

## Beyond Testing and Cohorting: Re-Opening Nursing Homes with Enhanced Safety

Arif Nazir MD CMD AGSF CMO, Signature HealthCARE President, SHC Medical Partners





# Ideal Nursing Homes: Individual Rooms, Better Staffing, More Accountability

May 21, 2020 - 5:01 AM ET

BARRON'S Coronavirus Interests > Magazine Data Advisor

RETIREMENT FEATURE

How Covid-19 Will Shape the Future of Senior Living. New Models of Care, More Aging in Place.

## Testing and Cohorting will Not Suffice

- Pandemic highlighted several areas of opportunities that always existed
  - Medical models
  - Finances
  - Competencies (infection-related and others)
  - Resources
- Staff and families confidence has been shaken
- Clear need for better and broader collaboration among systems
- Historic waivers/policy changes have jumpstarted a transformation



### COVID-19 Accelerated Transformation

- Staffing
  - Infection preventionist role with increased infection competence
- Medical Model
  - More available medical staff
  - Role of medical director, particularly in infection control
  - Infection control consultants
- Formal COVID (and other) testing areas and services
  - Frequent and "on-demand" testing
  - Testing booths and Apps
- PPE use and social distancing



### COVID-19 Accelerated Transformation

- Physical design changes
  - Smaller, neighborhood styled areas
  - Farewell to semi-private rooms
  - COVID or other infection control units/ areas
- Materials and Fabrics with antimicrobial properties (e.g. copper) and the ability to be easily disinfect
- Communication between Health systems
  - Better transitional care and collaboration
  - Resource, competence and personnel exchange among systems



COVID-19
Tech
Acceleration

















Will COVID-19
Change our
Attitude Towards
Nursing Homes?

