

STATE AND FEDERAL PERSPECTIVES ON SUCCESSSES AND CHALLENGES IN SCALING FAMILY-FOCUSED PREVENTIVE INTERVENTIONS

Lisa A. Hill, Executive Director

April 1, 2014

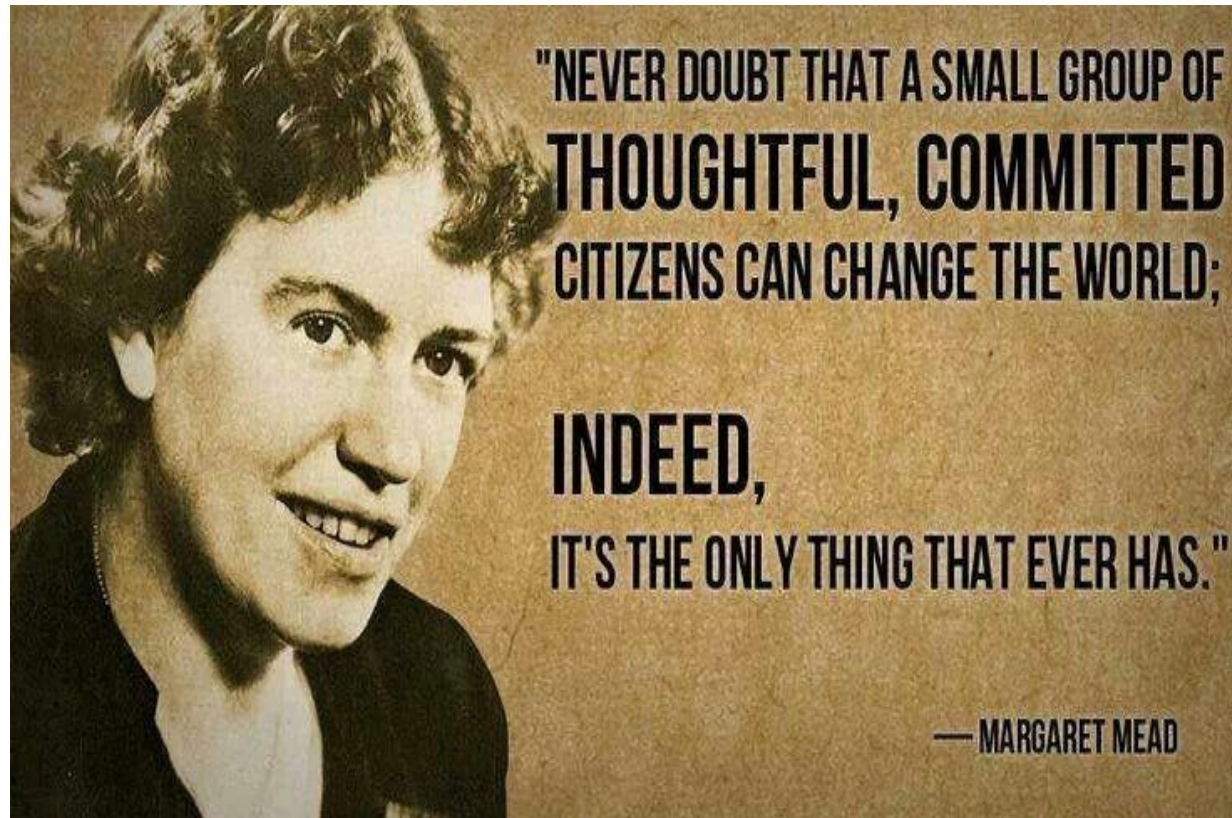
Washington, D.C.



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HOW WE CAME TO BE



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OUR MISSION

Improving the health and well-being of vulnerable young children and families throughout Colorado. Working in partnership with local communities, we identify, introduce, implement and ensure the success of research-based, proven programs.



