## Managing the costs of cancer care:

A view from two health care systems

Craig Earle, MD

### Objectives

 Why is cancer care less expensive in Canada than in the US?

 Why is cancer care more expensive in Canada than in Europe?

 What are the tradeoffs associated with different funding models?



#### Federal Role

- Canada Health Act
  - 1. Publically-administered, general tax revenues
    - Free at the point of care; no co-pays or user-fees
  - 2. Portable
  - 3. "reasonable access to necessary care"
- Drug & Device approval/regulation (not funding!)
- Public health surveillance
- Federal \$ transfers (~ 15%)

#### Provinces deliver and pay for care

- ⇒Important differences in implementation
  - Some regional structures (NS), some centralized (AB), some in between (ON)
  - oral drug coverage
  - individual drug funding
  - Home Care services
  - MD reimbursement

| Country rankings<br>1.00 - 2.33<br>2.34 - 4.66 | * 7       | *       |         |                  | AK.            |         |         |
|--|-----------|---------|---------|------------------|----------------|---------|---------|
| 4.67 – 7.00                                    | Australia | Canada  | Germany | Nether-<br>lands | New<br>Zealand | U.K.    | U.S.    |
| Overall (2010)                                 | 3         | 6       | 4       | 1                | 5              | 2       | 7       |
| Quality care                                   | 4         | 7       | 5       | 2                | 1              | 3       | 6       |
| Effective care                                 | 2         | 7       | 6       | 3 .              | 5              | 1       | 4       |
| Safe care                                      | 6         | 5       | 3 ′     | 1                | 4              | 2       | 7       |
| Coordinated care                               | 4         | 5       | 7       | 2                | 1              | 3       | 6       |
| Patient-centred care                           | 2         | 5       | 3       | 6                | 1              | 7       | 4       |
| Access   | 6.5       | 5       | 3       | 1                | 4              | 2.      | 6.5     |
| Cost-related problem                           | 6         | 3.5     | 3.5     | 2                | 5              | 1       | 7       |
| Timeliness of care                             | 6         | 7       | 2       | 1                | 3              | 4       | 5       |
| Efficiency                                     | 2         | 6       | 5       | 3                | 4              | 1       | 7       |
| Equity   | 4         | 5       | 3       | 1                | 6              | 2       | 7       |
| Long, healthy, productive lives                | 1         | 2       | 3       | 4                | 5              | 6       | 7       |
| Health expenditures<br>per capita, 2007        | \$3,357   | \$3,895 | \$3,588 | \$3,837*         | \$2,454        | \$2,992 | \$7,290 |

\* Estimate. Expenditures shown in \$US purchasing power parity

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### Why are costs less in Canada?

- Single payer
  - Administrative burden 3.5% vs 15-30%
- Global funding of hospitals
  - Procedure and scan incentives
- Drug costs & incentives & control
  - Provider is not the pharmacy
- Test incentives & control
- Malpractice insurance costs/defensive medicine

#### Shared problems

- Waste
- EMRs
- Prevention
- Lack of incentive alignment

Present, but to a lesser extent

- Self-referral
- Consumer demand

# Why are costs more in Canada than Europe...

- ...despite less consistent drug and home service coverage?
- Drug costs
- MD reimbursement
- Lack of premiums, copays, deductibles
- ?Lack of competition
  - private care within a public system
  - Activity based funding (PPS/DRGs)

## What Canada can learn from the world to limit cost

- Transparent coverage decisions
  - Defined basket + value based cost-sharing + supplemental private pay/insurance
- Health professional payments
- Increase use of non-MD providers

# What Canada can learn to improve quality

- Introduce more competition
  - Accept private providers within a public system (not a parallel private system)
  - Activity-based funding
- Integrated healthcare systems/ACOs
- Pharmacare
- Home Care/ hospice

# What the U.S. can learn from other countries to reduce costs

- Single-payer
- Drug and test costs
  - Negotiate price (support research some other way)
  - Chemo at cost (support practices some other way)
  - Rational decisions with oversight/control
- Medical liability reform
- Health professional payment/alignment

# Cost containment ideas that may adversely affect quality

- Defined contribution Medicare
  - The market is health insurance, not health or health care
- Incentivizing patients to make marketbased decisions
  - Limiting Medi-Gap
    - ⇒the poor opt not to get care
  - Health Savings Accounts
    - Cost distributions are skewed

### Reasons for optimism

We're all converging on the features of high performing health care systems:

- Universal coverage
- A mix of public and private
- Integrated delivery/aligned incentives