

The National Academies of
SCIENCES • ENGINEERING • MEDICINE

***Supporting the Whole Student: Mental Health, Substance Abuse, and Well-being
in Higher Education***

Public Workshop Agenda

March 11, 2020
National Academies of Sciences
2101 Constitution Ave. NW
Room 125
Washington, D.C.

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| 8:45am | Opening Remarks |
| 8:55am | <p>Panel 1: Understanding the federal policy, research, and investment context
mental health, substance abuse, and well-being in higher education</p> <ul style="list-style-type: none">• Aria Crump, Deputy Branch Chief of the Prevention Research Branch, National Institute on Drug Abuse (<i>virtual</i>)• David Goldston, Associate Professor of Psychiatry and Behavioral Sciences, Duke University and Christine Walrath, Senior Vice President of Public Health, ICF (<i>virtual</i>)• Commander Donelle Johnson, Substance Abuse and Mental Health Services Administration (<i>virtual</i>)• Sarah H. Lisanby, Director of Translational Research, National Institute of Mental Health (<i>virtual</i>)• Aaron White, Senior Scientific Advisor to the Director, National Institute on Alcohol Abuse and Alcoholism |
| 10:15am | Break |
| 10:25am | <p>Panel 2: Supporting and providing care for students through traumatic events</p> <ul style="list-style-type: none">• Traci Callandrillo, Assistant Vice President Campus Life, American University (<i>virtual</i>)• Louis Chow, Senior Director for the Home Base Training Institute and Network Development, Home Base (<i>virtual</i>)• Shannon Davidson, Evaluation Project Director, NPC Research• Emily Dworkin, Acting Assistant Professor, University of Washington School of Medicine (<i>virtual</i>)• Carlton Green, Director of Diversity Training and Education, University of Maryland (<i>virtual</i>) |
| 11:50am | Break |

12:00pm	Panel 3: Exploring distance and virtual options for counseling and student well-being <ul style="list-style-type: none"> • Michelle Craske, Professor of Psychology, Psychiatry and Biobehavioral Sciences and Director of the Anxiety and Depression Research Center, University of California, Los Angeles (<i>virtual</i>) • Emily Lattie, Assistant Professor of Medical Social Sciences and Preventive Medicine, Northwestern University School of Medicine (<i>virtual</i>)
1:15pm	Working lunch: What resources would serve the community of stakeholders working to improve mental health, substance abuse, and well-being in higher education?
2:30pm	Panel 4: Creating culture change in the education and learning environments <ul style="list-style-type: none"> • Randy Auerbach, Associate Professor of Medical Psychology at Columbia University Medical College and Co-Director, World Health Organization (WHO) World Mental Health International College Student Initiative (<i>virtual</i>) • Liselotte Dyrbye, Director of the Physician Well-being Program, Mayo Clinic (<i>virtual</i>) • Sharon Milgram, Director of the Office of Intramural Training and Education, National Institutes of Health • Geoffrey Young, Senior Director of Student Affairs and Programs, Association of American Medical Colleges (<i>virtual</i>)
3:45pm	Break
4:00pm	Closing Conversation: Addressing the challenges and expectations in higher education policies and practices <ul style="list-style-type: none"> • Carlton Green, Director of Diversity Training and Education, University of Maryland (<i>virtual</i>) • Paul G. Lannon, Jr., Co-Chair, Education Practice, Holland and Knight (<i>virtual</i>) • Artie Lee Travis, Vice President for Student Affairs, Frostburg State University • Patricia Perillo, Vice President for Student Affairs, University of Maryland (<i>virtual</i>)
5:00pm	Final remarks