NATIONAL Sciences Engineering ACADEMIES Medicine

TRB TRANSPORTATION RESEARCH BOARD

TRB Webinar: Accelerated **Bridge Construction** Programmatic Implementation

August 30, 2023

1:00 - 2:30 PM



PDH Certification Information

1.5 Professional Development Hours (PDH) – see follow-up email

You must attend the entire webinar.

Questions? Contact Andie Pitchford at TRBwebinar@nas.edu

The Transportation Research Board has met the standards and requirements of the Registered Continuing Education Program. Credit earned on completion of this program will be reported to RCEP at RCEP.net. A certificate of completion will be issued to each participant. As such, it does not include content that may be deemed or construed to be an approval or endorsement by the RCEP.



AICP Credit Information

1.5 American Institute of Certified Planners Certification Maintenance Credits

You must attend the entire webinar

Log into the American Planning Association website to claim your credits

Contact AICP, not TRB, with questions

Purpose Statement

This webinar will provide training in implementing ABC programs. Presenters will share how to establish a strategic plan, estimate time and cost for projects, and how to reduce and offset costs.

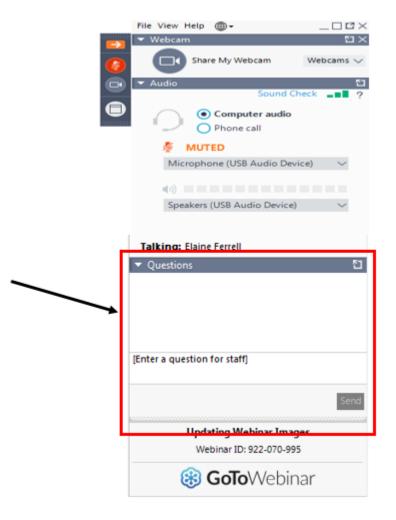
Learning Objectives

At the end of this webinar, you will be able to:

- (1) Establish a strategic ABC plan to turn detractors into champions
- (2) Estimate time and cost for ABC projects
- (3) Reduce and offset ABC costs

Questions and Answers

- Please type your questions into your webinar control panel
- We will read your questions out loud, and answer as many as time allows



Today's presenters



Michael Culmo CHA Consulting, Inc MCulmo@chacompanies.com





Rachelle Clark CHA Consulting, Inc RachelleClark@chacompanies.com



Mary Lou Ralls Newman Ralls Newman, LLC ralls-newman@sbcglobal.net

NATIONAL ACADEMIES Medicine

Sciences Engineering

Timing, cost estimating, and implementing ABC in a state Department of Transportation

Michael P. Culmo Chief Bridge Engineer CHA Consulting, Inc. Rocky Hill, CT

Transportation Research Board Webinar Accelerated Bridge Construction Programmatic Implementation August 30, 2023

ABC Cost and Time

Normally we say: Time = money

Meaning more time means more money



Why is this so? Let's explore this ABC is somewhat different:

Less time often means more money (higher bid), but not always

How Much Does ABC Construction Cost?

It depends.....

How fast is fast

- Build a bridge in a weekend: Very expensive
- Build a bridge in two weeks: Not too expensive
- Build a bridge in a month: Can be the same price

Overtime pay

Weekends, nights

Details

Complex details tend to be more expensive

Site conditions

Difficult sites can lead to higher costs

Equipment

Specialized equipment is pricey

Let's look at some examples





Project Example: Very Fast

Project Information

- •93Fast14
- I-93 Just north of "Big Dig"
 - 180,000 ADT
- Superstructure replacements
- 14 Bridges
 - 7 Pairs of two: 7 NB, 7 SB
 - Most were 3-span bridges with joints

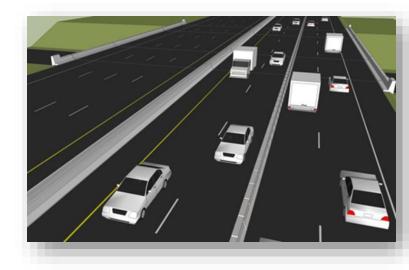




Traffic Management

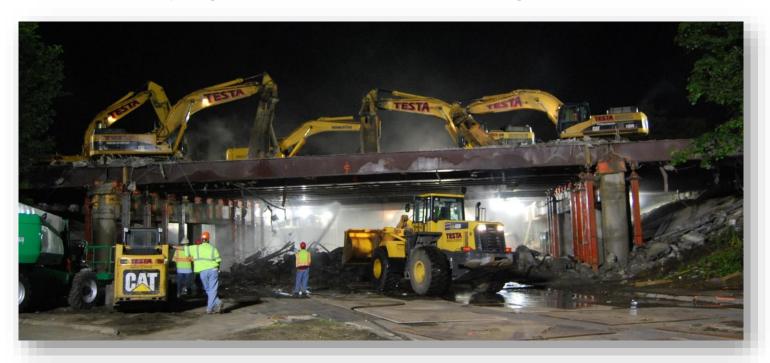


- Close entire bound during weekends
 - 55-hour closure
 - Give entire other bound over to the contractor.
 - Desired Production:
 - Two bridges per weekend





Friday night, 9:00 pm – Demolition begins





Friday night – Beam removal and cutting





Saturday afternoon – Erection continues







Sunday morning – Placement of high early strength concrete in closure joints





Completed bridge



Project Example: Very fast



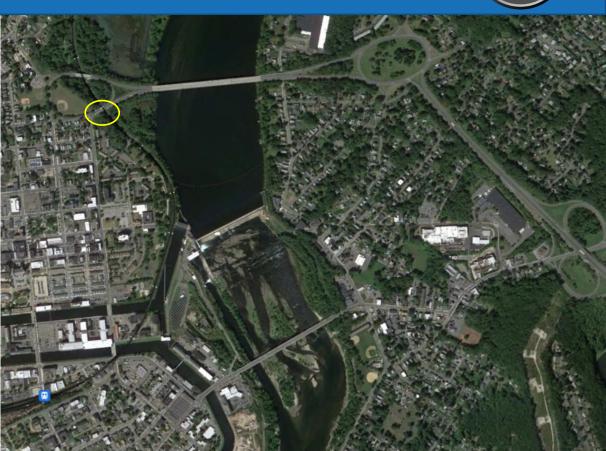
Bid cost information

- ABC was 80% more expensive than conventional construction
- •Why?
 - Very tight timeframe
 - I/Ds
 - Incentive: \$1,000,000 per weekend if completed before Monday morning
 - Disincentive: \$1,000,000 per weekend if not
- Considered to be a cost success?
 - Conventional construction would have been 5 years
 - ABC was built in one year
 - CEI and traffic management costs for 4 years were found to be similar to the ABC premium

MassDOT Project

Location: Holyoke, MA

- Road was essentially a bypass for a busy "downtown"
- Detouring traffic was not an option





3-span bridge replacement

- Project approach
 - Use staged (or phased) construction
 - ABC light: Replace the bridge in one construction season













Cost information

- ABC was 27% more than conventional construction
- •Why?
 - Complex post-tensioning system on the deck
 - We would use more simple closure joints now

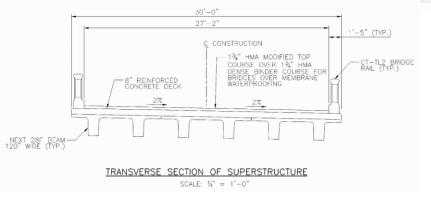


MassDOT Project:

Single Span Bridge Replacement

- Project approach
 - Close road and set up a detour
 - Accelerated construction (to a degree)
 - Use prefabricated elements
 - Precast abutments
 - Precast NEXT Beams with CIP topping
 - 60-day full closure allowed



























Construction complete:





Cost differential

- ABC was 10% higher compared to conventional construction
- •Why so low?
 - Comfortable speed
 - No overtime or weekends
 - Simple details

Cost of Prefabrication?

