

Building a Better Approach for Addressing Mental Health & Substance Use Disorders

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July 2025

A dark blue diagonal gradient bar that starts from the bottom left and extends towards the top right, covering the lower half of the slide.

How did I get here?

A little about me and why I am so passionate about system transformation

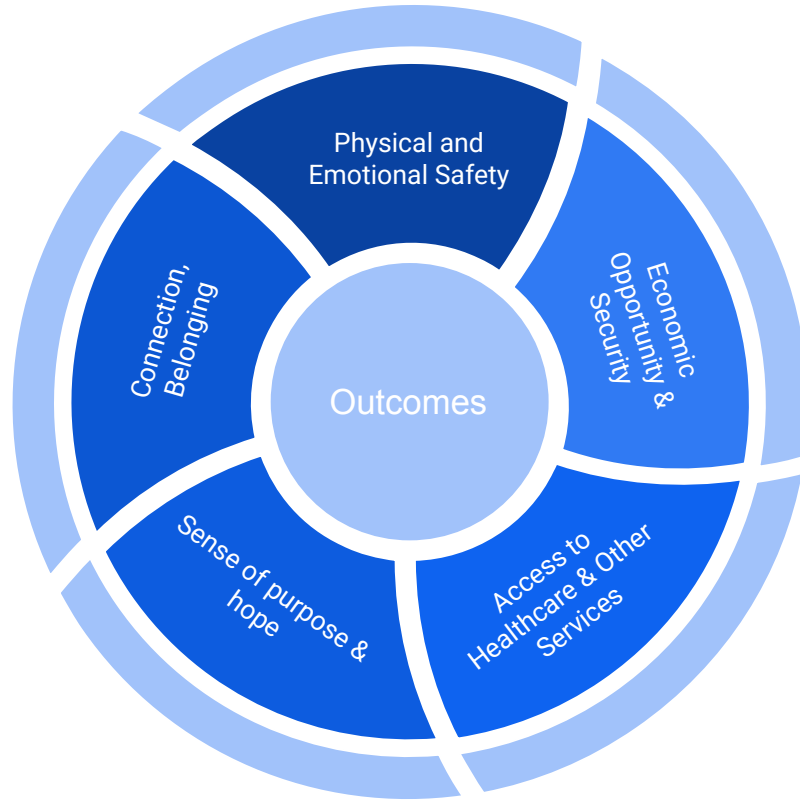
- 30+ years focused on improving delivery of care for mental health and substance use
 - AACAP
 - APA
 - RAND
- Former Senior Advisor
 - Legislative Experience
 - White House / Executive Branch Experience
- Caregiver with Lived Experience

Do we have a shared north star?



Do we have a shared north star?

A nation that ensures all people and communities can thrive and that provides anyone who struggles with the right care, at the right time, and in the right place



What do we really need to thrive? How do we get there?

System Transformation

High Quality Care

- Timely
- Safe
- Equitable
- Evidence-based
- Efficient
- Person-centered

Values:

- Outcomes driven / focused
- Measurement-based
- Innovative
- Whole-person
- Cultural competence

National Strategy for Transforming Mental Health: A Whole of Government Approach

1. Build & Strengthen System Capacity
 - a. Workforce
 - b. Infrastructure
 - c. Research & evaluation
2. Connect more Americans to Care
 - a. Eliminate barriers
 - b. Expand coverage, improve reimbursement
 - c. Integration of services in schools, primary care, workplace
3. Support & Create Healthy Environments
 - a. From prevention to recovery
 - b. Greater focus on upstream causes

Incredible Progress in 2021-2024

- President Biden's Unity Agenda
- Historic increases in funding - across discretionary and mandatory programs
 - HHS, VA, DOD, HUD, ED
- Key policy advancements
 - Expansion of Medicare coverage
 - Medicaid 1115 Waivers
 - MHPAEA Rule
 - Bipartisan Safer Communities Act
 - Lorna Breen Act
- Key related strategies and reports
 - HHS Overdose Prevention
 - USICH Prevention of Homelessness
 - National Strategy for Suicide Prevention
 - DOJ Strategy on Suicide Prevention
 - EO on Policing Reform
 - White House Strategy on Growing BH Workforce
 - Several Surgeon General Reports:
 - Youth Mental Health
 - Health Professional Burnout
 - Loneliness

Where are we now?

Key Challenges

- Uncertainty
- Resource shifts
 - Cuts and consolidation
 - Leadership changes
 - Loss of expertise

Important Opportunities

- Increasing role for states and private sector
- Greater dependence on philanthropy
- Evolving technology
- Blank piece of paper moment

Time for a New Call to Action



Time for a New Call to Action

- Leadership
- Vision
- Strategy
 - Roadmap
 - Blueprint
- Resources

Questions?