

# Human Endometrium, Endometrial Stem/Progenitor Cells and their Potential in Regenerative Medicine in Women's Health

**Professor Caroline Gargett**

**NATIONAL  
ACADEMIES**

Sciences  
Engineering  
Medicine

Forum on Regenerative Medicine  
Forum on Temporomandibular Disorders

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# Conflict of Interest Disclosure Form

NAME : Caroline Gargett

AFFILIATION: ...Hudson Institute of Medical Research and  
Monash University Department of Obstetrics and Gynaecology

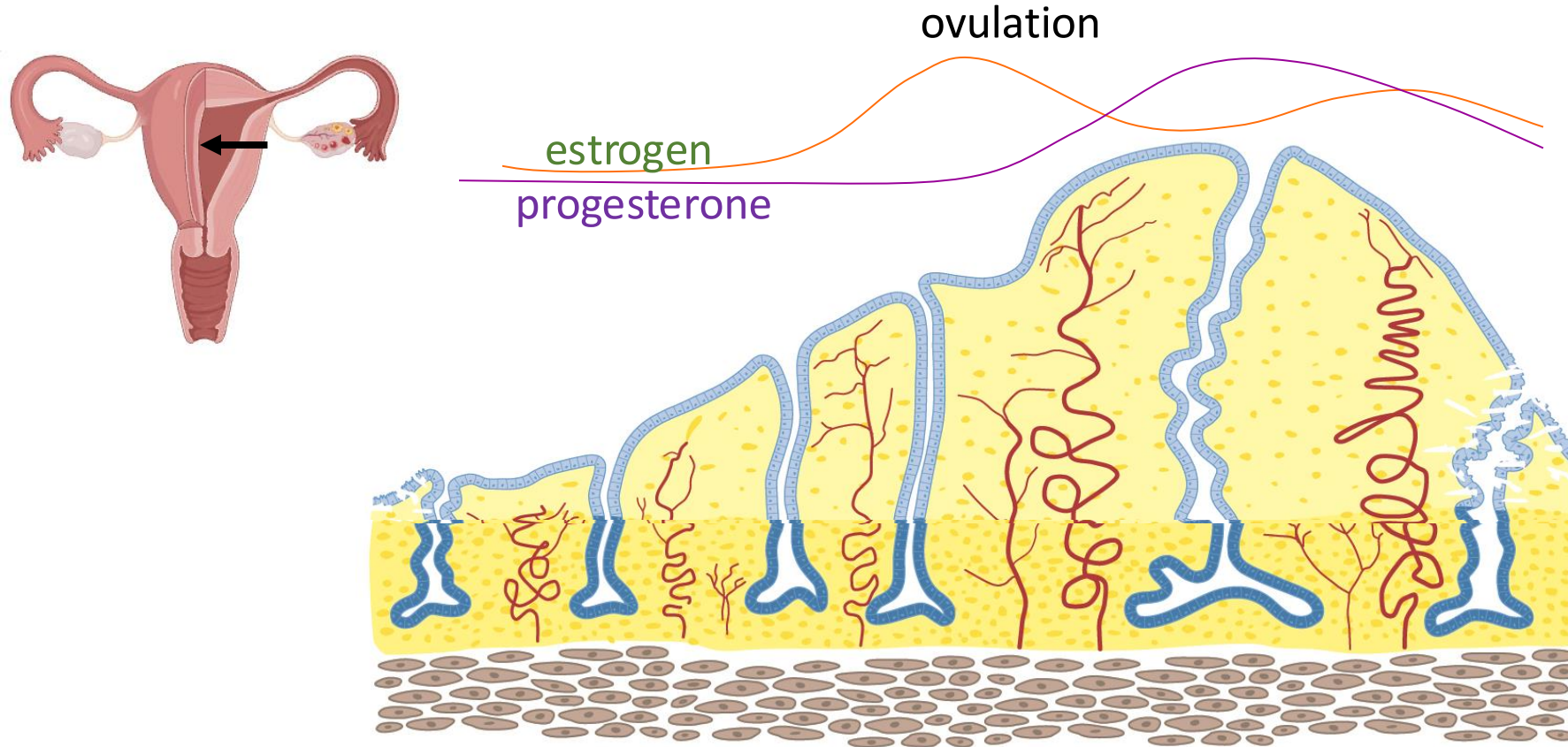
## DISCLOSURE

I have no potential conflict of interest to report





# The Remarkable Regenerative Human Endometrium



- Menstrual cycle 400X
- Parturition
- Resection
- Postmenopausal

Gargett et al Mol Cell Endocrinol, 2008; Gargett et al Rev Endocrinol Metabol Disorders, 2012

Endometrial stem/progenitor cells likely

- reside in the endometrial basalis and
- responsible for cyclical regeneration of the functionalis

