



SAN DIEGO
DOMESTIC VIOLENCE
• COUNCIL •

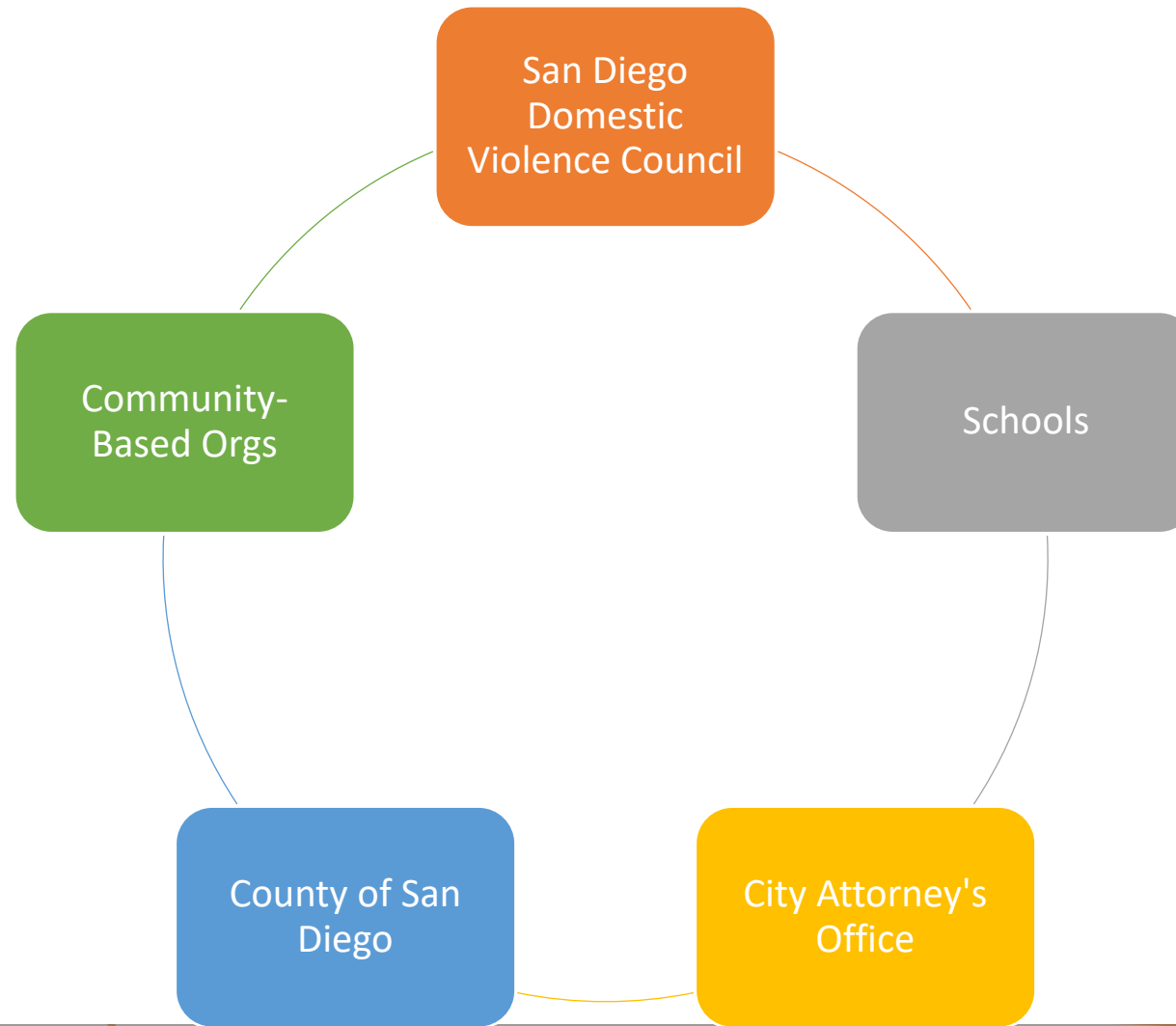
Teen Dating Violence Intervention & Prevention in Schools

Charisma De Los Reyes (she/her)
San Diego County Office of Education

Who We Are

- Teen Dating Violence Committee of the San Diego Domestic Violence Council
- Interdisciplinary team with members from Health and Human Services, Non-Profits and Education
- To empower our communities to prevent and intervene Teen Dating violence in our schools and communities.

