

# Breakout Session 1: Medical Infrastructure Diagnosis and Treatment

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- ▶ Traditional Healers, Culture, and Family
- ▶ Training, Supervision of existing personnel
- ▶ Leadership and political buy-in
- ▶ Treatment guidelines, assessment measures
  - ▶ Public education
- ▶ Financing and sustainability



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- ▶ Traditional Healers, Culture, and Family
- ▶ Training and Supervision, Protocols and Guidelines
- ▶ Leadership and political buy-in



# Barrier 1: Political Involvement and Leadership Involvement

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- ▶ Opportunity: Gaining active commitments from the government
- ▶ Opportunity: Dissemination of educational information to targeted groups
- ▶ Opportunity: Addressing specific government concerns



# Opportunity 1: Gaining active commitment from leadership in Ghana

Desired Outcomes	Metrics of Success	Resources	Key stakeholders (*Lead)
Active commitment from leadership in Ghana	Leadership opinion (survey) <ul style="list-style-type: none"><li>• Funding</li><li>• Implementation</li></ul>	International partners Professional organisations Service users organisations Financial (CSRs)	MoH MHA* Parliament NGOs and Civil society groups Health care service providers
<ul style="list-style-type: none"><li>• Provisions of leadership and supervision</li><li>• Monitoring and evaluation activities</li></ul>	Regular (monthly/annual) reports		



## Opportunity 2: Dissemination of information to targeted groups

Desired Outcomes	Metrics of Success	Resources	Key stakeholders (*Lead)
Informed governmental organization Informed NGOs	Feedback at workshops, policy brief, information leaflets, increase support	Technical expertise, graphic materials, documents, documentary, financial resources	Media (print, electronic, radio and television) Workshops, experts from NGOs



# Opportunity 3: Aligning with government concerns

Desired Outcomes	Metrics of Success	Resources	Key stakeholders (*Lead)
Government concerns are addressed, electorate demand	Outcome of government/private survey are addressed, alignment with international norms/approaches	Human resource such as Personnel, equipment	MHA



## Barrier 2: Training and Supervision; Protocols and Guidelines

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- ▶ Opportunity: Refining and simplifying the mhGAP protocols for different levels to align with the Ghana health system
- ▶ Opportunity: Train existing staff according to core competencies identified
- ▶ Opportunity: Build workforce capacity at each level of the health system with on-going supervision



## Opportunity 4: Refining and simplifying the mhGAP protocols for different levels to align with the Ghana health system (Barrier 2)


Desired Outcomes	Metrics of Success	Resources	Key stakeholders (*Lead)
Adaptation/modification of mhGAP Intervention Guidelines	Protocols exist for each level of care	<ul style="list-style-type: none"> <li>- Implementation team (TBD)</li> <li>Technical Advisors</li> <li>- Team of Ghanaian clinicians for validation</li> <li>- Funding</li> </ul>	<ul style="list-style-type: none"> <li>- District health management team</li> <li>- Ghana Mental Health Authority</li> <li>- Ghana Health Authority</li> <li>- Health care providers at each level</li> </ul>



## Opportunity 5: Map core competencies/skills to existing staff

Desired Outcomes	Metrics of Success	Resources	Key stakeholders (*Lead)
Identify core competencies/skills for a well functioning mental health system	Complete list of core competencies/skills for a demonstration mental health program in Ghana	<ul style="list-style-type: none"> <li>- Technical Advisors</li> <li>- Implementation team (TBD)</li> <li>- Funding</li> </ul>	<ul style="list-style-type: none"> <li>- District health management team</li> <li>- Ghana Mental Health Authority</li> <li>- Ghana Health Authority</li> <li>- Health care providers at each level</li> </ul>
Articulate current health providers at which levels in public health system	Complete list of current health providers and current skills sets	<ul style="list-style-type: none"> <li>- Technical Advisors</li> <li>- Implementation team (TBD)</li> </ul>	<ul style="list-style-type: none"> <li>- District health management team</li> <li>- Ghana Mental Health Authority</li> <li>- Ghana Health Authority</li> <li>- Health care providers at each level</li> </ul>

