# The Gastrointestinal Tract and Long COVID

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### Disclosures

### 1. Grant funding from:

- 1. Takeda Pharma
- 2. Genentech Pharma

### 2. Speaking engagements for:

- 1. Takeda Pharma
- 2. Genentech Pharma
- 3. Morphic
- 4. Glaxo Smith Kline

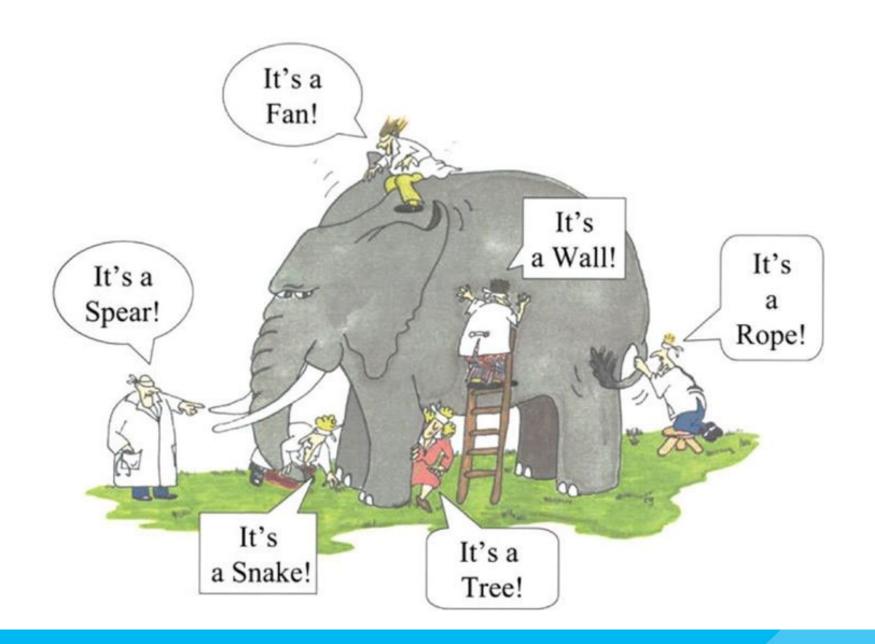
NO RELATION TO THE PRESENT TOPIC

### **Outline of the presentation**

- Rationale for studying the GI tract in COVID
- Acute infection studies
- ► Persistence of SARS-CoV-2 in the GI tract
- Ongoing and planned work

Mount Sinai / Presentation Slide / December 5, 2012

### Prevailing hypothesis regarding the pathogenesis of Long COVID



### Rationale for investigating the GI tract in COVID-19

- Patients demonstrate GI symptoms
- ▶ GI infection was demonstrated in SARS-CoV epidemic of 2003
- Multiple members of the Coronaviridae family can infect enterocytes
- Publications regarding infection of human enteroids by SARS-CoV-2 in vitro

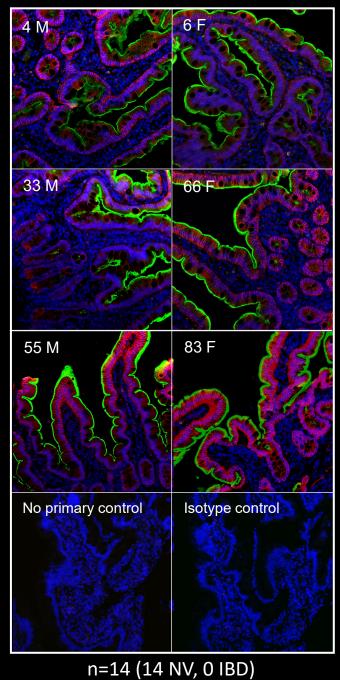


## Infection of bat and human intestinal organoids by SARS-CoV-2

Jie Zhou © 1.2.6 ≅, Cun Li².6, Xiaojuan Liu².6, Man Chun Chiu © ², Xiaoyu Zhao © ², Dong Wang², Yuxuan Wei², Andrew Lee © ², Anna Jinxia Zhang¹², Hin Chu¹², Jian-Piao Cai², Cyril Chik-Yan Yip², Ivy Hau-Yee Chan³, Kenneth Kak-Yuen Wong © ³, Owen Tak-Yin Tsang⁴, Kwok-Hung Chan © ², Jasper Fuk-Woo Chan¹.2.5, Kelvin Kai-Wang To¹.2.5, Honglin Chen © ¹.² and Kwok Yung Yuen © ¹.2.5 ≅

