

# Engineering a Roadmap for Successful Development and Adoption of New Science and Technologies

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## Future Back Vision of Healthy Longevity







#### Role of Technological and Scientific Advances

**Societal** 

Infrastructure

Communication

Point-of-Care

Diagnosis

**Treatment** 

Preventive activities

**Individual** 

Communication

**IADLs** 

Preventive activities

Enjoyment



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## Role of Technological and Scientific Advances

#### Development



Implementation



Market Research

Adoption



Support and Updates

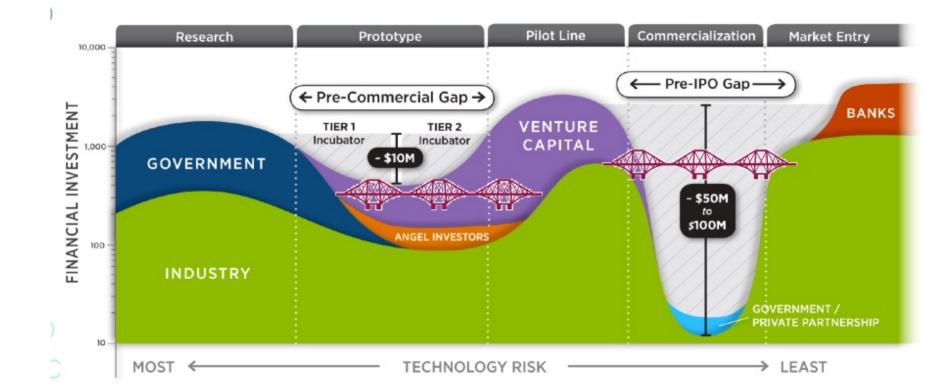
Retention







## Adoption of Technological and Scientific Advances



https://www.stateofmatter.co.uk/



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## Case Studies - Technology Adoption

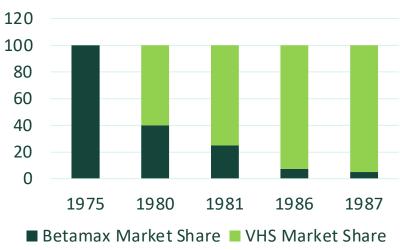




#### **Beta vs VHS**

- 1971 Sony U-Matic video recorder
- 1972 Phillips N1500
- 1975 Sony Betamax released
- 1975 JVC opts to pursue new format rather than licensing Betamax
- 1977 Video Home System (VHS) introduced by JVC

#### **Decline of Betamax**



https://medium.com/swlh/vhs-vs-beta-the-story-of-the-original-format-war-a5fd84668748





#### Beta vs VHS

- Beta
- 60 mild not record a football game

   H Could not recording
- VHS
  - Shared standard (initiated by JVC) manufacturing competition
    - Lower prices for VCRs
  - 120 minutes of recording extended to 6 hours under SLP







## **Medical Device - Flop**

Microsoft® HealthVault®

- Microsoft Health Vault
  - Introduced in 2007
  - Cloud-based storage of personal health and medical information
  - Focus on traditional health records from providers
  - Low adoption rate terminated in 2019
    - Poor integration with wearables
    - Limited inclusion of patient-entered data
    - Not designed for mobile apps





# Medical Device - Success(?)

- Eargo internal hearing aid
  - Rechargeable
  - Audiologist interaction via telehealth
    - Tuning if necessary
  - No prescription required
  - 45-day trial period
  - New model waterproof
- Company history
  - Founded 2013
  - IPO 2018
- 66% increase in units delivered Q1-20 to Q1-21







## Challenges to Adoption of New Technology

- Provider skepticism
  - Does it work?
  - Will it make my job more difficulty or take more time?
  - How will it affect my bottom line?
- User skepticism
  - Is it hard to learn to use?
  - Does it have an unfamiliar interface?
  - Is it better than what I have?
- Infrastructure readiness
  - Does my town/block/building the needed broadband and Wi-Fi access?
  - Are there policies in place that support me using this?







