# National Cancer Policy Forum Washington D.C.

February 11-12, 2013

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Cancer Research Advocate

Grand Rapids Clinical Oncology Program; Chair, Patient Advisory Committee, Executive Operations Board Member

Alliance for Clinical Trials in Oncology; Chair, Patient Advocacy Committee

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Gilda's Club of Grand Rapids-Program Mentor

#### My Cancer Journey

- The diagnosis
- A clinical trial
- The miracle
- The second cancer diagnosis in 2008
- Making a difference in cancer research

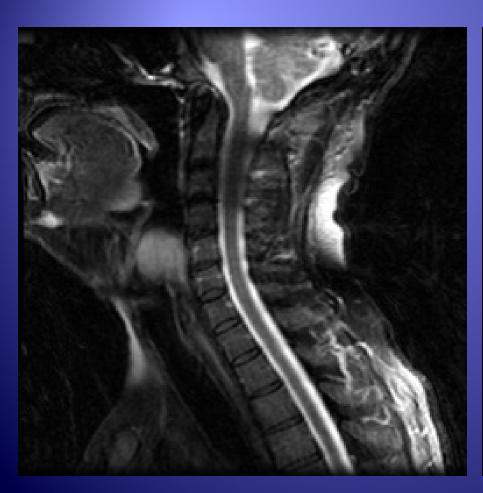
#### Dallas Texas March 2007

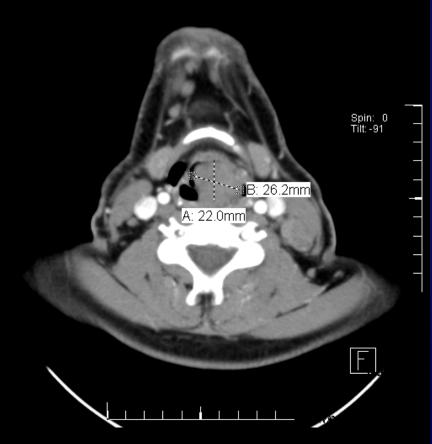
March 19, 2007 (36<sup>th</sup> Wedding Anniversary)

Clueless that anything was wrong!!!!



### My Facebook Pictures in 2007





#### **The Cancer Journey**

**Diagnosis:** Poorly differentiated invasive squamous cell carcinoma Stage 4 cancer in neck and surrounding lymph cells. (April 2007)

The Clinical Trial: SCRI HN 08: A Phase II trial of Neoadjuvant Chemotherapy Plus Bevacizumab Followed by Concurrent Chemotherapy with Bevacizumab/Erlotonib/Radiation Therapy in the Treatment of Locally Advanced Squamous Cell Carcinoma of the Head and neck

The Miracle: "We all had the pleasure of witnessing a miracle, We had new drugs that worked, radiation that worked, a patient with a great attitude, a loving family and a lot of prayers". Your cancer is gone! (March 2008)

The 2nd Cancer Diagnosis: Stage 1 Malignant Melanoma (December 2008)

### **April 2007**

"If we continue to do what we have always done, you won't be with us in six months and we will not have learned anything"

....my oncologist in 2007

# Making a Difference in Cancer Research

My Plea to Research Nurse:

"Help me find a way to give back for my miracle!"

### Grand Rapids Clinical Oncology Program (GRCOP) - A Consortium Approach

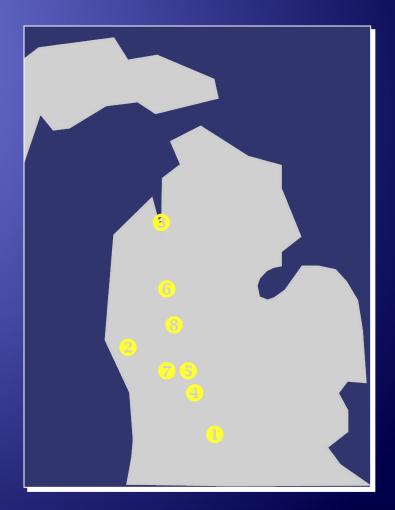
Funded by a National Cancer Institute CCOP Grant since 1983

