# OVERVIEW OF TELEHEALTH TERMINOLOGY AND MODALITIES

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#### **Background**

Education –

BS – The Ohio State University, 1980 MBA – The University of Dayton, 1988

# My thoughts

#### Faculty -

Professor of Public Health Sciences, Department of Environmental and Public Health Sciences – MPH Program Director/Interim Division Director\* (\*Appointment in Political Science)

Director, UC Space Research Institute for Discovery and Exploration

(Faculty appointments at <u>George Washington University, Wright State University, Yale University, Virginia Commonwealth University – Medical College of Virginia, International Space University)</u>

#### Other Activities –

Member National Quality Forum – Telehealth Committee

Co-Chair – Federal Telehealth 'FedTel' working group

Co-Chair – Governance Committee – NATO, Romania/Russia Multinational Telemedicine System for Emergencies

Fulbright Specialist - US Department of State's Bureau of Education and Cultural Affairs (BECA) and Council for International Exchange of Scholars - Macedonia

Special Assistant to the Chief Health and Medical Officer, NASA Headquarters, Washington, DC (NASA – Funded)

Book Editor – Space Physiology and Medicine – Evidence and Practice, 4th Edition, Springer

Book Editor – Engineering, Life Sciences, and Health/Medicine Synergy in Aerospace Human Systems Integration 'The Rosetta Stone Project

Book Editor - Telemedicine, Telehealth, and Telepresence: Principles, Strategies, Applications and New Directions.

Editor-in-Chief, Telemedicine and e-Health Journal

Editorial Board / Reviewer for 55+ international journals

Published >400 books, book chapters, peer-reviewed manuscripts, editorials, perspectives and federal/state reports

Travel to conduct research, teach or implement healthcare systems (telemedicine) in numerous countries

## Definitions

- Depends on who you ask?
- □ Legislative intent Federal
- □ Associations (ATA, AMA, ACP, etc.)
- □ States wide variety



- 1. Doarn CR, Pruitt S, Bott DM, Riley W, Lamer C, Oliver, A, Jacobs J. The US Government's Approach to Defining Telehealth. *Telemed J E Health* 2014;20(5):409-18.
- 2. Sood S, Jugoo S, Dooky R, Mbarika V, Prakash N, Merrell RC, Doarn CR. What is telemedicine?: 104 peer-reviewed perspectives and theoretical underpinnings. *Telemed J E Health* 2007;13(5):573-90. Cited 548 times

# Definitions

WHealth

e-Health

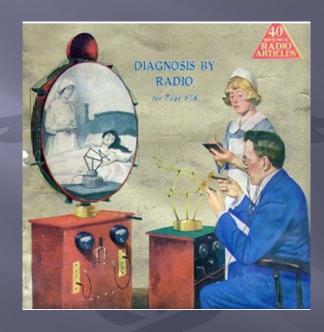
**Telehealth** 

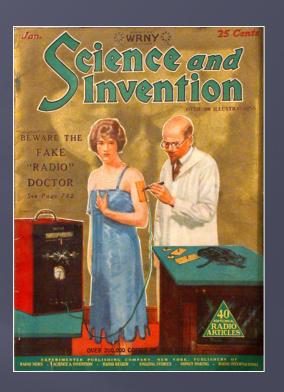
**Telemedicine** 

personalized

# **Historical Perspectives**

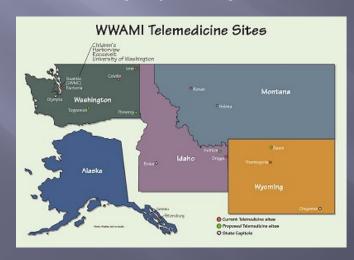






# We Begin in the 1950s

- ☐ Nebraska 1950s
- ☐ Space Exploration (early 60s)
- ☐ Mass General (mid 60s)
- □ WAMI (1970)
- ☐ STARPAHC (mid 70s)
- ☐ Disasters (mid 80s)
- ☐ Military (early 1990s)













### Change

■ World Wide Web

Crazy!

