Overview of Forensic Pathology: Challenges and Opportunities (Training, Practice, Standards, and Resources)

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"Taceat colloquia. Effugiat risus. Hic locus est ubi mors gaudet succurrere vitae." Inscription at the

## Outline

- Overview of Medicolegal Death Investigation
   Medical Examiner/Coroner, Forensic Pathology, Death Certification
- Challenges with In-Custody Investigations
- Tracking, Asphyxia/Restraint, Circumstances
   What is the forensic community doing about these deaths?

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#### Medicolegal Death Investigation System Needs:

- Mandated reporting of certain deaths
  Authority to take charge of the body
- · Autopsy without permission
- Subpoena power

Reportable Cases

- Accidents, Suicides, Homicides
  Poisoning, Drug Abuse, Addiction.
  Disease with potential public health threat (e.g., meningitis).
  Deaths resulting from employment.
  Sudden and unexpected deaths not caused by a readily recognized disease.
  Dead on arrival or within 24 hours of admission to hospital.
  Death under amethesia, in operating or recovery room, following transfusions or during diagnostic procedures.
  Any other death, not clearly the result of natural causes, that occurs while the deceased person is in the custody of a peace officer or a law enforcement agency or the Commissioner of Correction.

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able 1: Selected Characteristics of Death Requiring overstigation by State

Forensic Pathology

Subspecialty in pathology that investigates unexpected, suspicious, and unnatural deaths

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## Physicians in USA

- >1,000,000 Physicians
   ~750 Practicing, Board-Certified Forensic Pathologists
   -4 years College
   -4 years Medical School
   -3-4 years Residency in Pathology
   -1 year Fellowship in Forensic Pathology
   -Two National Board Examinations

### Forensic Pathologists

- Investigate Reportable Deaths (Autopsy)
   Certify Cause and Manner of Death
   Testify: Homicides, Civil Actions
   Public Health Role (meningitis, vital records)

- Family Bereavement

# The "Litany"

Who are you? When did you die? Where did you die? Why did you die? What happened? Who did it?

10 11 12

#### Clinical Medicine

History: Form Hypotheses

Physical Exam Confirm/refute Hypotheses Laboratory Tests

Forming, testing, refining, and rejecting hypotheses

**CAUSE of DEATH** MANNER of DEATH Cause of Death

The disease and/or injury responsible for the fatality.

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## CAUSE of DEATH =

Mechanism/Immediate Cause Proximate Cause

## **Proximate Cause**

That which in a natural and continuous sequence, unbroken by any <u>efficient intervening cause</u>, produces the fatality and without which the end result would not have occurred (etiologically specific).

## Mechanisms

Non-specific, physiologic events that connect the "cause" of death with the moment of death.

- · Cardiac Arrhythmia
- AsphyxiaMetabolic AcidosisExsanguination







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MANNER of DEATH:

Explanation of how the cause arose.

Should forensic pathologists give their opinion about the manner of death at trial?

Manner of Death

Natural
Unnatural
Homicide
Suicide
Accident
(Therapeutic Complication)
Undetermined

Natural

Death caused exclusively (100%) by disease

(or old age)

22 23 24

Types of Injuries

Blunt
Sharp
Gunshot Wounds
Chemical (intoxication)
Asphyxial
Electrical
Thermal
Barotrauma
Bitss

Homicide

Violent death at the hand of another person or deaths due to the hostile or illegal acts of another person.

[In most instances, intent has nothing to do with classification of a death as a homicide. Justification also is not considered by the ME/C]

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#### Accident

Death caused by violent means that is not an intentional or criminal act of another (Ex: Drug intoxications, motor vehicle collisions, etc.)

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#### Suicide

Violent death caused by an act of the decedent with the intent to kill oneself. Must be a preponderance of evidence showing an intent to die

### **DEGREES of CERTAINTY**

The COD and MOD are opinions not scientific facts.