Gargett CE Hum Reprod Update 2007

# Self-renewal

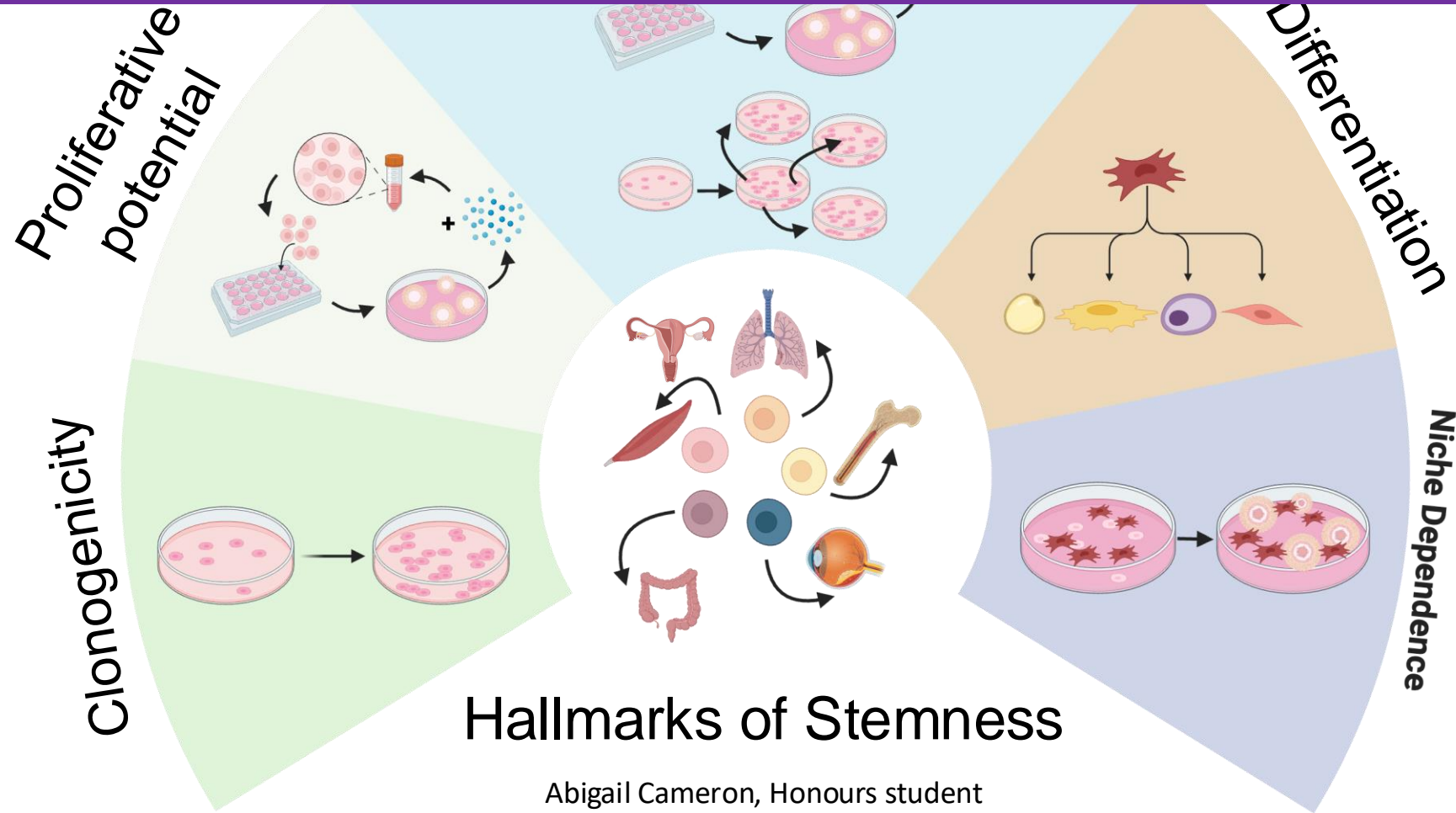
Human endometrium contains rare epithelial progenitor cells and mesenchymal stem cells.  
But where were they?



