

A National Cancer Policy Forum Workshop



#NatlCancerForum

The National Academies of
SCIENCES • ENGINEERING • MEDICINE



Edward Benz
Incoming 2017 Chair, National Cancer Policy Forum

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American Cancer Society
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NATIONAL CANCER POLICY FORUM

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Overarching Workshop Goals

- Highlight the Current **Evidence Base**, **Gaps in Knowledge**, and **Research Needs**
 - Associations of obesity, physical activity, weight management, and health outcomes for cancer survivors
 - Effectiveness of interventions for promoting physical activity and weight management for cancer survivors
- Examine the **Opportunities** and **Challenges** for Weight Management and Physical Activity Interventions
 - What roles can stakeholders play to improve the access and use of weight management and physical activity interventions?
 - What policies, strategies, and models of care delivery could facilitate tertiary prevention efforts in cancer survivors?

Workshop Agenda February 13, 2017

Intro

- Prioritizing Patient Voices

Session 1

- What We Know (and What We Don't)

Session 2

- Effective Approaches for Weight Management and Physical Activity

Session 3

- Interventions to Address the Diverse Needs of Cancer Survivors

Session 4

- Models of Care Delivery

Session 5

- Coverage for Weight Management and Physical Activity in Cancer Care

Workshop Agenda February 14, 2017

Session 6

- **Opportunities and Challenges**

Session 7

- **Advancing Progress in Tertiary Prevention for Cancer Survivors**

Wrap Up

- **Closing Remarks**

Prioritizing Patient Voices



Cancer did not bring me to my knees, it brought me to my feet.

— *Michael Douglas* —

Today's Patient Voices

Karen Cochrane

Diagnosed 4 months ago with Early Stage Breast Cancer

Robert Harrison

Cancer "Thriller" diagnosed 14 years ago with Metastatic Prostate Cancer