Why is precast sometimes more expensive?

- One reason: Handling of the materials
- CIP Construction:
 - Concrete shipped to site in ready mix truck and placed handled once
- Precast Construction
 - Concrete placed in forms in the plant
 - Element removed from the form and stacked
 - Element lifted onto truck
 - Element off loaded handled 4 times
- Each time it is handled, it costs money



I/Ds and Risk

- Disincentives
 - Disincentives can create RISK for the contractor
 - Tight milestones or high disincentives = RISK
- Risk = \$\$
- Why is it difficult to put a finger on ABC costs?
 - Contractors bid RISK
 - Designers do not estimate RISK

How Can Owners Address Risk?

Understand that incentives and disincentives come at a price

- Pick incentives and disincentives that are commensurate with the needs
- Typically user costs

Tight schedules come at a price

Consider relaxing the schedule if possible

Accept that some risk is inherent in ABC

- It will most likely cost more
- Look for cost savings elsewhere More on this later today

32

Recommendations for Cost Premiums

These are budget level estimates based on the project examples presented today

This is heavily influenced by a number of factors that were previously discussed

States can develop similar matrices based on their experiences

	Construction Speed				
	1-2 days	4 days	9 days	16 days	1-2 Months
Complex Process Difficult site	2.0	1.8	1.7	1.6	1.5
Complex Process Moderate site	1.8	1.7	1.6	1.5	1.4
Moderate Process Difficult Site	1.7	1.6	1.5	1.4	1.3
Moderate Process Good Site	1.6	1.5	1.4	1.3	1.2
Simple Process Good Site	1.5	1.4	1.3	1.2	1.1

Estimating ABC Construction Durations

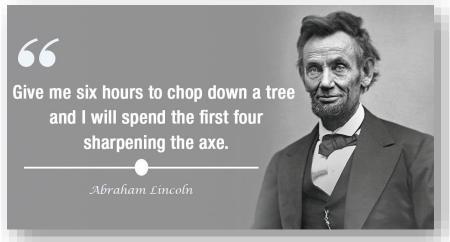
As with cost, there are several factors that influence construction time

- Details
- Site conditions (access, staging areas)
- Specialized equipment
- Contractor experience

Pre-Construction Planning

There is significant planning time required prior to the actual ABC construction period:

- Preparing the site
- Building substructures between existing substructures
- Fabricating elements
- Developing an assembly plan
- Etc.



Estimated minimum durations for ABC

Example:

Superstructure replacement with modular deck beams

- Weekend (50-55 hours)
- High early strength concrete or UHPC can be used for the closure joints



Example:

Superstructure replacement with lateral sliding

- Assuming substructures built ahead of time (under the existing bridge)
- Weekend recommended (50-55) hours)
- Can be done in 24 hours
- Simple details are the key



Example:

Superstructure replacement with SPMTs

- Assuming substructures built ahead of time (under the existing bridge)
- Weekend recommended (50-55 hours)
- Can be done in 24 hours
- Simple details are the key



Example:

Deck replacement with precast full-depth deck panels

- Can be done in a weekend, but very difficult
- 5-9 days is reasonable



Example:

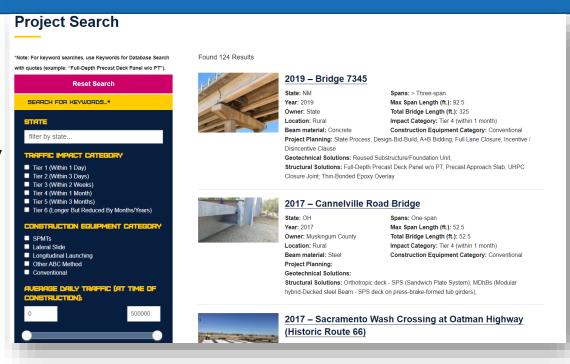
Full bridge replacement including substructures

- 30 -45 days depending on foundations, substructures, and ABC methods
- Try to build some substructures under the existing bridge
- Recommend a detailed CPM schedule to look at all aspects



Other sources of construction timeframe estimates:

- Florida International University ABC UTC database
 - Numerous example projects that can be reviewed
 - Sorted by project type



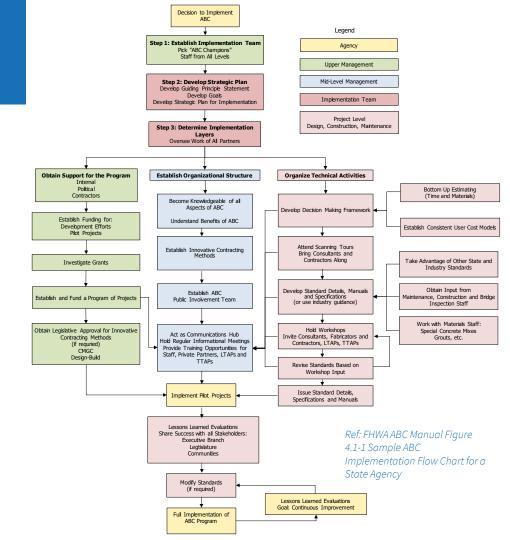
Implementing an ABC Program



Suggested ABC Organization

Based on successful programs (Utah)

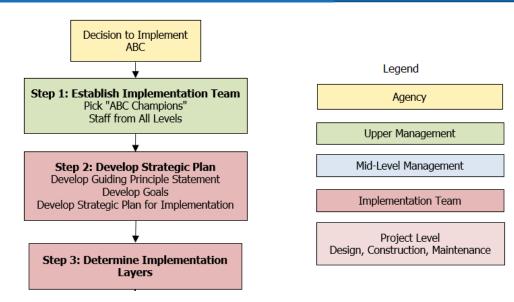
- 3 Levels of implementation
 - Upper management
 - Mid-level management
 - Project level
- 3 Layers of activities
 - Programmatic
 - Organizational structure
 - Project-level implementation
- A single ABC unit cannot effectively re-direct an entire agency



First Steps

Getting started: Establish a policy then..

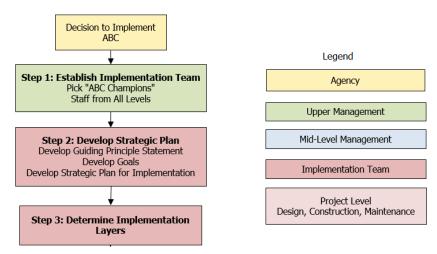
- Step 1: Implementation Team
- Step 2: Strategic Plan
- Step 3: Determine Implementation Approach



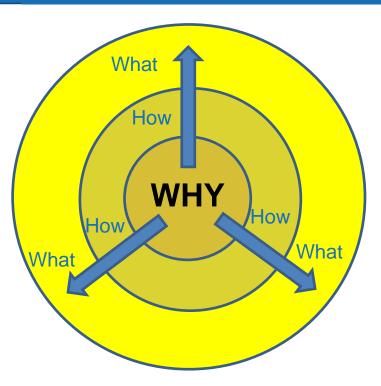
Step 1: Establish Implementation Team

Team make-up

- Upper management: Administration
- Mid-level management: Unit heads
- Project-level
 - Design team leaders
 - Construction managers
 - · Materials staff
- These folks will be the champions of ABC within the agency
- They will get the ball rolling and oversee the implementation of ABC
- Act as a resource to all units



Step 2: ABC Strategic Plan Development



- The concept of the "Golden Circle"
 - Every process needs to be based on the "WHY" (origin of the circle)
 - The "HOWs" are the processes to achieve the desired outcomes
 - The "WHATs" are the desired outcomes

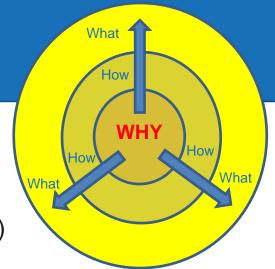
Start with "WHY"

The ABC Team should determine the messaging for WHY do we use ABC?

