

Mental Health & Health Services Overview



CCC Mental Health Services

- There are approximately 70 colleges that have brick and mortar health centers.
- Approximately 90 colleges report having some capacity to do crisis intervention for students experiencing a mental health crisis (per college website).
- The scope and scale of what services are available varies widely across the system, and is dependent on whether or not a health service fee is collected.

Health Service Fee

- The majority of the California Community Colleges charge a student fee to support various health and mental services.
- Colleges that charge a health service fee range from \$3 - \$21 per semester (\$21 per semester is the max amount a college can charge).
- Services that colleges provide can include the following:
 - Prevention and Early Intervention Services
 - Mental Health Crisis Management
 - Crisis Intervention Resource team
 - Short-term Psychological Counseling
 - Health/Mental Health Education and Counseling Programs
 - Screening for alcohol and drug abuse

Funding History

- 2011 – Proposition 63 (Mental Health Services Act)
 - \$10.1 million from the California Mental Health Services Authority (CalMHSA) to support the implementation of the California Community Colleges Student Mental Health Program (CCC SMHP).
 - Collaboration between the Chancellor's Office and the Foundation for California Community Colleges (FCCC).
 - Funding focused on prevention and early intervention (PEI) activities, including faculty and staff training, suicide awareness & prevention, and peer-to-peer resources.

Current Funding

- FY 2017 – 2018
 - \$4.5 million from Proposition 98 funds (one-time funds).
 - 15 Community College Districts funded through a competitive RFA process.
 - Purpose of funding is to provide new or expanded services related to:
 1. Providing direct mental health services to students;
 2. Providing training for faculty, staff and students regarding mental health and prevention & early intervention (PEI); and
 3. Establishing formal partnerships and referral networks with county behavioral health departments or community based direct service providers.
 - Performance Period: July 1, 2018 – December 31, 2020.

Current Funding

- FY 2018 – 2019
 - \$10 million from Proposition 98 funds (one-time funds).
 - 114 Community Colleges funded through the allocation/apportionment process.
 - Allocations based on total student enrollment per the final 2016-17 Recalculation FTES Report.
 - Same goals and deliverables as 2017-2018 funds.
 - Funds must be expended by June 30, 2020.

Current Funding

- FY 2019 – 2020
 - \$7 million from Proposition 63 funds (one-time funds).
 - 16 Community College Districts funded through a competitive RFA process.
 - Same goals and deliverables as 17-18 and 18-19 funds, with a greater emphasis on developing formal partnerships with county behavioral health departments.
 - Performance Period: May 1, 2020 – December 31, 2021.

Current Funding

- CCC Student Mental Health Program
 - \$400,000 grant from Prop 63 funds administered through the Foundation for California Community Colleges (FCCC) for statewide activities.
 - Funding comes from counties that have opted to provide a portion of their Prop 63 dollars for this purpose.
 - Collaborative effort between the Chancellor's Office and FCCC.
 - Activities focus on statewide prevention and early intervention strategies and resources for faculty, staff and students.

Statewide Activities

- Kognito online suicide prevention training
 - 106 community colleges currently enrolled
 - Over 90,000 community college faculty, staff and students
- Wellness Central
 - Collaboration with the California Community Colleges Health Services Association
 - Web based wellness portal for students to access mental health resources
 - Recently launched
- Collaboration with Crisis Text Line Service, which provides 24/7 access to text based mental health support

Partnerships

- Student Mental Health Program

<http://cccstudentmentalhealth.org/main.php>

- California Community College Health Services Association:

<http://hsaccc.org/>

- California Community Colleges Mental Health and Wellness Association:

<https://www.mhwa.org/>

Questions?