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Duodenum

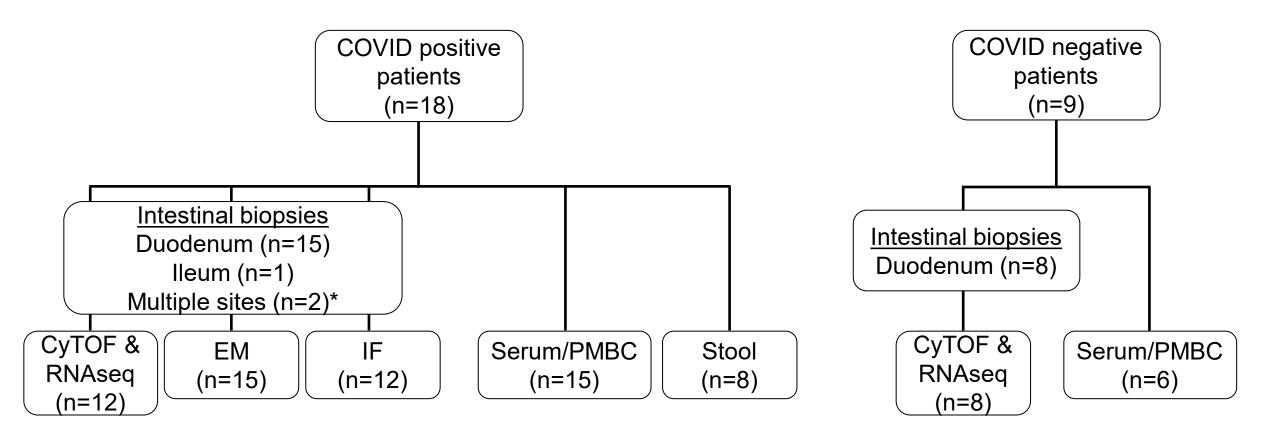


ACE-2 is physiologically expressed on the small intestinal brush border

Suarez-farinas, Tokuyama, Gastroenterology 2020



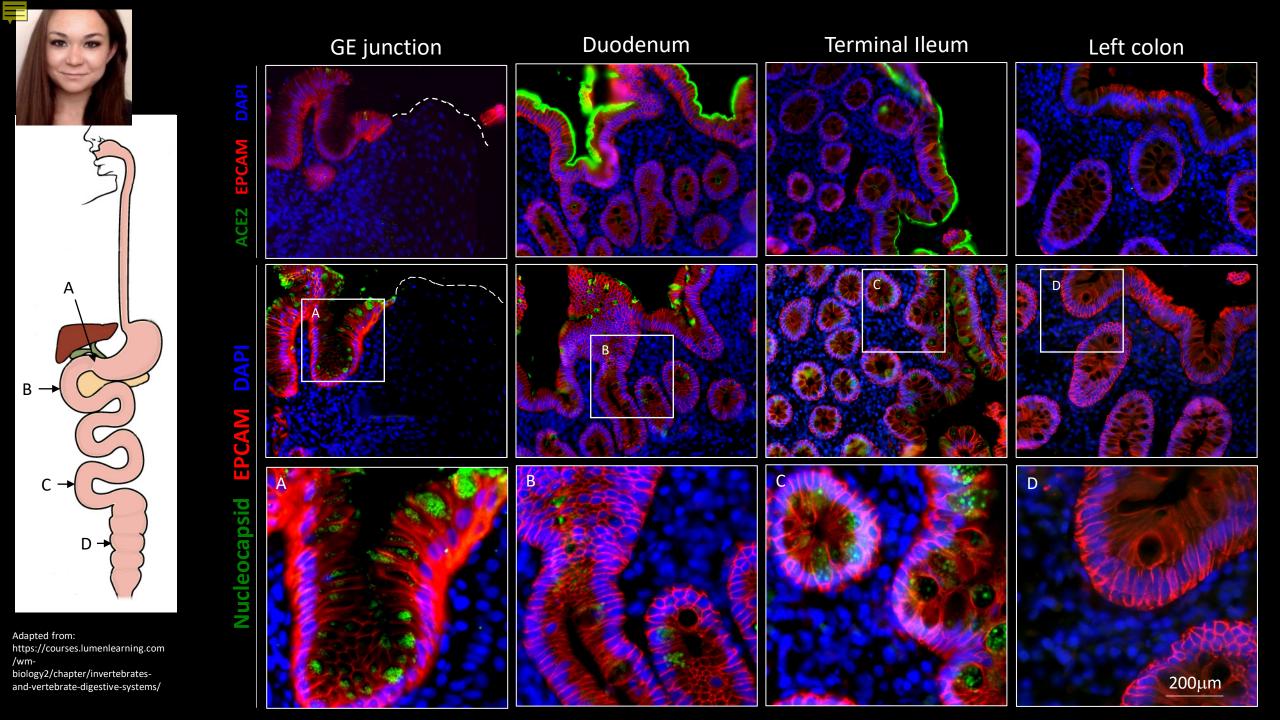
### Acute COVID-19 cohort summary and sample description