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OUR APPROACH

- **Identify** research-based, proven programs with methodologies for success
- **Introduce** these programs to Colorado communities and constituencies to determine potential for impact
- **Implement** programs through agency partnership and community collaboration
- **Ensure** ongoing program success through measurement of results



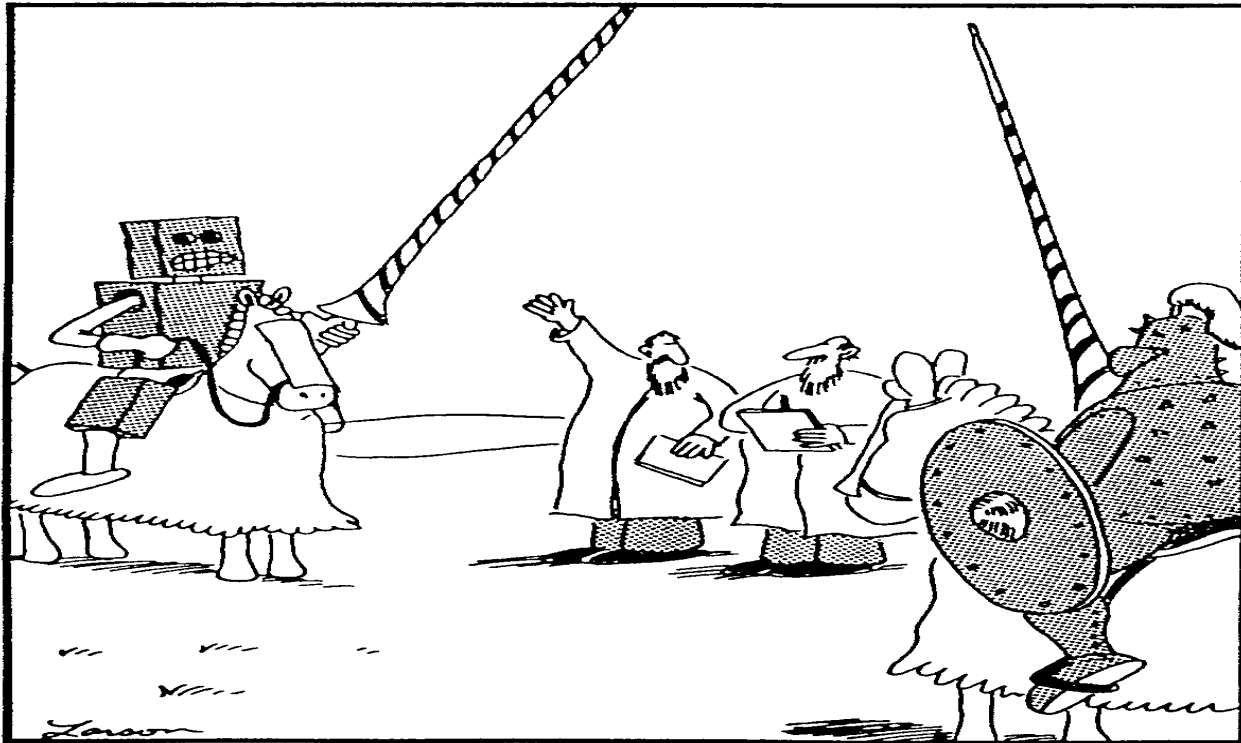
OUR APPROACH TO IDENTIFYING EFFECTIVE PROGRAMS

- Meet with local leaders throughout the state to ascertain where their greatest needs are for services
- Target national search based on meeting identified needs
- Focus on prevention programs serving predominantly low-income children, prenatal- age 8, and their families
- Focus on programs that have been demonstrated, through rigorous research, to be effective and to show cost savings



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WHY WE INVEST IN RESEARCH BASED PROGRAMS



For a very brief period, medieval scientists were known to have dabbled in the merits of cardboard armor.



