

Assessment of New Medical Technologies for Cancer Treatment

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- Every 2 Minutes an American is Diagnosed with Prostate Cancer
- Every 18 Minutes an American Dies of Prostate Cancer
- What technology to use?

None? IMRT? Robot?

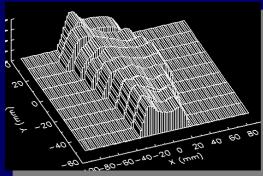
Active Surveillance?

- High prevalence of prostate cancer upon autopsy Sakr, In Vivo, 1994
- High frequency of prostate cancer upon biopsy even when PSA <u>and</u> prostate exam normal Thompson, NEJM, 2004
- 29-50% of screen-detected prostate cancer over-treated Etzioni, JNCI, 2002; Draisma, JNCI, 2003; Miller, JNCI, 2006
- Side effects avoided if don't receive treatment that was un-necessary
 - NCCN Prostate Cancer Treatment Guideline, 2011

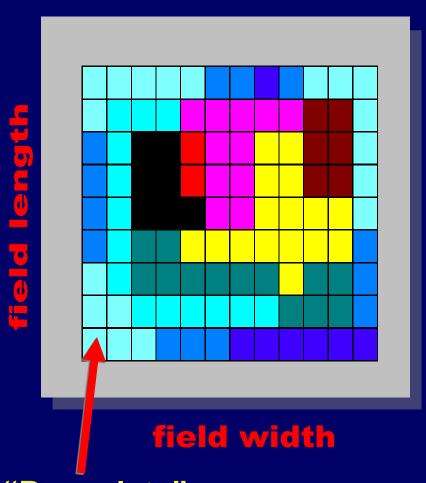
Radiation using IMRT?

The ability deliver many "beamlets" of varying radiation intensity, within one treatment field





"Fluence" or Intensity Map



"Beam-lets"

Self Referral

Non-Self Referral



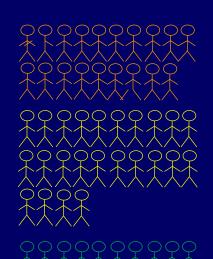




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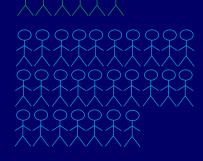
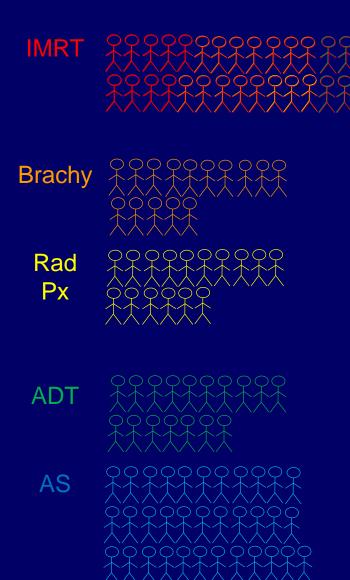


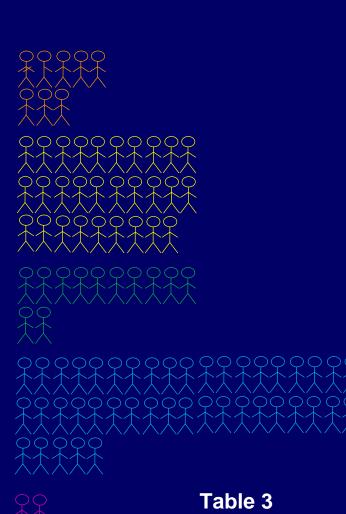
Table 2 Mitchell, NEJM, 2013

Self Referral

NCCN



Other

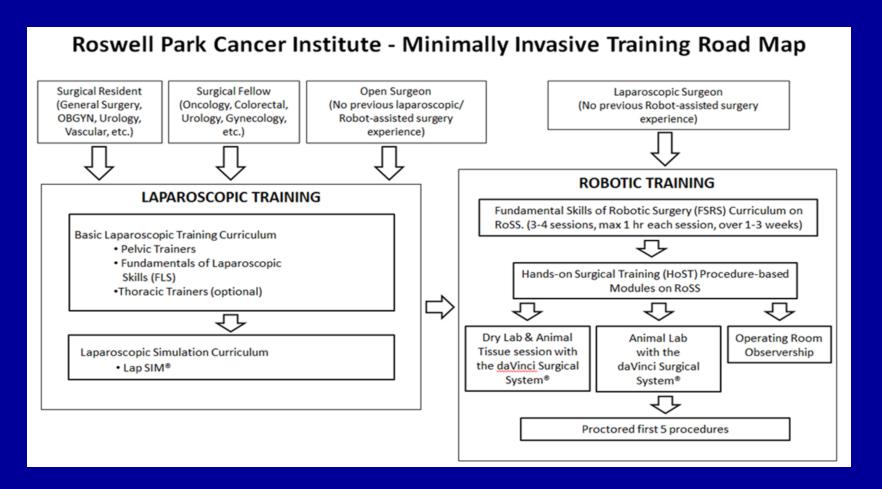


Mitchell, NEJM, 2013

Robotic Surgery?







- Institutional MIS program developed
 Attalla, Can J Surg, 2013; Raza, Urology, 2015
- Robotic simulator proven useful in RCT Stegemann, Urology, 2013; Chowriappa, BJU Int, 2015
- Simulation-based training economically viable Rehman, Int J Surg, 2013

International Robotic Cystectomy Consortium

| | 2006-7 | 2008-9 | 2010-11 | 2012-3 | 2013-4 |
|----------------------------|--------|--------|---------|--------|--------|
| Established | 2006 | | | | |
| Participating Countries | 3 | 5 | 9 | 13 | 14 |
| Member Institutions | 4 | 16 | 22 | 32 | 37 |
| Member Surgeons | 8 | 27 | 43 | 59 | 69 |
| Patient Population | 162 | 495 | 1305 | 1466 | 2187 |
| Abstracts Presented | 0 | 4 | 10 | 14 | 18 |
| Peer-Reviewed Publications | 0 | 0 | 4 | 4 | 6 |

Hayn, Eur Urol, 2010; Raza, Eur Urol, 2015

Conclusions

- Right-sizing prostate cancer treatment is challenging
- All appropriate treatment options outlined in evidence-based guidelines (NCCN) should be discussed
- Newer treatments (IMRT and Robots) should be evaluated critically and compared carefully to older treatments
- Treatment recommendations should not be influenced by any business and/or personal interests of the care provider



"... Or, if you elect *not* to have the surgery, the insurance company offers six days and seven nights in Barbados."