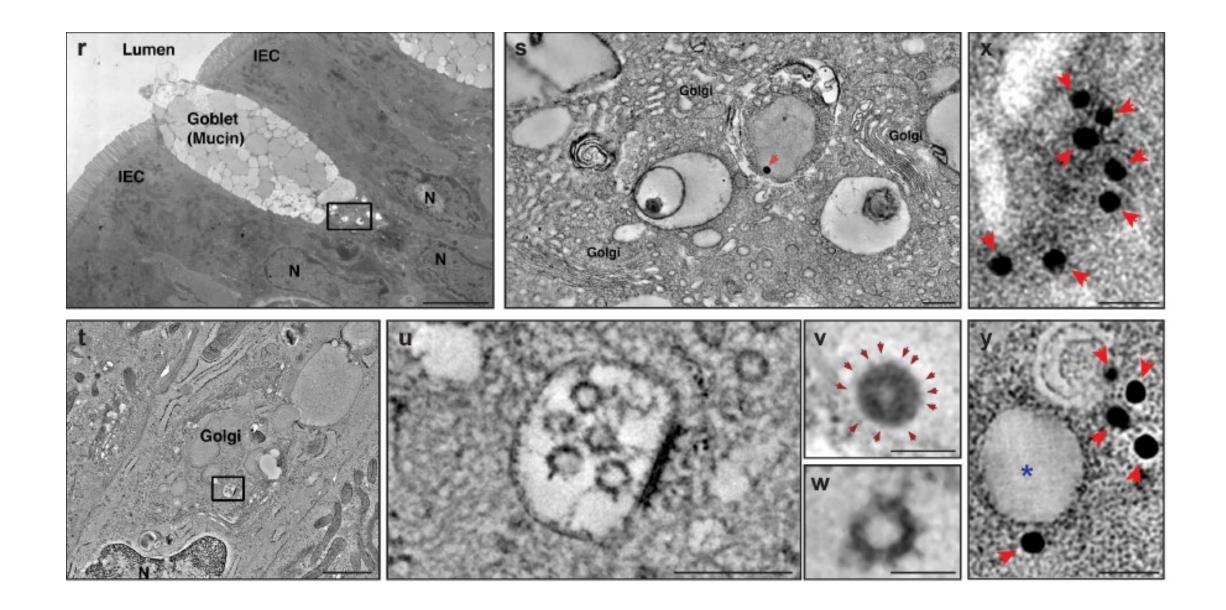


<sup>\*</sup>Case #19 was biopsied at the GEJ, duodenum and ileum sites

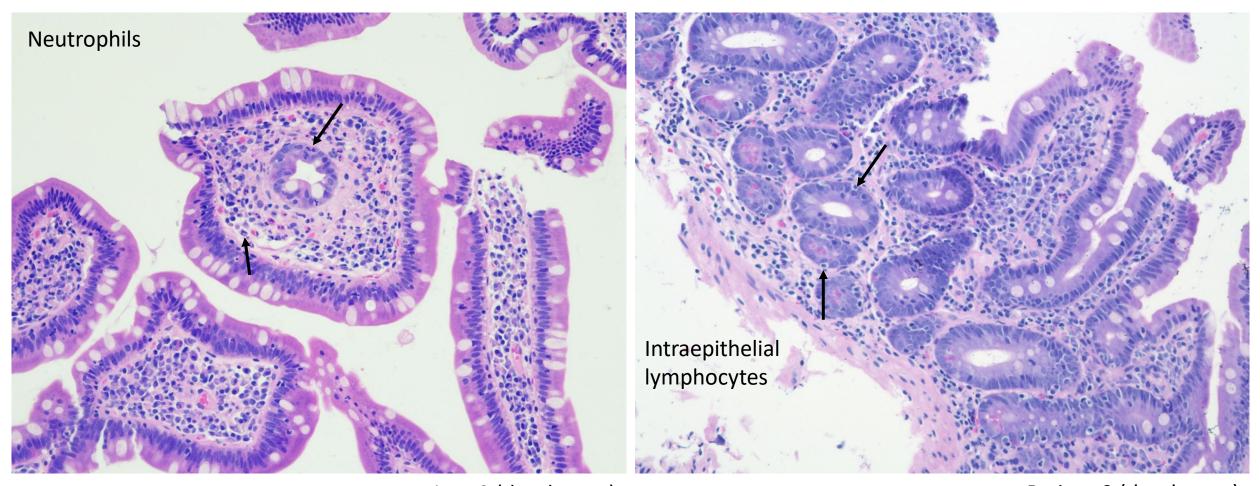
#One Control only had blood available