Rachel Chan



Kjana Schwab



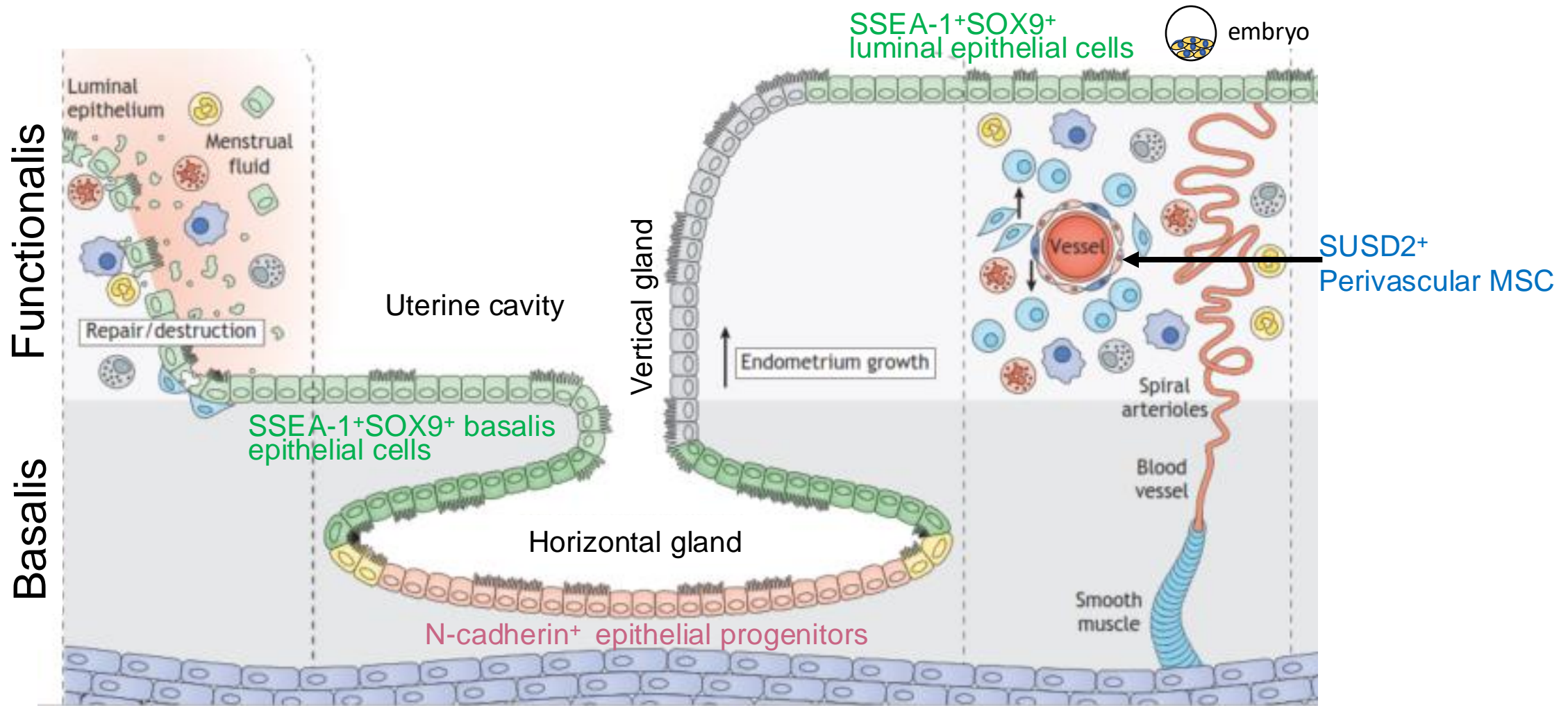
## Hallmarks of Stemness

Abigail Cameron, Honours student

Chan RWS et al Biol Reprod 2004  
Schwab K et al Fertil Steril 2005  
Gargett CE et al Biol Reprod 2009

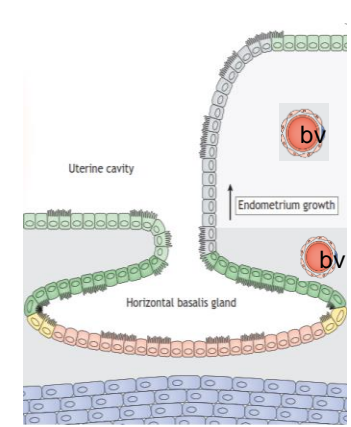
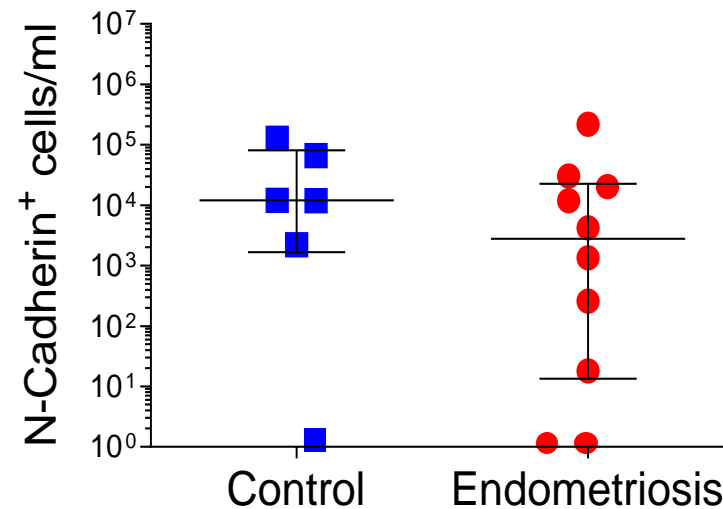
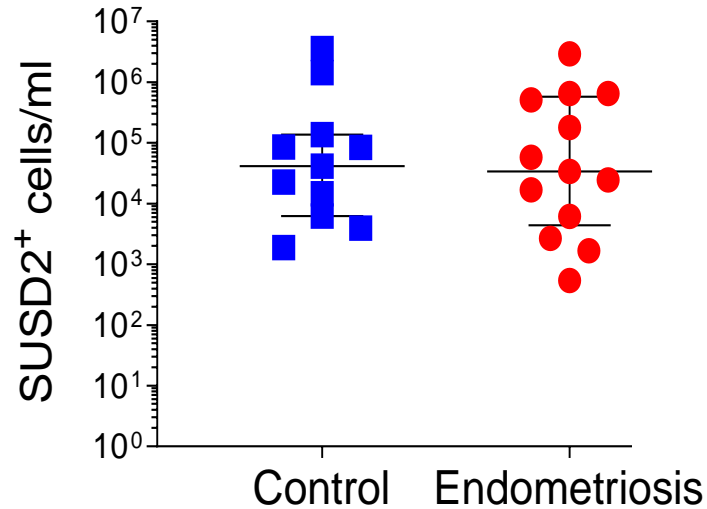
# Where are the endometrial epithelial progenitors and MSC?

