Breakthrough or Big Brother? Thoughts on Advanced Technologies and Data Sharing from the Multiple Sclerosis Community

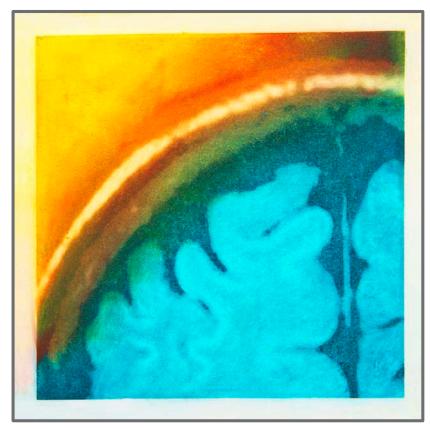
Sara Loud, MSEE, MBA COO, Accelerated Cure Project

Harnessing Mobile Technology to Predict, Diagnose, Monitor, and Develop Treatments for Nervous System Disorders

The National Academies of Sciences, Engineering, and Medicine June 6, 2018



Multiple Sclerosis



Emerging by Elizabeth Jameson

- > Chronic neurological disorder
- > Most diagnosed ages 20-40
- > Subtypes:
 - Relapsing/Remitting
 - Secondary Progressive
 - Primary Progressive
- > Abundant Tx options, no guidance on selection

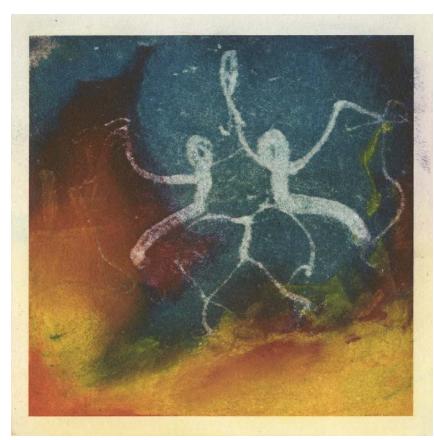
Accelerated Cure Project for MS

- > Patient -founded nonprofit
- Mission: Accelerate research in MS to better diagnose, treat, and cure MS
- > Open-access resources available to researchers
- > ACP Repository: Biospecimens annotated with patient and clinical data



Carousel by Elizabeth Jameson

iConquerMSTM: People-Powered Research



Celebration by Elizabeth Jameson

- > 4,600+ members
- > Open for research
 - REAL MSTM data
 - Prospective data/samples
- > Community engagement
 - Study design
 - Product design
 - Opinion/Experience/Perspective

Survey: Sharing of Health Data







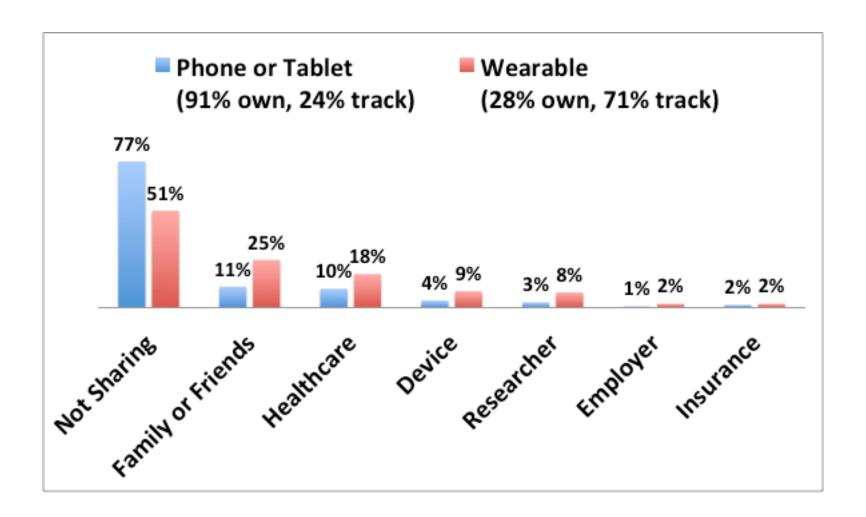
> 3:1 Female:Male

Ages 17 – 83, skewed slightly older than MS population

> Subtype:

