

AMCHP

ASSOCIATION OF MATERNAL & CHILD HEALTH PROGRAMS

Committee on Clinical Preventive Services for Addressing Cardiovascular Disease Risk to Reduce Pregnancy-Related Deaths Among Women

AMCHP's State Systems Perspective

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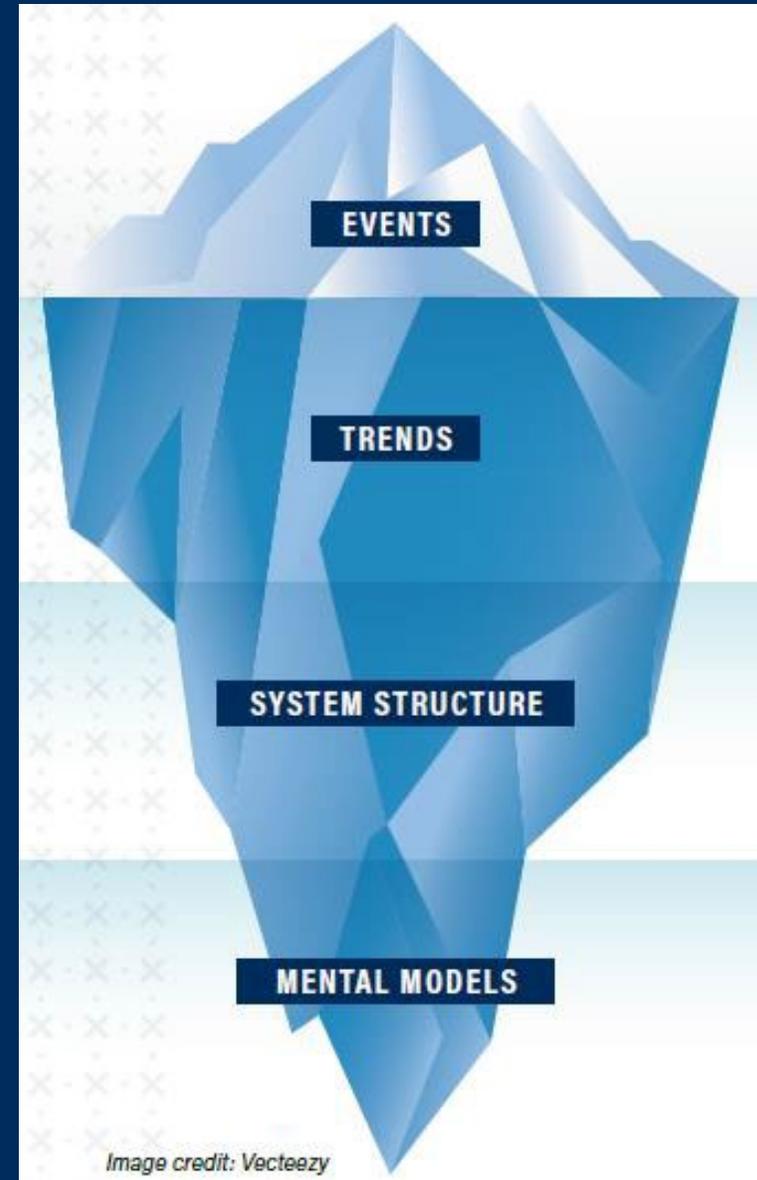
About AMCHP

- National membership association for state and jurisdictional governmental MCH leaders
- Members = state leaders who administer & align major federal and state resources
- Title V MCH Services Block Grant = the loom holding together threads of a tapestry
- AMCHP's vantage point: bridge national, state, and community visions and priorities



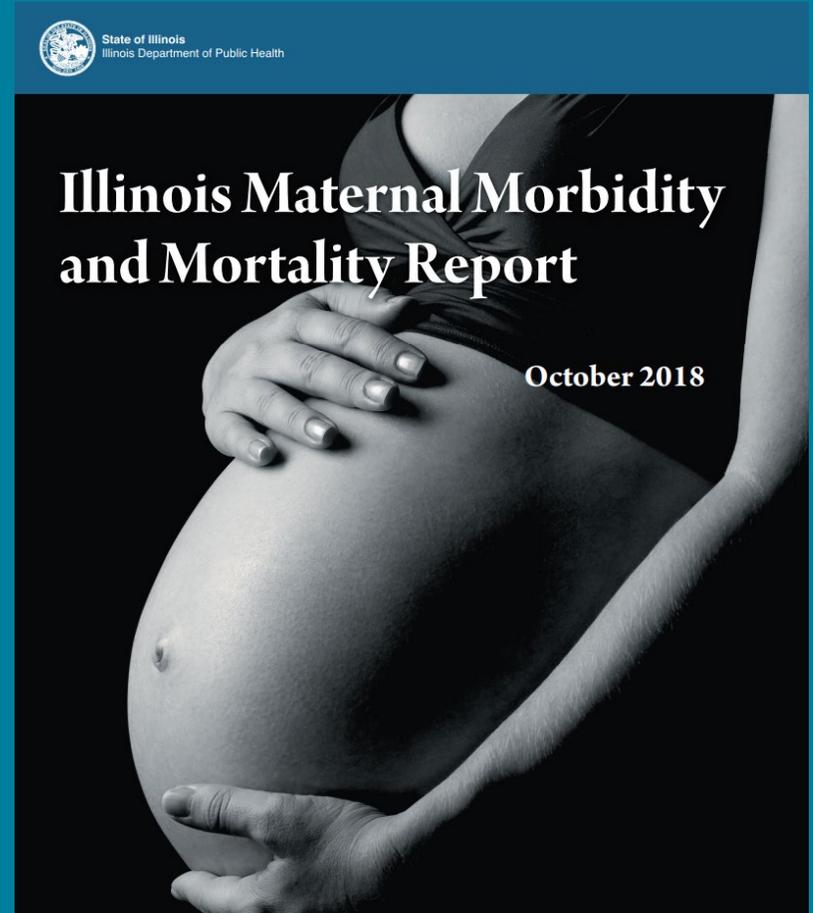
Systems Levers for CVD Prevention and Care

1. Medicaid transformations and coverage as prevention
2. Early pregnancy care access
3. Dignity and complexity in the care context



Medicaid Transformations

- ACA expansion → improved maternal health outcomes
- Illinois MMRC Report (2018) → Recommended 12-month postpartum extension, became national precedent
- By 2025: Nearly all states and DC adopted some form of postpartum extension (implementation varies)
- States innovating with CHWs, doulas, telehealth, home visiting
- Fear of rollbacks threatens progress



Early Access Matters

- Many clinics delay first visit until 10-12 weeks of pregnancy, missing a critical prevention window
- Shift clinical culture and financing to immediate entry
- Align with community-rooted models of care and support that are protective of positive pregnancy and birth outcomes



Complexity and Dignity in Care

- Girls with disabilities and chronic health conditions grow into women navigating pregnancy with those same conditions
- Transition from pediatric to adult care is often incomplete or delayed
- Layered realities and embodied complexity challenge the health system and providers
- Specialty knowledge must and can reach communities

Thank you!

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