<sup>\*</sup>Case #2 (pediatric) had the transplanted small intestine and native duodenum biopsied





### Mild evidence of intestinal inflammation based on cellular infiltrates

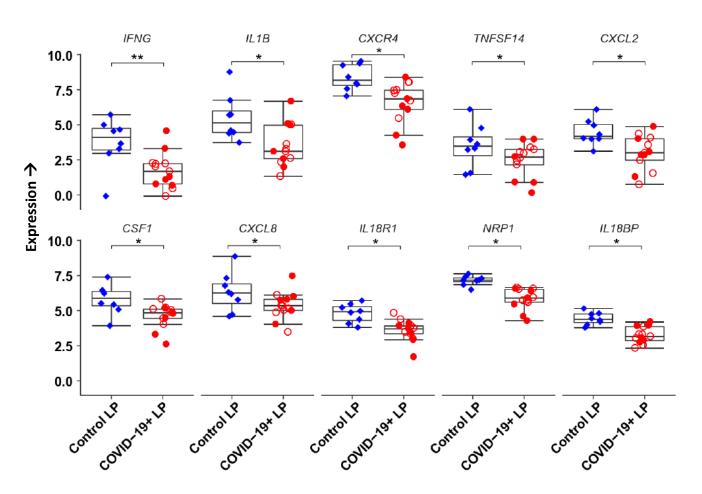


Patient 8 (duodenum)