- Possible (>0%)
- Probable (>50%)
- Reasonable degree of medical certainty (Far exceeds 50%)
- Certainty beyond a possible doubt (100%)

"No insurance company, religious authority, state or district attorney, judge, jury, or individual party is bound by the opinions expressed on the death certificate."

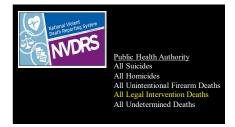
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Tracking Custody Deaths (DCRA) Public Low 113-242 113th Congress Public Levi 13-424

1330 (regress An Act

- bit. 3, 200

3 A section of the an extra form in the control of the advances are in the control of the advances 1. Detained by Law Enforcement 4. En route to being incarcerated or detained



#### Transparency

- Ensure DCs have information that reflects it is a death in custody:
   Check box
   Location of injury (prison) vs. location of death (hospital)
   How injury occurred: "Shoft" vs. "Shot by police"

   Autopsy Reports: Public Record

- Nousday Nepons: 1 units record in In-Custody Mortality Review Panels (similar to maternal mortality, child fatality panels)
   Connecticut: Inspector General investigates and decides whether use of force was justified.
   New York: Attorney General investigates these deaths.

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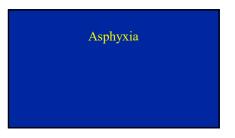
Three Stages of "In-Custody"

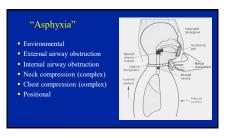
Pre-Apprehension
GSW, Motor Vehicle Collision, Blunt Force
Apprehension
Restraint, Asphyxia (neck, chest)

Incarceration
Natural (Neglect), Suicide, Restraint/Asphyxia, Homicide, Accident

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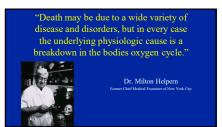






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How do we diagnose "Asphyxia" at autopsy?



How do we diagnose "Asphyxia"?

- Exclusion of other causes
- Signs supportive of an asphyxial mechanism
   Petechiae, neck bruising, fractures
- Circumstances/Clues

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- EMS responded to a 46-year-old man who was unresponsive on the street.
- Pronounced dead at the hospital.
- Should the medical examiner take jurisdiction?

Jurisdiction was accepted and an autopsy was performed

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Arteriosclerotic heart disease, multifocal, severe Hypertensive heart disease Cardiomegaly (540 g) with mild biventricular dilatation Clinical history of hypertension

Norfentanyl 5.6 ng/mL

3. 4-ANPP 0.65 ng/mL 4. Methamphetamine 19 ng/mL

11-Hydroxy Delta-9 THC 1.2 ng/mL; Delta-9 Carboxy THC 42 ng/mL; Delta-9 THC 2.9 ng/mL

Cotinine positive

Caffeine positive

Blood volatiles: negative for ethanol, methanol, isopropanol, or acetone

Fentanyl 11 ng/mL

No life-threatening injuries identified No facial, oral mucosal, or conjunctival petechiae

No injuries of anterior muscles of neck or laryngeal structures

No scalp soft tissue, skull, or brain injuries

No chest wall soft tissue injuries, rib fractures (other than a single rib fracture from CPR), vertebral column injuries, or visceral injuries

Includes, of character and subcutaneous dissection of posterior and lateral neck, shoulders, back, flanks, and buttocks negative for occult trauma

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Blunt force injuries

- Cutaneous blunt force injuries of the forehead, face, and upper lip  $% \left( 1\right) =\left( 1\right) \left( 1\right)$
- B. Mucosal injuries of the lips
- Cutaneous blunt force injuries of the shoulders, hands, elbows, and legs

Cause of Death

- Heart Disease?
- •Intoxication?
- Injury?

Next Steps?

Because the death occurred in the hospital, no medicolegal death investigator went to the scene.

- What further investigation is needed?
- Who should we ask for the information?
- What should we review?

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Additional History: He became unresponsive in police custody



Next Steps?

• What further investigation is needed?

