

National Academies  
of Science:  
Forum on Traumatic  
Brain Injury

May 11-12, 2026

Informed Policy:  
Opportunities in the  
CCBHC Model to expand  
service availability for  
people with brain  
injuries

Jane King Consulting

# Jane King, PsyD, LP



- 30+ years as a Clinical Psychologist directing and developing integrated behavioral health programs
- 5 years at the State of MN on the Certified Community Behavioral Health Clinic (CCBHC) implementation team
- 5 years at the National Council for Mental Wellbeing advising states and clinics as they implement the CCBHC model
- I have no disclosures

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# What is a CCBHC?



CCBHCs provide integrated, evidence-based, trauma-informed, recovery-oriented and person- and family-centered care

CCBHCs coordinate care that addresses Social Determinants of Health including primary care and other behavioral health needs

CCBHCs are data driven to increase access and continuously improve service delivery

The primary goal of CCBHC is to increase access to behavioral health services for all

# Foundation of the CCBHC Model

Integrated Clinical Model

Quality Measurement Mode

Sustainable Funding Model

# CCBHC Funding



**SAMHSA CCBHC-Expansion Grants:** Launched in 2018, clinics can apply for grant funding to implement the model.



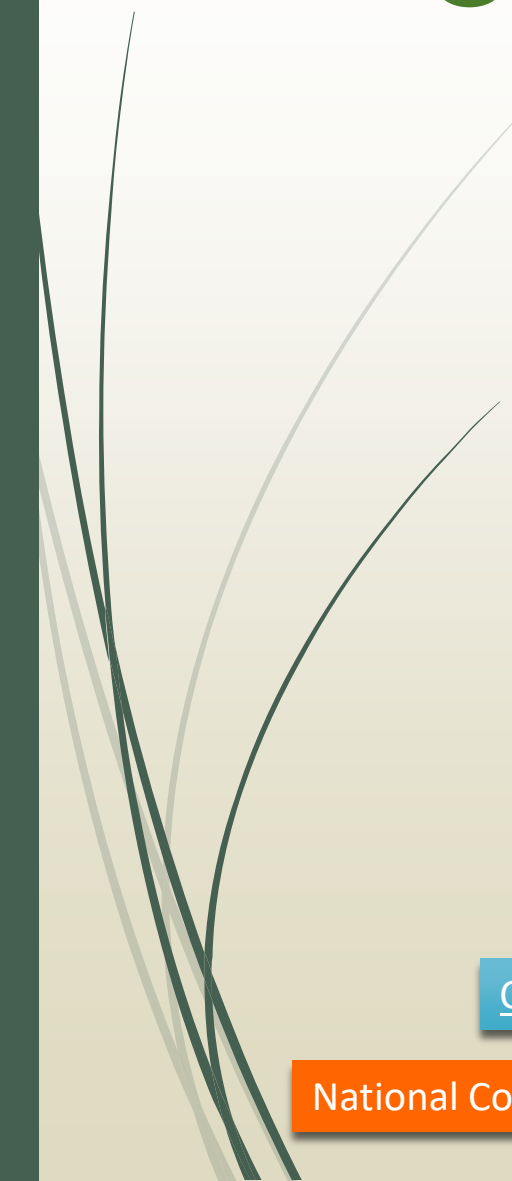
**Federal Demonstration:** Launched in 2017, states can apply for Medicaid funding to pilot the model.



**State Implementation through Medicaid:** States can submit State Plan Amendments to CMS to fund full implementation of the model.



# CCBHC Criteria

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- 1: Staffing
  - 2: Availability and Accessibility of Services
  - 3: Care Coordination
  - 4: Scope of Services
  - 5: Quality and other Reporting
  - 6: Organizational Authority, Governance and Accreditation

[Certified Community Behavioral Health Clinic \(CCBHC\) Certification Criteria Updated March 2023](#)

National Council 30-minute videos overviewing the model: [CCBHC Criteria On-demand Lessons](#)

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# Scope of Services



Crisis Services



Screening, Assessment  
and Diagnosis



Person- and Family-  
Centered Treatment  
Planning



Outpatient Mental  
Health and Substance  
Use Services



Primary Care Screening  
and Monitoring



Targeted Case  
Management Services



Psychiatric  
Rehabilitation Services



Peer Supports and  
Family/Caregiver  
Supports



Community Care for  
Uniformed Service  
Members and Veterans

CCBHCs directly provide the majority of services (51% or more of total service volume) rather than through a DCO

