



MINISTRY OF HEALTH
REPUBLIC OF GHANA



INSTITUTE OF MEDICINE
OF THE NATIONAL ACADEMIES

Sustainable Mental Health care in Ghana: *Background/ Situation analysis.*

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GHANA

Population 25.3m (2012)



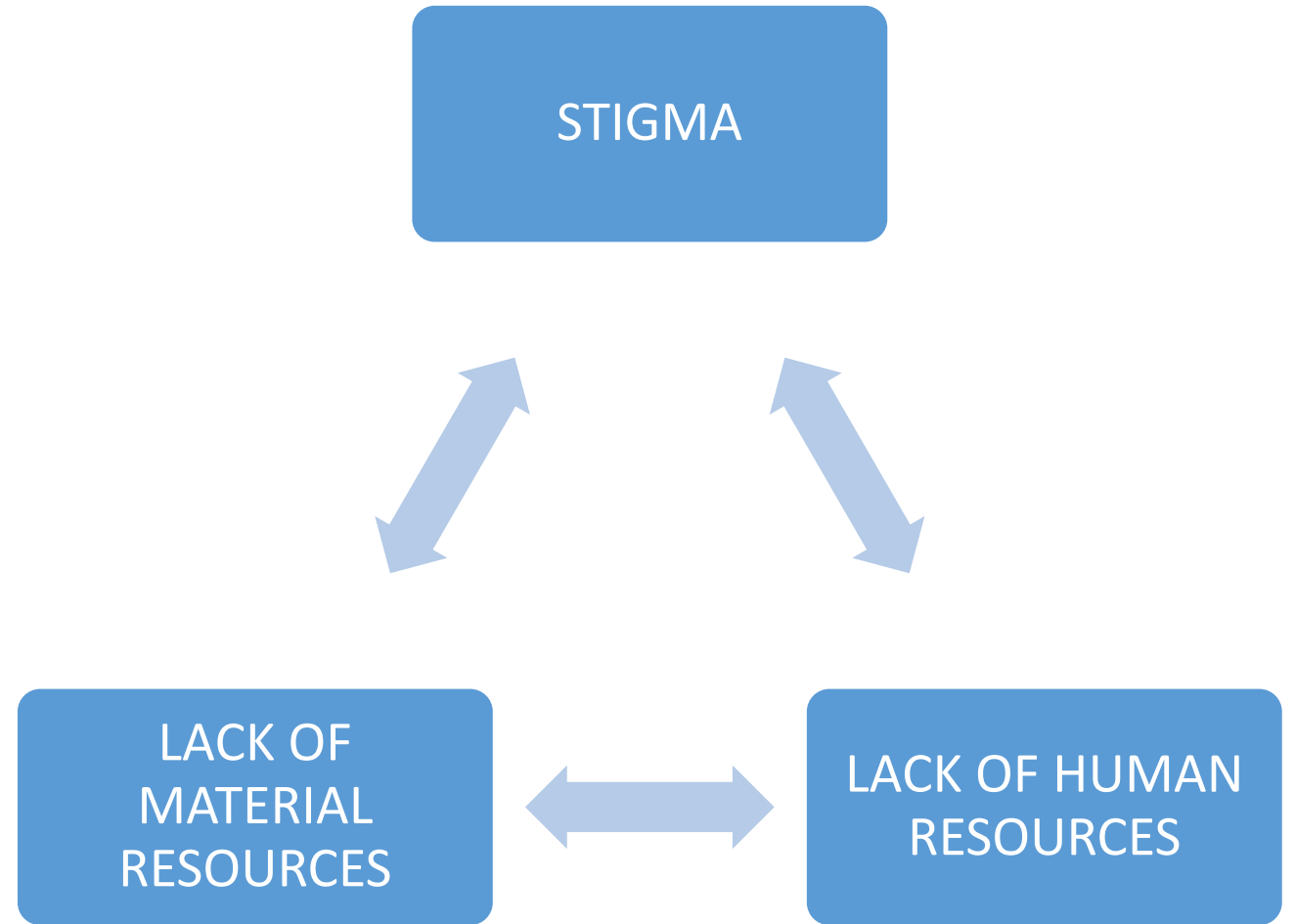
Ghana: Health care system

- Ministry of Health (MOH) - policy direction.
- Orthodox - Government funded services {GHS}
- Faith based organizations:-
 - CHAG
 - Islamic Council, Ahmadiyah Mission
 - Wholly private institutions
- Alternate medicine practitioners, - African Traditional- herbal or spiritual
Christian or Islamic Spiritual
 - Chinese – herbal and others

