National Academy of Medicine Harm Reduction Workshop – Concrete Next Steps- Ruchi Fitzgerald, MD FAAFP

No financial conflicts ->





- Partners can identify <u>shared values</u> (safety, funding, program building, policy change).
 - -Acknowledge and actively, respectfully <u>reduce tension</u> around drug use and harm reduction in the US, with attention to special populations at highest risk for overdose.
 - -Identify with data, raise awareness and address rising overdose mortality rates in communities of color, birthing populations, older adults do not forget about HR– abstinence and punishment approaches have failed.
 - -Can adopting a <u>harm reduction framework</u> for funding research proposals be used- and how can we utilize persons with lived/living experiences for review processes meaningfully in our federal agencies? This includes product development and overdose reversal management.
- Research should be <u>conducted</u>, and <u>led</u> by individuals who have been affected by, harmful policies and laws, as well as the impact of legislative change (positive and negative) on individuals and communities.

Harm Reduction (not just naloxone) in Every Setting, led by the Experts – those in this room today; this is lower hanging fruit.

- Carceral settings
- Schools/After school settings
- Encampments, shelters, tents
- Rural areas
- Nursing homes
- Group homes
- Psychiatric facilities
- Parents involved in the Family regulation system
- People who are involved in the probation system or in drug court
- People in the hospital or coming to the clinic, or seen in the ED.
- Medical respite and hospice