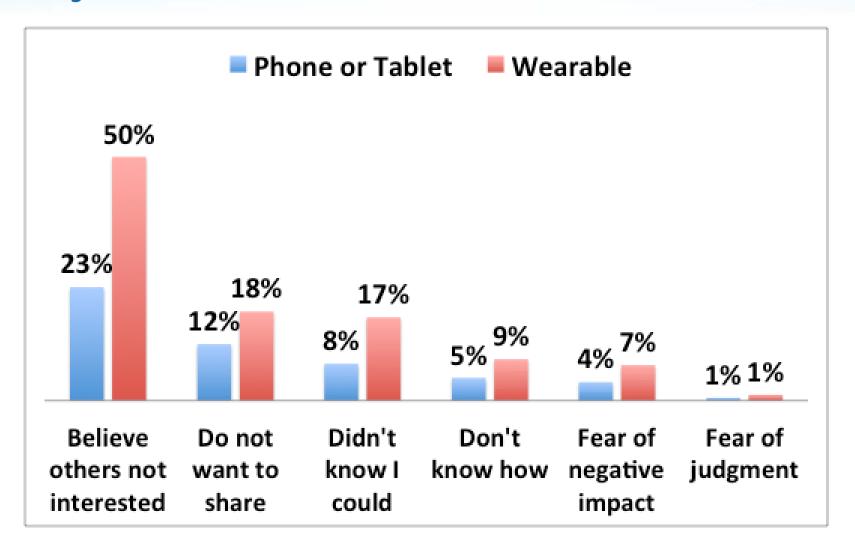
- 63% RRMS
- 22% SPMS
- 12% PPMS

Smartphones, Tablets and Wearables





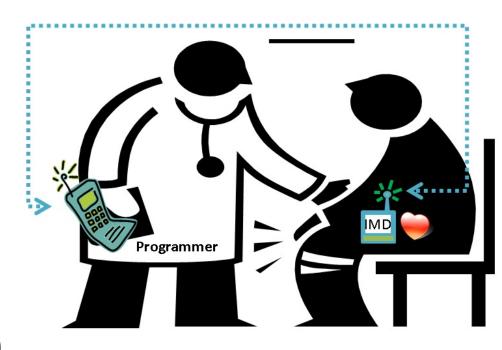
Why Not Share?





Implantable Device Scenario

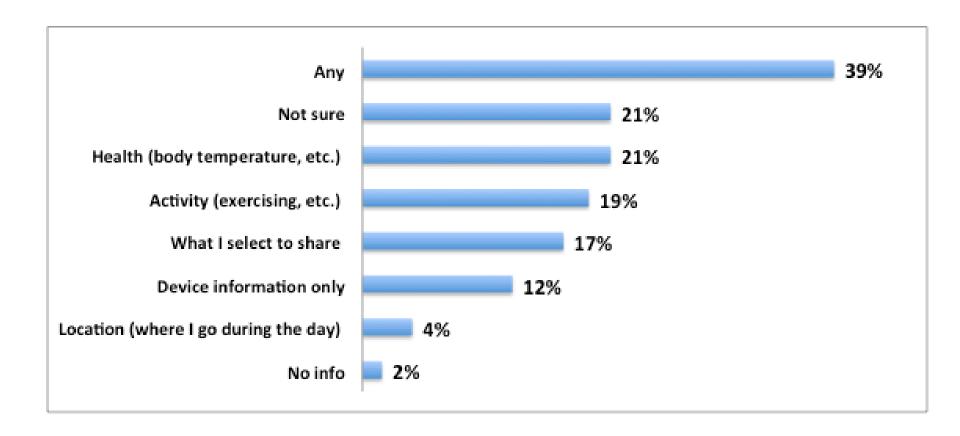
- > Clinical trial
- > Implantable device that may help symptoms
- Device would gather information beyond functionality (symptoms, health, activity, location, etc.)