Mental health care in Ghana

- 1888: *Lunatic Asylum Act*.- 1st piece of legislation to promote orthodox mental health care services in the Gold Coast. –Victoriaborg Castle housed mentally ill.
- 1907: Accra Psychiatric Hospital starts
- 1965: Ankaful Hospital set up.
- 1975: Pantang hospital opens
- 3 Psychiatric hospitals provided the bulk of formal care in the whole country for a long time.
- Over the past 25-30 years CPNs have served many district and regional hospitals whilst a small unit was set up in KATH.

FACTORS INFLUENCING MENTAL HEALTH CARE



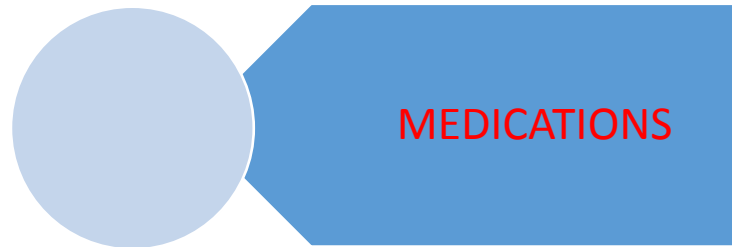
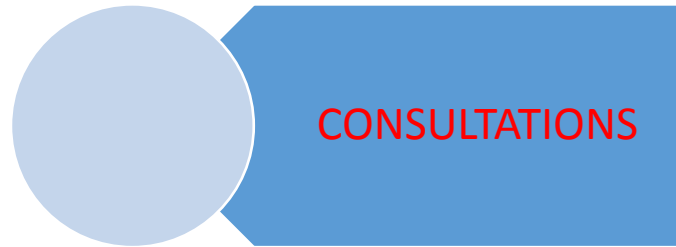
What is the state of affairs?

- Estimated treatment gap - **98%*** (WHO. 2005)
- **16** Psychiatrists (6 above retiring age)
- **84** Clinical psychologists (**16** employed in direct health delivery) **
- **1** Occupational therapist
- **0** Psychiatric social workers
- **967** Psychiatric nurses
- **493** Community Mental Health Officers
- **160** Community Psychiatric Nurses

State of affairs – facilities

- 3 Psychiatric hospitals
- 5 Regional hospital Psychiatric units
- 3 Teaching hospital Psychiatry departments
- 4 ‘small’ private psychiatric facilities (2 with in-patient beds)
- 1 State run substance abuse rehab center
- 0 Day hospitals

*What are the
consequences?*



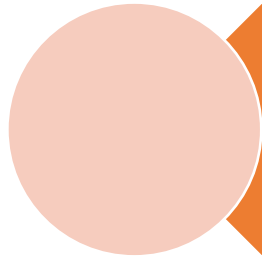
LIMITED
ACCESS
TO CARE!

Where do the mentally ill go to?

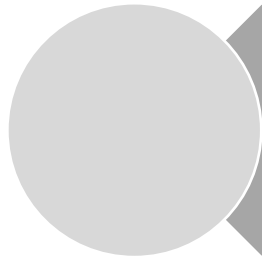


HEALING
CAMPS

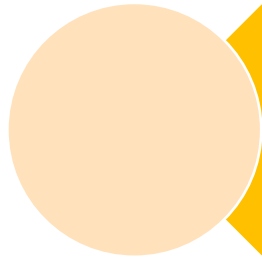
What is new on the mental health front in Ghana?



New Mental Health Law- Act 846!



Mental Health Authority and
Board.!



Mental Health Fund!

What opportunities do these bring?

Act 846



MHA



MH Fund

