

THE 2025 USNC/TAM 5MT

A 5-minute Virtual Thesis in Mechanics Competition

Competition Rules

- Only eligible applicants notified by email can participate in the competition. Check eligibility requirements [here](#).
- The video presentations are limited to 5 minutes. **Competitors exceeding 5 minutes are disqualified.**
- The presentation starts when a presenter begins the presentation verbally (excluding the title slide), not with the start of the video.
- The video presentation ends when the presenter concludes and stops his verbal presentation.
- The video presentation must begin with the USNC/TAM 5MT PowerPoint title/slide from the competition acceptance email.
- The video must be filmed on a plain background, using a single camera angle.
- Embedded audio/video links or files are not permitted within the video recording.
- Video submissions must be in MP4 format only. **Other video formats will not be accepted.**
- Video submissions are accepted only via the link provided in the acceptance email.
- Judges will focus on the ability of the presenter to communicate research to a mechanics audience, delivery, and quality of THE USNC/TAM 5MT PowerPoint slides.
- Specific areas to be judged are included in the attached grading rubric.
- The decision of the adjudicating USNC/TAM 5MT committee is final. **Appeals will not be accepted.**
- Ten finalists will be selected to enter the **virtual** competition.