- Fortunately, as an industry, we have stated this already
- FHWA ABC website (and virtually every ABC publication)
 - Improved safety for travelers and workers
 - Improved quality and durability
 - Reduced user impacts (Time = \$\$)
 - Reduced environmental impacts
 - Reduced construction management costs
- Develop a "Guiding Principle Statement": My idea.....

"Changing construction to better serve society"

 The agency can develop something similar depending on the needs of the agency



"WHAT" do we want to accomplish with an ABC Program?

Based on the Guiding Principle Statement, the ABC Team should identify WHAT should be accomplished in an ABC Program

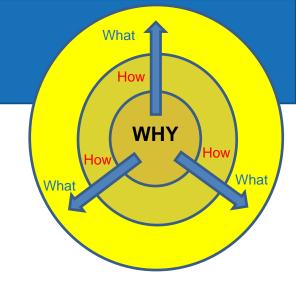
- · Identify the goals of the program
- Develop a framework for an ABC Program
- Use the SMART principle
 - Specific
 - Measurable
 - Achievable
 - Relevant
 - Time based



"HOW" do we get there?

The ABC implementation team can then develop a strategic plan

- We know the "WHY" and the "WHAT", what about the "HOWs"?
 - Determine the tools necessary to execute an ABC Program
 - Connect the WHY to the WHATs
 - The following slides will provide a suggested roadmap



Three Layers of Activities – Layer 1

Use a multi-layer approach

- Obtain support for the program
- Establish organizational structure
- Organize technical activities

Upper Management

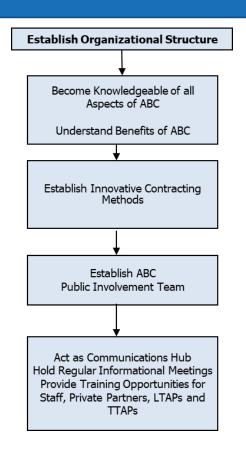


Three Layers of Activities – Layer 2

Use a multi-layer approach

- Obtain support for the program
- Establish organizational structure
- Organize technical activities

Mid-Level Management

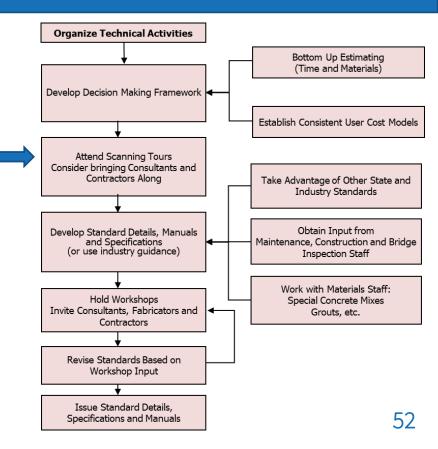


Three Layers of Activities – Layer 3

Use a multi-layer approach

- Obtain support for the program
- Establish organizational structure
- Organize technical activities

Project Level
Design, Construction, Maintenance



Obtaining Support for an ABC Program

This is a key feature of a successful ABC program

- Step 1: Internal agency buy-in
- Step 2: Gain political and public support
- Step 3: Contractor engagement

Let's explore how to do these

Obtain Support for the Program Internal

Political Contractors

Upper Management

Step 1: Internal Agency Buy-in

Upper management

- They need to be the flag bearers for external communications
- Contractors will contact them, not the design staff

Design Staff

 We need to develop buildable and efficient designs

Construction Staff

 They are at the front line with the contractors



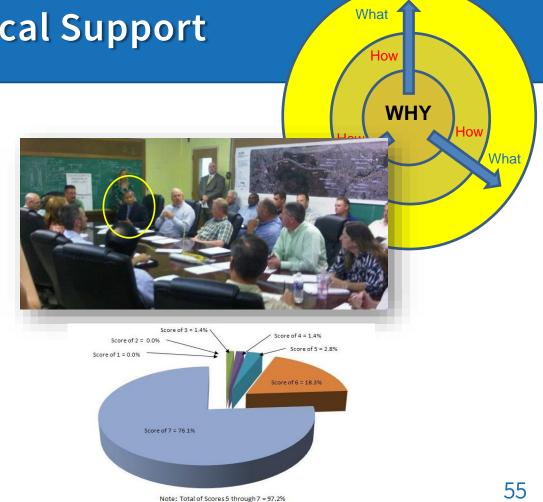




Step 2: Gain Political Support

Political Support

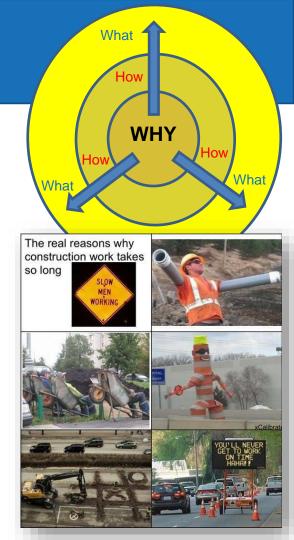
- Politicians need to be educated as to the benefits of ABC
- Why is this important?
 - The public will contact them, and they listen
 - Happy travelers are happy voters
 - Politicians secure funding for projects



Step 2: External Buy-in

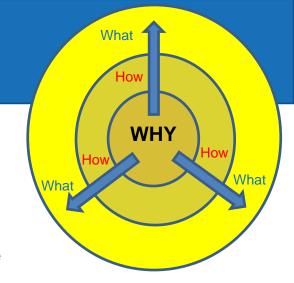
Public involvement

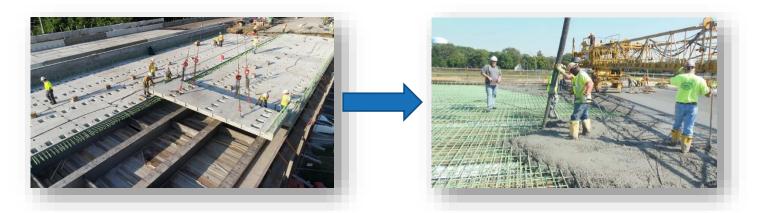
- We need to educate the public about what we are doing and WHY we are doing it.
- Normally done as part of the public outreach process
- Why is this important?
 - We often plan short-term increases in impacts for longterm reductions in impacts.
 - The public needs to know the big picture and WHY
 - Initially there will be a trust issue
 - They have driven for years through work zones
 - We are the butt of their jokes
 - A few successful ABC projects can turn that around fast



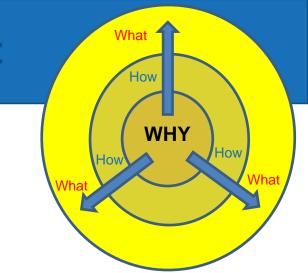
Contractors

- We need to educate contractors about what we are doing and WHY we are doing it.
- If we don't do this....
 - Given a chance, contractors will switch out precast concrete to cast-in-place concrete





- Why is contractor "buy-in" important?
- If contractors push back...
 - They won't call the design office
 - They will call
 - · Agency construction office
 - Agency management
 - Political leaders
 - If everyone is not on board with the "WHY", the program can fall apart





Why many contractors dislike ABC?