#### Who are the Intended Users?

- Don't assume that all intended users are the same
- Expected differences due to
  - Demographics
  - Physical abilities
  - Cultural considerations
  - Economic status of individual or country
  - Prior expertise and exposure to technology







## Design Framework I - Universal Design

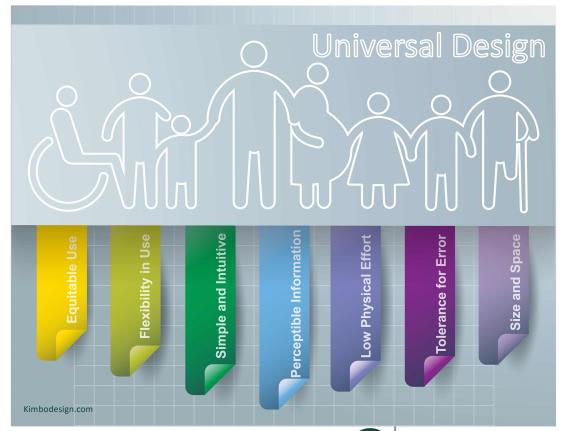
Universal design –
 a single design will work
 for everyone



Aarhaug, Universal Design as a Way of Thinking about Mobility, 2018

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#### Avoiding the Fate of the Expensive Paperweight

- Cool product
- Works as designed
- Not widely adopted

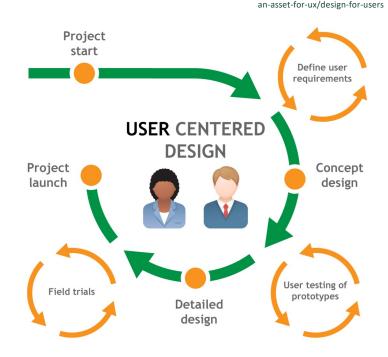






### Design Framework II - User Centered Design

- User-centered design
  - Consider the intended user throughout the design process
  - Needs finding
  - Design reviews
  - Prototype validation
- Systems design
  - Consider needed changes in infrastructure and policy
- "Personalization" of devices and systems
  - Adjustable systems that can "grow" with user







https://www.baianat.com/books/ui-as-

## Improving User-Centered Design

- Communication with intended users throughout design and implementation process
  - Interviews
  - Focus groups
  - Ethnography and task analysis
- Strive for empathetic design







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## Improving User-Centered Design

- True collaboration between scientists, engineers, and social scientists
  - Move beyond a set of silos
  - Learn each others' languages
  - Value all contributions
  - Work together throughout project