## What is their role in endometrial regeneration?





# Menstrual Fluid: Source of Stem Cells for Regenerative Medicine



Masuda H, Schwab K et al RBMO 43:3-13, 2021



Hiro Masuda

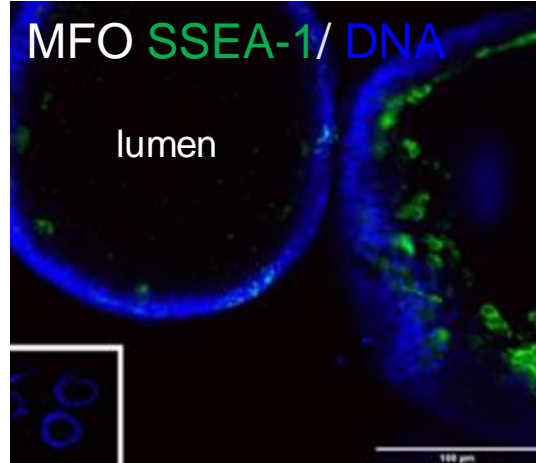
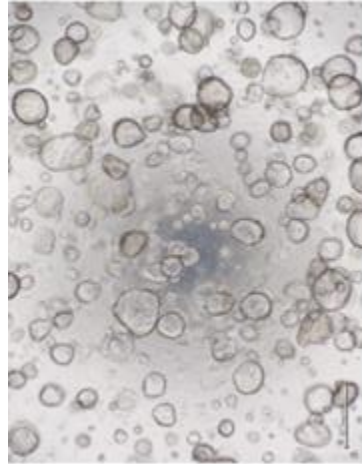
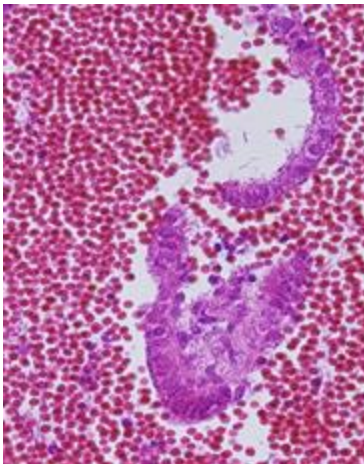


Kjana Schwab

## Menstrual fluid Menstrual fluid organoids



Caitlin Filby



Filby C et al J Personalized Medicine 2021

Menstrual fluid is a non-invasive source of endometrial tissue

- SUS D2<sup>+</sup> eMSC
- N-cadherin<sup>+</sup> epithelial progenitors
- for generating patient-specific organoids to evaluate drug responses for personalised medicine

# Pelvic Organ Prolapse (POP)

**Definition** Downward descent (hernia) of pelvic organs into the vagina

**Symptoms** Urinary, bowel and sexual dysfunction; Bulge

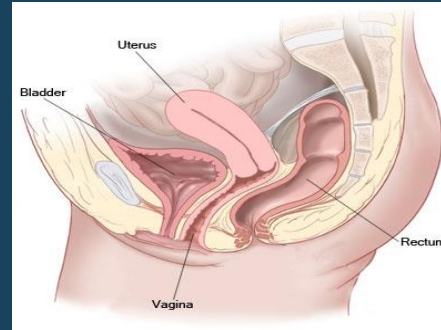
## Etiology

- Vaginal birth injury
- Ageing, exacerbated by obesity

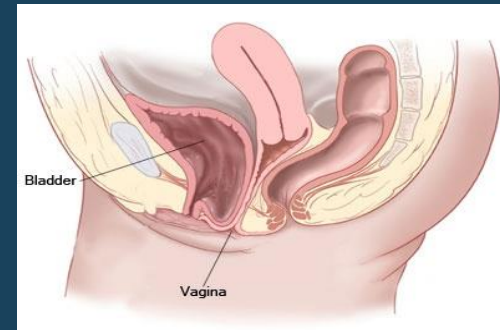
**Incidence** 25% of all women

## Treatment

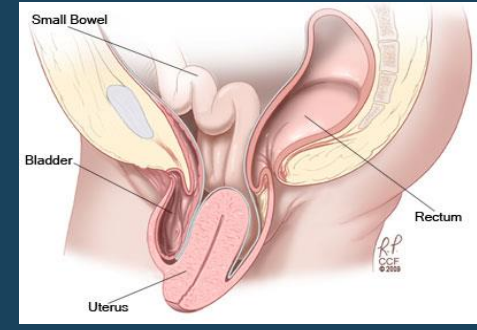
- 19% will have POP surgery
- 15-29% risk of multiple repeated operations