- They like to pour concrete
 - They are staffed and equipped for cast-in-place concrete work
 - Precasting takes work away from their staff
- Staffing ABC projects can have its challenges
 - You need a lot of staff for a short time
 - What do you do with them after the work is done?
- Potential loss of control over project production and schedule
- Risk:
 - Working with new technologies
 - Risk = \$\$ = loss of bid advantages

How to engage the contracting community on a programmatic level

- An agency can hold regular meetings with the contractor's associations
- Educate them about the "WHY" = Guiding Principle
- Ensure that they know that ABC is agency policy and not a fad
- Benefits of ABC
 - Less overhead: Do more with less staff
 - Safer work environment:
 - Shorter duration work zones
 - Building off-site
 - Benefits to the traveling public
 - Reduced user costs due to delays
 - Happy motorists = Happy voters = better political support for more highway construction



What can we do to reduce contractor push-back?

- Start with "trial projects"
 - Get everyone on the same page
 - Try several "Practice Projects"
 - Bid a few projects with more relaxed schedules
 - Make it clear that switching to cast-in-place construction will not be allowed even if there is time
 - Build contractor familiarity with ABC without so much risk
 - At some time in the future, there will be projects with much tighter schedules where ABC will be necessary
 - Goal: Reduce risk on future projects through practice
 - This should be clearly communicated with....
 - Agency management at all levels
 - Politicians
 - The contracting community



Project Level

- Pre-bid conferences
 - Explain why ABC is being used
 - Both programmatic and project level
 - Go through the proposed details
 - Invite comments:
 - Live
 - Post conference
 - Make it clear that switching to cast-inplace concrete will not be allowed

How can we make ABC more palatable to contractors?

- Relax schedules on early projects
 - But not too much
 - Reduces risk = lower bids
- Limit the value of disincentives
 - Reduces risk = lower bids
- Consider allowing self-performance of precasting
 - Require development of QA/QC processes
 - Expected quality should be the same as a precast plant
 - Utah DOT has contractors obtain PCI "Precast" certification
 - Allows the contractor to keep work in-house
 - This has worked well in Utah

Conclusions

- Estimating cost and time is difficult due to many factors
 - Speed, Complexity, I/Ds, Equipment, Risk, etc.
 - We are building a knowledge base that is making this a little easier
 - Consider the FIU ABC UTC project database
- Be careful when developing Incentive/Disincentive provisions
 - Should be based on a real benefit (not a bonus)
 - Limit to 5% of the contract value
 - These can lead to higher bid costs if there is a risk of the disincentive being applied
- Use a multi-tier approach to implementing an ABC program
 - Engage all stakeholders (internal and external), politicians, and the public
 - Recommend using the "Golden Circle Approach"

Important factors to consider in ABC project selection

Rachelle Clark, P.E. Senior Engineer V CHA Consulting, Inc. Rocky Hill, CT

Transportation Research Board Webinar Accelerated Bridge Construction Programmatic Implementation August 30, 2023

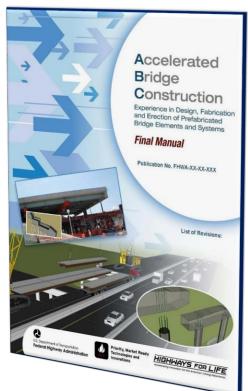
This Module Covers:

- Important factors to consider
 - Type of ABC
 - Road User Impacts
 - Cost
- Recommended Decision processes

Important Factors – Part 1

Type of ABC

- There are many options for ABC
- Which one(s) are appropriate for each site?
- The FHWA ABC Manual has guidance
 - Helps in decision making
 - After a few projects, this will become more obvious

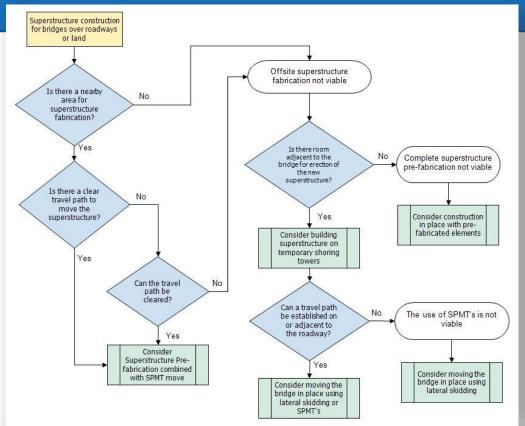


FHWA ABC Manual

Chapter 3:

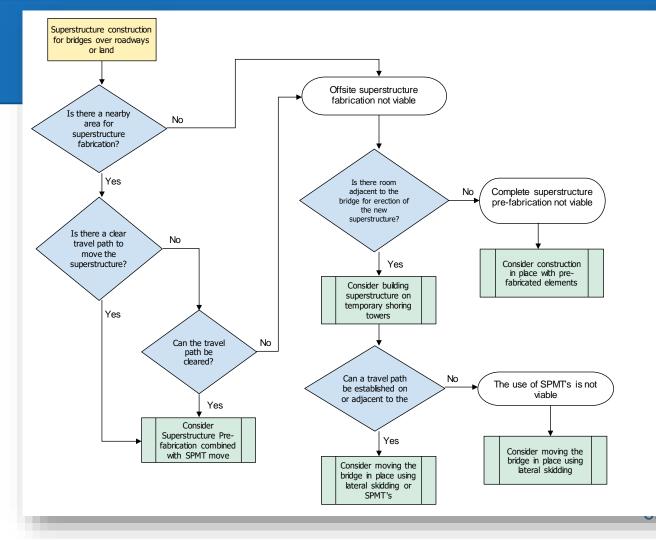
Project planning and scoping

- Determination of appropriate ABC methods
- Flowcharts developed to assist in decision making
- Assumption: Construction with prefabricated bridge elements is always an option



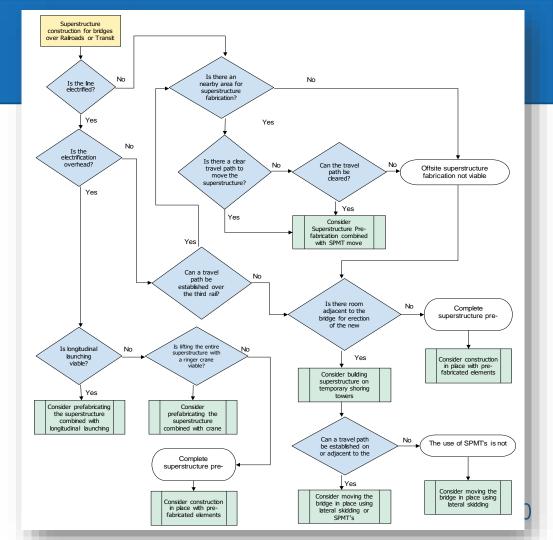
Superstructure over roadways

Ref: FHWA ABC Manual Figure 3.2.2-1 Decision Flowchart for Superstructure Construction over Roadway or Land



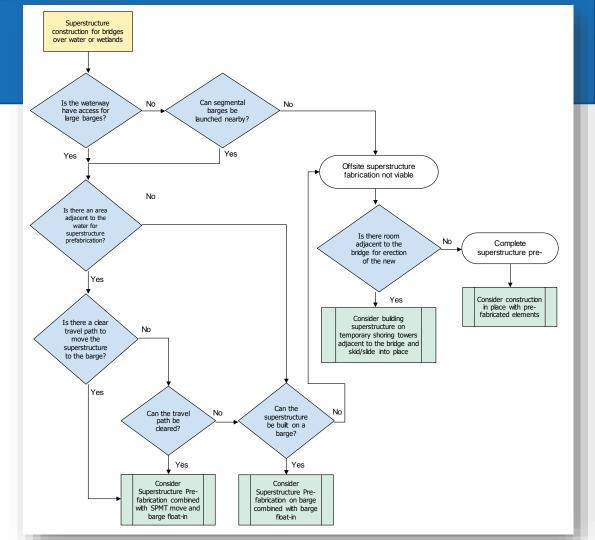
Superstructure over railroads

Ref: FHWA ABC Manual Figure 3.2.2-2 Decision Flowchart for Superstructure Construction over Railroad



