

*The National Academies of*  
**SCIENCES • ENGINEERING • MEDICINE**

***Supporting the Whole Student: Mental Health, Substance Abuse, and Well-being  
in Higher Education***

**Public Workshop Agenda**

March 11, 2020  
National Academies of Sciences  
2101 Constitution Ave. NW  
Room 125  
Washington, D.C.

<b>8:45am</b>	<b>Opening Remarks</b>
<b>8:55am</b>	<b>Panel 1: Understanding the federal policy, research, and investment context mental health, substance abuse, and well-being in higher education</b> <ul style="list-style-type: none"><li>• Aria Crump, Deputy Branch Chief of the Prevention Research Branch, National Institute on Drug Abuse (<i>virtual</i>)</li><li>• David Goldston, Associate Professor of Psychiatry and Behavioral Sciences, Duke University and Christine Walrath, Senior Vice President of Public Health, ICF (<i>virtual</i>)</li><li>• Commander Donelle Johnson, Substance Abuse and Mental Health Services Administration (<i>virtual</i>)</li><li>• Sarah H. Lisanby, Director of Translational Research, National Institute of Mental Health (<i>virtual</i>)</li><li>• Aaron White, Senior Scientific Advisor to the Director, National Institute on Alcohol Abuse and Alcoholism</li></ul>
<b>10:15am</b>	<b>Break</b>
<b>10:25am</b>	<b>Panel 2: Supporting and providing care for students through traumatic events</b> <ul style="list-style-type: none"><li>• Traci Callandrillo, Assistant Vice President Campus Life, American University (<i>virtual</i>)</li><li>• Louis Chow, Senior Director for the Home Base Training Institute and Network Development, Home Base (<i>virtual</i>)</li><li>• Shannon Davidson, Evaluation Project Director, NPC Research</li><li>• Emily Dworkin, Acting Assistant Professor, University of Washington School of Medicine (<i>virtual</i>)</li><li>• Carlton Green, Director of Diversity Training and Education, University of Maryland (<i>virtual</i>)</li></ul>
<b>11:50am</b>	<b>Break</b>

12:00pm	<b>Panel 3: Exploring distance and virtual options for counseling and student well-being</b> <ul style="list-style-type: none"><li>• Michelle Craske, Professor of Psychology, Psychiatry and Biobehavioral Sciences and Director of the Anxiety and Depression Research Center, University of California, Los Angeles (<i>virtual</i>)</li><li>• Emily Lattie, Assistant Professor of Medical Social Sciences and Preventive Medicine, Northwestern University School of Medicine (<i>virtual</i>)</li></ul>
1:15pm	<b>Working lunch: What resources would serve the community of stakeholders working to improve mental health, substance abuse, and well-being in higher education?</b>
2:30pm	<b>Panel 4: Creating culture change in the education and learning environments</b> <ul style="list-style-type: none"><li>• Randy Auerbach, Associate Professor of Medical Psychology at Columbia University Medical College and Co-Director, World Health Organization (WHO) World Mental Health International College Student Initiative (<i>virtual</i>)</li><li>• Liselotte Dyrbye, Director of the Physician Well-being Program, Mayo Clinic (<i>virtual</i>)</li><li>• Sharon Milgram, Director of the Office of Intramural Training and Education, National Institutes of Health</li><li>• Geoffrey Young, Senior Director of Student Affairs and Programs, Association of American Medical Colleges (<i>virtual</i>)</li></ul>
3:45pm	<b>Break</b>
4:00pm	<b>Closing Conversation: Addressing the challenges and expectations in higher education policies and practices</b> <ul style="list-style-type: none"><li>• Carlton Green, Director of Diversity Training and Education, University of Maryland (<i>virtual</i>)</li><li>• Paul G. Lannon, Jr., Co-Chair, Education Practice, Holland and Knight (<i>virtual</i>)</li><li>• Artie Lee Travis, Vice President for Student Affairs, Frostburg State University</li><li>• Patricia Perillo, Vice President for Student Affairs, University of Maryland (<i>virtual</i>)</li></ul>
5:00pm	<b>Final remarks</b>