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Racism is a Public Health Crisis

Michelle A. Williams, ScD

Dean of the Faculty, Harvard T.H. Chan School of Public Health

Angelopoulos Professor in Public Health and International Development,
Harvard T.H. Chan School of Public Health and Harvard Kennedy School



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Nationwide, Black people are dying at 2.1 times the rate of white people.

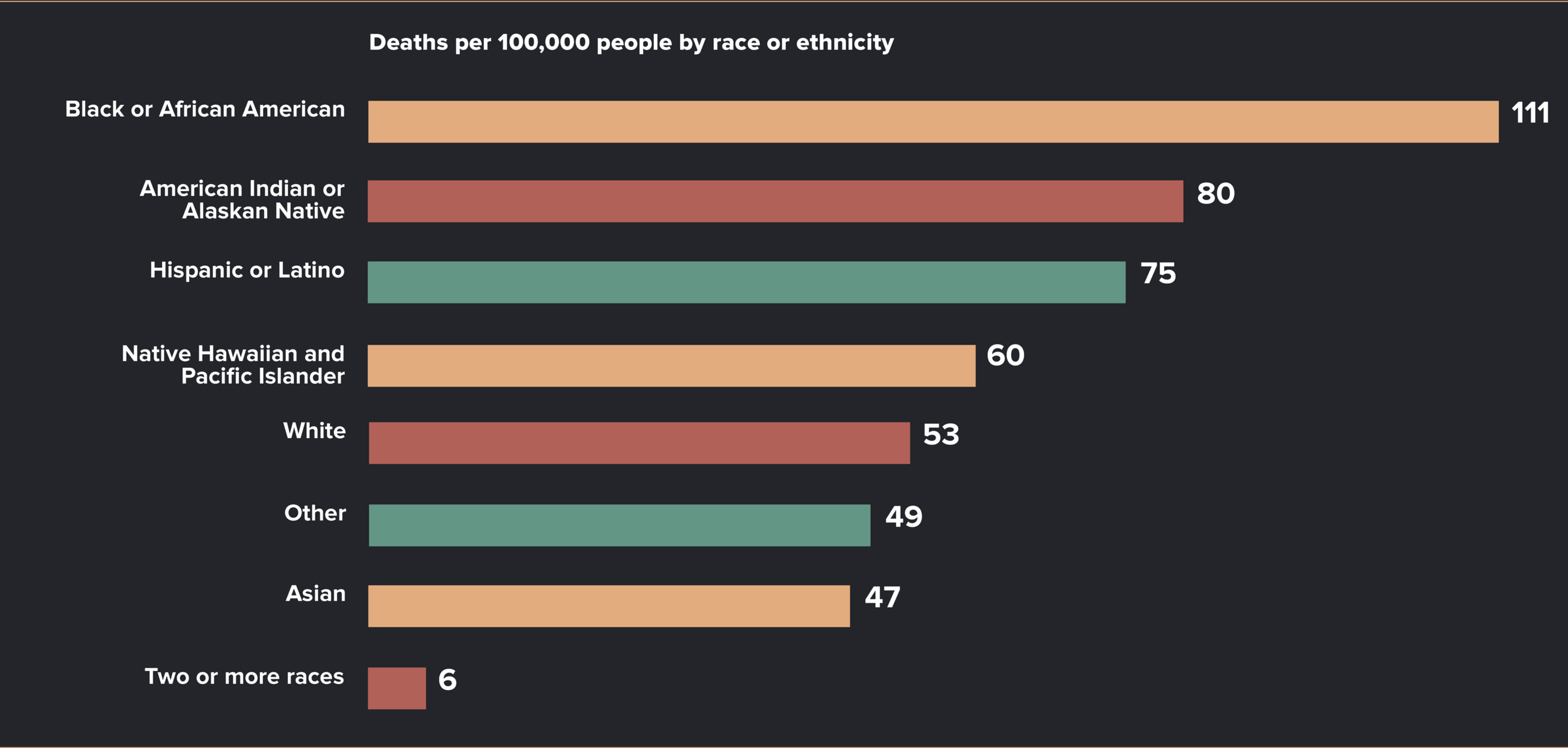


TABLE 1. Respondent characteristics and prevalence of adverse mental health outcomes, increased substance use to cope with stress or emotions related to COVID-19 pandemic, and suicidal ideation — United States, June 24–30, 2020

RACE/ETHNICITY	All respondents who completed surveys during June 24–30, 2020 weighted* no. (%)	WEIGHTED %*						
		CONDITIONS				Started or increased substance use to cope with pandemic-related stress or emotions¶	Seriously considered suicide in past 30 days	≥1 adverse mental or behavioral health symptom
		Anxiety disorder†	Depressive disorder†	Anxiety or depressive disorder†	COVID-19–related TSRD§			
White, non-Hispanic	3,453 (63.1)	24.0	22.9	29.2	23.3	10.6	7.9	37.8
Black, non-Hispanic	663 (12.1)	23.4	24.6	30.2	30.4	18.4	15.1	44.2
Asian, non-Hispanic	256 (4.7)	14.1	14.2	18.0	22.1	6.7	6.6	31.9
Other race or multiple races, non-Hispanic••	164 (3.0)	27.8	29.3	33.2	33.2	33.2	33.2	43.8
Hispanic, any race(s)	885 (16.2)	35.5	31.3	40.8	35.1	21.9	18.6	52.1

Corresponding author: Rashon Lane for the CDC COVID-19 Response Team, Rlane@cdc.gov.

Thank you.

Visit hsph.me/racism to read more.