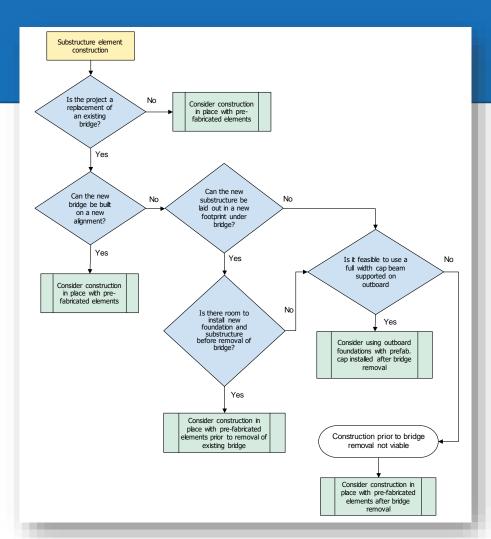
Superstructure over water or wetlands

Ref: FHWA ABC Manual Figure 3.2.2-3 Decision Flowchart for Superstructure Construction over Water or Wetlands



Substructures

Ref: FHWA ABC Manual Figure 3.2.2-4
Decision Flowchart for Substructure
Construction



Example Project

Highway Overpass

- Heavy traffic on overpass road (retail area)
- Relatively light traffic on interstate
- No land available nearby for large staging area

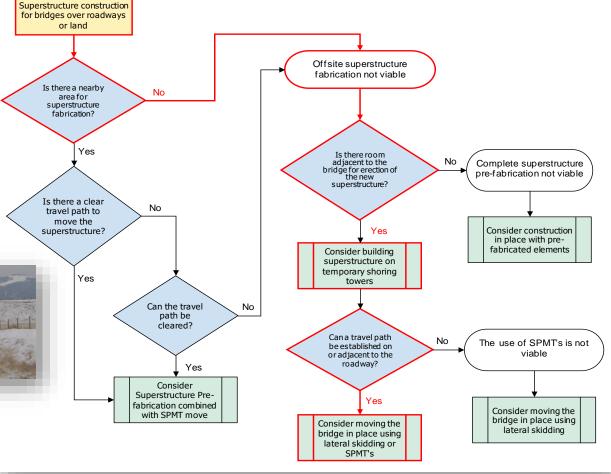


Example Project

Superstructure



Ref: FHWA ABC Manual Figure 3.2.2.1-2
ABC Flowchart for Example Bridge
Superstructure

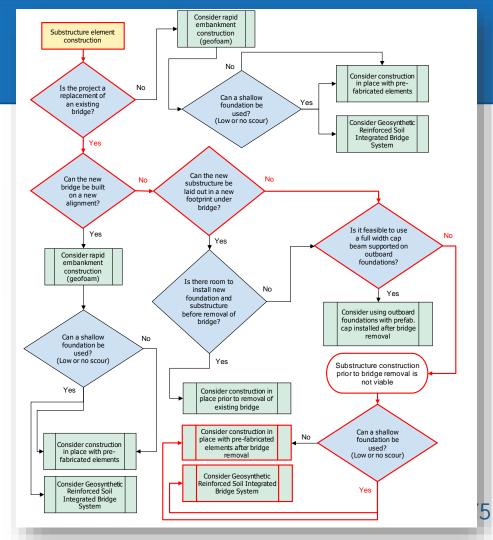


Example Project

Substructure



Ref: FHWA ABC Manual Figure 3.2.2.1-3
ABC Flowchart for Example Bridge
Superstructure



Investigate traffic patterns

- Traffic impacts are a significant part of any decision process
- •In order to make a proper decision, the designer needs to understand the existing traffic patterns including:
 - Hourly volumes (weekdays and weekends)
 - Seasonal changes (resorts\beaches\local events)
 - Available detours
 - State highways
 - Local roads?
 - Evacuation routes and emergency vehicle routes
 - Impact on local businesses?

Cost

- In the previous module, we discussed the potential premiums for ABC
- Is this the whole picture? No
- We should investigate TOTAL project costs

Total Project Cost

- •What is the total cost of a project?
 - Bid price? No
- Common non-bid costs
 - Construction inspection
 - Back-office staff
 - Field office
 - Flagging
- These can be reduced with ABC by reducing the overall project schedule





Other ways to save costs with ABC

- Maintenance of traffic costs
 - Staging\Barriers\Temporary traffic control
- Overbuild
 - Sometimes we will overbuild to facilitate staging
 - May not be necessary with ABC
- Temporary bridges
 - We may be able to eliminate a temporary bridge with ABC





ABC Decision Processes

Processes in use in the US

- Many states have developed ABC decision processes
- Not all the same, but that is ok
- Each state has different priorities

Types of decision matrices

- Simple checklists
- Weighted scoring (algorithms)

Recommended Approach to ABC Decision Making

Connecticut DOT ABC Decision Matrix (or something similar)

- This decision process has a few key elements that stand out
 - 1. It is a simple method based on weighted scoring
 - Similar to the UDOT method and others
 - 2. It compares ABC to Conventional Construction
 - 3. Uses a simplified road user impact process
 - 4. It accounts for non-bid savings
 - Offset ABC costs with costs that can be reduced or eliminated with ABC

CTDOT Approach to User Impacts

User costs

- Some agencies calculate user costs
- Good tool for justification of ABC
- Problem:
 - You cannot spend user costs
 - Not a real cost to the agency (Monopoly Money)
 - Approach to calculating user costs can vary widely
- What is really important?
 - Impact of ABC on road users, environment, etc.
 - The ratio of impacts is more important than the \$\$



CTDOT Approach to User Impacts

User cost impact ratio approach

- Compare aggregate road user impacts for ABC vs. conventional construction
 - Calculated in "vehicle days"
 - Add up impacts to travelers on the bridge and below the bridge
 - Calculate a percent increase or reduction
- Key factors needed
 - ADT for all roadways
 - Delay time for all roadways



CTDOT Approach to Cost Analysis

Ways to save \$\$ with ABC

Reduced construction management costs

- Field inspectors: Less time on the job
- Backoffice staff: Reduced number of invoices and reports
- Field office and equipment rental: Reduced number of months

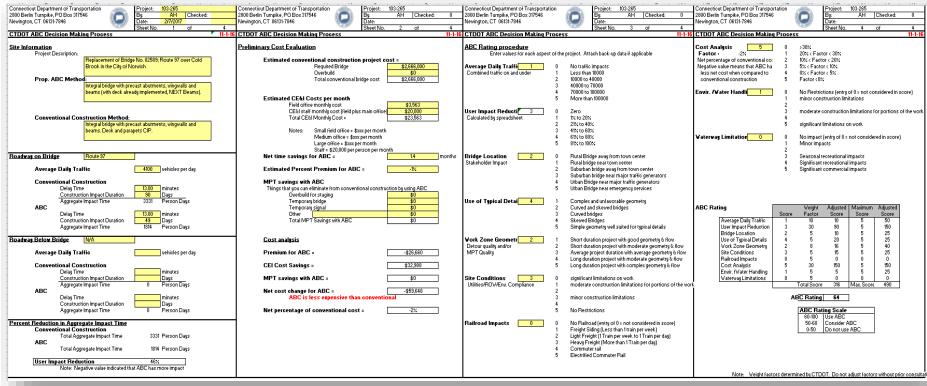
Reduced traffic management costs

- Temporary signals
- Flagging and police
- Multiple stages of construction
- Elimination of temporary bridges
- Elimination of overbuilds to accommodate construction stages