85% would consider

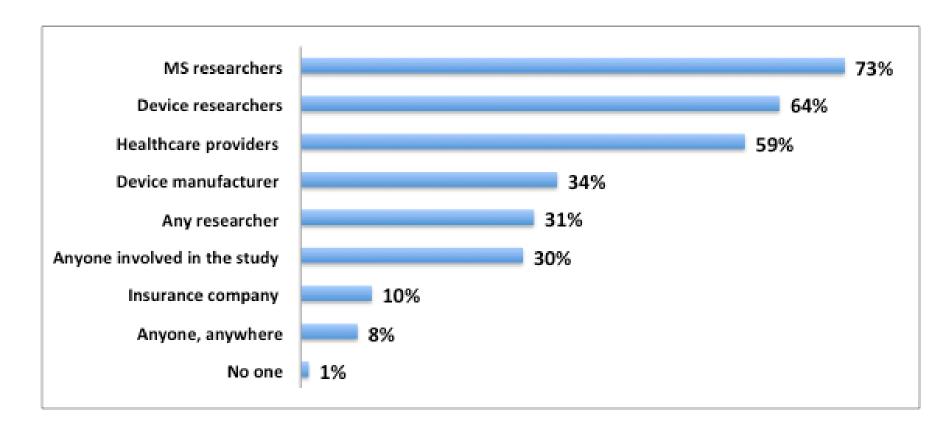


39% Ready to Share Any Data





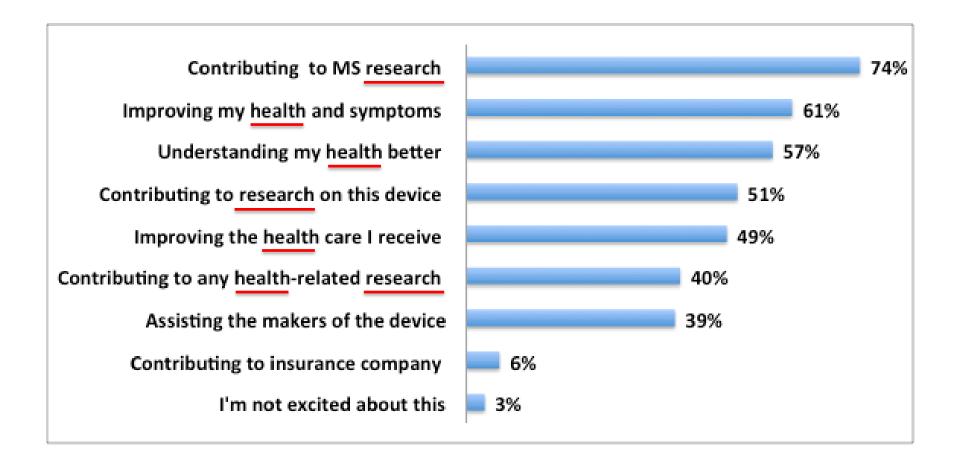
Who Are They Willing To Share With?



Share to drive research, improve health

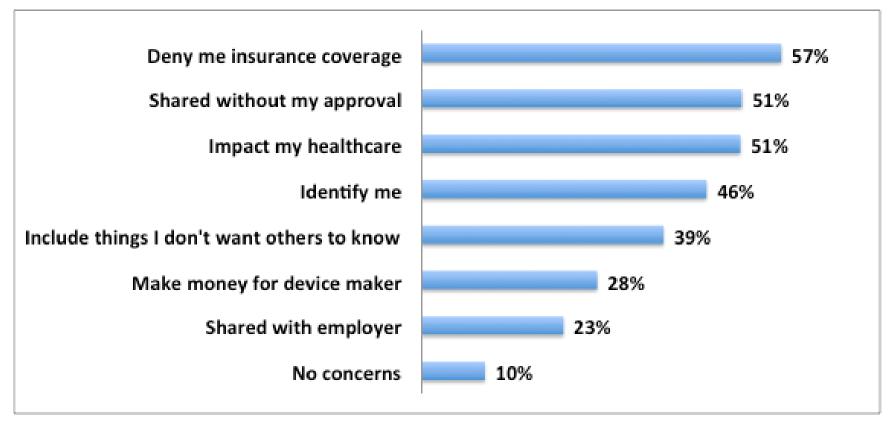


What's **Exciting** About This?



