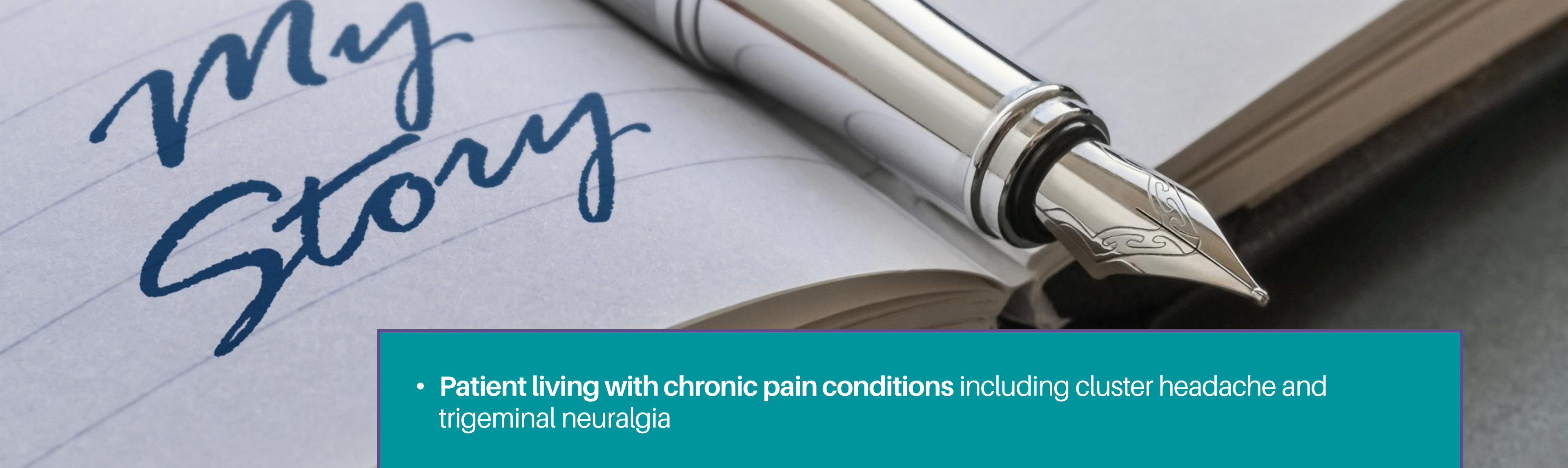




ANNA WILLIAMS

PATIENT ADVOCATE



A close-up photograph of a silver fountain pen with a black grip section, writing the words "My Story" in a cursive script on a lined notepad. The pen is positioned diagonally across the frame, with the nib pointing towards the bottom right. The background is a soft-focus view of the notepad's pages.

My
Story

- **Patient living with chronic pain conditions** including cluster headache and trigeminal neuralgia
- **Clusterbusters:** Board Member, a non-profit serving patient and caregivers of those experiencing cluster headaches.
- **Alliance for Headache Disorders Advocacy/The Headache Alliance (AHDA/THA):** Programming Committee working to provide education in the headache space as well as plan their advocacy events Headache on the Hill.
- **Coalition for Headache and Migraine Patients (CHAMP):** patient opinion leader

No Disclosures



MY JOURNEY



unheard

5-10

Abdominal pain,
headaches
(undiagnosed)

15

Noticeable persistent
chronic pain-
widespread and
during menstrual cycle
(undiagnosed)