Partnership & Collaboration



CA Healthy Youth Act

In addition to requiring that students receive comprehensive sexual health education at least twice—(at least) once in middle school and (at least) once in high school—the California Healthy Youth Act includes new language about adolescent relationship abuse and sex trafficking and reinforces a focus on healthy attitudes, healthy behaviors, and healthy relationships. (EC Section 51934)

2021

Health Education Instructional Materials Evaluation Toolkit



California
HEALTH
EDUCATION

TDV Awareness Month Campaigns



Responding to TDV at Schools

When a Mandatory Report is NOT Required

Any **school employee** who learns that a student may be a victim of teen dating violence not requiring a mandatory report should follow this protocol:

- Separate the victim from the alleged perpetrator. Do not, under any circumstances, meet with the victim and alleged perpetrator together.
- Refer to the school code of conduct
- Refer the victim to the counselor in the school for services and safety planning

Any **counselor** in the school who learns from another school employee that a student may be a victim of teen dating violence not requiring a mandatory report should follow this protocol:

- Inform the victim of school and community resources as needed, including their right to access advocacy and counseling services, file charges or seek legal protection, such as a Protection from Abuse Order.
- Monitor the victim's safety as needed. Assist the victim with safety planning for the school day and for after-school activities, including class scheduling and transportation considerations.

Responding to TDV at Schools

When a Mandatory Report IS Required

Any **school employee** who learns that a student may be a victim of teen dating violence requiring a mandatory report should follow this protocol:

- Separate the victim from the alleged perpetrator. Do not, under any circumstances, meet with the victim and alleged perpetrator together.
- Refer to the school code of conduct based on the behavior but consider additional responses, such as providing outside resources to the student.
- The school employee should also report incidents that fall under the mandatory reporting obligations to the appropriate police jurisdiction. DFS must also be notified if sexual violence occurs in the teen dating relationship. The school resource officer may also be notified if applicable.

Considerations for COVID

- Text/chat lines may be more helpful than call-in numbers for referrals
- Be aware of privacy for student
 - Ask when/where they would prefer to have this conversation
- Being mindful of ways school platforms can be used for harm
- Since physical signs of violence will be less obvious, try to keep in mind changes in behavior and listen for signs of power and control
- Young people are more likely to disclose to a friend than to an adult, so advertise confidential support services and advocate for bystander intervention education



2020

HEALTHY RELATIONSHIPS

"I promised myself I would never question whether I deserved better. The answer would always be yes and yes and yes."

– **Chanel Miller**,
Artist,
Author &
Survivor

EVERYONE DESERVES TO FEEL SAFE &
RESPECTED IN THEIR RELATIONSHIP

For more information about healthy teen dating,
contact teendv.sddvc@gmail.com

FOR CONFIDENTIAL SUPPORT



CALL:
1.866.331.9474



TEXT:
LOVEIS to 22522



CHAT LIVE:
loveisrespect.org



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HEALTHY RELATIONSHIPS

*"I won't say I'm sorry over and over.
Can't just say I'm sorry.
I've gotta show you."*

– **John Legend**,
Musician,
Singer &
Songwriter

EVERYONE DESERVES TO FEEL SAFE &
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TDV COMMITTEE INSTAGRAM CAMPAIGN

All month long, Center for Community Solutions, San Diego Youth Services, & San Ysidro Health from the TDV Committee are teaming up to share info about healthy relationships and consent.

FOLLOW @CCS_PREVENTS,
@SYHTEENCLINIC, &
@YOUTHNEWS_SDYS AND RESHARE!

