

ENHANCE YOUR MENTORSHIP PRACTICE: NATIONAL RESOURCES

1. Seek out foundational mentorship training



- Take the free virtual Entering Mentoring course ([link](#))
- Activate your institutional membership with the National Center for Faculty Development and Diversity ([link](#))
- Register for the NRMN and take a free training ([link](#))

2. Tap into established networks

- Mentorship educators ([link](#))
- Inter-institutional network of mentors and mentees ([link](#))



3. Address bias and develop cultural humility

- Take the Unconscious Bias course from NRMN ([link](#))
- Review the Interactive National Academies Anti-Racism Report ([link](#))
- Explore the Equity-Minded Mentoring Toolkit ([link](#))



4. Learn more on your own

- See the National Academies podcast ([link](#)) and accompanying written report ([link](#)) on "The Science of Mentorship in STEMM"
- Find journal articles on mentorship at the CIMER website ([link](#))
- Watch Fatima Sancheznieto's TED talk on mentorship ([link](#))

CIMER: <https://cimerproject.org/>
IGEN: <https://igenetwork.org/>



Inclusive Graduate Education Network
an NSF INCLUDES Alliance

IGEN



Center for the Improvement of
Mentored Experiences in Research

ENHANCE YOUR MENTORSHIP PRACTICE: HOW TO FIND RESOURCES AT YOUR INSTITUTION

1. Seek out individualized mentorship training



- Look for mentorship courses led by CIMER trained facilitators at your institution ([link](#))
- Investigate your faculty and graduate school professional development resources, often housed in the Dean's office
- Consider reaching out to departments other than your own to participate in trainings and strengthen cross-departmental relationships

2. Tap into established networks on campus



- Connect with your peers and mentors to inquire about the trainings they have taken or plan to take in the future
- Discuss mentorship training at a departmental, research, or other large and small group meetings

3. Address personal bias and develop cultural humility



- Look for courses by centers or departments in your institution such as:
 - The Disability Resource Center on campus
 - Cultural Centers, such as an Indigenous Cultural Center or other groups that bring together cultural groups and engage in educational experiences

4. Utilize personal knowledge and resources

- Use institutional power to advocate for trainings that would be impactful for you and your mentees
- Ask your mentees for feedback and engage in continuous evaluation about best practices