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OUR PROGRAMS:

NURSE-FAMILY PARTNERSHIP®

(adopted in 1999)

THE INCREDIBLE YEARS®

(adopted in 2002)



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OUR APPROACH TO INTRODUCING PROGRAMS

We know that broad-based community support and involvement are critical because:

- The programs are proscribed models that must be embraced by the community
- The involvement of diverse stakeholders leads to improved coordination and less duplication of services
- The involvement promotes long-term sustainability of the programs both through political support and through invested local leadership



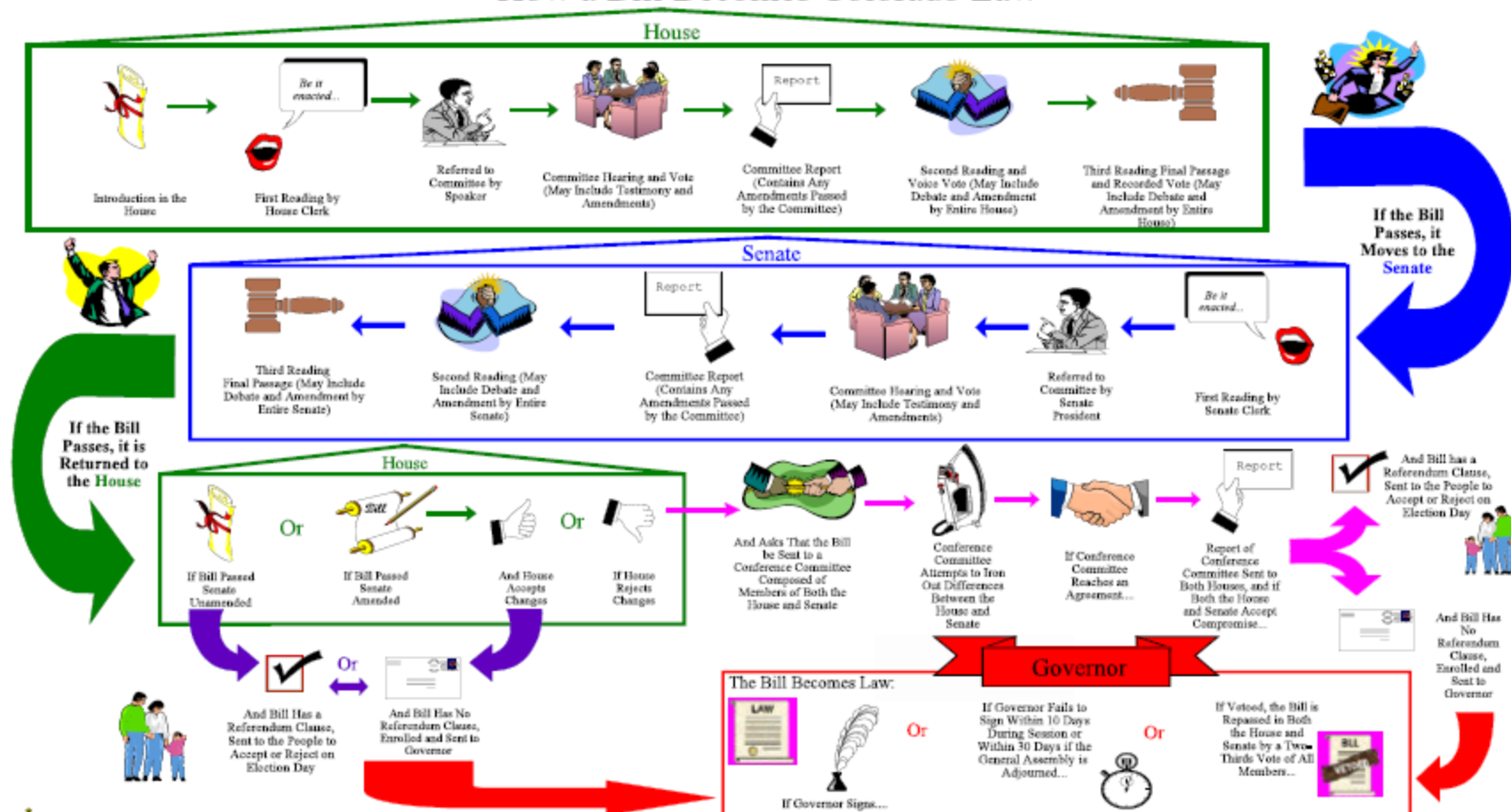
OUR APPROACH TO ADVOCACY

- Proven Program— Research, Cost Analysis, Accountability
- Strategic, connected, well respected individuals
- Established Entity - 501C4
- Lobbying Firm
- Legislative Champion



