



# Sex-Specific Drivers of Alzheimer's Disease Risk and Resilience

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Associate Professor

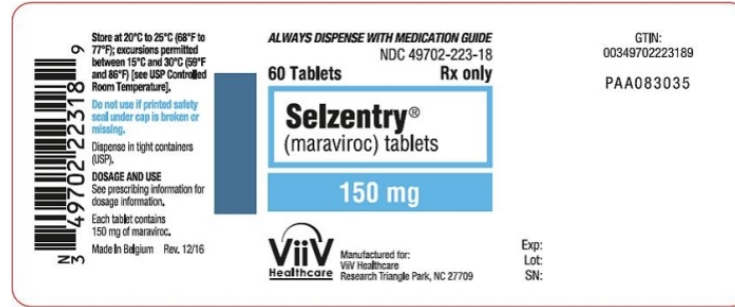
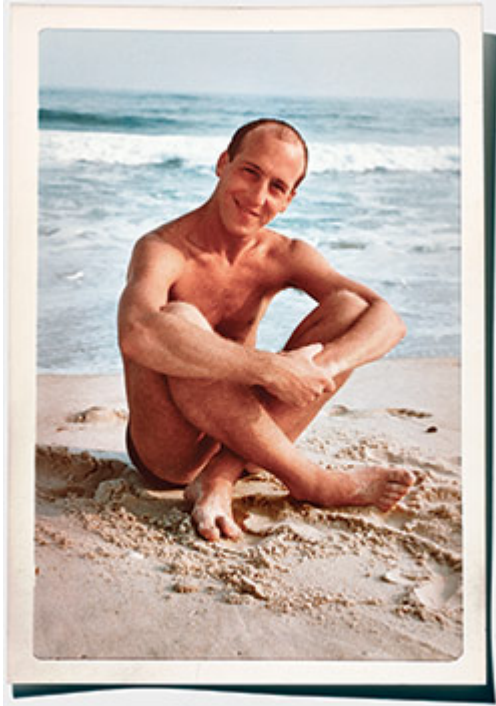
Vanderbilt Memory & Alzheimer's Center

Sex Differences in Brain Disorders Workshop

National Academies of Sciences, Engineering, and Medicine

September 23, 2020

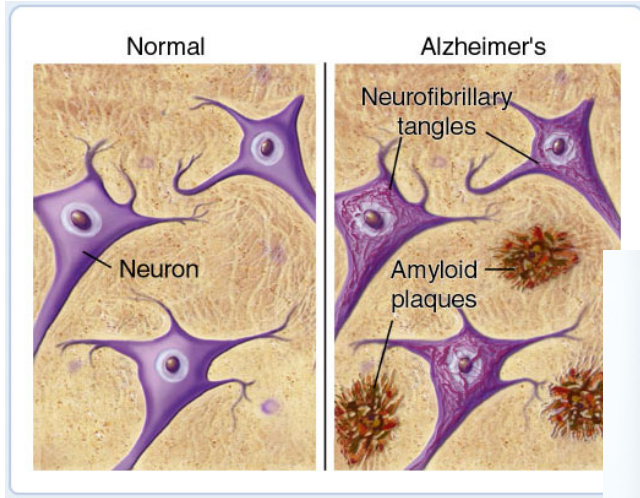
# Pathways to Resilience



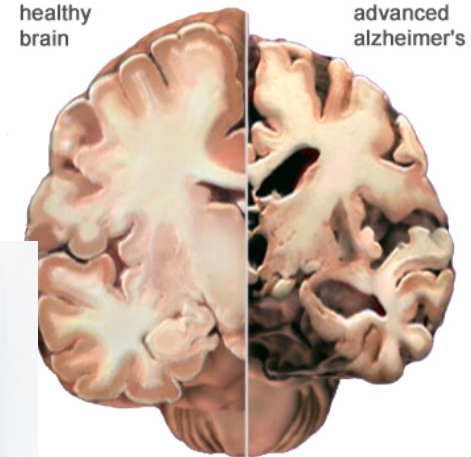
# AD Neuropathological Cascade



## Neuropathology



## Neurodegeneration



## Cognitive Impairment

# Failed Clinical Trials in Alzheimer's Disease



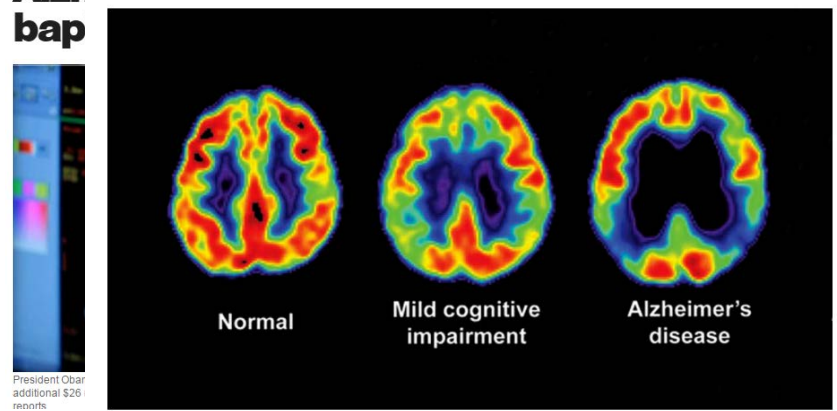
| TARGET TYPE     |          | THERAPY TYPE |           |         |           |         |         |          |          |              |               |       |
|-----------------|----------|--------------|-----------|---------|-----------|---------|---------|----------|----------|--------------|---------------|-------|
| Target Types    | Timeline | Phase 1      | Phase 1/2 | Phase 2 | Phase 2/3 | Phase 3 | Phase 4 | Approved | Inactive | Discontinued | Not Regulated | Total |
| Amyloid-Related |          | 4            | 1         | 15      | 5         | 7       | 0       | 0        | 7        | 17           | 0             | 56    |
| Cholesterol     |          | 1            | 0         | 0       | 0         | 0       |         |          |          |              |               |       |

*The New York Times*

By MICHELLE

**Poo Eli Lilly's Experimental Alzheimer's Drug Fails in Large Trial**

Nov. 23, 2016



President Obama reports additional \$26 billion in

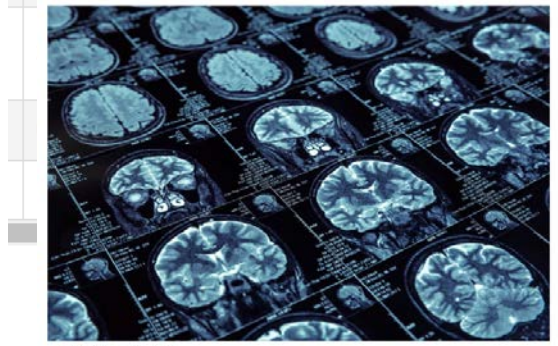
**Bloomberg**

Markets

**Another Alzheimer's Drug Fails as Lilly, Astra Halt Tests**

By Phil Serafini  
June 12, 2018, 1:49 AM CDT Updated on June 12, 2018, 5:06 AM CDT

- ▶ Lanabecestat was unlikely to meet goals of advanced studies
- ▶ Both drugmakers reiterate guidance, see no financial impact