- ☐ Online CME
- □ Health Information Technology (HIT)
- ☐ Data lots and lots of data
  - Everywhere and from everything
- ☐ Records
  - □ EMR/EHR
  - ☐ Vital records informatics







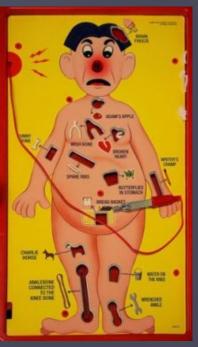


# Challenges and Opportunities

- Barriers
- → Access
- Legal / Licensing
- Reimbursement
- National Trends
- Liability
- Variability by state
- Increased access
- Limited personnel
- Growing demand
- Consumerism

- Consumerism
- Healthcare reform
- Informatics
- Willingness to Pay
- Technology
- Training
- Acceptance
- Legislation
- Attitudes
- □ Leadership or lack of it!!





# Modalities

- Synchronous
- Asynchronous
- Remote monitoring
- □ AI/Robotics









## Systems Approach

- □ Needs assessment
- ☐ Identify the problem(s)
- Identify a champion
- Solicit input from all involved
- ☐ Develop a plan
- ☐ Train / educate / prepare
- □ Implement
- ☐ Conduct the plan
- ☐ Review the plan feed back
- ☐ Transition the plan

Initiate

Build

Operate

Transfer

Latifi R, Merrell RC, Doarn CR, et al. "Initiate-Build-Operate-Transfer" A strategy for establishing sustainable telemedicine programs in developing countries: Initial lessons from the Balkans. Telemed J E Health – 2009: 15(10):956-59.

# Applications

- ☐ Virtually all medical disciplines/specialties
- ☐ Home-based care
- ☐ Patient Centered Medical Home
- ☐ Virtual presence
- Accessibility
- ☐ Consumer awareness
- ☐ Growing acceptance