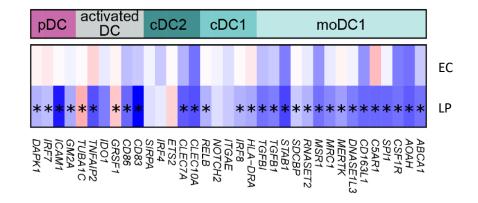
Patient 9 (duodenum)

## Intestinal biopsies during and immediate post acute phase show unexpected attenuation of inflammatory pathways

#### Reduced expression of key chemokines and cytokines



#### **Reduced expression of DC-related genes**

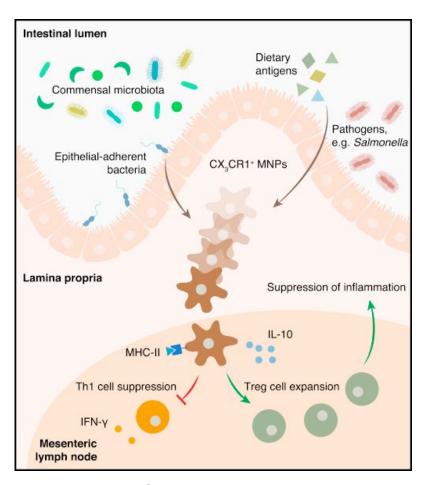




### Summary

- SARS-CoV-2 viral particles can be detected by IF and EM in intestinal tissue of patients with concurrent (or recent) COVID-19
- The majority of COVID-19 patients examined in the acute to post acute stage show patchy and mild signs of intestinal inflammation (neutrophils, architectural distortion and/ or intraepithelial lymphocytes)
- Intestinal biopsies during and immediately post acute COVID-19 showed an unexpected decrease myeloid cells and inflammatory pathways when compared to normal volunteer-derived biopsies

## Intestines default to inducing tolerance against luminal antigens

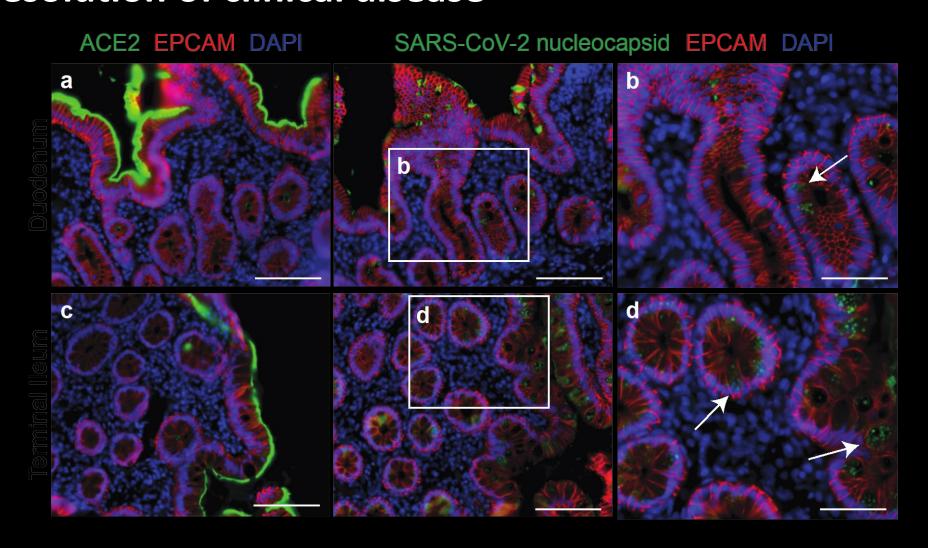


Speculation: Lack of sterilizing immunity in the gut during initial infection may allow for viral persistence

