Patient-Centered Care in Genomics & Precision Health

Shiyani Nazareth

- Board-certified Genetic Counselor
- VP of Digital Health Strategy at Myriad Genetics

Disclosures

- Employee of Myriad Genetics
- Advisor to Juniper Genomics

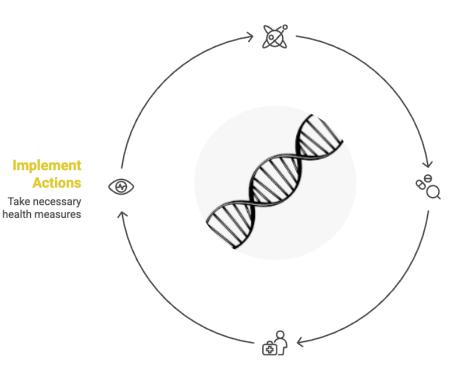




Preventive Health Begins with Insights

Access Insights

Retrieve relevant genetic information



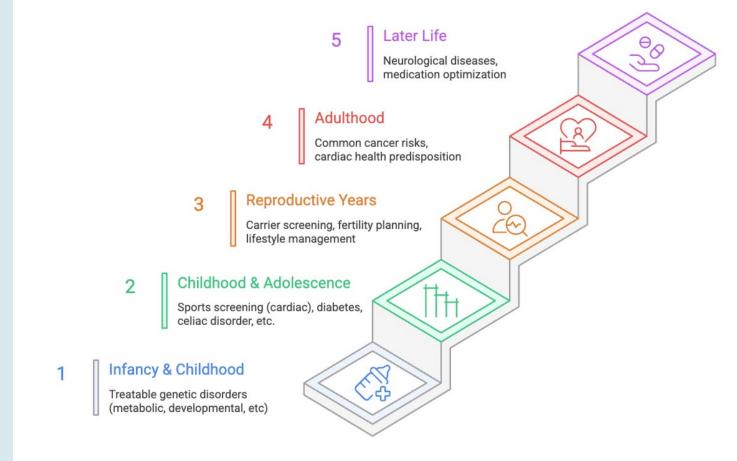
Apply Insights

Use data for personalized health decisions

Receive Advice

Obtain timely medical guidance

Unlocking Genetic Health Over One's Lifespan



The Life-Saving Secrets in Your Baby's DNA



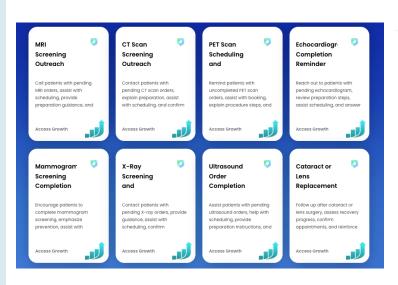




"Genomics is the tip of the spear for preventive care; it's really the first in a series of things that we need to bring in order to preserve our health — multi omics, proteomics, transcriptomics, wearables — all of the exciting things that we have heard about that will keep us well instead of simply treating us when we're sick."

Personal Al Navigator

Anticipatory guidance for health decisions utilizing the data





University Hospitals and Hippocratic Al Collaborate to Advance Patient Outcomes Through Safe, Patient-Facing Al

September 10, 2025 By Ansley Kelm



Cleveland, Ohio & Palo Alto, Calif. – University Hospitals, a nationally recognized academic health system named by U.S. News & World Report to its Best Hospitals list, an achievement it has made 27 years in a row and Hippocratic AI, the global leader and pioneer in generative AI healthcare agents, today announced a strategic collaboration to transform how patients are supported across the care journey. The

My personal story

Health Affairs

NARRATIVE MATTERS



DOI: 10.1377/HLTHAFF.2021.00967

To Uncover My Mother's Genetic Disorder, I Had To Lead The Way

A genetic counselor uses her own resources to identify the root cause of her mother's changing personality. BY SHIVANI NAZARETH

