

Study Designs to Benefit Older Adults: Approaches to Early Phase Therapeutic Development

Regulatory Perspectives

Atiqur Rahman, Ph.D.
Division of Cancer Pharmacology II
Office of Clinical Pharmacology
Office of Translational Sciences
Center for Drug Evaluation and Research
US. Food and Drug Administration

Disclosure Information



- This presentation reflects the views of the author and should not be construed to represent FDA's views or policies
- I have no financial relationships to disclose.
- I will not discuss any specific off label use and/or investigational use in my presentation.

Some Numbers to Ponder



Global

 65 years or above – 9%

North American

65 years or above – 17%

United States

 By 2030, 70% of all new cancer diagnosis in patients 65 years or older



Trial median age is 6.5 years younger than disease population: Ethan. Ludmir et.al. JAMA Oncology, 5(12); 1769-1773, 2019



Patients with cancer over 80 years – 16%, Registration trial representation -4%:Bindu Kanapuru et. al. JCO, 35(15S); 2539-2539, 2017

What Will I Cover today?



Regulatory Initiatives

 Early Phase Data to Support Inclusion of Older Adults in Cancer Clinical Trials

Summary

Regulatory Initiatives



1989 – Guideline for the Study of Drugs likely to be used in the Elderly

1994 – Studies in Support of Special Populations: Geriatrics (ICH E7)

2010 – E7 studies in Support of Special Populations: Geriatrics updated

2020 – Geriatric Information in Human Prescription Drug and Biological Product Labeling – Guidance for Industry (Draft)

2020 – Inclusion of Older Adults in Cancer Clinical Trials (Draft)

Data Generated in Nonclinical Drug Development Program

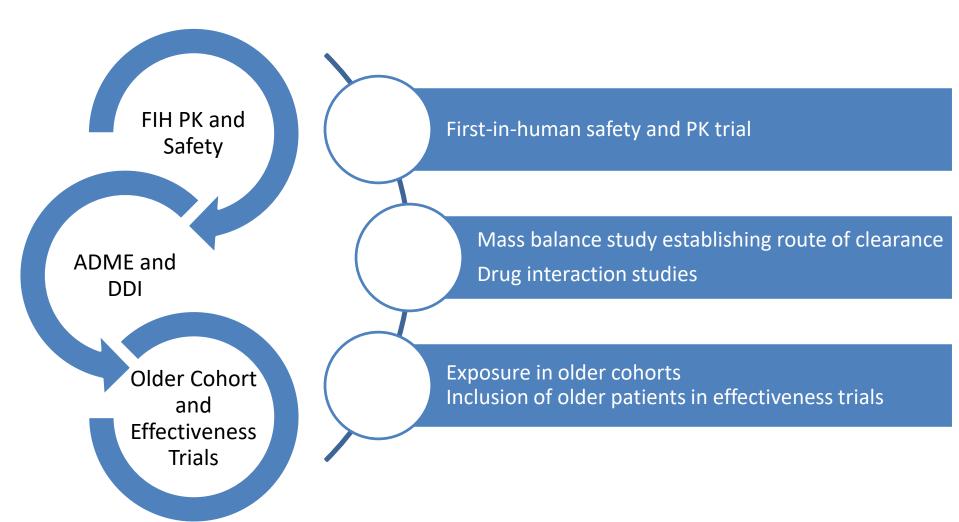


- Nonclinical Animal Pharmacology
- Nonclinical Animal Toxicology
- In vitro drug metabolism pathways
- Identification of biomarkers

No specific animal study is conducted to assess impact of age on pharmacology and toxicology of a drug

Early Phase Clinical Trials





Clinical and Nonclinical Information Supporting Inclusion of Older Patients



in Clinical Trials Early Quantitative exposure and safety System **Nonclinical** Pharmacology Population PK, PK/PD and PBPK

Summary



- Regulatory initiatives promote inclusion of older patients in clinical trials
- Data from the entire drug development program should be analyzed for safe inclusion of older patients in clinical trials
- Clinical Pharmacology data and tools can assess adaptive inclusion of older patients in various phases of clinical trials
- FDA, industry, and academics need to work together to change the landscape

ACKNOWLEDGEMENTS



FDA

- S.W. Johnny Lau
- Harpreet Singh
- Brian Booth
- DCP I, DCP II, DPM

Academics

- Donald Harvey
- Michael Maitland

Thank you

References



- www.worldmeters.info/world-population/
- Ethan B. Ludmir et.al. JAMA Oncology, 5(12);
 1769-1773, 2019
- Jennifer Abbasi. JAMA, 322(18); 1751-1753, 2019
- Bindu Kanapuru et. al. JCO, 35(15S); 2539-2539, 2017
- https://www.fda.gov/regulatoryinformation/search-fda-guidance-documents