

Childhood Obesity Prevention in Schools

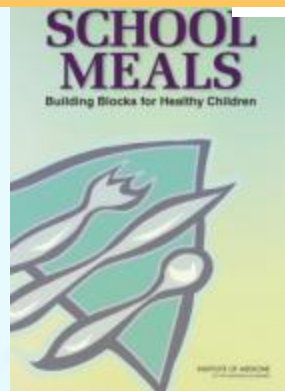
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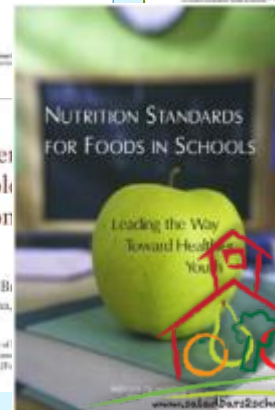
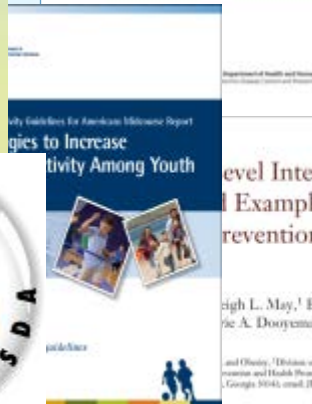
The findings and conclusions in this presentation are those of the authors and do not necessarily represent the views of the Centers for Disease Control and Prevention



Status of Obesity Prevention in Schools



Let's Move! Active Schools



LET'S MOVE
Salad Bars to Schools

Where Should We Be Headed?

❑ Research

- Parent engagement
- School health services
- Increasing water access in schools
- Impact of comprehensive school PA programs on overall PA
- Food marketing in schools
- Health disparities

❑ Translation, dissemination, and diffusion

- We know a lot about the “what”; need more about the “how”

❑ Communication

- Tailored communication messages are needed
- Counter negative messages

❑ Policy

- Local wellness policy requirements at school district level
- District, State, federal level policies

Breakthrough Action

- ❑ Federal, state, and local physical education and physical activity policies and practices that change the landscape of activity in schools