normal pelvis

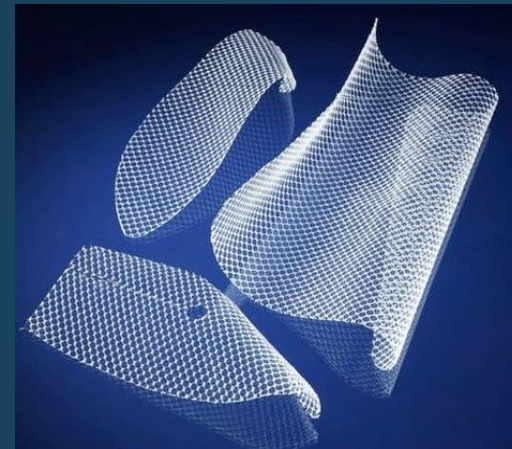


prolapsed bladder  
and bowel

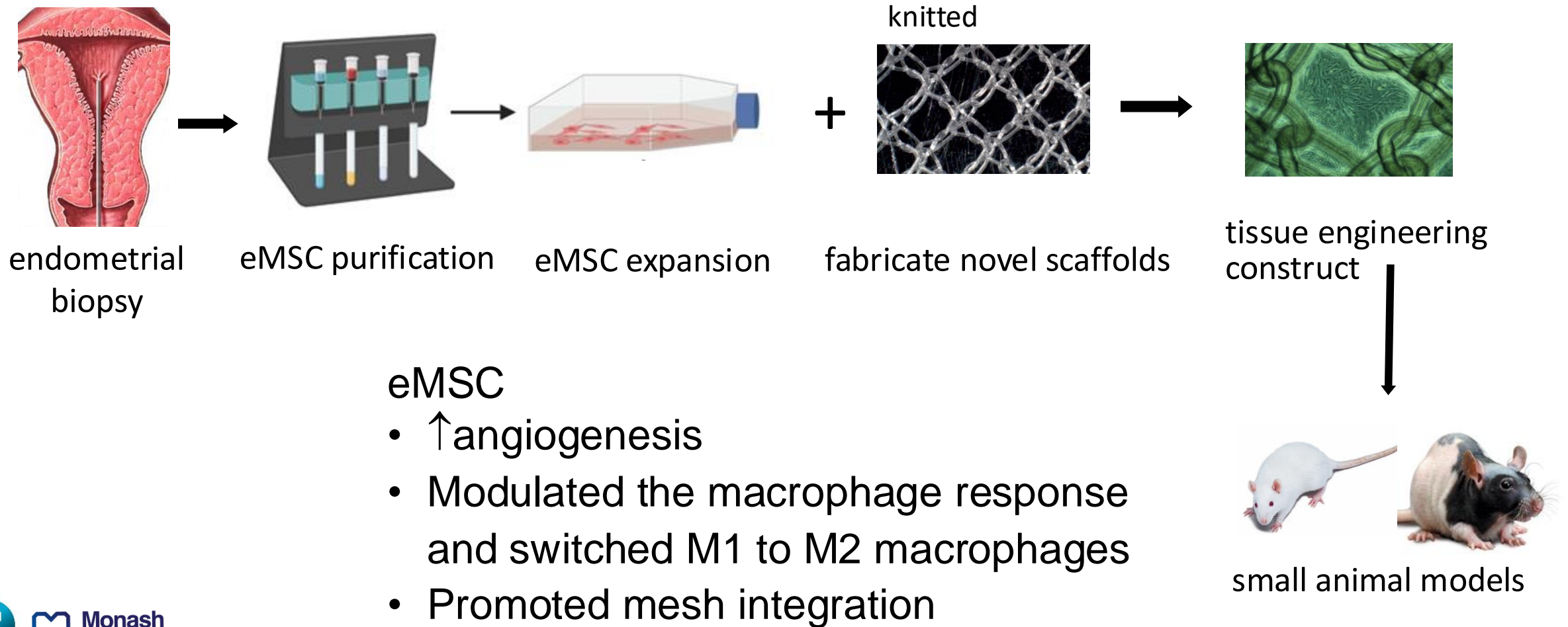


prolapsed uterus

bladder erosion



# Tissue Engineering for POP with Autologous Endometrial MSC and Novel Biomaterials



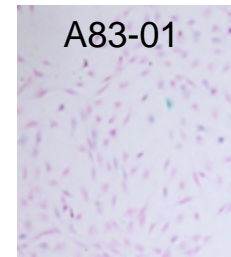
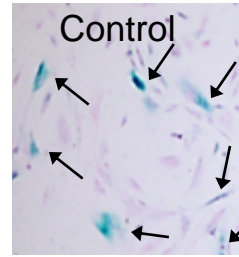
D Ulrich et al, Tissue Engineering A, 2014  
S Edwards et al, Acta Biomaterialia, 2015  
S Darzi et al Scientific Reports, 2018



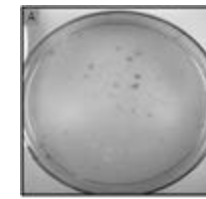
# How to Expand SUS<sup>D2</sup><sup>+</sup> eMSC Fit for Clinical Use

## A83-01, a TGF $\beta$ Receptor Inhibitor

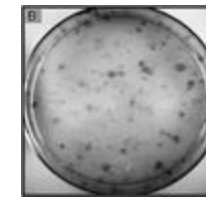
- Maintains the proportion of SUS<sup>D2</sup><sup>+</sup> cells
- Maintains clonogenicity
- Promotes proliferation
- Represses senescence genes at chromatin and transcript levels and blocks apoptosis and senescence
- Upregulates angiogenesis genes and promotes angiogenesis
- Upregulates MSC potency genes *TWIST1*, *TWIST2*
- Induces anti-fibrotic genes
- No pluripotency genes
- Survive *in vivo*



