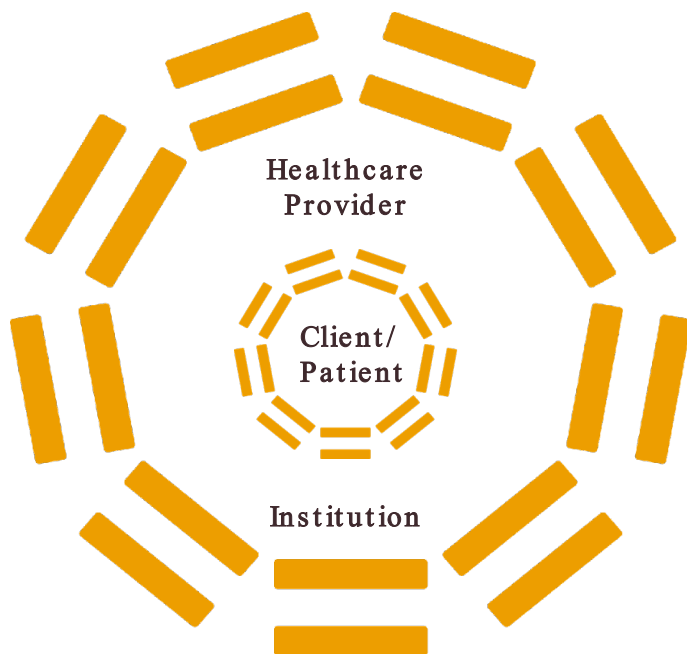




**Accountability throughout  
the perinatal care system**



We are creating JustBirth Space as an emergent and iterative solution with the long-term vision to integrate person-centered, compassionate, holistic, responsive support into the perinatal care system.



Connection (antidote to shame and blame that centers humanity)

Accountability (non-punitive pathway to healing and changed behavior)

Repair & Reconciliation  
(transformation that acknowledges the root causes of inequity)

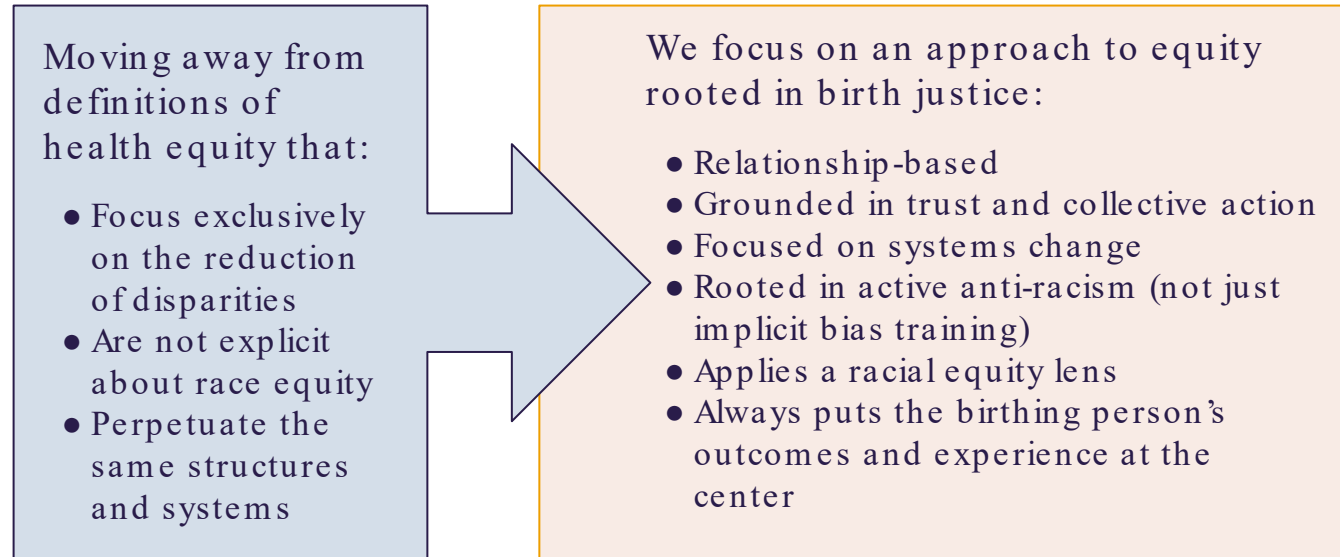
Equity (outcome based on earned trust grounded in a relational framework)