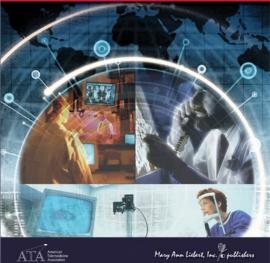


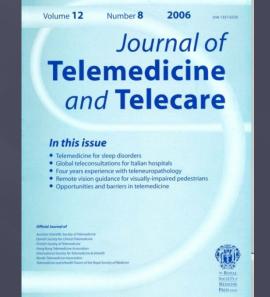


## **Evidence Base**

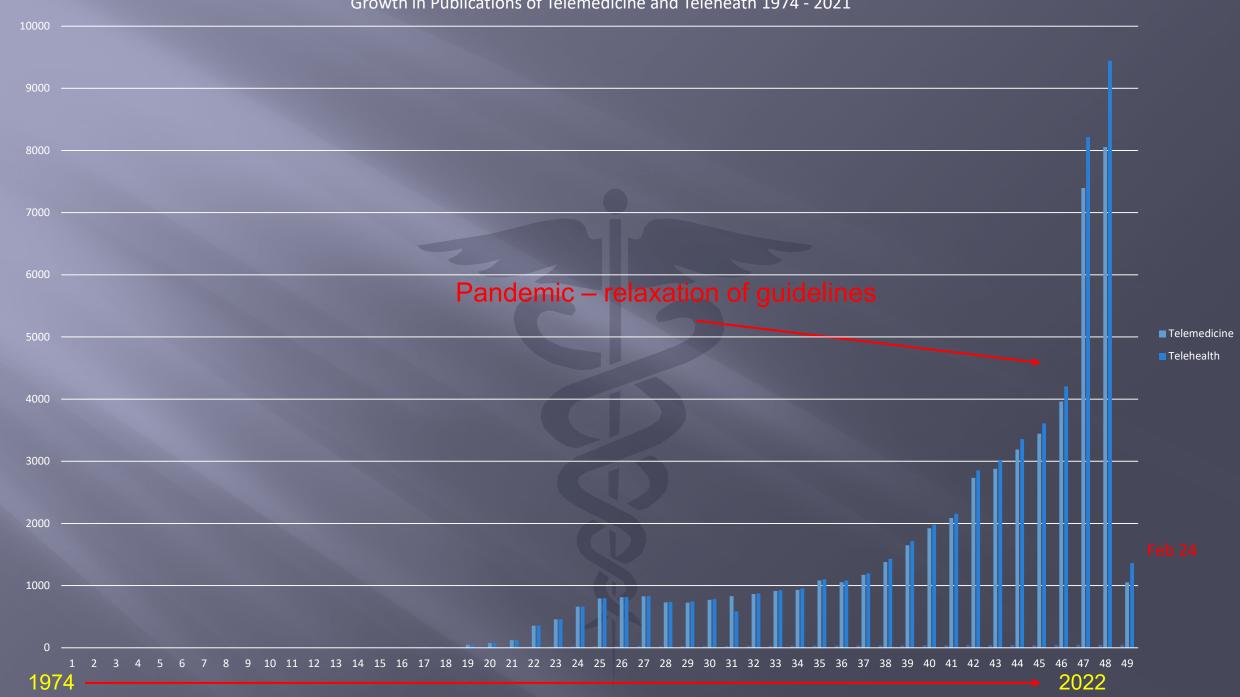
- Telemedicine and e-Health Journal
- Journal of Telemedicine and Telecare
- Intl J Telemedicine & Applications
- Annual Rev CyberTherapy & Telemedicine
- Ukranian J Telemedicine & Medical Telematics
- J eHealth Technology & Application
- European J ePractice
- Intl J e-Health & Medical Communication
- J Pervasive & Mobile Computing
- J Healthcare Engineering
- J Health & Technology
- J Technology in Human Service
- Journal of Smart Homecare Technology and TeleHealth
- Others Specialty Journals
  - > JAMA
  - Health Affairs
  - > BMJ
  - > NEJM







| Decade      | Telemedicine (TM) | Telehealth (TH) | COVID   | TM & COVID | TH & COVID |
|-------------|-------------------|-----------------|---------|------------|------------|
| 1900-1970   | 0                 | 0               | 0       | 0          | 0          |
| 1971 – 1980 | 26                | 28              | 0       | 0          | 0          |
| 1981 - 1990 | 30                | 38              | 0       | 0          | 0          |
| 1991 – 2000 | 4,153             | 4,172           | 0       | 0          | 0          |
| 2001 – 2010 | 9,077             | 8,984           | 0       | 0          | 0          |
| 2011 – 2019 | 23,243            | 24,332          | 39      | 1          | 1          |
| 2020        | 7,397             | 8,215           | 89,505  | 3,547      | 3,877      |
| 2021        | 8,056             | 9,440           | 135,583 | 4,288      | 5,306      |
| 2022 - Feb  | 1,053             | 1,364           | 21,593  | 580        | 743        |
| TOTAL       | 53,035            | 56,573          | 246,751 | 8,416      | 9,657      |



#### **Humans and Robots**

- □ Tasks
- ☐ Relationships?
- ☐ Soft robotics
- ☐ AI Dx

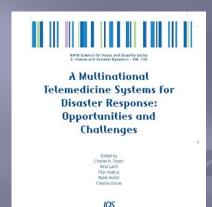


Source: Labmedia

- 1. https://www.wired.com/2017/10/hiroshi-ishiguro-when-robots-act-just-like-humans/
- 2. Yamaguchi H. "Intimate relationship" with "virtual humans" and the "socialification of familyship. *Paladyn, J Behav Robotics*. 2020;11:379-69

# Telemedicine and e-Health





The NATO Science for Peace and Security Programme

### Evidence

Telemedicine, Telehealth and Telepresence

> Principles, Strategies, Applications, and New Directions

Rifat Latifi Charles R. Doarn Ronald C. Merrell Editors