#### Consortium Members

- Bronson Battle Creek
- 2 Mercy Health Partners
- 3 Munson Medical Center
- 4 Saint Mary's Health Care
- **5** Spectrum Health
- **6** Spectrum Health Reed City Hospital
- Van Andel Research Institute

#### **Affiliate Member**

Mecosta County Medical Center



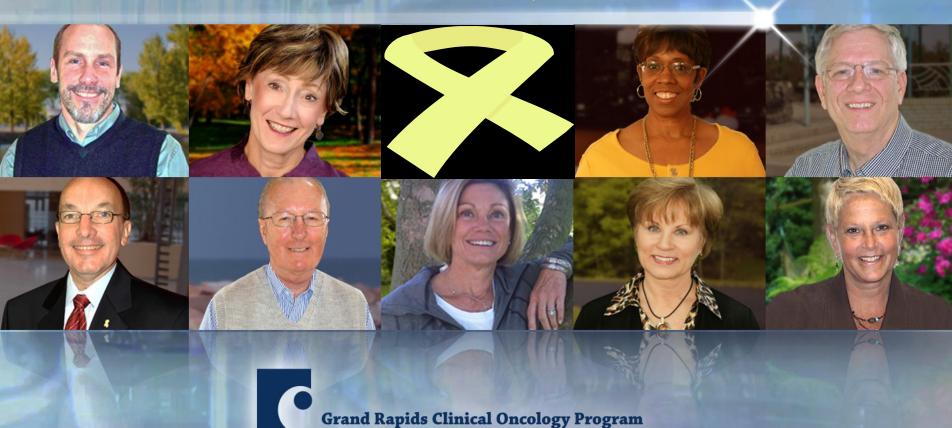
## Charge to Patient Advocates from GRCOP

"We want our patients to tell us how we can make cancer research in West Michigan better!"

Connie Szczepanek RN, BSN GRCOP Director

## Patient Advisory Board for Clinical Research

**Established May 2008** 



Committed to Community, Cancer Research, and Education

### Experiencing a Miracle

My challenge to you is:

"How do we make more miracles?"

...Pat Gavin 2013

# Why was I a miracle when other patients just like me were not?

How do we make "personalized medicine" a reality?

Patient involvement in the trial development process is key

## We are Committed to Personalized Medicine!



#### **Patient Advocates:**

- Provide the patients' perspective to researchers and clinicians throughout the development and implementation of clinical trials
- Facilitate the development and implementation of patient centered trials
- Develop strategies that accelerate study development, activation, accrual, participation and reporting
- Ensure clinical trials are selected that affect clinical outcomes of people with cancer

### The voice of the patient

We ask probing questions not to be difficult/adversarial ... but only to satisfy our responsibilities as a representative of the patients who face the disease

### An Uphill Battle



#### Logistical Challenges

- We can't have clinical trials that are only available at the large cancer centers. These trials have to be available in the community.
- We can't continue to just focus on large, easy to accrue trials. We have to ask the hard questions in the community.
- We have to be able to engage the community oncologist and their patients.

## We can't hide behind the current obstacles



## The National Clinical Trial Network

**GOAL:** Conducting research that can bring miracles to all patients

Challenge: It is likely that achieving personalized medicine will be required to successfully treat individual patients

It is not possible to conduct clinical trials to achieve personalized medicine without engaging the broadest possible patient community

## The Advocate's Role in Communication

- Engaging the broader advocacy community
- Educating the public on the availability of clinical trials as a treatment option
- Developing patient-centered materials to help treating physicians discuss trials with patients
- Publishing and disseminating clinical trial results in plain language

#### **Outreach to Patients**

www.grcop.org

www.lymphomation.org

www.cisncancer.org

#### Cancer Clinical Trials...



#### **WE HAVE**

Real Answers, Real Options, Real Miracles
Right here in our community!

...Hope for the Future

Grand Rapids Clinical Oncology Program (CCOP)