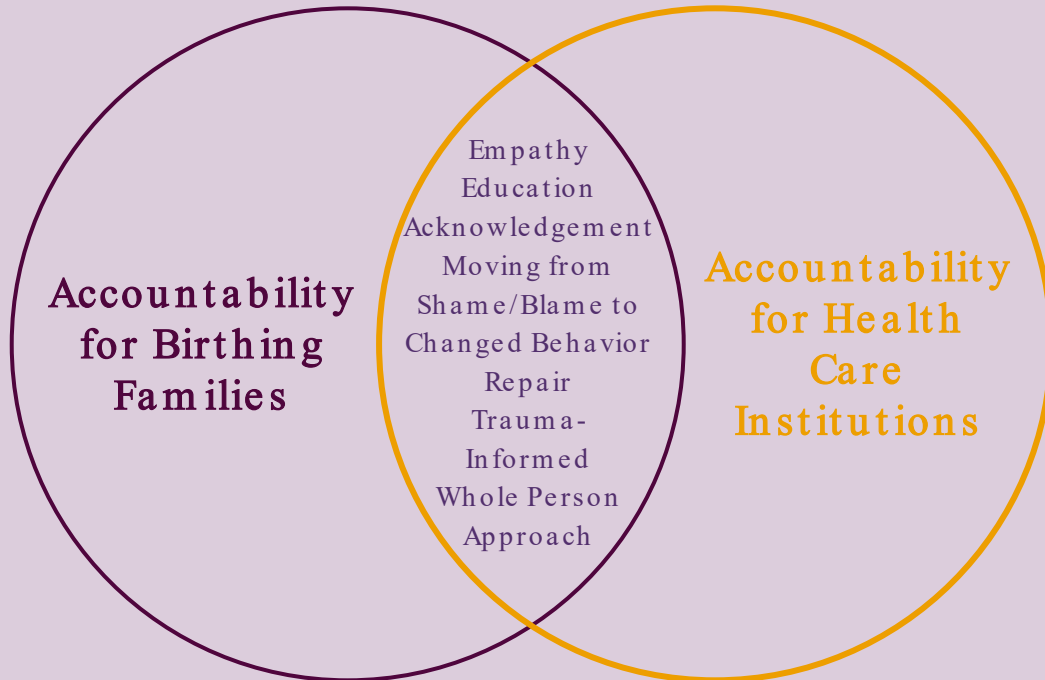


# Equity through the Lens of Birth Justice

We are actively working to reimagine and reframe equity when it comes to birth and perinatal health.



For true systems transformation, accountability cannot be punitive, and instead is a pathway to healing for birthing people, providers, institutions, and communities.



JustBirth Space has developed pathways to deepen accountability work and guide healing for birthing people, doulas and birth workers, and hospitals and health systems.



### **Direct Accountability Support**

Connections and direct support for birthing people and families to build trust, while also addressing and processing birth trauma, all within the context of the broader birth justice movement.

- Building trust and connection throughout pregnancy
- Sharing and processing birth stories
- Identifying instances of trauma or rights violations
- Defines pathway to accountability