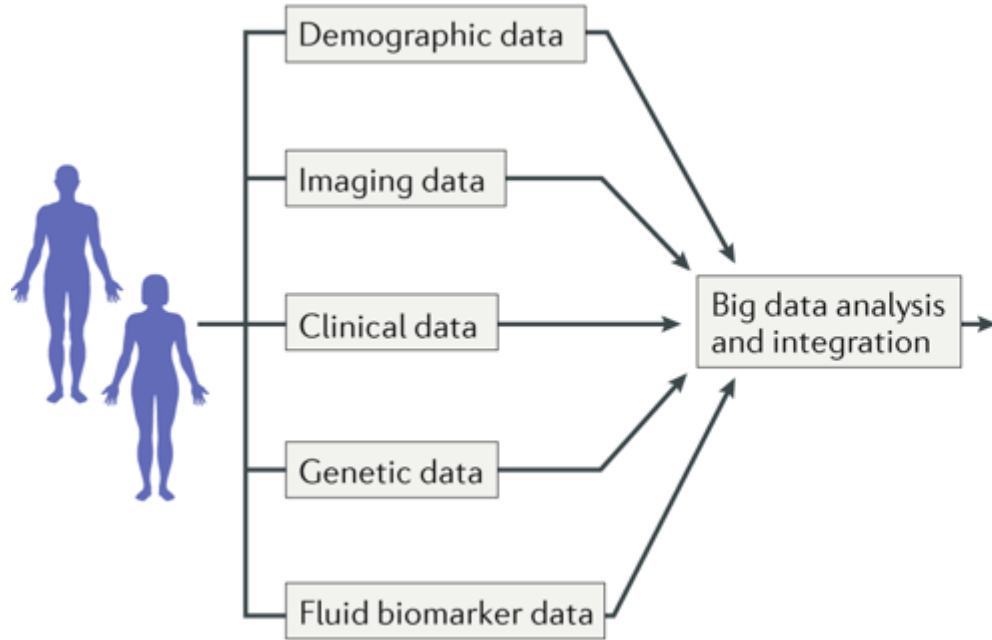
Source: Noma/istockphoto

**but**

US DISCLOSURE: Watch Live TV > Listen to Live Radio >

Jon LaPook reports bank in

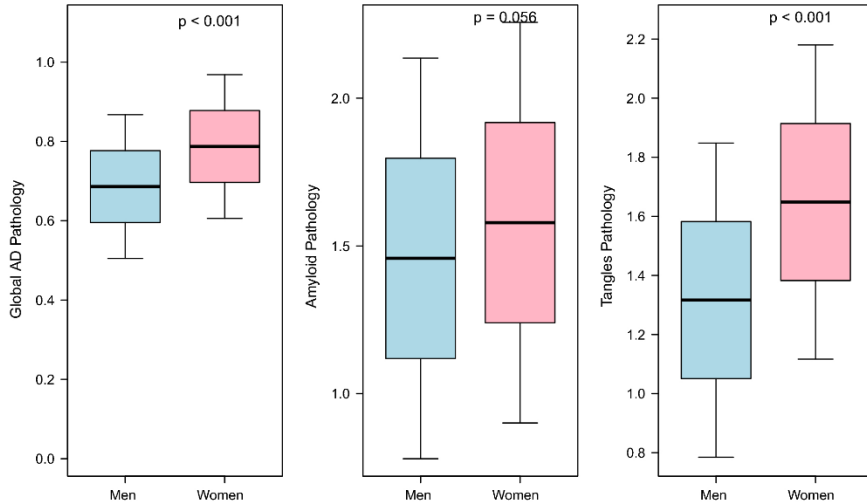
# Embracing Complexity



Are there a Sex Differences in AD Neuropathology?

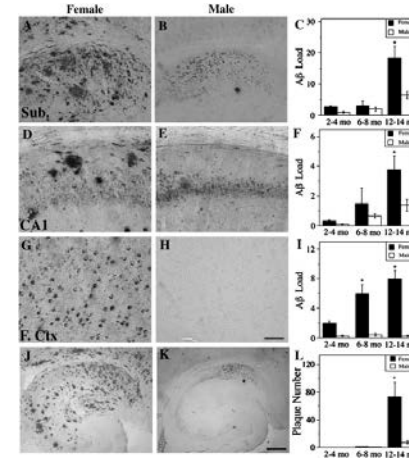
# Females Have More AD Pathology at Autopsy

## Neuropathology at Autopsy



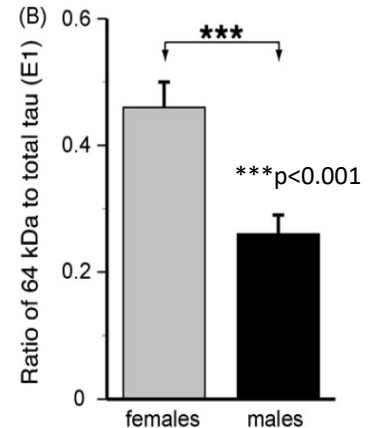
Oveisgharan et al., *Acta Neuropathologica*, 2018

## APP Transgenic Mice



Carroll et al., *Brain Research*, 2010

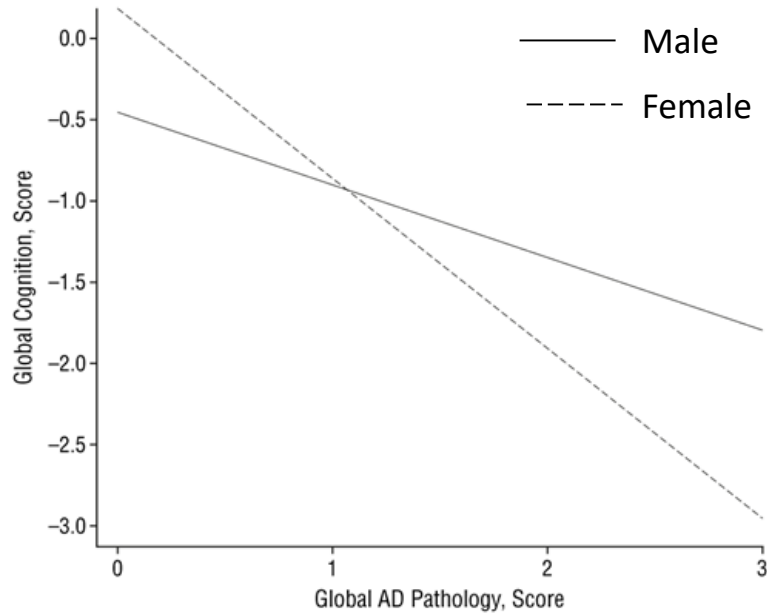
## Tau Transgenic Mice



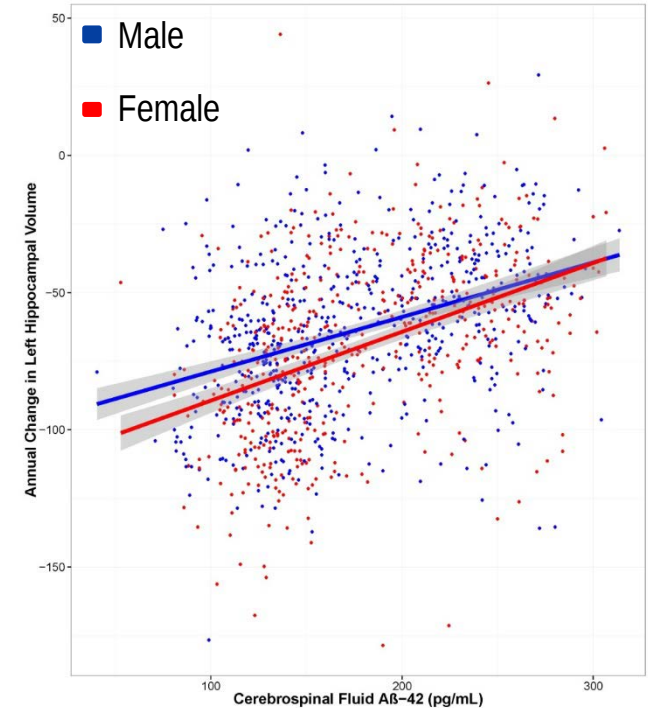
Yue et al., *Neurobiology of Aging*, 2011