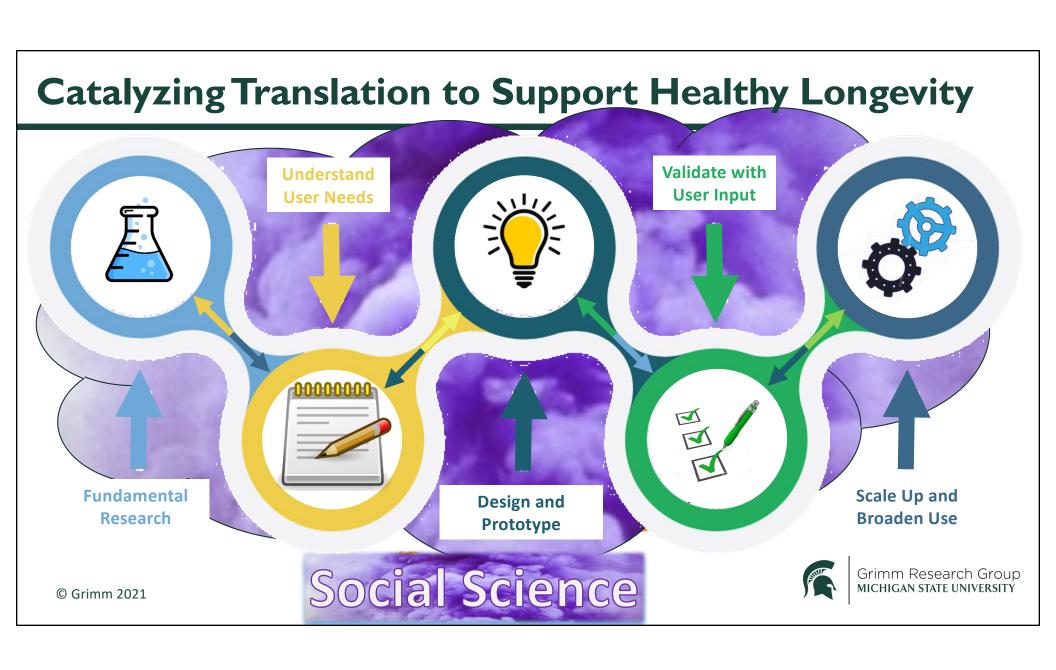
## Improving User-Centered Design

- Need to integrate societal factors that impact the implementation and adoption
  - Acceptance of innovations
  - Equitable access
  - Ethics
  - Economics
  - Policy

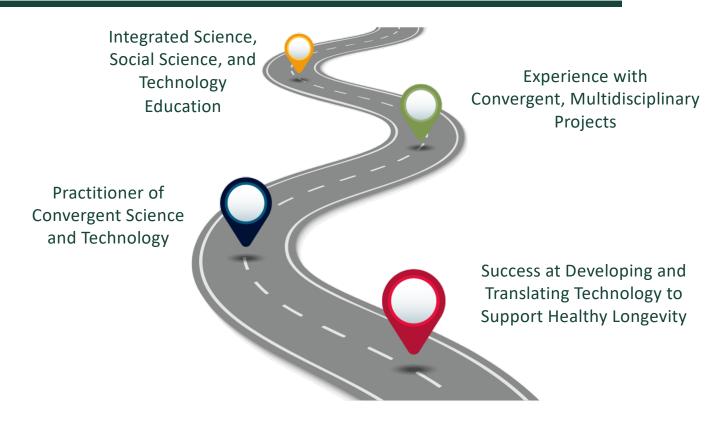








## Roadmap to Effective User Centered Design







## Limits to Domains of Application?

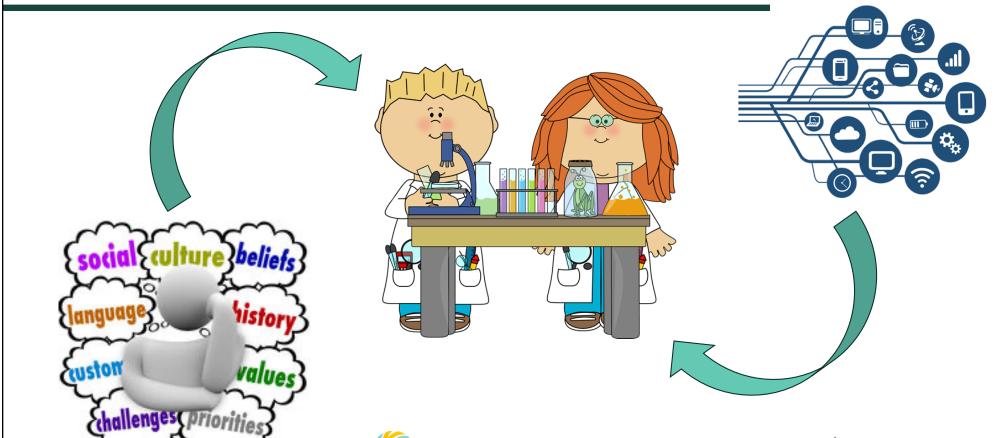
- Can what we know and do as engineers be applied to the domains of biomedical science and health?
- Engineering has not figured it out
  - Individuals trained in biomedical engineering may be a bit better at maintaining a user-centered focus – but only a bit
- Design process = problem solving
  - Can be applied to all fields of science and medicine







Longevity



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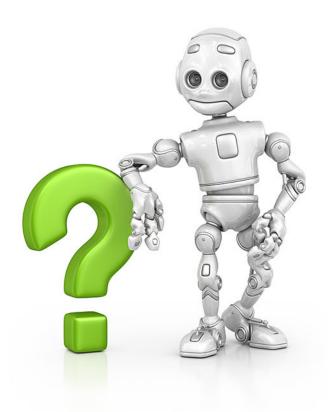
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## Supporting the Future of Healthy Longevity



## Questions, Answers, and Discussion



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