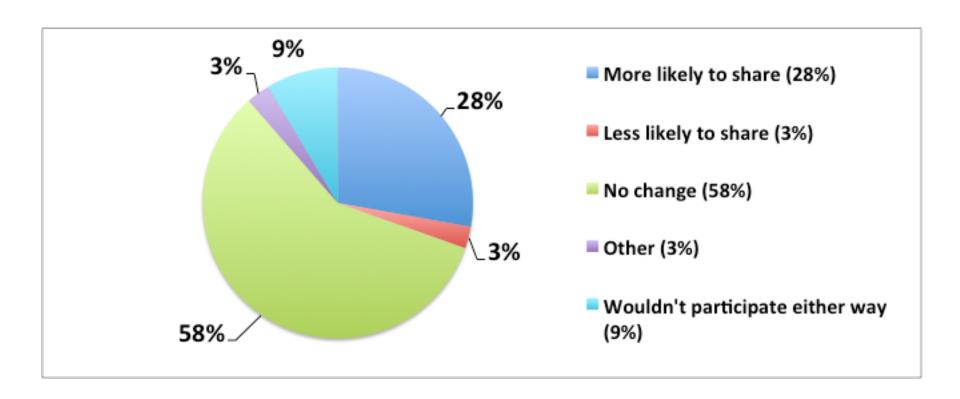


What's **Concerning** About This?



Loss of coverage (insurance, healthcare) and privacy

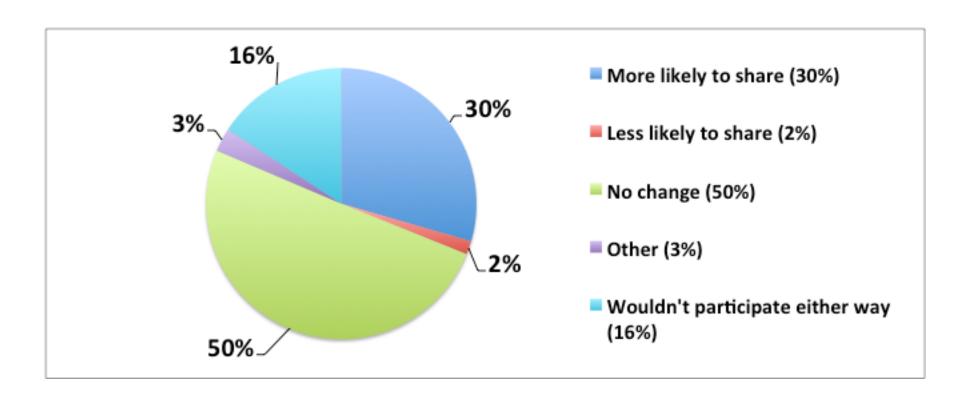
What Ifs: Wearable not Implant



Concerns: Reliability of device; accuracy of data



What Ifs: Data Return to Participant



What Ifs: Data Return to Participant

I would not agree to the device unless I had all available data from my device at my disposal. ALL DATA.



Protection, Selection, Access

- Majority ready and willing to share at least some of their data
 - Remember who it belongs to
 - Protect it from misuse
- > Participants want
 - their data protected
 - to have a say in who receives it
 - to have meaningful access to it themselves



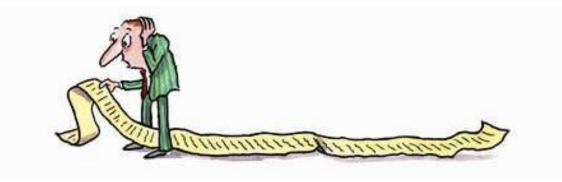
> Motivations

- Disease specific and general research
- Improving own health



Study Design: Communications and Tools

- > Study design
 - Consent:
 - Clear language
 - Tiered approval
 - Technology:
 - eConsent
 - Selective sharing
 - Data return to participant



















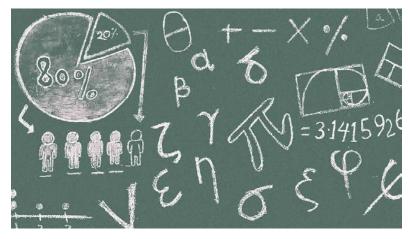




Data Return – Participant & Provider

- > Understandable
- > Meaningful
- > Actionable
- > Accessible









Some Questions

- > Co-design/study design
- **>** Communications
- > Technology

- > Engagement participant and provider
- > Data return



iConquerMS: How Can We Help?

- > Bridge to the MS community
- > Accelerate research
- > Engagement model for other diseases



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