# Females with Pathology Decline More Rapidly

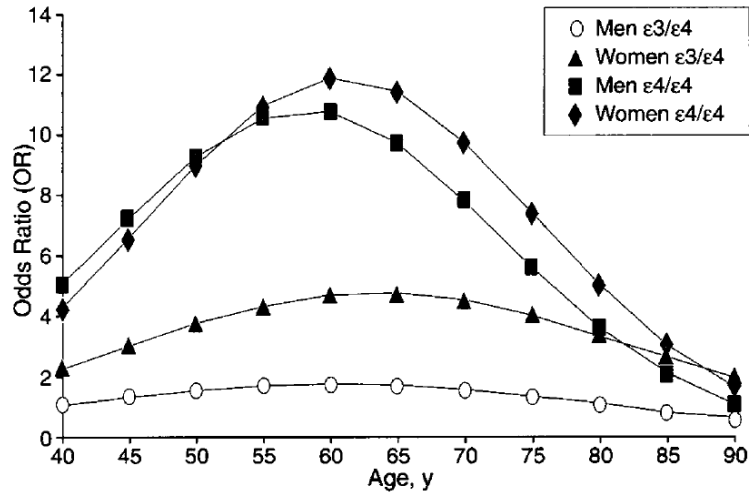
## Neuropathology Association with Cognition



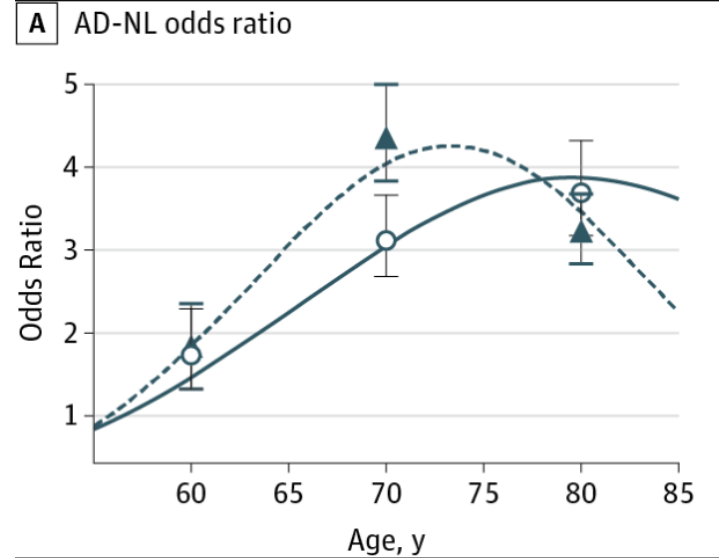
## CSF Biomarker Association with Atrophy