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How a Bill Becomes Colorado Law*



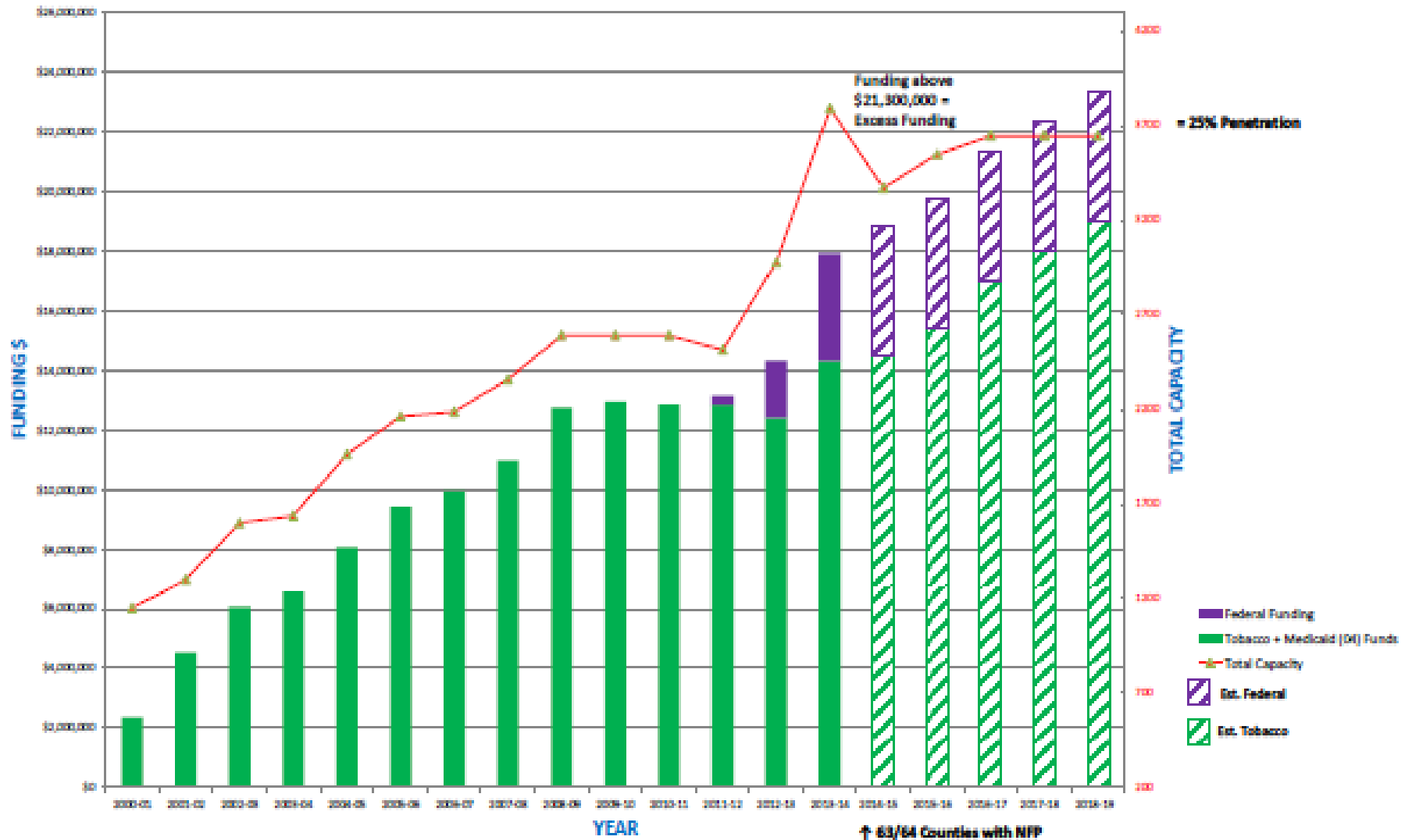
Office of Legislative Legal Services, Colorado General Assembly, October 2001

