Maternal Health Care Patient Perspective: Lived Experience

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I have no disclosures or conflicts of interest.

About Me

- Assistant Professor in the Department of Social Work
- Building Interdisciplinary
 Research Careers in Women's
 Health (BIRCWH) Scholar
- Daughter
- Mother
- Wife
- Women Heart Champion
- Board Chair for Equity Before Birth



All of these identities and roles I hold have been informed or impacted by one thing:













Pregnancy-related Cardiovascular Disease

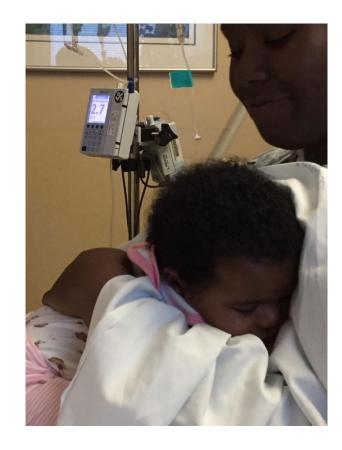
Pre-existing Conditions: - Annual exams - Obesity - No hospital stays - Family history of heart -Wisdom tooth extraction is disease (mom & dad) only surgery My Diagnostic Journey - Prenatal visits with OB **During Pregnancy:** - Shortness of breath (applied - Prepared birthing classes for handicapped parking) - Ultrasounds - Hospital tour Gestational diabetes **During Labor/Delivery:** - Membrane sweep - 10 days post EDD - Scheduled labor induction - Unplanned cesarean delivery (Foley bulb & pitocin) - Lost 20 lbs of fluid within 2 - Postpartum hemorrhage & - Receive Lasix intravenous in - Epidural days of being admitted manual clot evacuation FR - Had negative reaction to beta - Admitted to Cardiac Intensive blocker medication-coded - Physical exam & chest x-ray - OB visit at 3 weeks- flu Care Unit Postpartum (< 2 months): - Discharged from hospital after at Campus Health reveals - Begin heart medication diagnosis - Severe shortness of breath 2 weeks edema in legs, fluid in lungs, & - OB visit at 6 weeksregimen/restart regimen - Nagging cough - Ongoing care from enlarged heart postpartum depression - Temporary central line in neck - Can't lay flat cardiologist - Wheelchaired to ER-after diagnosis - 2 months of cardiac rehab - Extreme fatique -TTN genetic mutation waiting to see a doctor for - Outpatient postpartum -Regular cardiology - Nausea and vomiting identified/passed down from several hours, finally brought depression counseling with NP appointments - Radiating pain in left arm & dad back where I am diagnosed - ER visit-not seen by doctor - Ongoing medication jaw -Mom passes away from with congestive heart failure after waiting 5.5 hours management - Chest pain cardiac arrest with an EF of 5-10% - Campus Health appt 3 days - Genetic testing - Difficulty breathing - Genetic testing for daughter after ER visit **Patient Initial Patient** Evaluation & engagement Outcomes Treatment with healthcare **Symptoms** Diagnosis system











Error should never be normalized.

We have the resources to do better.

If the financial costs are not enough, the human costs should be.

We Deserve Diagnostic Excellence

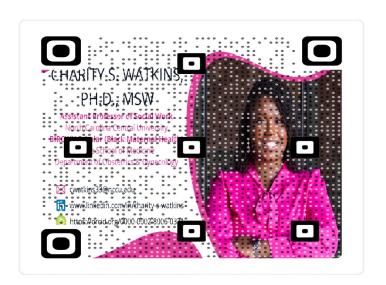
In remembrance of the woman who gave me my first heart beat I love and miss you, Ma



And for the reason my heart continues to beat I love you, Margeaux



Ways to stay in contact with me





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