# APOE Association with AD is Stronger in Females

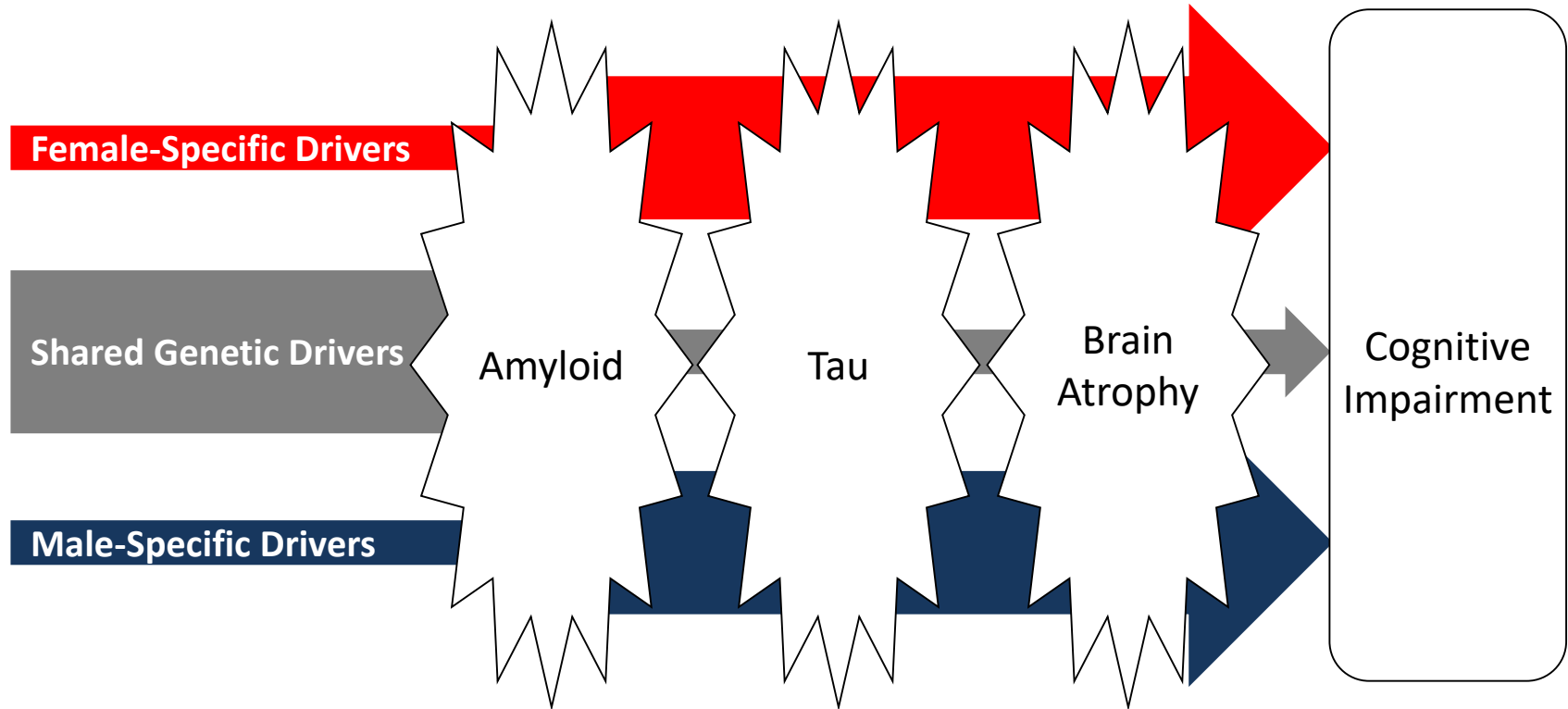


Farrer et al., JAMA Neurology, 1997



Neu et al., JAMA Neurology, 2017

# Summary of Sex Differences



# Summary of Sex Differences

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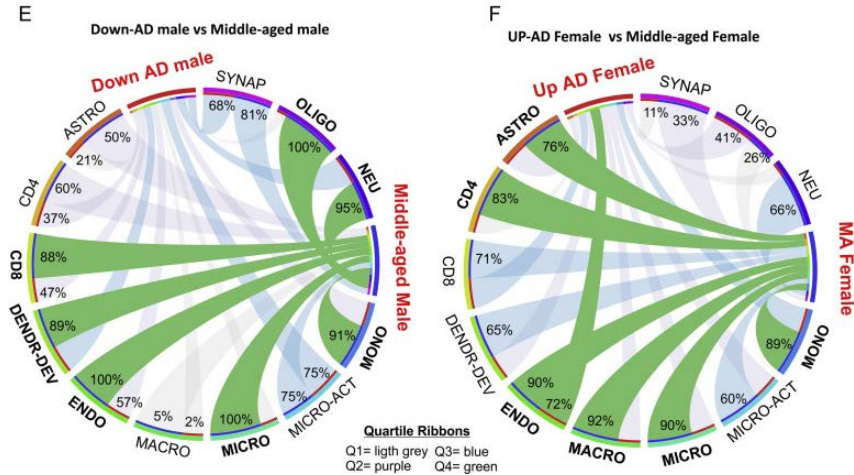
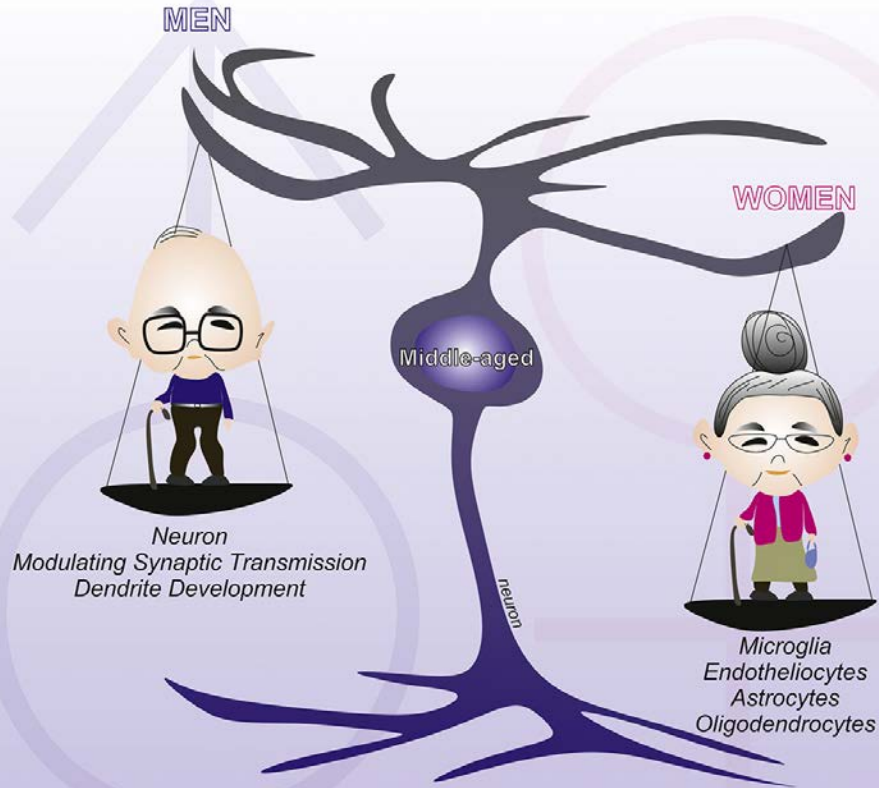


- Females have higher levels of plaques and tangles
- Females show more rapid neurodegeneration and cognitive decline in presence of AD neuropathology
- *APOE* has a strong association with amyloid
  - *Consistent across men and women*
- *APOE* has an association with tau, particularly among females

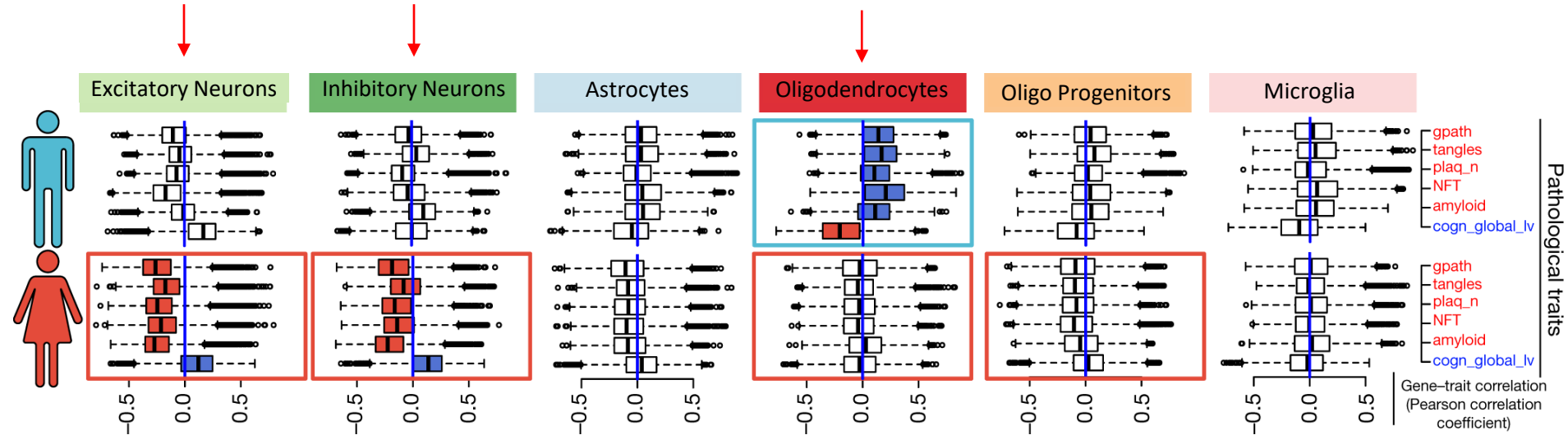
## A Sex-Specific Genetic Architecture of Alzheimer's Disease?