• What should we want to review?

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HENNEPN COUNTY
MEDICAL EXAMINERS OFFICE
AUTOPSY REPORT

ME NO: 20-3700

ME NO:

## Autopsy

- George Floyd had no neck injury, internal injury, or petechiae.
- Based on the autopsy alone without considering "non-medical information" his death can be explained by a combination of heart disease and/or a drug intoxication.
- If all we knew was that he "died while in police custody" then the death likely would have been certified as "undetermined."

Our diagnoses are only as good as the information on which they are based.

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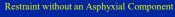
Refusal to consider circumstantial information can lead to a denial of reality in the name of objectivity.

"Death is a functional event, not an anatomical event. The pathologist who searches for recent pathologic alteration to explain every death is doomed to failure."

Adams & Hirsch

**RESTRAINT** 

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- Does restraint alone elevate the manner to a homicide?
- Does the use of pepper spray or conducted energy device ("TASER") alone elevate the manner to homicide?
- How does physical stress/pain affect the manner determination?
- How much chest compression is needed to cause death?

National Association of Medical Examiners Position Paper: Recommendations for the Definition, Investigation, Postmortem Examination, and Reporting of Deaths in Custody Ilgus A. Marchi S. Francisco Dict. Copy C. Goldeys, Man Space, Survey From, Turbin's Yerses, Berlink J. March. See Principles of Company Man Space, Survey From, Turbin's Yerses, Berlink J. March. See Principles of Company Man Space, See Principles of Company The more defined cases are those where the incidential see Observed to be.

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The more difficult cases are loss where the individual is observed to be acting erratically due to a severe mental illness and/or acute drug intoxication. These cases have been defined in the literature as excited definirum and often result in a law enforcement response and the restraint of the deceded". B. its not uncommon for the individual to die during orso an after restraint and/or altercation with law enforcement?. Manner of death in these instances can often be mocnisistent from pathologist to pathologist and from office to office. Furthermore, manner of death in these cases have ranged from accidents due to the emphasis placed on drug toxicity, homicides due to the influence of the restraint and/or altercation, or undetermined due to the installity of the extribing physical not establish a definition pointing.

Academic Forensic Pathology, 2017;7(4):604-18.

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What is the forensic pathology community doing about in-custody deaths?

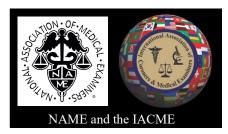


"Consistency of classification is crucial if the

medicolegal official is to be an unbiased participant in the criminal justice process."

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The charge to the committee is to issue a report with findings and recommendations that will consider:

(1) the number of deaths while in custody throughout the criminal justice process and how those deaths are investigated, diagnosed, recorded, reported and made transparent;

(2) the distribution of diagnoses for deaths that occur in custody (cause and manner of death) and the scientific bases for articular just diagnoses to those death);

(3) measures (and limitations thereof) that forecase publishogous control for the conduction of the conduct

Cognitive Bias vs. Outside Pressure

Police
Attorneys
Families of Decedents
Governmental Officials
Professional Colleagues
Academicians
Press
Public

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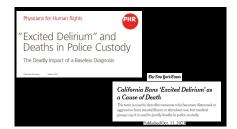
### Sequential Unmasking

- Forensic Pathologists, as any physician, render a diagnosis on everything we see, not on isolated findings.
   We know what information we need for our investigation.

- We are Physicians, not Scientists.
  Who decides what information to withhold? Bias? Expertise?
- Document in our report: "Asked for witness statements but were
- Without the needed information: "Undetermined"

"Deaths in custody that are precipitated by an altercation with law enforcement should undergo an exhaustive medicolegal investigation. These cases must incorporate all available investigative information to establish the final cause of death statement. Prior to developing the cause of death statement, the forensic pathologist should have access, for example, to all body-worn camera footage, civilian mobile phone video footage, and any stationary building surveillance footage. Reviewing witness statements, police reports, and emergency medical service run sheets is also critical to understanding the circumstances surrounding the death."

