

Food and Nutrition Board

A Food Forum Workshop on

# Relationships between the Brain, Digestive System, and Eating Behavior July 9-10, 2014

Auditorium The National Academy of Sciences Building 2101 Constitution Ave, NW Washington, DC

#### **Meeting Purpose:**

- 1. To review current knowledge on the relationship between the brain and eating behavior:
  - a. To explore the interaction between the brain and the digestive system.
  - b. To explore what is known about the brain's role in eating patterns and consumer choice.
- 2. To evaluate the current methods used to determine the impact of food on brain activity and eating behavior.
- 3. To identify gaps in our knowledge and to identify a theoretical framework for future research.

July 9, 2014

Day 1

8:30 am

Registration

Welcome and Introductions

Eric Decker, PhD, Workshop Planning Committee Chair, Food Forum

Member

	Session 1	
Interaction between the Brain and the Digestive System		
8:45 am	Session 1 Introduction  Moderator: Danielle Greenberg, PhD, Food Forum Member	
9:00 am	Overview of Interactions of the Brain and Digestive System Timothy Moran, PhD, Johns Hopkins University	
9:30 am	Taste Receptors in the Gut: How they Influence Eating Behavior Robert Margolskee, MD, PhD, Monell Chemical Senses Center	
10:00 am	BREAK	
10:30 am	Gut Peptides and the Control of Eating Behavior Robert Ritter, VMD, PhD, Washington State University	
11:00 am	Contextual Influences on Food Intake Laurette Dubé, PhD, MPS, MBA, McGill University	
11:30 am	Moderated Panel and Audience Discussion with Session 1 Speakers	
12:30 pm	Lunch	
Session 2		
Assessing the Science behind Methodologies Being Used to Characterize Food as Addictive		

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1:30 pm	Session 2 Introduction Moderator: Richard Mattes, PhD, MPH, RD, Purdue University	
1:45 pm	<ul> <li>What Can Imaging Technologies Tell Us About Food Behaviors?</li> <li>Perspective 1: Dana Small, PhD, Yale University</li> <li>Perspective 2: Hisham Ziauddeen, MRCPsych, PhD, University of Cambridge</li> </ul>	
2:45 pm	BREAK	
3:15 pm	<ul> <li>Assessing the Validity of Questionnaires for Food Behaviors and Addiction</li> <li>Perspective 1: Ashley Gearhardt, PhD, University of Michigan</li> <li>Perspective 2: Charles O'Brien, MD, PhD, University of Pennsylvania</li> </ul>	
4:15 am	Moderated Panel and Audience Discussion with Session 2 Speakers	
5:15 pm	Adjourn	

# July 10, 2014

### Day 2

8:00 am	Registration
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8:15 am Welcome and Recap of Day 1

Eric Decker, PhD, Workshop Planning Committee Chair

### Session 3

# Future Directions: Is the Addiction Model for Drugs and Alcohol Appropriate for Food?

8:30 am	Session 3 Introduction Moderator: Joe Levitt, JD, Hogan Lovells		
8:45 am	The Food Addiction Model is Appropriate for Use with Food Nicole Avena, PhD, Columbia University		
9:15 am	The Food Addiction Model is not Appropriate for Use with Food Peter Rogers, PhD, MSc, University of Bristol		
9:45 am	Moderated Panel and Audience Discussion with Session 3 Speakers		
10:15 am	BREAK		
Concluding Session			
10:30 am	Concluding Session Introduction		
	Moderator: Sophie Kergoat, PhD, Workshop Planning Committee Member		
	Closing Presentation		
	Edmund Rolls, DPhil, DSc, Hon DSc, MA, Oxford Centre for		
	Computational Neuroscience		
11:00 am	Computational Neuroscience  Moderated Conversation with Workshop Speakers and Audience		