* Assumes Bill is a House bill, a Senate Bill Follows a Similar Process Beginning in the Senate

S:\PUBLIC\LLS\Bill becomes law chart.wpd

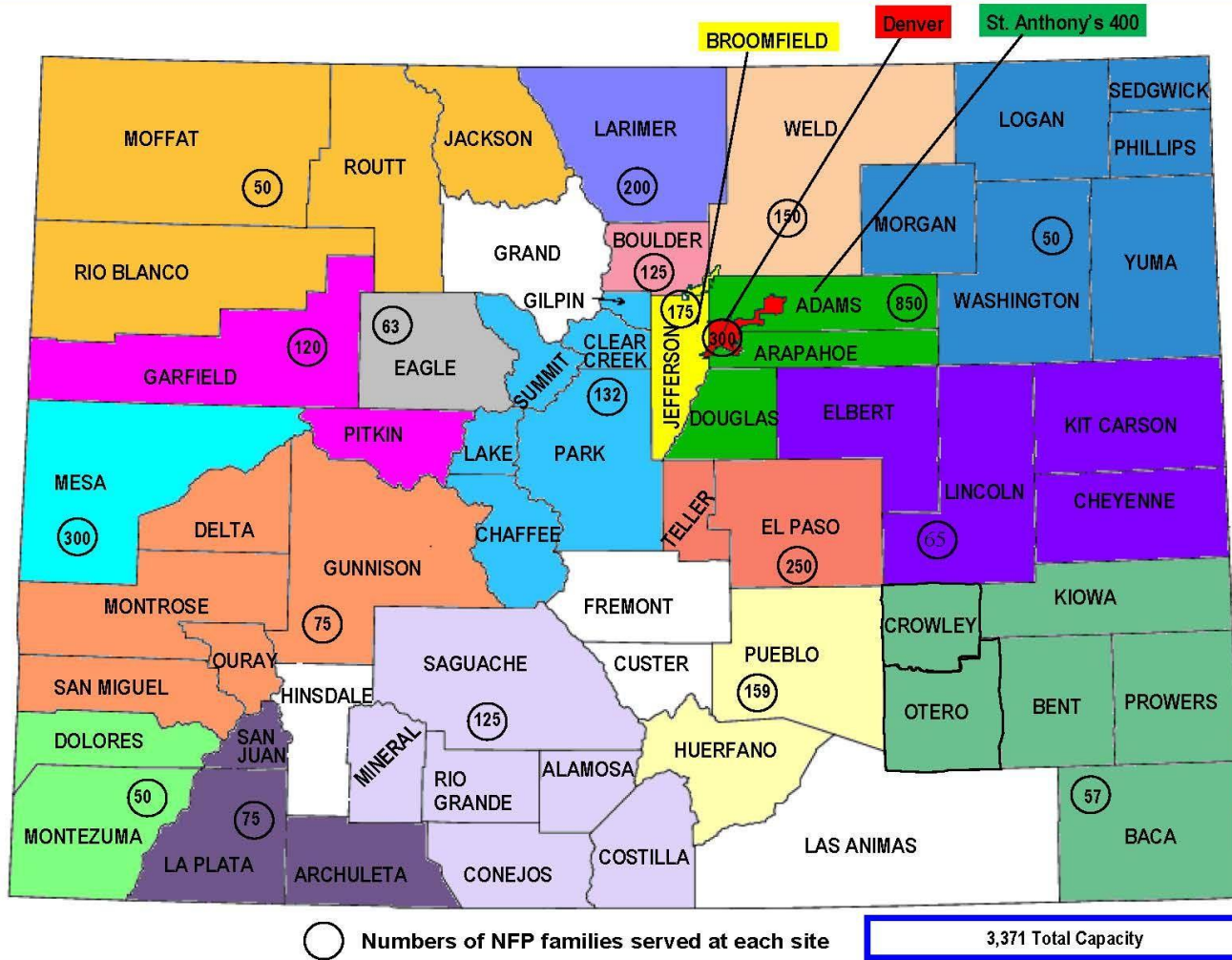
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Funding Over Time