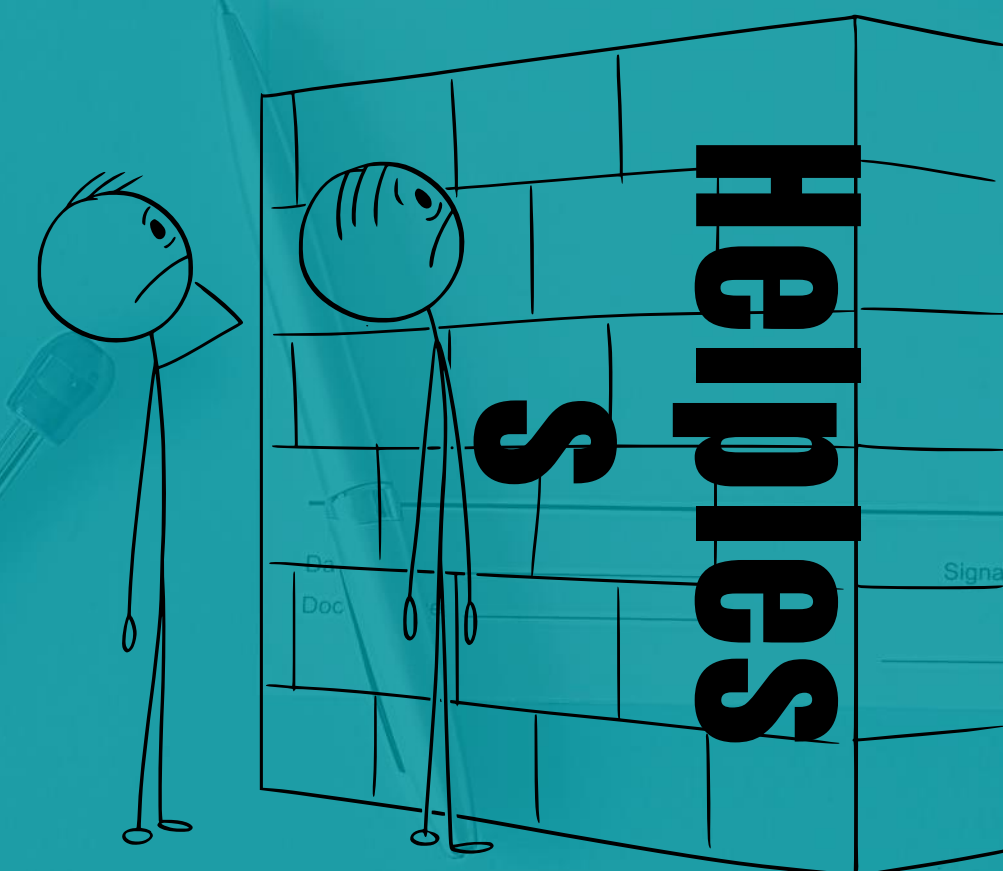


19

First time seeing a
doctor for chronic pain.
Diagnosed myofacial
pain syndrome (now
Fibromyalgia), and
migraine

23

Insurance to
seek care/filed
SSDI/lost
insurance



MY JOURNEY



SEEN

25-27

SSDI granted/
Medicare/
Medicaid
Diagnosed
fibromyalgia/
endometriosis

35-37

Diagnosed PCOS,
bilateral torn hip
labrums, 2nd surgery
got CRPS, began
experiencing cluster
headaches

BELIEVED

SUPPORTED

42

Diagnosed with
bilateral trigeminal
neuralgia and cluster
headaches

45

SUNCT- Short-lasting, Unilateral,
Neuralgiform headache attacks
with Conjunctival injection and
Tearing