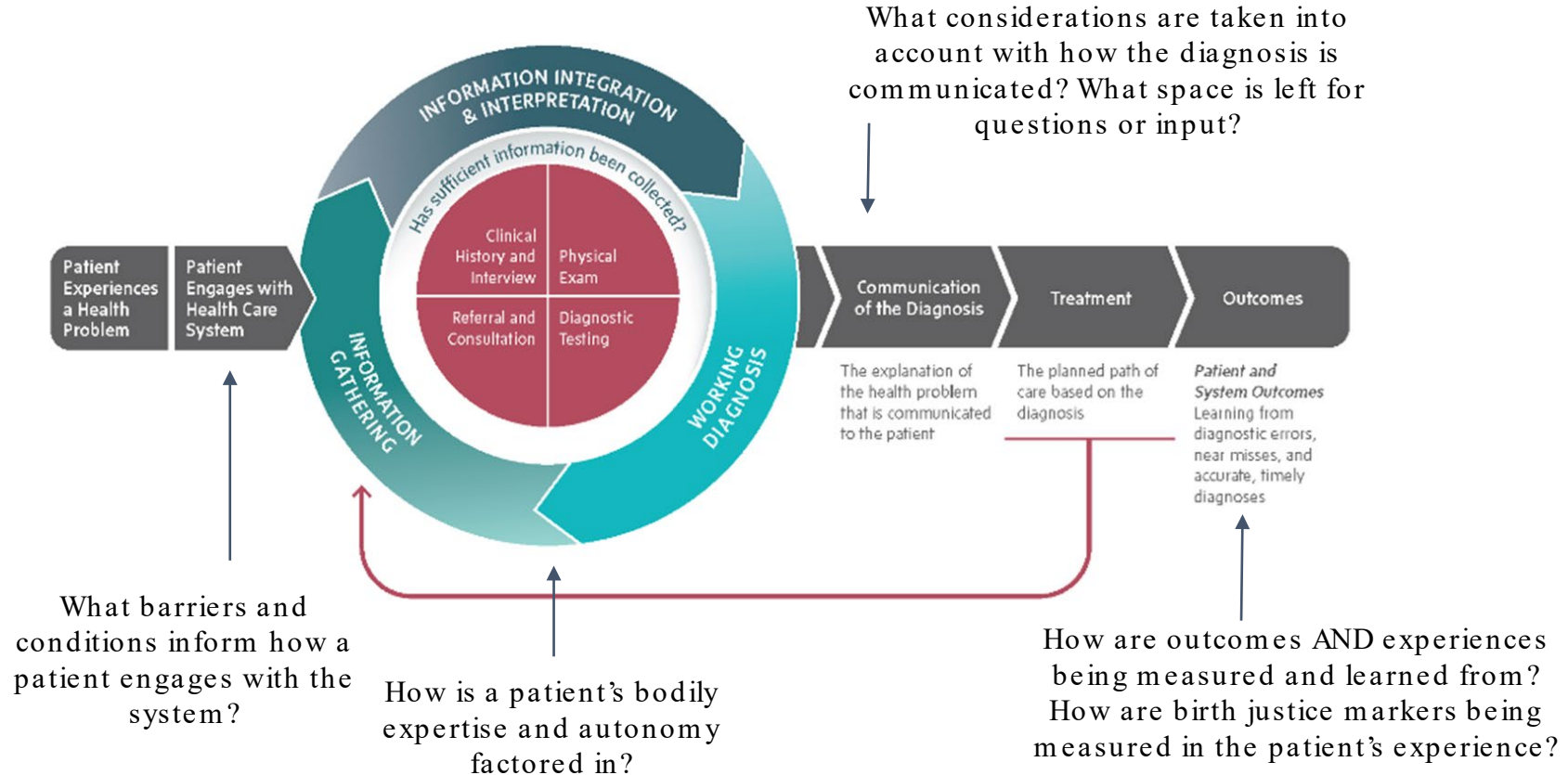
### **Health Provider Trainings**

Group trainings with residents, providers, and health system administrators focused on birth justice, human rights in childbirth, and how to implement systems change.

- Respectful maternity care
- Language of consent and shared decision-making
- Cohesion in interprofessional practices towards collaborative care
- Provider wellbeing

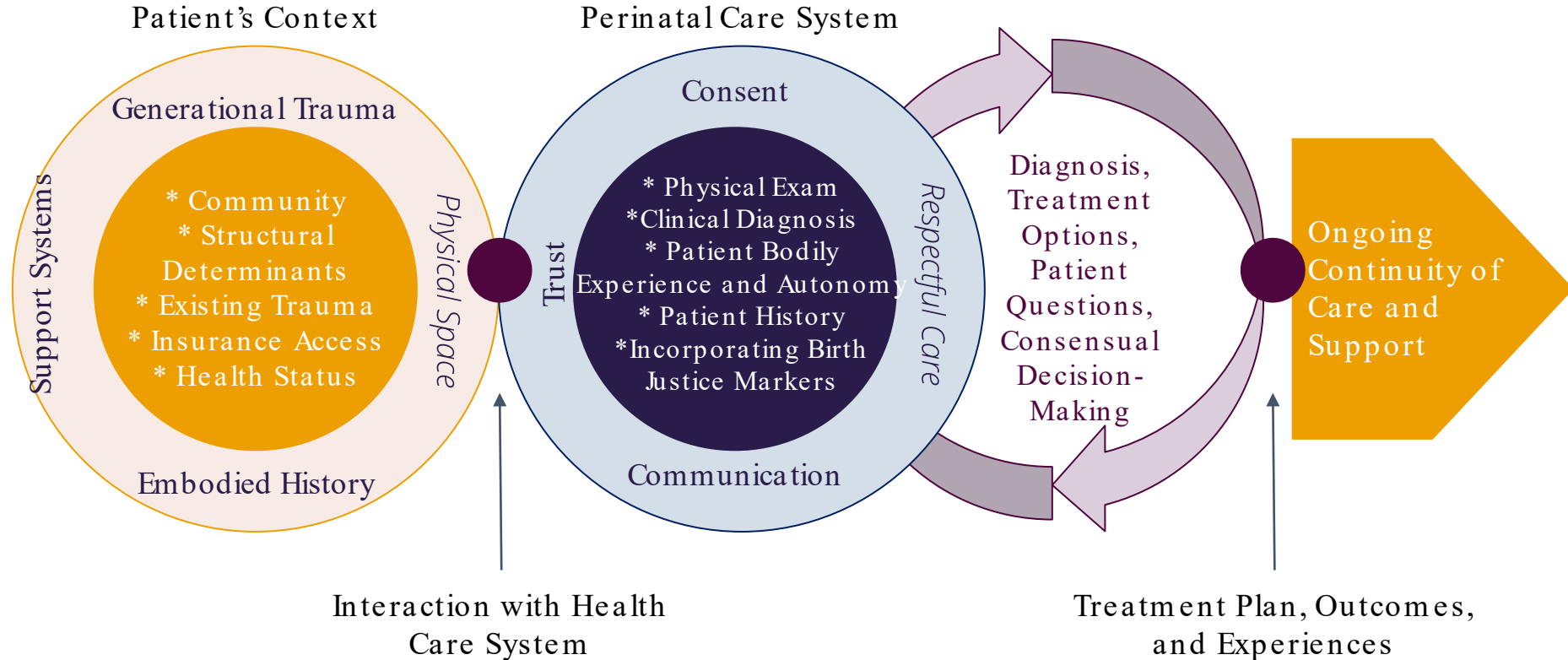


# Diagnostic Journey: Inquiring





# Diagnostic Journey: Reimagining





Give thanks!



Just Birth  
Space

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All work originated by JustBirth Space

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