CTDOT ABC Decision Matrix



ABC Decision Matrix Sheet 1

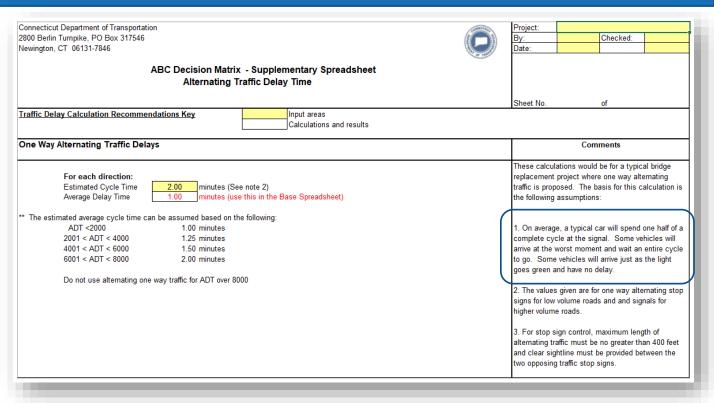
- Enter site information data
- Enter the following traffic inputs for Roadway on Bridge and Roadway Below Bridge (if applicable) for both conventional and ABC alternatives for determination of user impact reduction:
 - ADT
 - Delay time (entered from supplementary traffic delay time spreadsheets)
 - Construction impact duration
- Spreadsheet calculates user impact reduction value for ABC compared to conventional construction

CTDOT ABC Matrix Screen Shot

Site Information			
Project Description:			
Prop. ABC Method:			
Conventional Construc	ction Method:		
Roadway on Bridge			
Average Daily Traffic			vehicles per day
Constructi Aggregate	ction e (Per Delay Time Sheets) on Impact Duration Impact Time	0	minutes Days Person Days
Constructi	e (Per Delay Time Sheets) on Impact Duration Impact Time	0	minutes Days Person Days
Roadway Below Bridge			
Average Daily Traffic			vehicles per day
Conventional Construc	ction		
Constructi Aggregate	e (Per Delay Time Sheets) on Impact Duration Impact Time	0	minutes Days Person Days
Constructi	e (Per Delay Time Sheets) on Impact Duration Impact Time	0	minutes Days Person Days
Percent Reduction in Aggregate In	pact Time		
Conventional Construc		0	Person Days
	egate Impact Time		Person Days
User Impact Reduction		#DIV/0!	
Note: Neg	ative value indicated that A	BC has mor	re impact

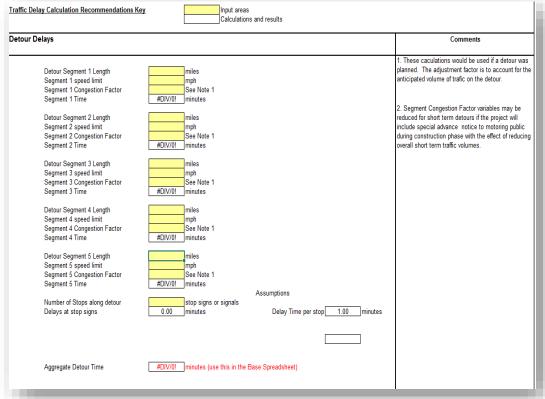
Alternating Traffic Delay Time (Supplementary Spreadsheet)

- Determine and enter estimated cycle time
- Use assumed values for preliminary investigations



87

Detour Length Delay (Supplementary Spreadsheet)



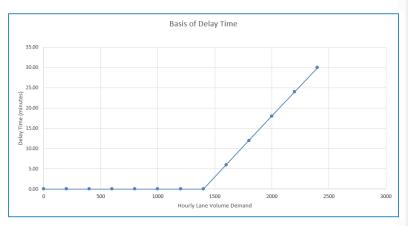
	ngestion Factor		Cond	litions at B	ridge	
		Non-limited access highway, total ADT < 5,000	Non-limited access highway, total ADT 5,000 - 10,000	Non-limited access highway, total ADT > 10,000	Limited access highway, directional ADT < 25,000	Limited access highway, directional ADT > 25,000
5	Longer than 2.0 miles, ADT > 8,000 per lane	1.50	1.75	2.00	2.00	2.00
Conditions on Detour Segment	Longer than 2.0 miles, ADT< 8,000 per lane	1.25	1.50	1.75	2.00	2.00
ions on l Segment	0.5 - 2.0 miles, ADT < 3,000 - 8,000 per lane	1.25	1.25	1.50	1.75	2.00
onditio S	0.5 - 2.0 miles, ADT < 3,000 per lane	1.00	1.25	1.50	1.50	1.75
ŏ	Less than 0.5 mile, ADT < 3,000 per lane	1.00	1.00	1.25	1.50	1.50

88

Reduced Lane Delay Time (Supplementary Spreadsheet)

Basis:

- Each lane can accommodate up to 1400 vph without delay
- Delay varies linearly as volume increases



	ABC Decision Matrix - Sup Reduced Lar	plementary Spreadsheet ne Delay Time	
			Sheet No. of
١	Traffic Delay Calculation Recommendations Key	Input areas Calculations and results	
	Lane Reduction Delays		Comments
	Heavy Commute Peak Period 1 Hourly volume during peak periods Number of Lanes in service during peak Peak Lane Volume Average delay time per vehicle Aggregate delay time for this peak period Length of peak period Aggregate delay time for this period	total vehicles per hour lanes #DIV/0! vehicles per hour per lane #DIV/0! minutes (see basis to the right) #DIV/0! vehicle minutes per hour hours (see note below) #DIV/0! vehicle minutes	These calculations would be used if staged construction was planned where there is a proposed reduction in the number of lanes. The basis of the delay times is that a lane can accommodate 1400 vehicles per hour without delay. Increased delays would result as the lane volume increases.
	Note: Length of Peak Period: enter 1 for light tra Heavy Commute Peak Period 2 Hourly volume during peak periods Number of Lanes in service during peak Peak Lane Volume Average delay time per vehicle	ffic; 2 for medium traffic; 3 for heavy traffic total vehicles per hour lanes #DIV/0! vehicles per hour per lane #DIV/0! minutes	The assumption is that the delay time increases linearly from 1400 vehicles per hour (see Basis of Delay Time Plot to Right). The rate of increase can be easily adjusted by changing the delay value for the 2400 vph line in the table to the right (blue cell).
	Aggregate delay time for this peak period Length of peak period Aggregate delay time for this period	#DIVIOL vehicle minutes per hour hours (see note below) #DIVIOL vehicle minutes	The peak hourly volume can be estimated to be 10% of the ADT if specific hourly volumes are not available.
	Note: Length of Peak Period: enter 1 for light tra Off peak periods Average Hourly volume during off-peak periods Number of Lanes in service during peak Peak Lane Volume Average delay time per vehicle	total vehicles per hour lanes #DIV/0! minutes	The off peak hourly volume can be estimated to be 3% of the ADT if specific hourly volumes are not available.
	Aggregate delay time for this peak period Length of peak period Aggregate delay time for this period	#DN/I0! vehicle minutes per hour 21 hours (24 hours minus peak hours) #DN/I0! vehicle minutes	Reduced ADT input values may be used for short term lane reductions (2 to 3 day intervals) if
	Average delay time Aggregate delay time for period 1 Aggregate delay time for period 2 Aggregate delay time for off peak period Total Aggregate delay time Total ADT Average Delay time per vehicle	#DN/0! vehicle minutes (from above) #DN/0! vehicle minutes (from above) #DN/0! vehicle minutes (from above) #DN/10! vehicle minutes vehicles pvehicles #DN/0! minutes (use this in the Base Spreadsheet)	special advance notice to motoring public is implemented during construction phase with the effect of temporarily reducing ADT.

