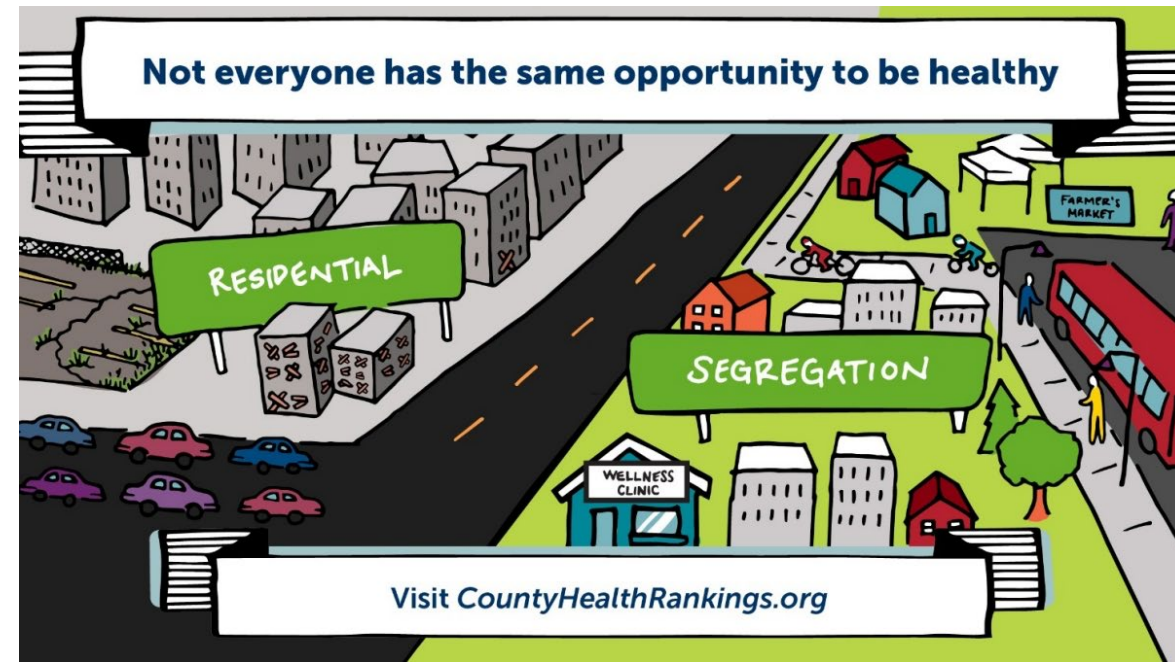


Addressing Environmental Determinants of Sleep and Health Outcomes

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CONFLICT OF INTEREST DISCLOSURE

☒ **No**, I (nor my spouse/partner) do not have a relevant financial relationship.

☐ **Yes**, I (and/or my spouse/partner) do have a relevant financial relationship.

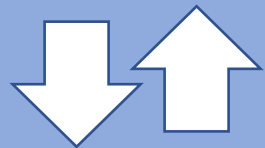
Nature of Relevant Financial Relationship (choose all that apply)	Name(s) of Company or Companies
☐ Consultant	
☐ Speakers Bureau	
☐ Grant/Research Support (Secondary Investigators need not disclose)	
☐ Stock Shareholder (self-managed)	
☐ Honoraria	
☐ Full-time/Part-time Employee	
☐ Other (describe):	

**Structural
Discrimination**



Residential
Segregation
by

race/ethnicity
SES
immigration
status



Inequities in
resource
distribution

**Differential Access
to**

Social
Environment

- Social cohesion
- Social fragmentation

Physical
Environment

- Crowding
- Urbanicity
- Noise
- Built environment
- Housing
- Air quality

Emotional regulation

Immune and
inflammatory function

Metabolism

Cardiovascular regulation

HEALTH
OUTCOMES

Cognitive Decline
Dementia
Diabetes
Heart Disease
Hypertension
Stroke
Cardiovascular
Disease
Cancer
Mortality

The environment and sleep health are intervention
targets for improving health

