



Reach out for
CARES

Learning from the Behavioral Intervention Team

AUSTIN COMMUNITY COLLEGE

CAMPUS ASSESSMENT RESPONSE EVALUATION AND SUPPORT (CARES)

Austin Community College (ACC)

Institutional Glimpse

Who we are:

- Non-residential College
- Accredited to award associate and baccalaureate degrees
- One college, multi-campus system
 - 11 campuses & 1 in development
 - Partners with other institutions and organizations, i.e. UT – Austin

Total annual enrollment approximately 75,000+

Service area

- Expands across 6 counties and includes 26 ISDs in central Texas
- Courses and programs offered at a variety of locations throughout the service area in addition to the 11 campuses

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What is a BIT?

AT ACC a BIT:

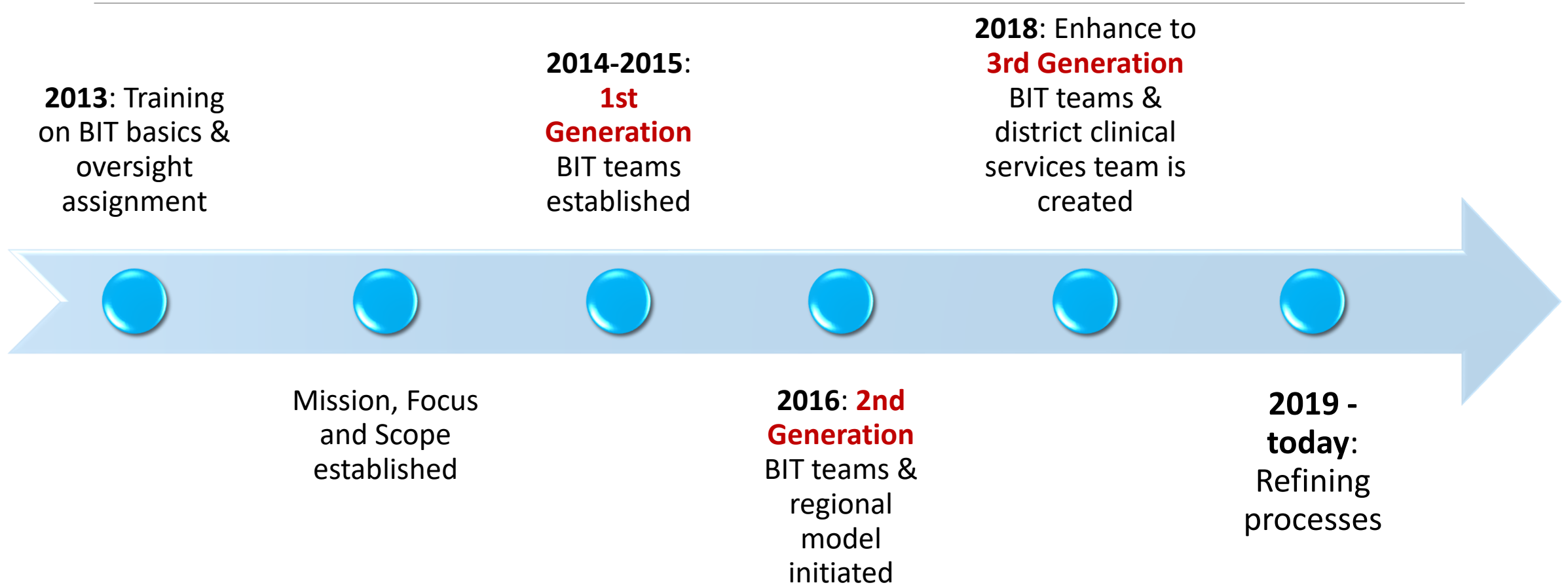
- Is a multi-disciplinary team
- Reviews incoming referrals
- Develops intervention plans

ACC CARES Mission:

“The mission of the Austin Community College CARES Teams is to promote the health and safety of the campus communities. The CARES program is dedicated to the prevention, early intervention, and response to concerning, distressing, threatening, and disruptive behaviors. By partnering with members of the community, the CARES teams strive to promote individual student wellbeing and success while prioritizing community safety.”

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ACC CARES: A History



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ACC CARES: Challenges

1st Generation BIT team

- Inconsistency of services
- Lack of resources
- Staff changes
- Different mindsets on how BIT processes should work
- Deviations from prevention philosophy
- Silo'd BIT teams

Outcomes

- Challenges from 1st Generation BIT led to a regionalization of campuses and 2nd Generation BIT model
- Enhanced 2nd Generation to current 3rd Generation BIT model

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ACC CARES: Learning from the BIT

Lessons learned when forming our BIT (1st Gen)

- Proceed with caution on oversight and commitment
- Essential buy-in and support
- The 2 R's: Research and Reach-out

Lessons learned from our BIT team in development (2nd Gen)

- Invest into the planning & implementation, technology platforms and BIT development
- Stay the course
- The 4 C's: Commitment, Consistency, Collaboration, Communication

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ACC CARES: Learning from the BIT

Lessons from current 3rd generation regional team model

- Continue the milestones
- Marketing
- Training (teams and community) & outreach
- Partnerships

Students in Distress or Crises

- Train and educate campus communities (i.e., mental health first aid)
- Partner with stakeholders (internal & external)
- Develop a de-escalation plan
- [Timely] Submission of a CARES referral post-crisis

HUB
CARES Incoming Referrals
Triaged by Regional Associate
Clinical Deans

Conduct /
Complaints

Campus Deans /
Associate Deans

REGIONAL
TEAM

- Meets weekly / biweekly
- *Reviews cases
- *Decides assessment and intervention
- *Makes plan
- Supports campus deans & staff

Referral notifications
are sent to Regional
Exec Dean & Campus
Dean with ping
notifications to Title IX
& Clery Officer as
necessary

Student Affairs
Campus Deans

REGIONAL TEAMS

Regional Exec Dean
3-4 Campus Deans
Regional Clinical Dean
Regional SGT
Regional MHO

DISTRICT TEAM

Assoc. VP Student Affairs
Exec Dean Counseling
Asst. Chief
Faculty Rep
1 Regional Exec Dean
1 Clinical Dean

DISTRICT TEAM

- Meets quarterly
- Oversees consistency of practices
- Oversees consistency of policies
- Oversees protocols

***3 Phase Process:**

1. Gather & present data
2. Apply Risk Rubric & analyze data
3. Implement appropriate interventions

3rd Gen Visual Regional CARES Model
updated 12/01/2019

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Recommended Readings:

Sokolow, Brett A., J.D. et al. (2014). The Book on BIT. National Behavioral Intervention Team Association; 2nd edition.

Van Brunt, B. (2016). BEST BITs Topics in Campus Behavioral Intervention & Violence Prevention Paperback. National Behavioral Intervention Team Association.

Whitepaper:

Van Brunt, B., Reese, A. & Lewis, W. (2015). “Who’s on the team? Mission, Membership and Motivation.” Berwyn, PA: National Behavioral Intervention Team Association (NaBITA).



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