

Improving Nursing Home Quality

NASEM

April 13, 2021

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Key Roles that Influenced my Comments

- Geriatrician and medical director in nursing homes since 2004
- Chief Medical Officer Signature HealthCARE- 2016 to Present
- President AMDA Society of Post Acute and Long-term Care Medicine- 2019-2020
- Board member TimeSlips- a non-profit organization to bring creative engagement to nursing home patients- 2017 to Present
- Medical director for a Center for Medicare and Medicaid Services Innovation Center initiative to reduce avoidable hospitalizations in Indiana- 2012-2016
- Member several state- level committees /taskforces for nursing home quality
- An observant, concerned citizen and consumer of healthcare

Disclaimer: I present these views, strictly as my own, and not of the organizations I associate with

Effects of an Intervention to Reduce Hospitalizations From Nursing Homes

A Randomized Implementation Trial of the INTERACT Program

Robert L. Kane, MD; Peter Huckfeldt, PhD; Ruth Tappen, EdD, RN; Gabriella Engstrom, PhD, RN; Carolina Rojido, MD; David Newman, PhD; Zhiyou Yang, BS; Joseph G. Ouslander, MD

CONCLUSIONS AND RELEVANCE Training and support for INTERACT implementation as carried out in this study had no effect on hospitalization or ED visit rates in the overall population of residents in participating NHs. The results have several important implications for implementing quality improvement initiatives in NHs.

Advance Care Planning Video Intervention Among Long-Stay Nursing Home Residents

A Pragmatic Cluster Randomized Clinical Trial


Susan L. Mitchell, MD, MPH; Angelo E. Volandes, MD, MPH; Roee Gutman, PhD; Pedro L. Gozalo, MSc, PhD; Jessica A. Ogarek, MS; Lacey Loomer, MSPH; Ellen M. McCreedy, PhD; Ruoshui Zhai, MS; Vincent Mor, PhD

CONCLUSIONS AND RELEVANCE This study found that an ACP video program was not effective in reducing hospital transfers, decreasing burdensome treatment use, or increasing hospice enrollment among long-stay residents with or without advanced illness. Intervention fidelity was low, highlighting the challenges of implementing new programs in nursing homes.

Key Recommendation



Improving quality of our nursing homes
NHs requires a complete evidence-based
redesign of every aspect of care





#1. Regulatory Distractions Negatively Influence Quality of care



#2. Carrots and Sticks Systems Don't Improve Quality

Editorial

No One Cares When Planes Don't Crash: The Message for Long-term Care

Arif Nazir MD, CMD, FACP, AGSF^a, Sheryl Zimmerman PhD^{b,*}, Michele L. Meyer^c

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#3. Broken Quality Measurement Systems

Annals of Internal Medicine


ORIGINAL RESEARCH




Allocation of Physician Time in Ambulatory Practice: A Time and Motion Study in 4 Specialties

Christine Sinsky, MD; Lacey Colligan, MD; Ling Li, PhD; Mirela Prgomet, PhD; Sam Reynolds, MBA; Lindsey Goeders, MBA; Johanna Westbrook, PhD; Michael Tutty, PhD; and George Blike, MD

- In ambulatory practices, physicians only spent 37% time in direct patient care
- Most of the other time spent in documentation and admin tasks



#4. Passionate Advocacy Important But not Enough for Quality Systems



Focus Area 1

Survey and Accountability Upgrade

Editorial

Time for an Upgrade in the Nursing Home Survey Process: A Position Statement From the Society for Post-Acute and Long-Term Care Medicine

Arif Nazir MD, CMD, AGSF, FACP^{a,b,*}, Karl Steinberg MD, CMD, HMDC^c,
Michael Wasserman MD^d, Alan C. Horowitz Esq. RN^e, James E. Lett II MD CMD-R^f

Focus Area 2: Internal Motivation and Behavioral Economics to Instill Change

Drive: The Surprising Truth
About What Motivates Us,
Daniel Pink



Focus Area 3



Relevant Quality Measures



Focus Area 4



Ease in Documentation and Meaningful
Analytics for Decision-making



Focus Area 5: Wellness and Purpose



March 14, 2019

Kentucky nursing homes use \$750K in penalty dollars to stage series of ambitious plays with residents

[Marty Stempniak](#)

Here's How Putting on a Show is Working to Improve Life for Kentucky Nursing Home Residents

By ELIZABETH KRAMER | JUN 27, 2019

Key Recommendation

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Thank you
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