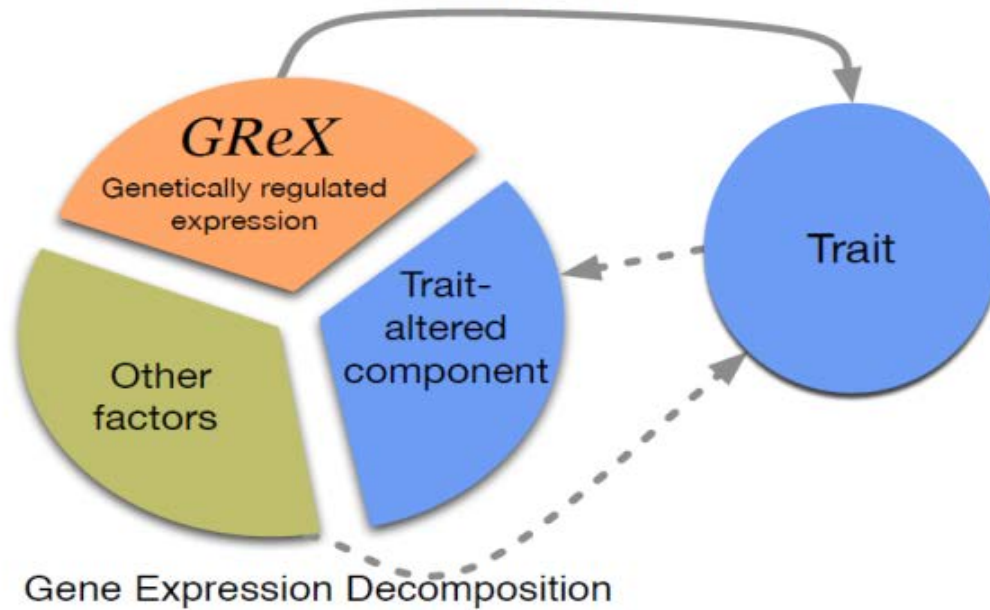
# Sex-Specific Changes in Transcription



# Sex-Specific Single Cell Transcriptomics



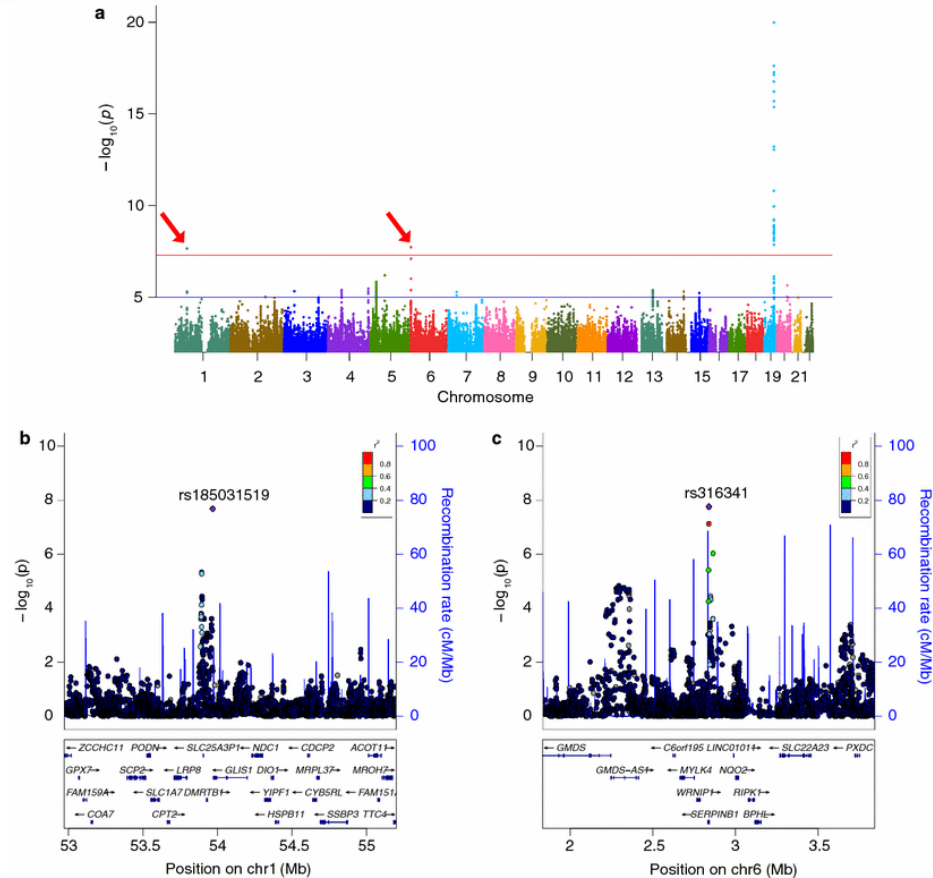
# Cause or Effect?



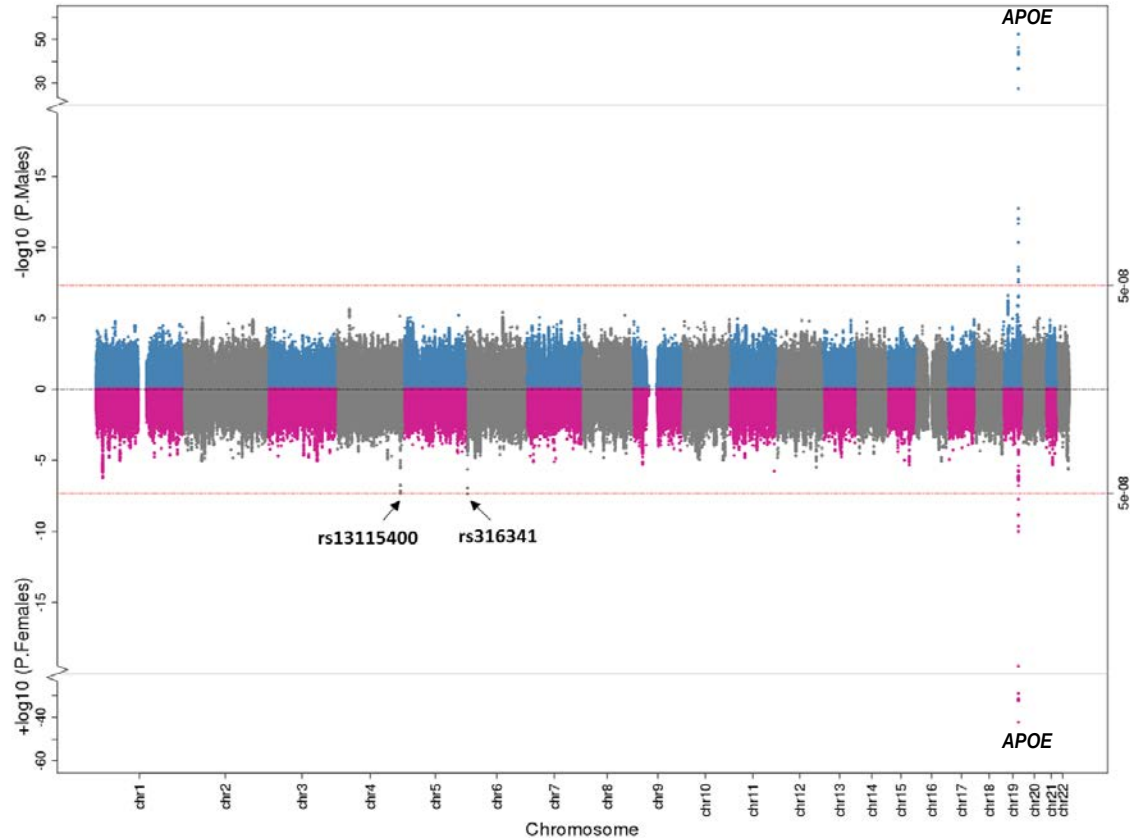
## Leveraging Genome-Wide Data to Explore Sex Differences in AD