#TeenDatingViolenceAwareness
#TDVAM2021 #TDVAM #LoveIsRespect



get involved with

**TEEN DATING VIOLENCE
AWARENESS MONTH**

2021



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TDVAM 2021 TOOLKIT
SDDVC TDV COMMITTEE

For sample posts and captions, visit
tinyurl.com/TDVAM2021Toolkit
& check the Social Media Folder!

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WORKSHOP OPPORTUNITIES

PRE-RECORDED TRAININGS FROM THE TDV COMMITTEE OF THE SDDVC



CC

Teen Dating Violence: Awareness and Resources

Originally offered in October 2020,
this training covers:

- Defining Teen Dating Violence (TDV)
- Warning signs and risk factors
- Strategies for how to respond
- Local and national resources for support

WATCH HERE

[WWW.YOUTUBE.
COM/WATCH?
V=V-NYD7RAGIW](https://www.youtube.com/watch?v=V-NYD7RAGIW)

Beyond Awareness: Preventing TDV in Schools

Originally offered in January 2021,
this training covers:

- Defining Teen Dating Violence (TDV)
- Public health model of prevention (social ecological model)
- Preventing TDV at the individual, community, and societal levels



WATCH HERE

[WWW.YOUTUBE.
COM/WATCH?
V=BVO914QDZ2Y](https://www.youtube.com/watch?v=BVO914QDZ2Y)

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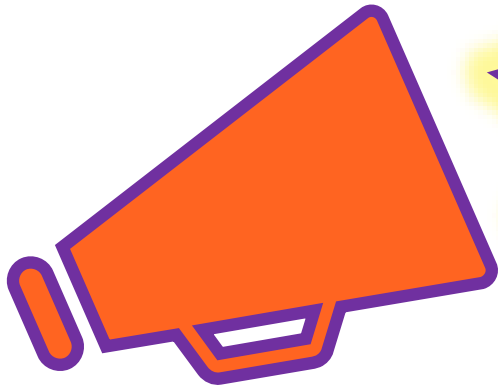
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TDVAM 2021 TOOLKIT
SDDVC TDV COMMITTEE



SAN DIEGO
DOMESTIC VIOLENCE
COUNCIL

2022



Call to
Action!!

Learn the Warning Signs

TEEN DATING VIOLENCE

Teen Dating Violence (TDV) is a pattern of violent or manipulative behaviors by a partner (or ex) to gain power and maintain control in a relationship.

The Warning Signs of Teen Dating Violence

PHYSICAL APPEARANCE



Changes in appearance

- Unexplained bruises or injuries
- Unexplained or concerning change in weight
- Dressing out of character

SOCIAL / EMOTIONAL



Changes to how student interacts with others

- Isolation from former friends
- Little social contact with anyone but partner
- Making excuses/apologizing for partner's behavior

BEHAVIORAL



Changes in student's classroom demeanor

- Unexplained changes in classroom behavior
- New problems such as bullying or acting out
- Increase in negative self-talk
- Unhealthy sexual behavior

ACADEMIC / EXTRA-CURRICULAR



Changes in student's connection to school

- Recent changes in attendance
- Unexplained changes in schedule
- Decline in grades or quality of work
- Lack of interest in former extracurricular activities

TDV is serious and can impact a student's mental health and academics.

Tips on How to #StartTheConvo

Build Rapport - It takes time to build trust; youth may open-up about their relationships as they are comfortable. If they don't want to talk to you, is there someone else they feel comfortable with?

Disclose Your Status - Before you engage youth in a conversation, always disclose if you are a mandated reporter and what that means.

The Goal isn't Disclosure - It is okay if a youth does not want to disclose. The goal is to create a space where students know they can talk to you without judgment or go to you for resources and support.

Ask Open-Ended Questions - Create opportunities to check in with them and ask open-ended questions like, "I've noticed you've been struggling to pay attention in class - what's on your mind lately?"