89

ABC Decision Matrix Sheet 2

Entire following project inputs:
Conventional project cost

CTDOT ABC Matrix Screen Shot

- Overbuild
- Required base bridge costs

CE&I monthly costs

- Field office
- CE&I staff

ABC net time savings

ABC estimated additional cost premium

Maintenance & Protection of Traffic (MPT) cost savings with ABC

- Overbuild not needed
- Temporary bridge not needed
- Temporary signal not needed
- Other

Spreadsheet calculates the ABC premium as a "Net percentage of conventional cost"

Estillated Collvellitoria	al construction project cost =		
	Required Bridge		
	Overbuild	\$0	
	Total conventional bridge cost	\$0	
Estimated CE&I Costs	•		
	monthly cost		
	monthly cost (field plus main office)	\$0	
Total CE&I	Monthly Cost =	\$0	
Notes:	Small field office = \$xxx per month		
	Medium office = \$xxx per month		
	Large office = \$xxx per month		
	Staff = \$20,000 per person per moi	nth	
Net time savings for Al	BC =	m	nor
Estimated Percent Pre	emium for ABC =		
Overbuild f Temporary	/ bridge	\$0 \$0	
Temporary	signal	\$0	
Other	On in an with APO	\$0	
Total MPT	Savings with ABC	\$0	
Cost analysis			
Premium for ABC =		\$ 0	
CEI Cost Savings =		\$0	

MPT savings with ABC	=	\$ 0	
Net cost change for Al		\$ 0	
ABC IS les	s expensive than conventional		
	ventional cost =	#DIV/0!	

ABC Decision Matrix Sheet 3

- Enter project rating values:
- Average Daily Traffic (ADT)
- Bridge location
- Use of typical details
- Work zone geometry
- Site conditions
- Railroad impacts
- User impact reduction is internally computed from data input on Sheet 1

Enter values for each aspect of the project. Attach back-up data if applicable Average Daily Traffic No traffic impacts Combined traffic on and under Less than 10000 10000 to 40000 40000 to 70000 70000 to 100000 More than 100000 User Impact Reduction #DIV/0! Zero Calculated by spreadsheet 1% to 20% 21% to 40% 41% to 60% 61% to 80% 81% to 100% Bridge Location Rural Bridge away from town center Stakeholder Impact Rural bridge near town center Suburban bridge away from town center Suburban bridge near major traffic generators Urban Bridge near major traffic generators Urban Bridge near emergency services Use of Typical Details Complex and unfavorable geometry 2 Curved and skewed bridges Curved bridges Skewed Bridges Simple geometry well suited for typical details Work Zone Geometry Short duration project with good geometry & flow Detour quality and/or Short duration project with moderate geometry & flow MPT Quality Average project duration with average geometry & flow Long duration project with moderate geometry & flow Long duration project with complex geometry & flow Site Conditions significant limitations on work Utilities/ROW/Env. Compliance moderate construction limitations for portions of the work minor construction limitations No Restrictions Railroad Impacts No Railroad (entry of 0 = not considered in score) Freight Siding (Less than 1 train per week) Light Freight (1 Train per week to 1 Train per day) Heavy Freight (More than 1 Train per day) Commuter rail Electrified Commuter Rail

ABC Rating procedure

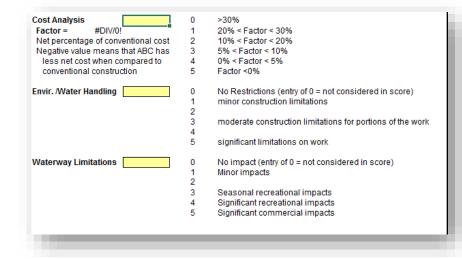
CTDOT ABC

Matrix Screen

Shot

ABC Decision Matrix Sheet 4

- Enter project rating values:
- Cost analysis factor
- Environmental water handling
- Waterway limitations



CTDOT ABC Matrix Screen Shot

ABC Decision Matrix Sheet 4 (Continuation) ABC Rating Table

ABC rating table computes the comparative rating for ABC project methodology under consideration

Rating table

- Compiles all selected or computed rating measures
- Multiples rating measures by weighting factors
- Divides sum of weighted measure by theoretical maximum to produce ABC rating score

Rating scores

- 60-100 Use ABC
- 50-60 Consider ABC
- 0-50 ABC not favorable

4.00 D .4		107 : 1 :	A 11		A 11
ABC Rating		Weight	Adjusted	Maximum	Adjusted
	Score	Factor	Score	Score	Score
Average Daily Traffic	0	10	0	5	50
User Impact Reduction	#DIV/0!	30	#DIV/0!	5	150
Bridge Location	0	5	0	5	25
Use of Typical Details	0	5	0	5	25
Work Zone Geometry	0	8	0	5	40
Site Conditions	0	5	0	5	25
Railroad Impacts	0	5	0	0	0
Cost Analysis	0	30	0	5	150
Envir. /Water Handling	0	5	0	0	0
Waterway Limitations	0	5	0	0	0
		Total Score	#DIV/0!	Max. Score	465

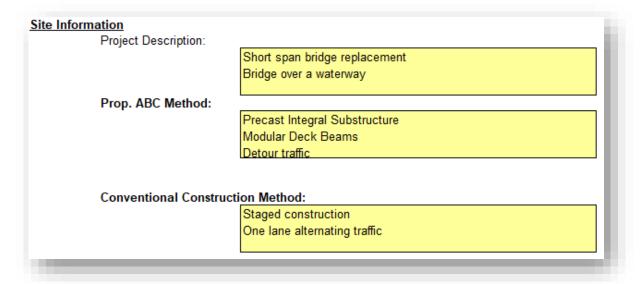
_			
Δ	ABC Rating Scale		
Г	60-100	Use ABC	
	50-60	Consider ABC	
L	0-50	Do not use ABC	

#DIV/0!