# GWAS of CSF A $\beta$ -42



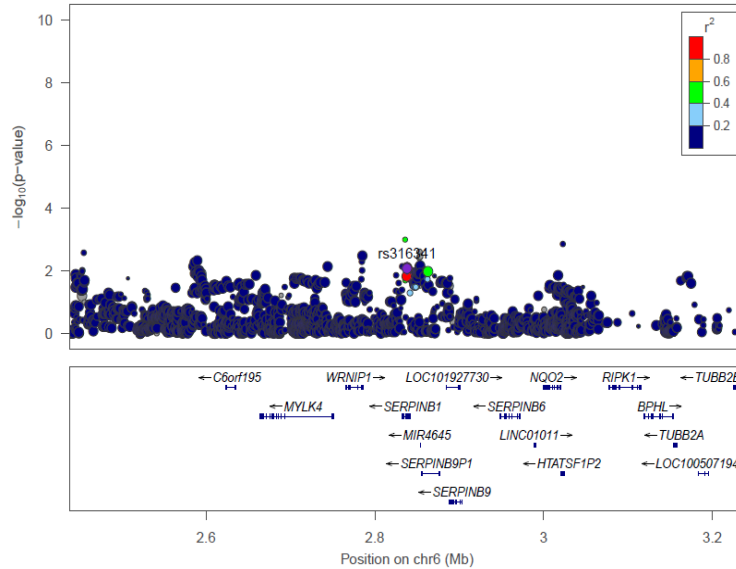
# GWAS of CSF A $\beta$ -42



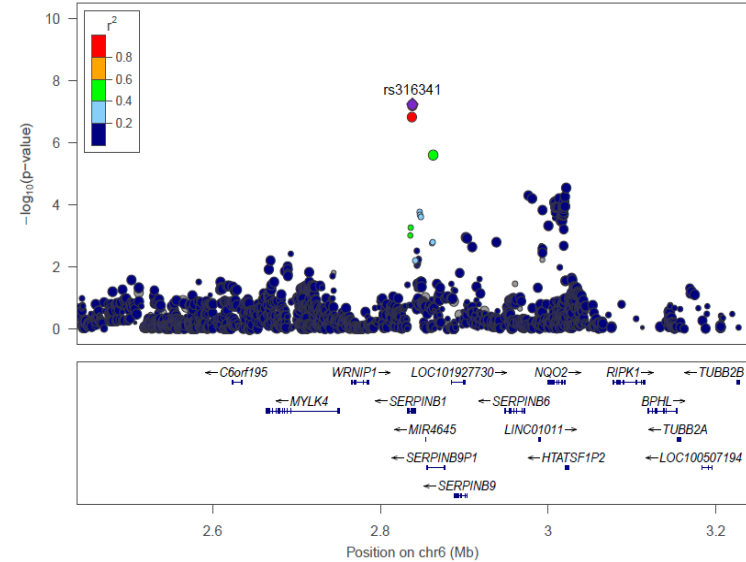


# Locus Zoom

Male



Female

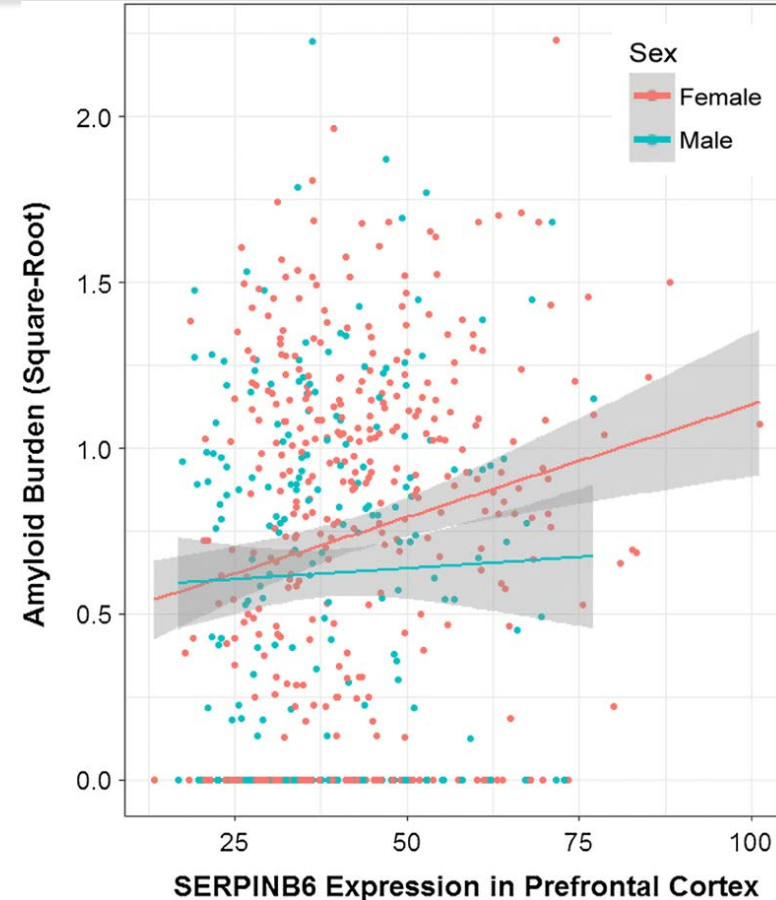


*rs316341 is eQTL for SERPINB1, SERPINB6, and SERPINB9 in Braineac and GTex*



# *SERPINB1* Functional Evidence

- Female-specific association between prefrontal cortex expression of *SERPINB1* ( $p=0.02$ ) and *SERPINB6* ( $p=0.00007$ ) and amyloid levels in brain tissue