Teen Dating Violence Awareness & Prevention Month (TDVAPM) 2023

TEEN DATING VIOLENCE AWARENESS & PREVENTION MONTH

JOIN US THIS FEBRUARY

WHY PARTICIPATE?

- Teen Dating Violence (TDV) is a pattern of violent or manipulative behaviors by a partner (or ex) to gain power and maintain control in a relationship.
- TDV can happen online or in person and includes physical, sexual, emotional, verbal, financial violence and stalking.
- In February communities nationwide take a stand against TDV by spreading awareness and prevention education to address relationship violence. ([Link to local TDV & Healthy Relationships classes](#))

HOST AN INFORMATION TABLE

- Download and print the [10 Healthy/Unhealthy Relationship Signs](#), [palm cards](#), and other resources from [loveisrespect.org](#)
- Attach information about healthy relationships to a Flower/Candy Gram.
- Print the [Relationship Bill of Rights](#) and encourage all students to sign it.
- Print and share [Healthy LGBTQ+ Relationships](#).



WEAR ORANGE DAY

- Tuesday February 8, 2022
- Wear orange, a simple, yet meaningful way to raise awareness about teen dating violence. Or, print out [speech bubbles](#) and tell us what "LOVE IS...."
- Snap a selfie, or take a group picture of you with friends/family/co-workers all wearing orange, or with speech bubbles.
- Post it on social media (Facebook, IG) and tag #tdvamteamorange



RELATIONSHIP SPECTRUM ACTIVITY

- Relationships are not 100% healthy or 100% unhealthy. How would students rate:
 - Silent treatment as a way to communicate?
 - A partner whose needs always come first?
 - A partner who sends more texts than you have agreed to?
- Find out using the [high school](#) or [middle school](#) classroom activity.

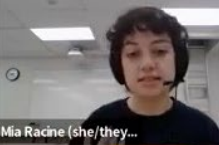


TDV is serious and can impact a student's mental health and academics.

Preventing Teen Dating Violence in Schools

Healthy/Unhealthy Relationships: A Teen Perspective

San Dieguito High School Academy: Peer Assistance Listeners
Irene Aguilar, Josie Butte, Ellory Maxwell, Mia Racine, a



Who We Are as PALs

- Peer Assistance Listeners
- Trained by SDA counselors and local professionals
- Social/emotional, and academic needs of students
- Talk to students 1-on-1
- Class presentations like: The Importance of Respecting Pronouns, Suicide Prevention, Stress Less, Kindness, Healthy/Unhealthy Relationships, etc.
- We aim to support, educate and inform



Hanging Out or Hooking Up:

An Integrated Approach to Prevention and Intervention



A Train the Trainers Curriculum on Responding to Adolescent Relationship Abuse

By Elizabeth Miller, MD, PhD, Rebecca Levenson, MA,
Erica Monasterio, MN, FNP-BC, and Virginia Duplessis, MSW



Universal Education – Anticipatory Guidance on Healthy Relationships

“We want all of the young people who come to our clinic to know that we care a lot about them being in healthy relationships. We are giving this informational card to all of our patients. Please look this over while you’re waiting to see the clinician.”



HANGING OUT OR HOOKING UP?

FUTURES
WITHOUT VIOLENCE

“Hanging Out or Hooking Up” Safety Card

Are There Times...

The person you are seeing:

- ✗ Shames you or makes you feel stupid?
- ✗ Controls where you go, reads your texts or makes you feel afraid?
- ✗ Threatens to put something on social media to control you?
- ✗ Grabs your arm, yells at you, or pushes you?

You are not alone, and nobody deserves to be treated this way.
For help and support, text/call hotlines on the back of this card.

Thank you!

Any Questions?

Teen Dating Violence Committee, SD Domestic Violence Council

teendv.sddvc@gmail.com

- To empower our County & schools to intervene and prevent TDV.
 - TDV and healthy relationship classes.
 - Want to get involved?