# Opportunity 6 (Part 1):Building workforce capacity

Desired Outcomes	Metrics of Success	Resources	Key stakeholders (*Lead)
Identify trainers and supervisors for each level of care	Trainer and supervisors are identified	<ul style="list-style-type: none"> <li>- Technical Advisors</li> <li>- Implementation team (TBD)</li> <li>- Funding</li> </ul>	<ul style="list-style-type: none"> <li>- District health management team</li> <li>- Ghana Mental Health Authority</li> <li>- Ghana Health Authority</li> <li>- Health care providers at each level</li> </ul>
Creation of pool of expert local trainers/supervisors	Pool in existence for each level of care	<ul style="list-style-type: none"> <li>- Technical Advisors</li> <li>- Implementation team (TBD)</li> <li>- Funding</li> </ul>	<ul style="list-style-type: none"> <li>- District health management team</li> <li>- Ghana Mental Health Authority</li> <li>- Ghana Health Authority</li> <li>- Health care providers at each level</li> </ul>
			

# Opportunity 6 (Part 2): Building workforce capacity

Desired Outcomes	Metrics of Success	Resources	Key stakeholders (*Lead)
Occurrence of training	Training has occurred at each level	<ul style="list-style-type: none"> <li>- Technical Advisors</li> <li>- Implementation team (TBD)</li> <li>- Funding</li> </ul>	<ul style="list-style-type: none"> <li>- District health management team</li> <li>- Ghana Mental Health Authority</li> <li>- Ghana Health Authority</li> <li>- Health care providers at each level</li> </ul>
Development of ongoing supervision plan	Plan is developed for each level of care	<ul style="list-style-type: none"> <li>- Technical Advisors</li> <li>- Implementation team (TBD)</li> <li>- Funding</li> </ul>	<ul style="list-style-type: none"> <li>- District health management team</li> <li>- Ghana Mental Health Authority</li> <li>- Ghana Health Authority</li> <li>- Health care providers at each level</li> </ul>

## Barrier 3: Traditional Healers, Community, and Family

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- ▶ Opportunity: Concrete alliance between the Ghana health system and faith-based healers through understanding limitations from the Mental Health Act and eventually enforcing it
- ▶ Opportunity: Recognizing, upgrading, and capitalizing on the existing skills of faith-based healers
  - ▶ Ex. Counseling, negotiation, etc.
- ▶ Opportunity: Supporting families at home to look after affected relatives once discharged from services



# Opportunity 7: Concrete alliance with faith healers and health system

Desired Outcomes	Metrics of Success	Resources	Key stakeholders (*Lead)
Liaison between orthodox and faith based healers.	<ol style="list-style-type: none"><li>1. Number of non-orthodox health care facilities trained in mental health</li><li>2. Proportion of faith based facilities affiliated to mental health workers</li><li>3. Number of referrals from faith based healers to orthodox health facilities.</li></ol>	<ol style="list-style-type: none"><li>1. Pictorial diagnostic manual</li><li>2. Personnel to provide training</li><li>3. Transportation</li><li>4. Facilitators</li></ol>	<ul style="list-style-type: none"><li>• Mental health authorities</li><li>• District health management service providers</li><li>• Leadership of the faith based healers</li><li>• Traditional authorities/opinion leaders.</li></ul>



# Opportunity 8: Emphasize and upgrade skills of traditional healers

Desired Outcomes	Metrics of Success	Resources	Key stakeholders (*Lead)
Identify the skills that faith based healers have	Number of focused groups held to identify skills	Culturally based psychotherapy guides	Mental health authority
Building on these skills	Number of faith based healers who offer psychotherapy.	Personnel	Faith based healers
	Adherence to protocols. 2. Percentage of clients referred appropriately. 3. Number of success stories reported.	logistics	



# Opportunity 9: Provide support for families for home based care

Desired Outcomes	Metrics of Success	Resources	Key stakeholders (*Lead)
Rehabilitation and reintegration	Reduced relapse rate	CPN's for home visits Psychoeducation i.e videos, diagrams etc	Mental health Authority
	number of families who have successfully taken back discharged patients	Documentation of families to record medications served	Patient support groups NGO's Family members
	Home visits. Mental health support groups within the community	Information leaflets for families. 2. "MENTAL HEALTH CHAMPIONS" on family basis	Recovered mentally ill patients