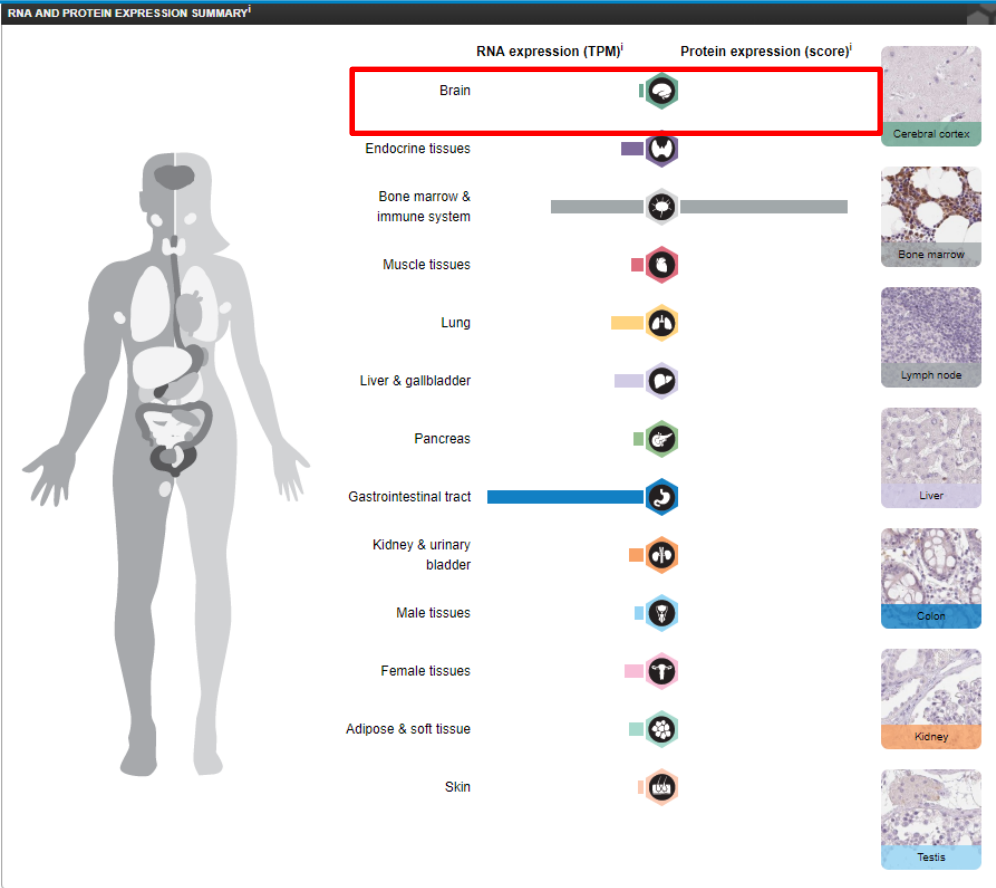
# Serpin Signaling and Amyloidosis



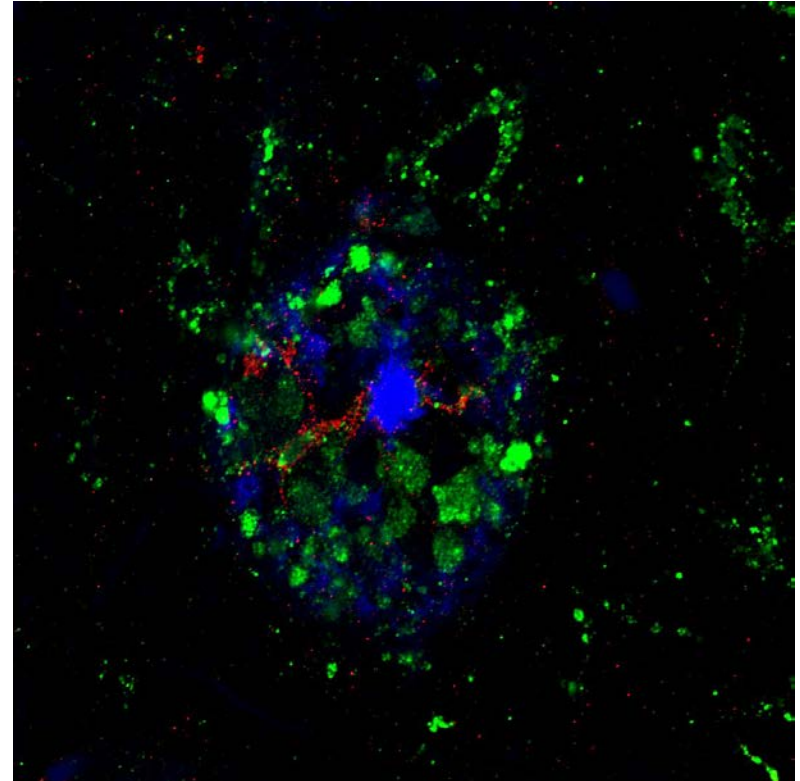
- Serpins are Protease Inhibitors
  - Serpin-B1 Regulates Neutrophil Infiltration
- Serpins have been shown to inhibit A $\beta$  toxicity Schubert, 1997
  - Likely through regulation of neutrophils Zenaro et al., 2015
- Some evidence of sex difference in neutrophil infiltration and clearance
  - Female mice show more activated neutrophils than male mice following stroke
  - Estradiol modulates neutrophil infiltration and clearance



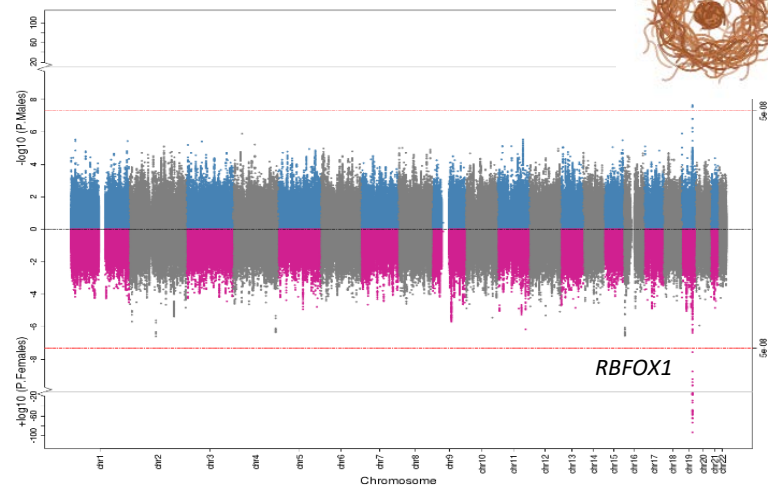
# SERPINB1 in Brain Tissue



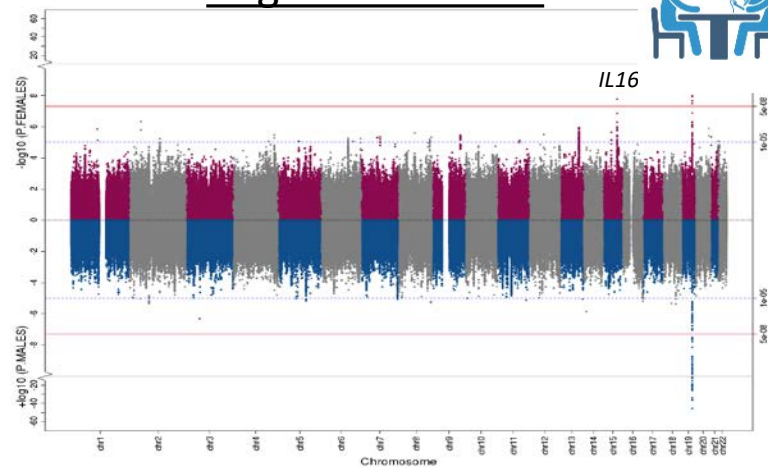
## SERPINB1 Staining in AD Cortex



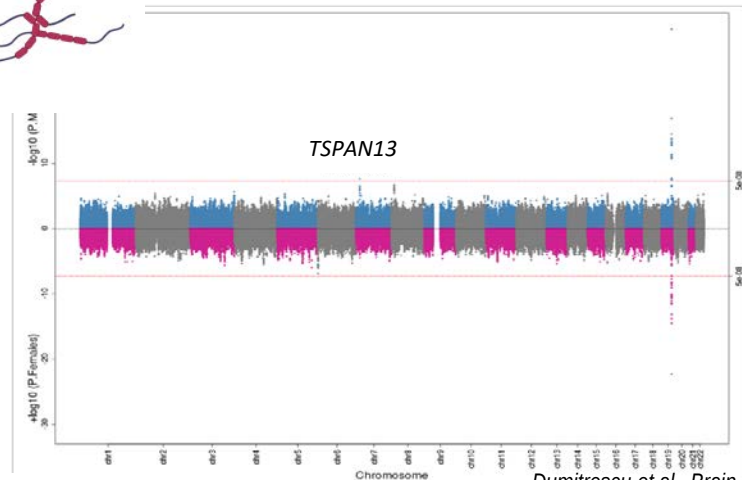
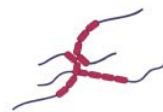
## PET Amyloid