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Colorado Nurse-Family Partnership Sites FY 14-15



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Formula for Success

Effective
Interventions



Effective
Implementation
Methods



Enabling
Contexts



Socially
Significant
Outcomes



UNC

FPG CHILD DEVELOPMENT INSTITUTE



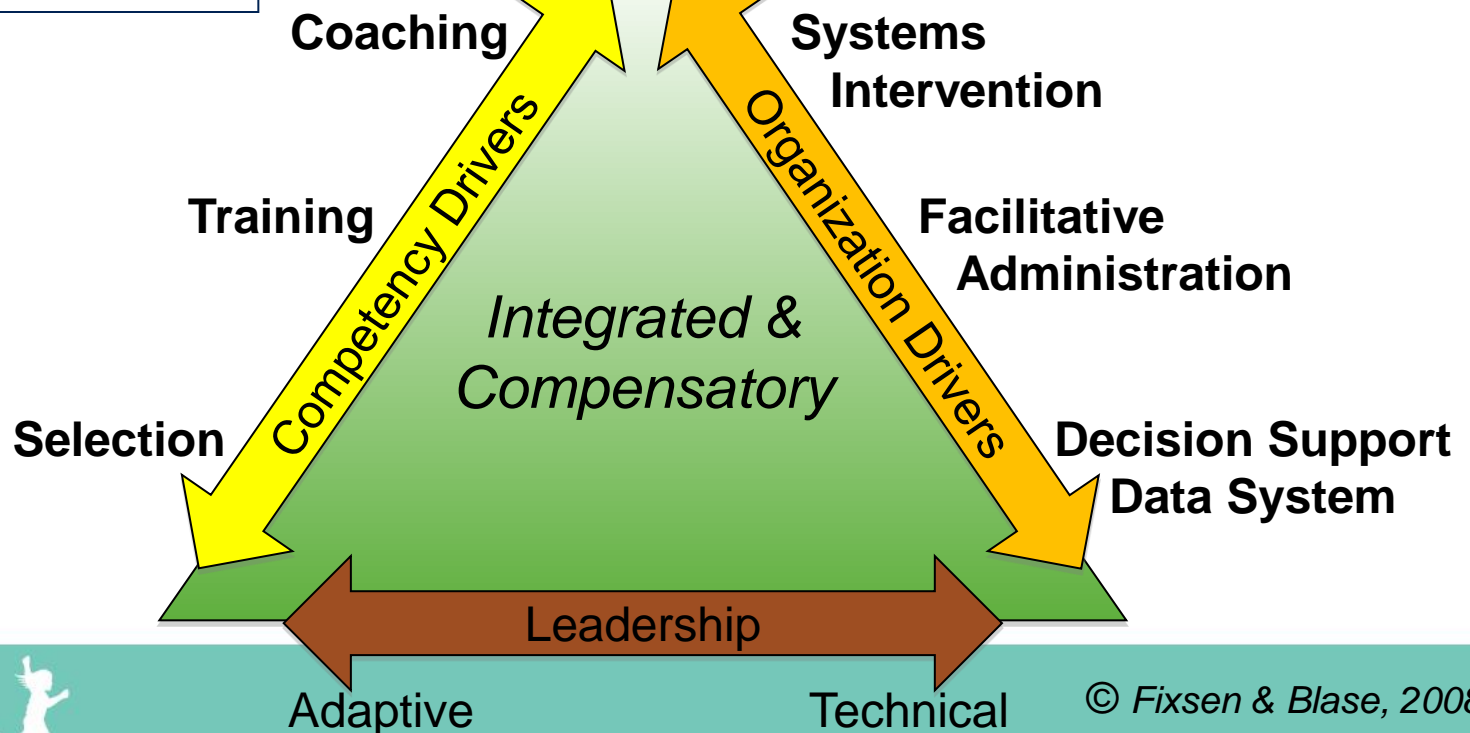
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Improved Outcomes [Child]