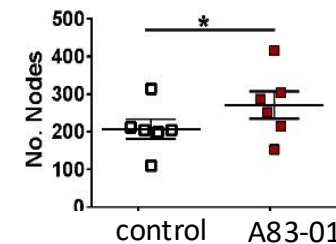
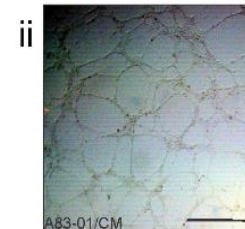
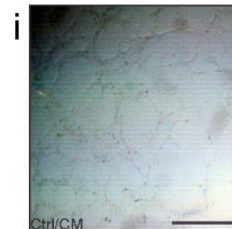
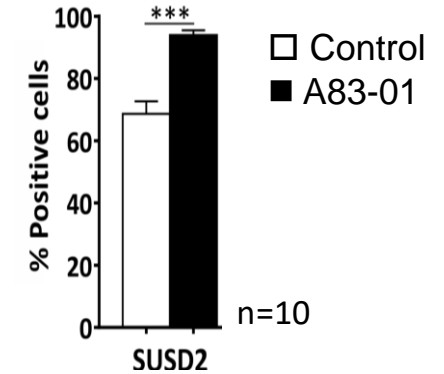
$\beta$ -galactosidase



Control



A83-01



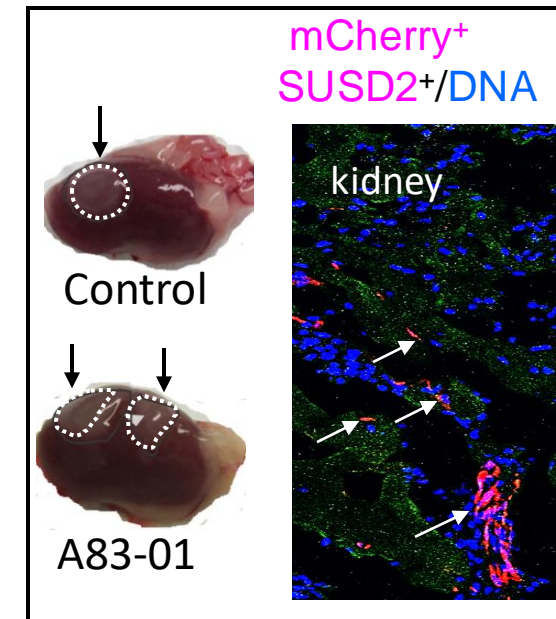
S Gurung et al Front Cell Dev Biol 2018  
R Lucciola et al Front Cell Dev Biol 2020



