

Research Challenges and Opportunities with Minoritized Populations

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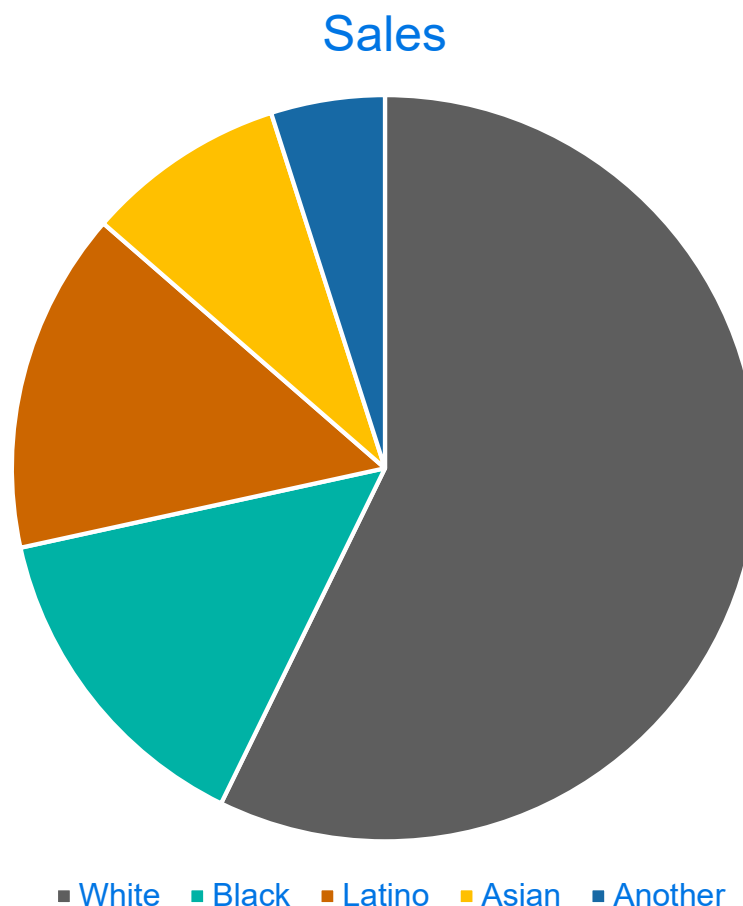
Funding

National Institute on Aging

K01AG065420

41.8 Million
Caregivers

Family Caregivers by Race/ Ethnicity



Health Disparities

Preventable differences in disease burden, injury, violence, or opportunities to achieve optimal health:

- Disease risk
- Diagnosis
- Disease progression
- Treatment response
- Caregiving
- Access to care
- Quality of life
- Education
- Socioeconomic status
- Lifetime and lifestyle differences

Types of Assistance Provided

Instrumental Activities of Daily Living

- Telephone Use
- Shopping
- Transportation
- Paying Bills
- Preparing Meals
- Laundry
- Housework
- Taking Medications

Activities of Daily Living

- Getting in and out of bed and chairs
- Getting dressed
- Using the toilet
- Bathing or showering
- Feeding
- Dealing with incontinence

Black Dementia Family Caregivers

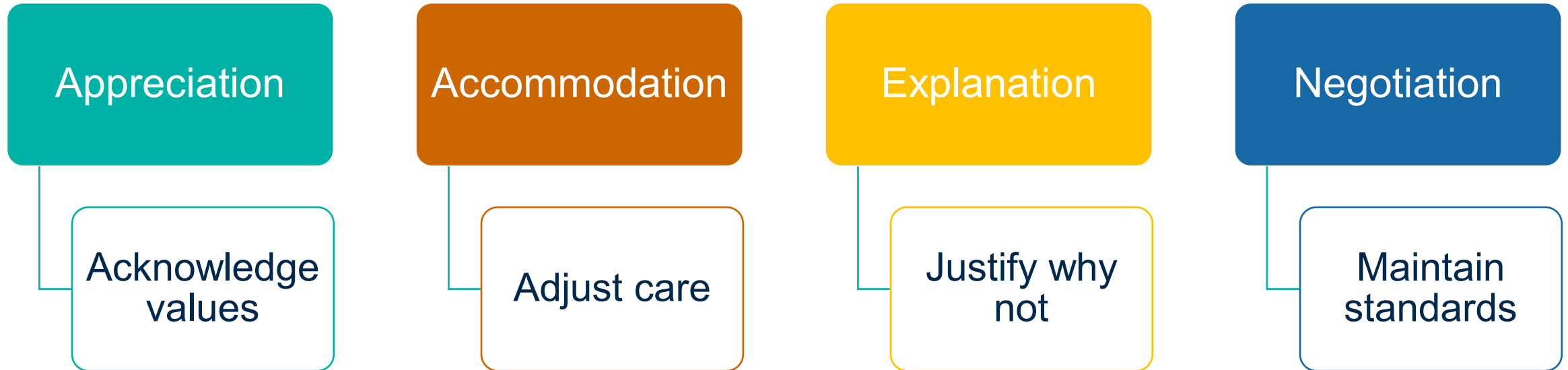
- Increased risk for Alzheimer's disease and other cognitive impairments
- Dementia related diagnoses late stage
- Income variances that affect care options
- Lower Education
- Lower Income
- Increased co-morbidities and overall disease burden

Institutional Racism

The policies, procedures, practices, and power structures that center a White frame of reference and assign value and structure opportunities based upon one's physical characteristics (race/ ethnicity)



Cultural Congruency



Key CLAS Standards

Standard 9

Establish culturally and linguistically appropriate goals, policies, and management accountability, and infuse them throughout the organization's planning and operations.

Standard 10

Conduct ongoing assessments of the organization's CLAS-related activities and integrate CLAS-related measures into measurement and continuous quality improvement activities.

Culturally Responsive Protocols

1. Engage focus groups prior to study implementation
2. Consider population “facts” and evaluate for bias
3. Implement targeted recruitment strategies
4. Managing hard-to-reach populations



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