CTDOT ABC Matrix Screen Shot

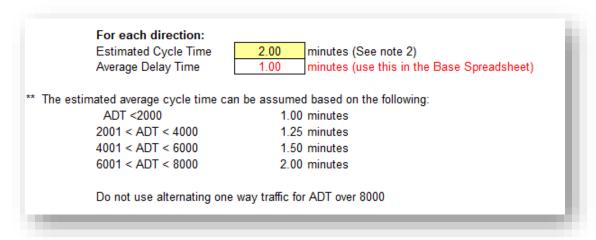
ABC Rating

Decision Matrix Example



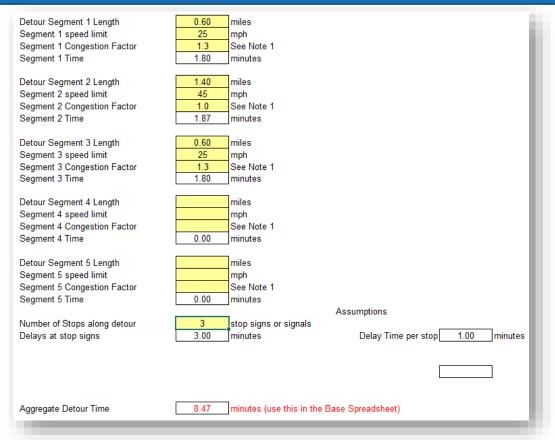
CTDOT ABC Matrix Screen Shot

User Impact Analysis – One Way Alternating Traffic



CTDOT ABC Matrix – One-way Alternating Traffic Analysis Screen Shot

User Impact Analysis – Detour



CTDOT ABC Matrix – Detour Traffic Analysis Screen Shot

User Impact Analysis

Roadway on Bridge	Route 99		
Average D	Daily Traffic	7000	vehicles per day
Convention	onal Construction		- 1
	Delay Time (Per Delay Time Sheets)	1.00	minutes
	Construction Impact Duration	700	Days
	Aggregate Impact Time	3403	Person Days
ABC			
	Delay Time (Per Delay Time Sheets)	8.47	minutes
	Construction Impact Duration	30	Days
	Aggregate Impact Time	1235	Person Days
Porcent Poduction in	Aggragata Impact Time		
	Aggregate Impact Time onal Construction		
Convenu		•	400 D D
	Total Aggregate Impact Time	3	403 Person Days
ABC			
	Total Aggregate Impact Time	1	235 Person Days
II I	and Bardondian		140/
user imp	act Reduction		84%
	Note: Negative value indicated that	ABC has mor	re impact

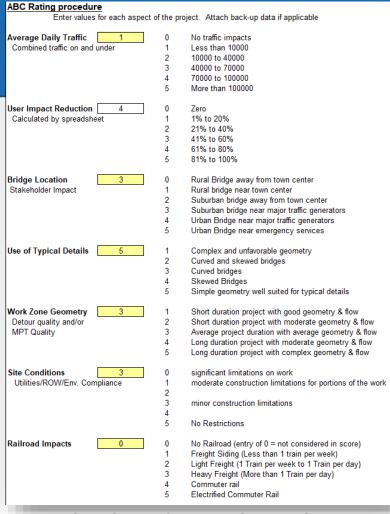
ABC Decision Matrix Sheet 2 - Example

Interesting side note:

- ABC is often less expensive on smaller bridges
- Reason: Non-bid costs are somewhat fixed for small to medium span bridges, and often are larger than the ABC Premium

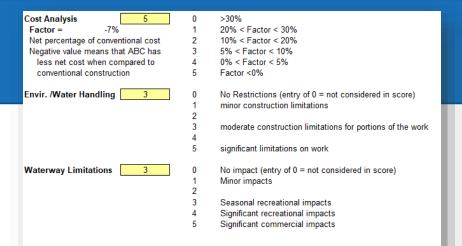
Estimated conventional	construction project cost =			
	Required Bridge	\$2,000,000		
	Overbuild			
	Total conventional bridge cost	\$2,000,000		
Estimated CE&I Costs	per month			
Field office	monthly cost	\$2,000		
CE&I staff	monthly cost (field plus main office)	\$40,000		
Total CE&I	Monthly Cost =	\$42,000		
Notes:	Small field office = \$xxx per month			
	Medium office = \$xxx per month			
	Large office = \$xxx per month			
	Staff = \$20,000 per person per month			
Net time savings for AE	3C =	12.0	months	
Estimated Percent Prer	nium for ABC =	20%		
MPT savings with ABC				
Things that you can eli	minate from conventional construction by u	using ABC		
Overbuild for staging				
Temporary	bridge	\$0		
Temporary	signal	\$40,000		
Other		\$0		
Total MPT S	Savings with ABC	\$40,000		
		. ,		
Cost analysis				
Premium for ABC =		\$400,000		
¥ ****,****				
CEI Cost Savings =		\$504,000		
				
MPT savings with ABC	=	\$40,000		
		. ,		
Net cost change for AB	C =	-\$144,000		
•	s expensive than conventional	. ,		
	•			

ABC Decision Matrix Sheet 3 - Example



CTDOT ABC Matrix Screen Shot

ABC Decision Matrix Sheet 4 - Example



ABC Rating

I		Weight	Adjusted	Maximum	Adjusted
	Score	Factor	Score	Score	Score
Average Daily Traffic	1	10	10	5	50
User Impact Reduction	4	30	120	5	150
Bridge Location	3	5	15	5	25
Use of Typical Details	5	5	25	5	25
Work Zone Geometry	3	8	24	5	40
Site Conditions	3	5	15	5	25
Railroad Impacts	0	5	0	0	0
Cost Analysis	5	30	150	5	150
Envir. /Water Handling	3	5	15	5	25
Waterway Limitations	3	5	15	5	25
		Total Score	389	Max Score	515

ABC Rating 76

ABC Rating	Scale
60-100	Use ABC
50-60	Consider ABC
0-50	Do not use ABC

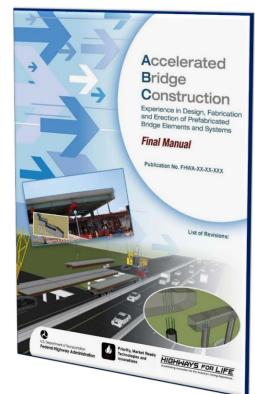
Conclusions

Factors to consider in ABC decision processes

- Type of ABC
- Traffic patterns and detours
- Total project cost
- FHWA ABC Manual offers guidance

There is no one process for ABC decision making

- Each agency should develop a process that works for them
 - There are different options in use to choose from
- Recommendation
 - Use a process that factors in the total project cost
 - CTDOT decision matrix is a good example



Today's presenters



Michael Culmo CHA Consulting, Inc MCulmo@chacompanies.com





Rachelle Clark CHA Consulting, Inc RachelleClark@chacompanies.com



Mary Lou Ralls Newman Ralls Newman, LLC ralls-newman@sbcglobal.net

NATIONAL ACADEMIES Medicine

Sciences Engineering

Upcoming events for you

September 18, 2023

TRB Webinar: Implementation of Inverted Pavements

November 13-15, 2023

TRB's Transportation Resilience 2023

https://www.nationalacademies.org/trb/events



Subscribe to TRB Weekly

If your agency, university, or organization perform transportation research, you and your colleagues need the *TRB Weekly* newsletter in your inboxes!

Each Tuesday, we announce the latest:

- RFPs
- TRB's many industry-focused webinars and events
- 3-5 new TRB reports each week
- Top research across the industry



Spread the word and subscribe! https://bit.ly/ResubscribeTRBWeekly

Discover new TRB Webinars weekly

Set your preferred topics to get the latest listed webinars and those coming up soon every Wednesday, curated especially for you!

<u> https://mailchi.mp/nas.edu/trbwebinars</u>

And follow #TRBwebinar on social media



Get involved

https://www.nationalacademies.org/trb/get-involved

 Become a Friend of a Standing Technical Committee

Network and pursue a path to Standing Committee membership

- Work with a CRP
- Listen to our podcast





Cuidabea fee Tifective Policies and Practices for Managing Surface Transportation Data

ACRP
Research Report 226

Planning and Dasign of Airport Translation Retrieves and Ancillary Spaces

NATIONAL interests
ACADEMIES information

Welcome to MYTRB!

Log in or create an account to access the following:

Connect

THUS soon relies on volunteers and seeds to evolve transportation professionals of every stage of their career, Cell involved with TRB body

- Become a TRB Affiliate

- Manage Your MyTRB Profilia

- Violatia Your Interests

- Men Armon Manage Your MyTRB Profilia

- Was the Career Conflet

- Become a Frend of a Technical Committee



https://www.nationalacademies.org/podcasts/trb