## Cognitive Decline

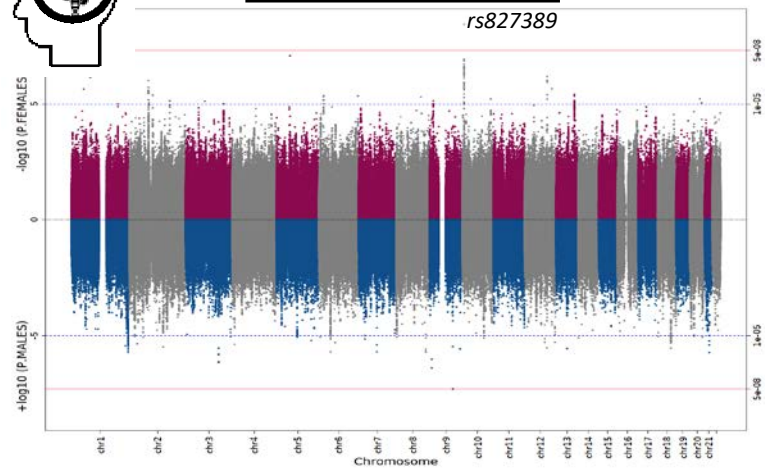


## Neurofibrillary Tangles



Dumitrescu et al., Brain, 2020

## Resilience to AD



# Sex-Specific Genomic Pathways Summary



|                                                                                             | Amyloid                                                                           | Tau                                                                                | Cognitive Decline                                                                              | Resilience                                                                          |
|---------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
|                                                                                             |  |  |             |  |
| Male<br>    | <i>APOE</i>                                                                       |                                                                                    | <i>APOE</i>                                                                                    |                                                                                     |
|                                                                                             | <i>HLA Region</i>                                                                 | <i><math>\alpha</math> Secretase Pathway</i>                                       | <i>Mitochondrial Transport</i>                                                                 | <i>Glutamate</i>                                                                    |
| Female<br> | <i>APOE</i>                                                                       | <i>APOE</i>                                                                        | <i>APOE</i>                                                                                    |                                                                                     |
|                                                                                             | <i>Neutrophils</i><br><i>RNA Binding</i>                                          | <i>Dendritic Growth</i>                                                            | <i>Metabolism</i><br><i>(Gluconeogenesis)</i><br><i>Inflammation</i><br><i>Circadian Clock</i> | <i>Angiogenesis</i><br><i>Neurotrophic</i>                                          |

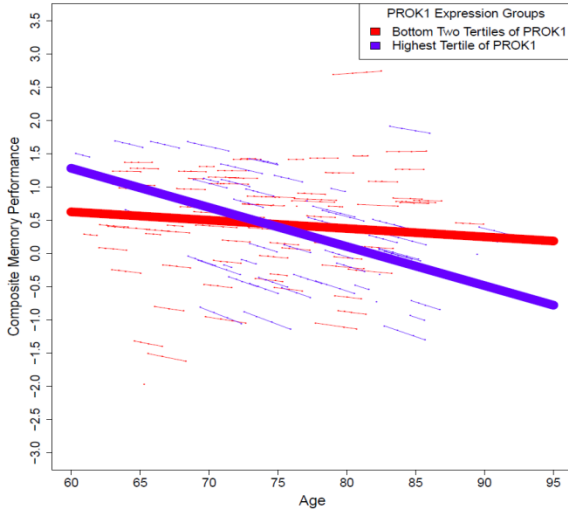
# Future Directions: Leveraging PrediXcan



## Angiogenic Genes Interact with Amyloid among Females

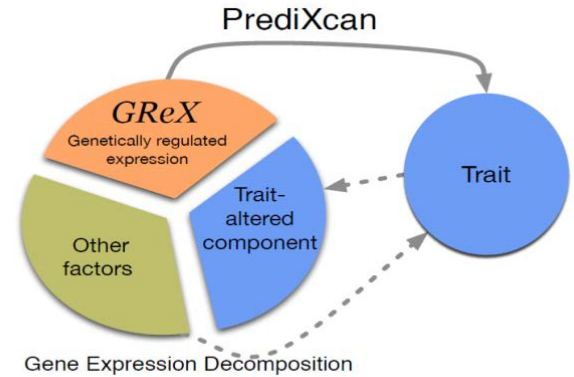
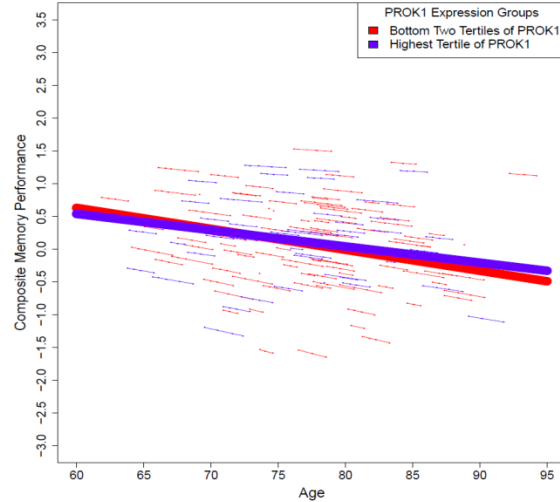
### Female

Amyloid Positive Individuals



### Male

Amyloid Positive Individuals





# Acknowledgements



## • Logan Dumitrescu, PhD

- Emily Mahoney, BA
- Mary Ellen Koran, MD, PhD
- Annah Moore, PhD
- Mabel Seto, ABD
- Rebecca Weiner, ABD
- Shannon Mercado, BA

## Vanderbilt Memory & Alzheimer's Center

- Angela Jefferson, PhD
- Katie Gifford, PsyD
- Matthew Schrag, MD
- Bennett Landman, PhD

- Derek Archer, PhD
- Vaibhav Janve, PhD
- Alexis Smith, MA
- Jorge Bahena, MA
- Jackie Eissman, BA
- Shania Hansen, BA

## Vanderbilt Genetics Institute

- Nancy Cox, PhD
- Lea Davis, PhD
- Douglas Ruderfer, PhD

## Rush University Medical Center

- David Bennett, MD
- Julie Schneider, MD

## National Institute on Aging

- Susan Resnick, PhD
- Murat Bilgel, PhD

## Jackson Laboratory

- Catherine Kaczorowski, PhD
- Gareth Howell, PhD

## University of Wisconsin

- Sterling Johnson, PhD
- Corinne Engelman, PhD
- Qiognshi Lu, PhD
- Yuetiva Deming, PhD

## Columbia University

- Richard Mayeux, MD
- Neha Raghavan, PhD
- Badri Vadarajan, PhD
- Adam Brickman, PhD
- Jennifer Manly, PhD

## University of Miami

- Michael Cuccaro, PhD
- Margaret Pericak-Vance, PhD
- Brian Kunkle, PhD
- Gary Beecham, PhD
- Douglas Ruderfer, PhD
- Eden Martin, PhD

## Stanford University

- Elizabeth Mormino, PhD
- Thomas Montine, MD

## University of Pennsylvania

- Gerard Schellenberg, PhD
- Li San Wang, PhD
- Amanda Kuzma, MS
- Christos Davatzikos, PhD

## University of Southern California

- Paul Thompson, PhD
- Duygu Tosun, PhD

## Harvard Medical School

- Rachel Buckley, PhD
- Michael Properzi, BS

## Case Western University

- Jonathan Haines, PhD
- William Bush, PhD

## Johns Hopkins University

- Marilyn Albert, PhD
- Alden Gross, PhD

## University of Washington

- Paul Crane, MD
- Joey Mukherjee, PhD
- Walter Kukull, PhD

## Pacific Northwest National Lab

- Vlad Petyuk, PhD

## Washington University in St. Louis

- Carlos Cruchaga, PhD
- Fabiana Farias, PhD

## National Institute on Aging

- Susan Resnick, PhD

## Indiana University

- Andy Saykin, PsyD
- Kwangsik Nho, PhD

## Mt. Sinai Icahn School of Medicine

- Alison Goate, PhD
- Sarah Neuner, PhD

## University of Kentucky

- David Fardo, PhD

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**Funding:** R01-AG061518, R01-AG061518, R21-AG059941, K01-AG049164, K12-HD043483, HHSN311201600276P, RF1-AG059869, K24-AG046373