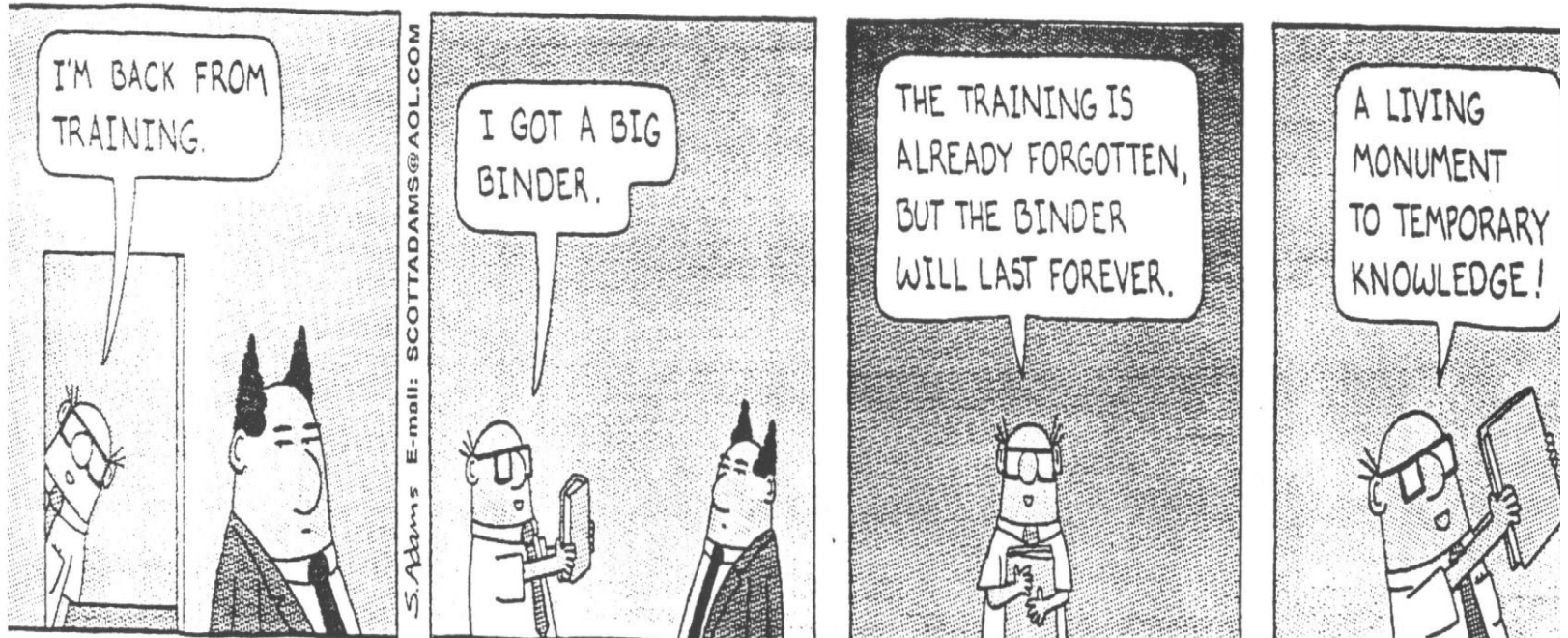
Evidence-Based Practices [Quality, Sustainability]

Implementation
Outcomes =
Provider Outcomes

Performance
Assessment (Fidelity)