Shanti Gurung



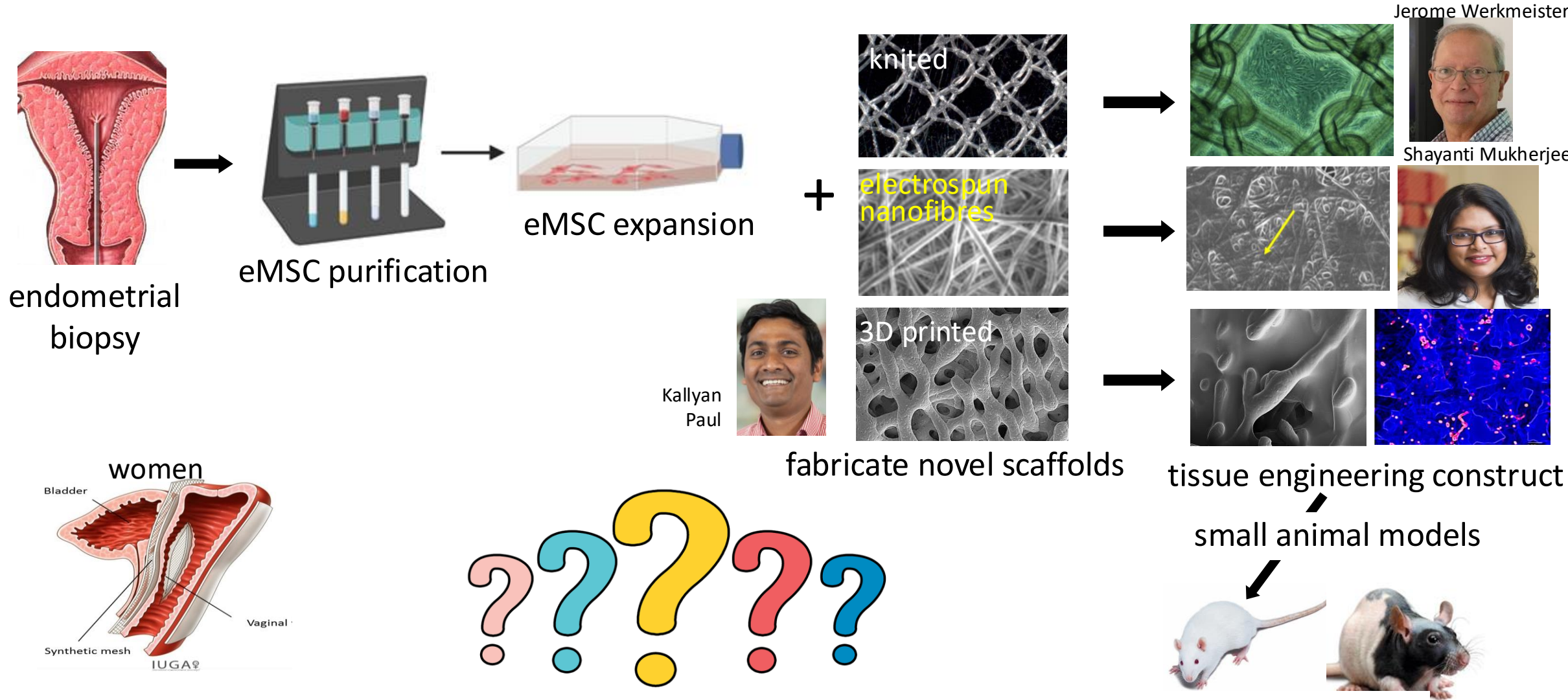
Raffaella Lucciola



S Gurung et al, Sci Reports 2015  
S Gurung et al, Stem Cells Dev 2018

A83-01-treated eMSC have a desirable gene expression profile and function for clinical translation

# Tissue Engineering for POP with endometrial MSC and Novel Biomaterials

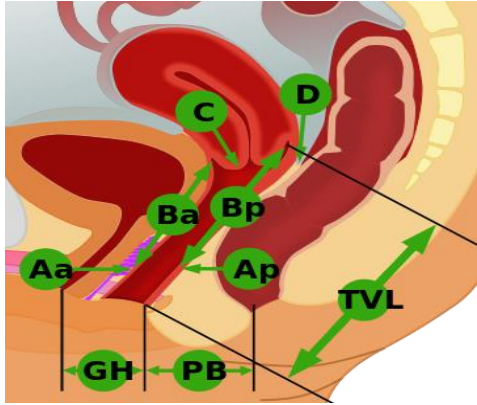


Emmerson et al, World J Stem Cells 2016  
Gargett et al Curr Opin Urol 2019  
Mukherjee et al Interface Focus 2019  
Hennes et al J Personalized Med 2021

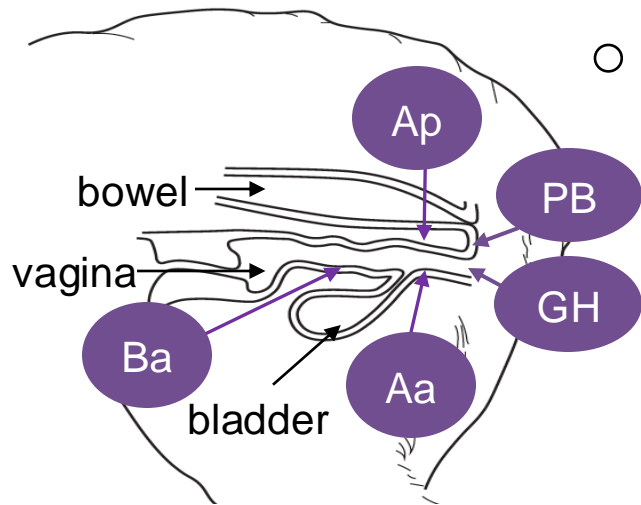


# Developing a Pre-Clinical Animal Model for Treating POP with eMSC/Mesh Constructs - Parous Ewes

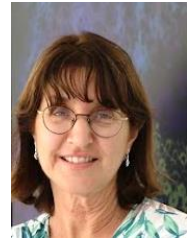
## POP-Q



- Adapted a clinical measure of POP severity – the POP-Q to measure vaginal wall weakness
- On a flock of 58 ewes at 3 POP-Q points
  - Multiparous > Primiparous > Nulliparous ( $P < 0.001$ ) for vaginal wall weakness
  - Contributing factors resulting in ovine “POP” were Age OR 3.0 and Parity OR 7.6



- Highlights the importance of clinical collaborators – urogynecologists
- Allowed us to develop a vaginal surgery model to assess our constructs