49

Diagnosed with
Restless Leg
Syndrome

Cluster Headache



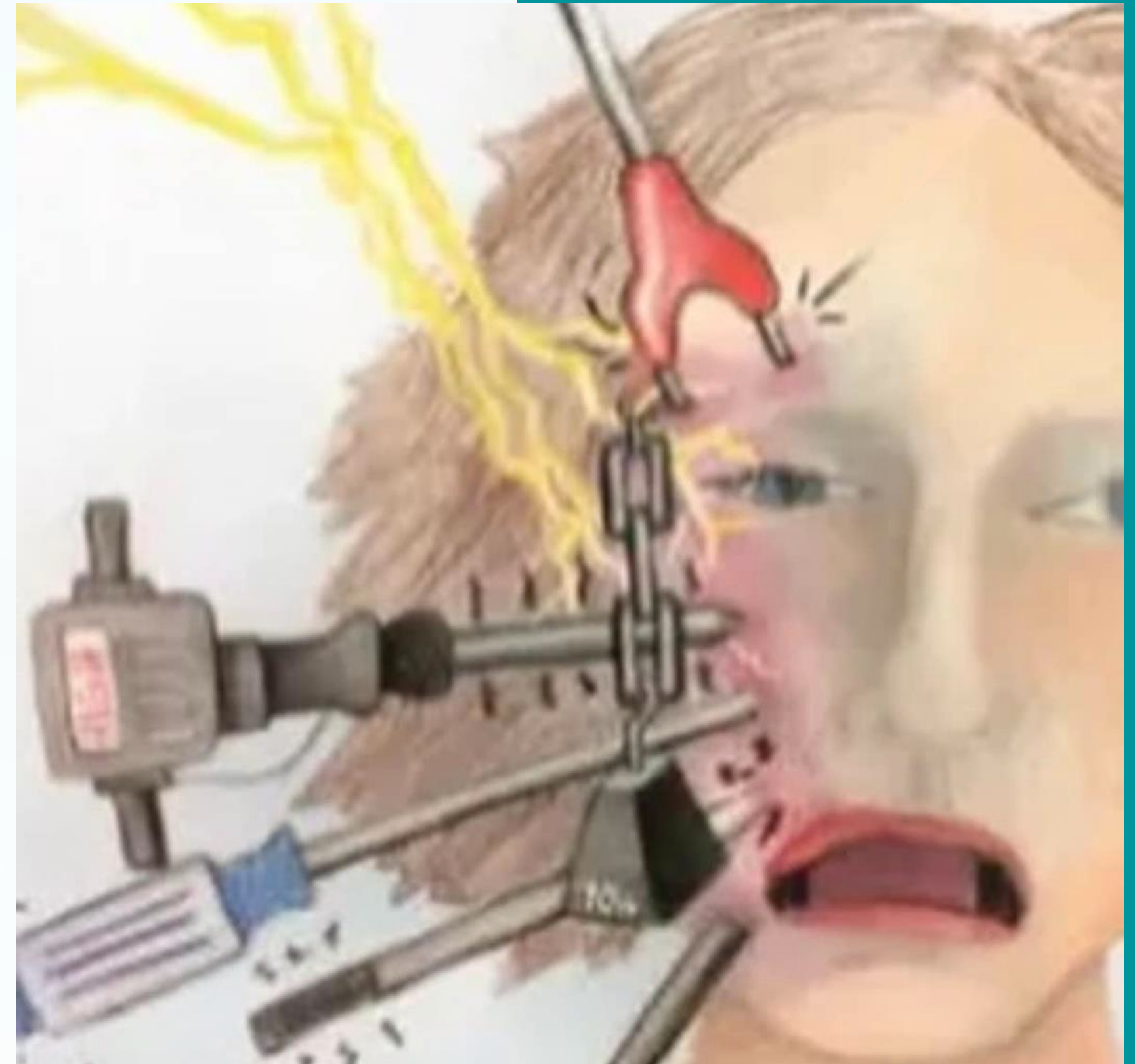
1. Severe or very severe unilateral orbital, supraorbital and/or temporal pain lasting 15-180 minutes (when untreated)
2. Either or both of the following:
 - a. at least one of the following symptoms or signs, ipsilateral to the headache:
 - – conjunctival injection and/or lacrimation
 - – nasal congestion and/or rhinorrhoea
 - – eyelid oedema
 - – forehead and facial sweating
 - – miosis and/or ptosis
 - b. a sense of restlessness or agitation
3. Occurring with a frequency between one every other day and 8 per day

Trigeminal Neuralgia

Classical trigeminal neuralgia, purely paroxysmal

- 1. Pain has all of the following characteristics:**
 - a. lasting from a fraction of a second to 2 minutes**
 - b. severe intensity**
 - c. electric shock-like, shooting, stabbing or sharp in quality**
- 2. Precipitated by innocuous stimuli within the affected trigeminal distribution**

Classical trigeminal neuralgia with concomitant continuous pain



✔ Telehealth



✔ Treatment Options



THANK YOU



Anna Williams

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New Albany, IN

Hold
On
Pain
End
S