Conversations ingly repetitive, ulate home was useless items: unread magazir tles strewn abo clothing marke be a guest bedr come uninteres the context of t this behavior h if not praised. mental health "Nothing is wi sisted, while re food from her 1

In truth, my n woman of her o like, easy to lov I did not know both of these fe go for long stre but we also shar about the sear world. She coul often cooking whim, but also of anger, she we life. From a your she struggled w migrant family vocabulary to and therapy led sentment to to had a formal di During visits

mother someti with caution, "



"...I am coming to terms with my mother's future, and potentially my own. I have a 50% chance of inheriting the same diseasecausing variant, for which there is currently no treatment."

Using AI to navigate decisions

OpenEvidence has signed content agreements with JAMA and The New England Journal of Medicine. OpenEvidence ♠ Share New Ouestion What is the latest treatment for patients with c9orf72 mutations? Finished thinking The latest treatments for patients with C9orf72 mutations in ALS/FTD are focused on targeted molecular therapies, particularly antisense oligonucleotides (ASOs), RNA-

dipeptide repeat proteins. Early clinical data show that intrathecal delivery of opt

ASOs can significantly lower pathogenic markers in patients, with improved toler and efficacy demonstrated in both patient-derived cells and animal models. [1-3] RNA-targeting CRISPR systems, such as Cas13d/CasRx, have shown the ability

reduce both sense and antisense repeat RNAs and their associated toxic protein

preclinical models. These systems offer improved specificity and have demonstrate

neuroprotection and reversal of disease phenotypes in patient-derived neurons a

with most still in preclinical or early clinical development.

transgenic mice.[4-6]

The Neuroscience of Decision-Making: Why We Choose What We Do

Editors of ScienceNewsToday - August 8, 2025

"At its core, decision-making is not a single act, but a process—a choreography involving sensory perception, emotional valuation, memory recall, and risk assessment."

targeting CRISPR systems, small molecule inhibitors, and gene-editing approaches, OpenEvidence has signed content agreements with JAMA and The New England Journal of Medicine. ASOs are designed to selectively suppress mutant C9orf72 transcripts and reduce OpenEvidence) ♠ Share New Ouestion Please summarize the latest published clinical trial results for antisense oligonucleotide therapies targeting C9orf72, including their safety, efficacy, and current trial status. Finished thinking Recent clinical trial results for antisense oligonucleotide (ASO) therapies targeting C9orf72 mutations in ALS/FTD show robust molecular target engagement but have not demonstrated clinical efficacy, and safety concerns remain. The most advanced clinical trial involved BIIB078, an ASO targeting C9orf72 repeat transcripts. While BIIB078 achieved widespread CNS distribution and reduced dipeptide repeat proteins (DPRs) in cerebrospinal fluid, it did not alter key neuropathological features such as phosphorylated TDP-43 or provide clinical benefit. Notably, treatment was associated with sustained increases in inflammatory biomarkers, raising concerns

about safety and tolerability. The trial was discontinued due to lack of efficacy and safety

signals.[1-3]

Thank you

DEPT. OF FIRST PRINCIPLES

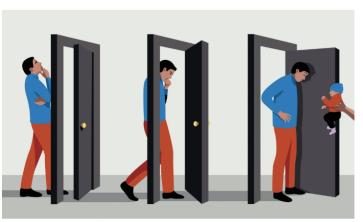
THE ART OF DECISION-MAKING

Your life choices aren't just about what you want to do; they're about who you want to be.



By Joshua Rothman January 14, 2019

THE NEW YORKER



Your life choices are shadowed by ignorance: you choose to be a parent without knowing what being a parent will be like. Illustration by Anna Parini

"For Tolstoy, the tendency of big decisions to make themselves was one of the great mysteries of existence. It suggested that the stories we tell about our lives are inadequate to their real complexity."

"We're hardly more advanced than the ancient Persians, who, Herodotus says, made big decisions by discussing them twice: once while drunk, once while sober."