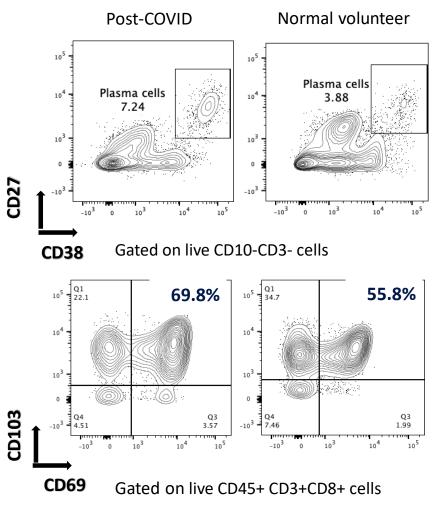
### Persistence of SARS-CoV-2 in the GI tract

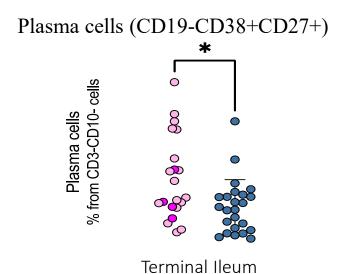
- Initially 14 subjects (now > 50) with prior diagnosis of COVID-19
- Studied at 4 months post infection (range, 2.8-5.7 months) (now upto 2 year)
- Immunostaining for NP antigens
- PCR and sequence verification of SARS-CoV-2
- Insitu hybridization
- Cellular subset examination

## SARS-CoV-2 persists in the GI tract well beyond the resolution of clinical disease

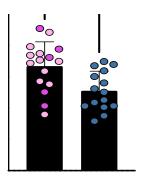


### Significant increase in plasma cells and tissue resident memory T cells





Tissue Resident memory cells (CD103+CD69+)



- Normal Volunteer
- Post-COVID IF positive
- Post-COVID IF negative

### Summary of persistent immune cell abnormalities in the GI tract

- Persistence of viral proteins can be seen in our cohort for more than one year
- Innate and adaptive immune cell abnormalities persist in the intestinal mucosa of COVID-recovered individuals
- Abnormalities may reflect viral persistence or prolonged immune dysregulation in the intestines
- We have not been able to culture live virus out of the intestines

### **Key Take Away Points**

- Long COVID is a heterogeneous disorder with multiple organ system manifestations, dominated by neuropsychiatric and systemic symptoms
- Prevailing hypotheses include immune dysregulation, autoimmunity and persistence of viral reservoirs
- Intestinal viral reservoirs could potentially be associated with attenuated inflammation and less than 'sterilizing protection' during the acute phase of illness

## Where are we going with this?

### Investigating the role of the GI tract in the pathogenesis of Long COVID



Patient cohort



Spatial transcriptomics



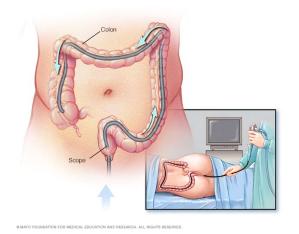
**Project coordination** 

### Proposed studies

Group 1: Long COVID patients with GI symptoms (n=20)

Group 2: Long COVID patients without GI symptoms (n=10)

Group 3: Post-COVID but no long COVID (n=10)









Transcriptomic profiling with scRNA seq
Advanced microscopy
Flow cytometry
Serological studies
Viral culture
Spatial transcriptomics
Spatial metatranscriptomics
Biobanking of tissue

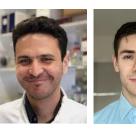
### Acknowledgements



















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Mehandru Laboratory

Saurabh Mehandru
Hadar Meringer
Alexandra Livanos
Divya Jha
Francesca Cossarini
Minami Tokuyama
Michael Tankelevich

### **Bakel Lab**

Ana Silvia Gonzalez-Reiche

Garcia-Sastre Lab
Teresa Aydillo-Gomez

**NIH Grant: NIH/NIDDK 1R01 123749S1** 

### HIMC

Brian Lee Adeeb Rahman Miriam Merad

### **Gastroenterologists**

Nikhil Kumta Satish Nagula Ari Grinspan

Francesca Petralia
Rockefeller University
Humanitas University, Milan, Italy
California Institute of Technology
Weill Cornell College of Medicine

Patients and participants @ Mount Sinai Hospital