Anna Rosamilia



Natharnia Young





# Recapitulating Human POP Surgery in an Ovine Model

## Preclinical vaginal surgery model



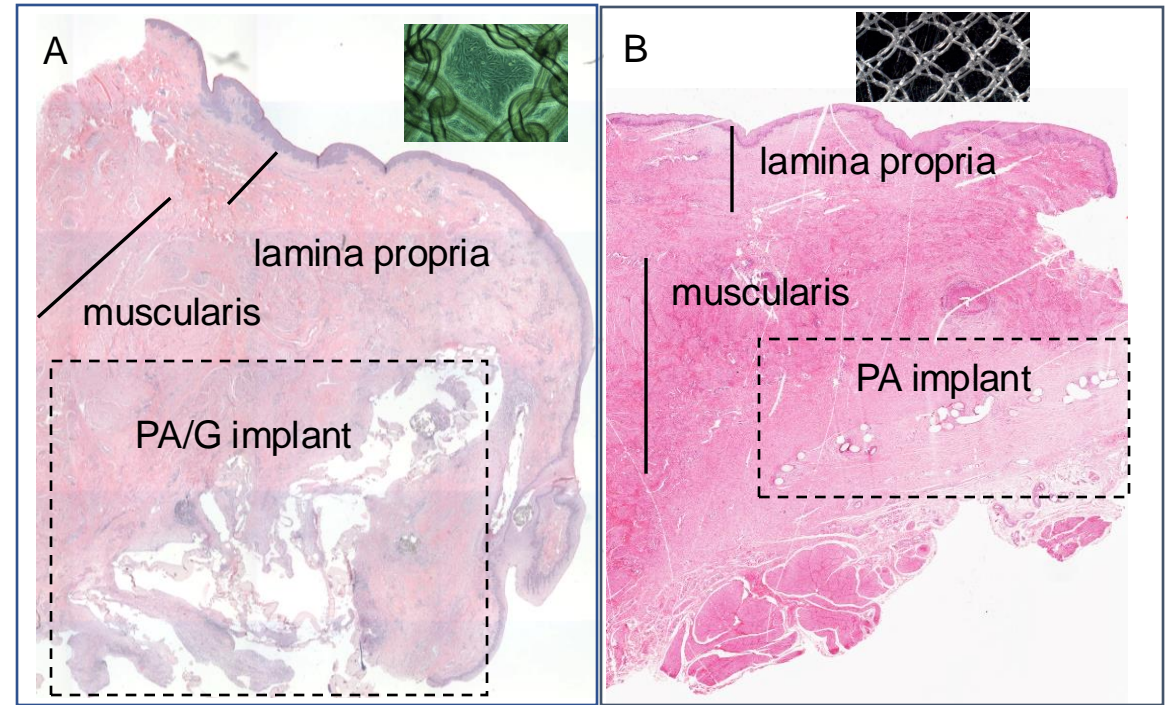
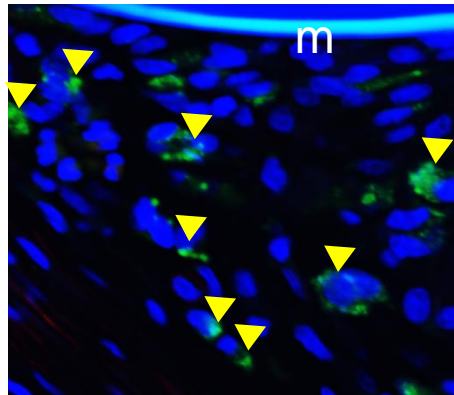
multiparous ewes  
≥ 3 deliveries

### Diagnosis of “POP”

- **Modified POP-Q**  
Ap -1 (-2 to 0)  
Aa 0 (-2 to 0)

## Ovine eMSC - 2 step surgical procedure

- Autologous eMSC persisted 30 days
- Modulated the inflammatory response to mesh



Exposures 5/12

0/12

Emmerson S et al Biomaterials 2019



Stuart  
Emmerson



- Ovine vaginal surgery model recapitulates human condition
- Nondegradable PA mesh format determines mesh exposure and tissue integration

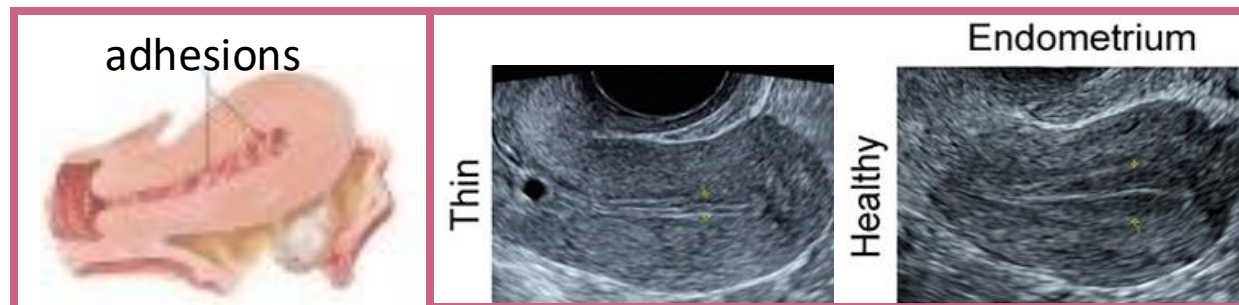
# Regenerating Endometrium for Endometrial Disorders

## Asherman's Syndrome/IUA

Damage/loss of normal stem/progenitor cells

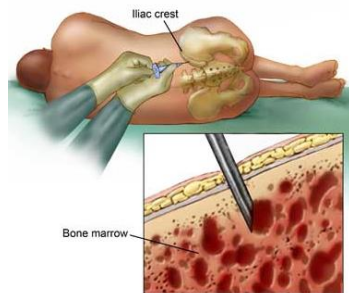
## Thin unresponsive endometrium (TUE)

Diminished activity of normal stem/progenitor cells



Lv et al PNAS 2022

## Stem Cells to Regenerate Endometrium



## Issues

- MSC vs Fibroblasts
- Method of delivery
- Tracking delivered cells
- Survival of delivered cells
- Mechanism of action
  - Paracrine
  - Cell incorporation
  - Stimulate endogenous SC
- Epithelial vs stromal cell type to be regenerated

Cell type	BMMSC
AS/IUA	4 instil 4 inject
TUE	2 inject



# Acknowledgements

## Endometriosis and Vaginal Stem Cell Team



## POP Team Principal Investigators