Death in Custody RA Mitchell Jr. & JD Aronson



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### Hyperactive Delirium due to Cocaine

Acute hyperactive cocaine-induced delirium is a wellrecognized and accepted medical diagnosis included in the ICD-10 (2024 ICD-10-CM Diagnosis Code F14.121, Cocaine abuse with intoxication with delirium) and the DMS-5-TR.

(e.g., Amphetamine, Cocaine)

"One extreme instance of stimulant toxicity is stimulant-induced psychotic disorder, a disorder that resembles schizophrenia, with delusions and hallucinations."

"Individuals with acute intoxication may present with rambling speech, headache, transient ideas of reference, and tinnitus. There may be paranoid ideation, auditory hallucinations in a clear sensorium, and tactile hallucinations, which the individual usually recognizes as drug effects. Threats or acting out of aggressive behavior may occur."

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#### DMS-5-TR

"The name of the medication-induced delirium begins with the specific substance that is presumed to be causing the delirium. The name of the disorder is followed by the course (i.e., acute, persistent), followed by the specifier indicating level of

Cocaine Delirium, Acute, Hyperactive

## How does Cocaine actually cause death?

- Primary Cardiac Arrythmia (Na<sup>+</sup> Channel blockage)
- Coronary Artery Vasospasm (myocardial ischemia)
- Ruptured Cerebral Artery Aneurysm
- Ruptured Aortic Dissection • Intracerebral Hemorrhage (stroke)
- Seizure
- Hyperthermia/Rhabdomyolysis/Kidney Failure
- Hyperactive Delirium

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Cal. Health & Saf. Code
§ 24401

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Acute Hyperactive Delirium

1. Hyperactive delirium is recognized in the DSM-5 TR and ICD-10 and has a variety of causes (including cocaine).

2. Hyperactive delirium is a potentially fatal condition.

3. The underlying etiology is the proximate cause of death.

4. Many patients do not die of it (Emergency Department).

5. Some deaths occur without police involvement.

6. Physicians make the diagnosis, NOT the police.

7. Important for first responders to recognize it (medical not criminal issue).

8. Just because a person may be in an acute hyperactive delirium, it does NOT mean that they died from it (choked, compressed, etc.).

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"Forensic pathologists practice in the finest tradition of preventative medicine and public health by making the study of the dead benefit the living."

Postron PAPER: SECONO AUTOPRES

Auton

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165 S. Autopoly

165 S. Should fully describe the condition of the camination, final diagnoses, opinions, and cause and manner of death, unless sufficient information is not available.

165 S. Bould fully describe the condition of the body as received (externally and internally) and note organs that are not in the body as received (externally and internally) and note organs that are not in the body.

165 S. Bould include a list of all terms requested from the first autopoly jurisdiction (e.g., investigative reports and photograph) and what was provided.

167 Providing autopoly materials, especially when a criminal investigation is active, may be prohibited by utradictional

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Table 6.2 Drugs associated with acute psychosis
Educated intersistation
Ethianed winderward
Sympathomiseric drugs
Cocasine
Angoletamines
Angol

State Investigation of the Control o

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CT Sec. 51-277a. Investigation and prosecution of the use of physical force by a peace officer, the death of a person in custody...

- Whenever a peace officer...uses physical force upon another person and such person dies
  as a result thereof or uses deadly force...the Division of Criminal Justice shall cause an
  investigation to be made and the Impector General (IG) shall have the responsibility of
  determining whether the use of physical force by the peace officer was justifiable.
- Whenever a person dies in the custody of a peace officer, law enforcement agene Commissioner of Correction, the IG shall investigate and determine whether the decease person may have died as a result of criminal action.
   The IG shall request the appropriate law enforcement agency to provide assistance.
- investigate.

  The IG chall file a report which chall contain; (1) The discounterance; (2) a determination
- The IG shall prosecute any case in which the use of force by a peace officer was not justifiable.