© Fixsen & Blase, 2008



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	<u>OUTCOMES</u> % of participants who demonstrate knowledge, demonstrate new skills in a training setting, and use new skills in the classroom		
TRAINING COMPONENTS	KNOWLEDGE	SKILL DEMONSTRATION	USE IN THE CLASSROOM
Theory and Discussion	10 ⁰ %	5 ⁰ %	0 ⁰ %
Demonstration in Training	30 ⁰ %	20 ⁰ %	0 ⁰ %
Practice & Feedback in Training	60 ⁰ %	60 ⁰ %	5 ⁰ %
Coaching in the Classroom	95 ⁰ %	95 ⁰ %	95 ⁰ %

Joyce & Showers, 2002



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The Influence of Collaboration on Program Outcomes

The Colorado Nurse–Family Partnership

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Carl Larson

Christopher Nelson

University of Denver

David L. Olds

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Arizona State University

Evaluation Review

Volume 32 Number 5

October 2008 453-477

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10.1177/0193841X08315131

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COLORADO NURSE-FAMILY PARTNERSHIP OUTCOMES

Nearly 17,000 first-time, low-income families have enrolled in Nurse-Family Partnership since 2000, This has resulted in...

- less tobacco and alcohol use during pregnancy
- less domestic violence during pregnancy
- more two-year-olds who are fully vaccinated (90% vs. the state average of 71%)
- fewer young mothers who are pregnant a second time by the time their child is 2



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COLORADO OUTCOMES FOR THE INCREDIBLE YEARS

Over 35,000 young children and 3,200 low-income parents have enrolled in The Incredible Years since 2002. During the program...

- children have improved their ability to solve problems, control anger, self-monitor their emotions, make friends and follow verbal instructions from their teacher
- parents have improved their positive parenting practices such as setting clear expectations for not fighting, giving brief time outs and more frequently discuss problems with children. They resort less to spankings or empty threats of punishment.



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ONGOING CONSULTATION AND QUALITY IMPROVEMENT

Examples:

- Colorado Nurse Practice Council
- Invest in Kids Peer Coaches



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OUR VALUES

- Accountability – a focus on evidence and outcomes
- Cost-effective use of funds – we are a good investment!
- Collaboration with communities
- Sustainability for us and the programs we replicate
- Fidelity to the proven program models
- Flexibility and being nimble
- A creative approach to problem-solving
- Open exchange of ideas
- Commitment to work
- Relationships, credibility and integrity
- Bi-partisanship and inclusivity

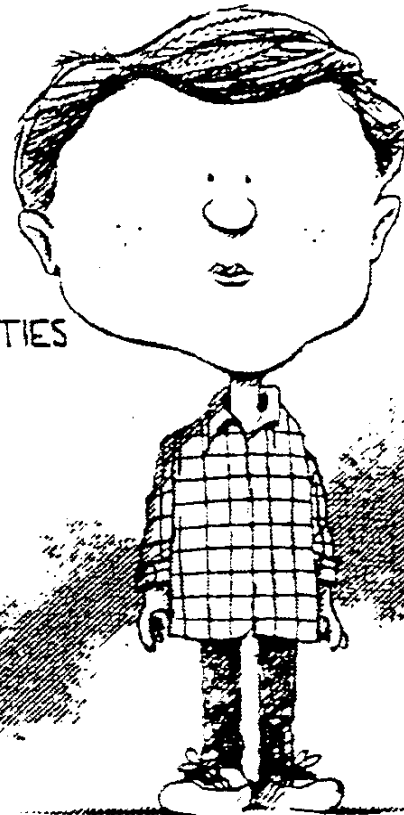


WHY WE DO WHAT WE DO!

Recipe
FOR PREVENTING
VIOLENT BEHAVIOR

FILL TO THE BRIM
WITH PRAISE, LOVE, LAUGHTER
and SELF-CONFIDENCE.
STIR IN GENEROUS QUANTITIES
OF HUGS *and* KISSES.
SLOWLY MIX TOGETHER
AND SERVE UP A WELL-
ADJUSTED HUMAN BEING

ENJOY!



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EVIDENCE-BASED PROGRAMS AND IMPLEMENTATION SCIENCE TOGETHER BEING RECOGNIZED



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