# CCBHC Elements Pertaining to BI

CCBHC Criteria	Description
1.d.3	CCBHCs must have auxiliary aids and services available for people who struggle with linguistic competence
3.c.3	CCBHCs have care coordination partnerships with specialized service providers
4.d.1	CCBHCs provide screening, assessment and diagnosis including referrals to specialized testing providers
4.d.4	CCBHCs complete a Comprehensive Evaluation that includes basic cognitive screening for cognitive impairment
4.d.6	CCBHCs use standardized screening tools appropriate for the person
4.d.7	CCBHCs use culturally and linguistically appropriate screening tools that accommodate all literacy level and cognitive limitations
4.e.6	CCBHCs seek consultation during treatment planning for specialized needs (e.g. eating disorders, TBI, I/DD, interpersonal violence and human trafficking)
4.f.2	CCBHCs consider level of functioning when identifying appropriate evidence-based treatments for people with cognitive challenges
4.i.1	CCBHCs provide Psychiatric Rehabilitation services that include cognitive remediation, when needed

# Technical Assistance Centers for CCBHC

For clinics:



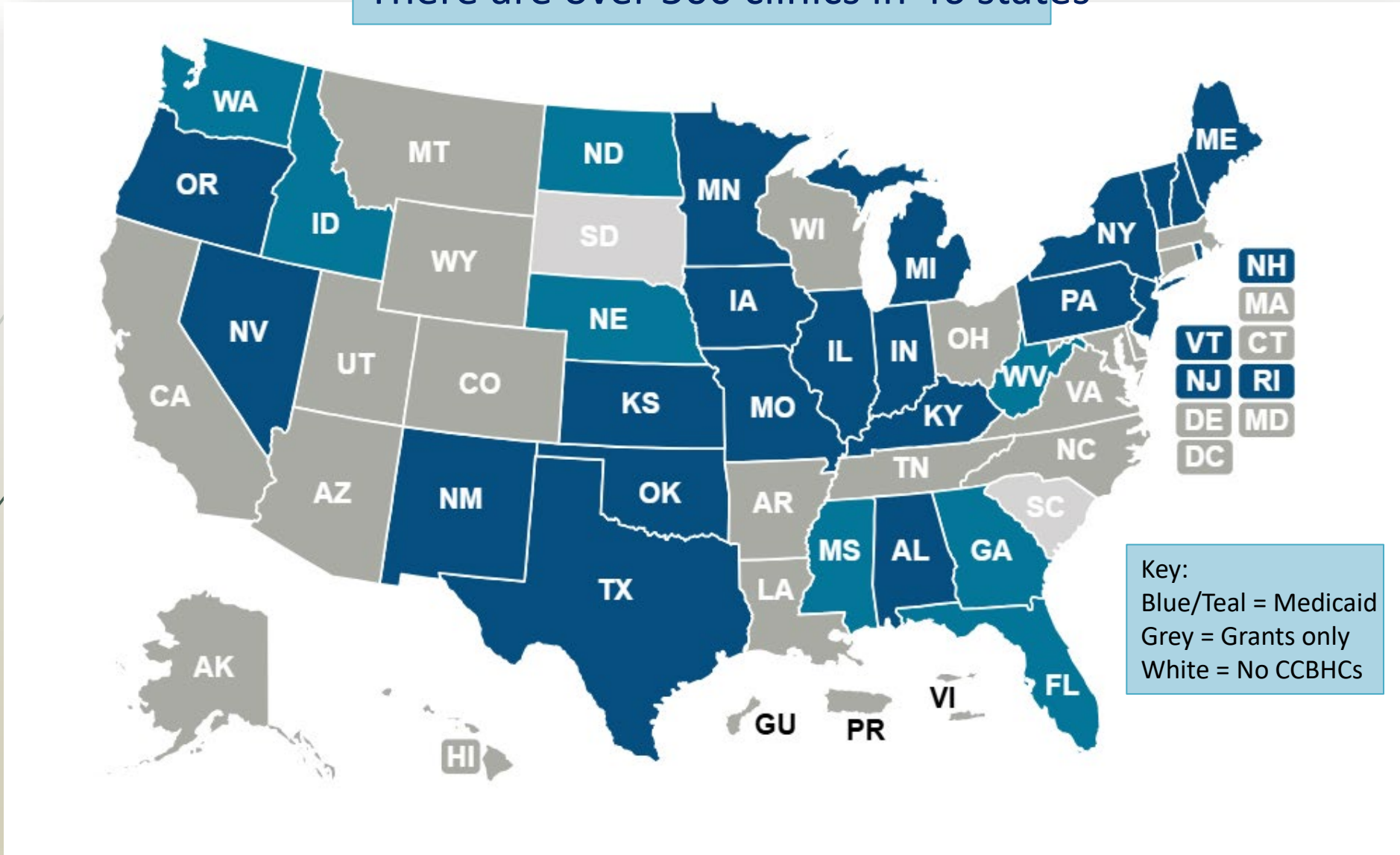
<https://www.thenationalcouncil.org/program/ccbhce-ttac/>

For states:

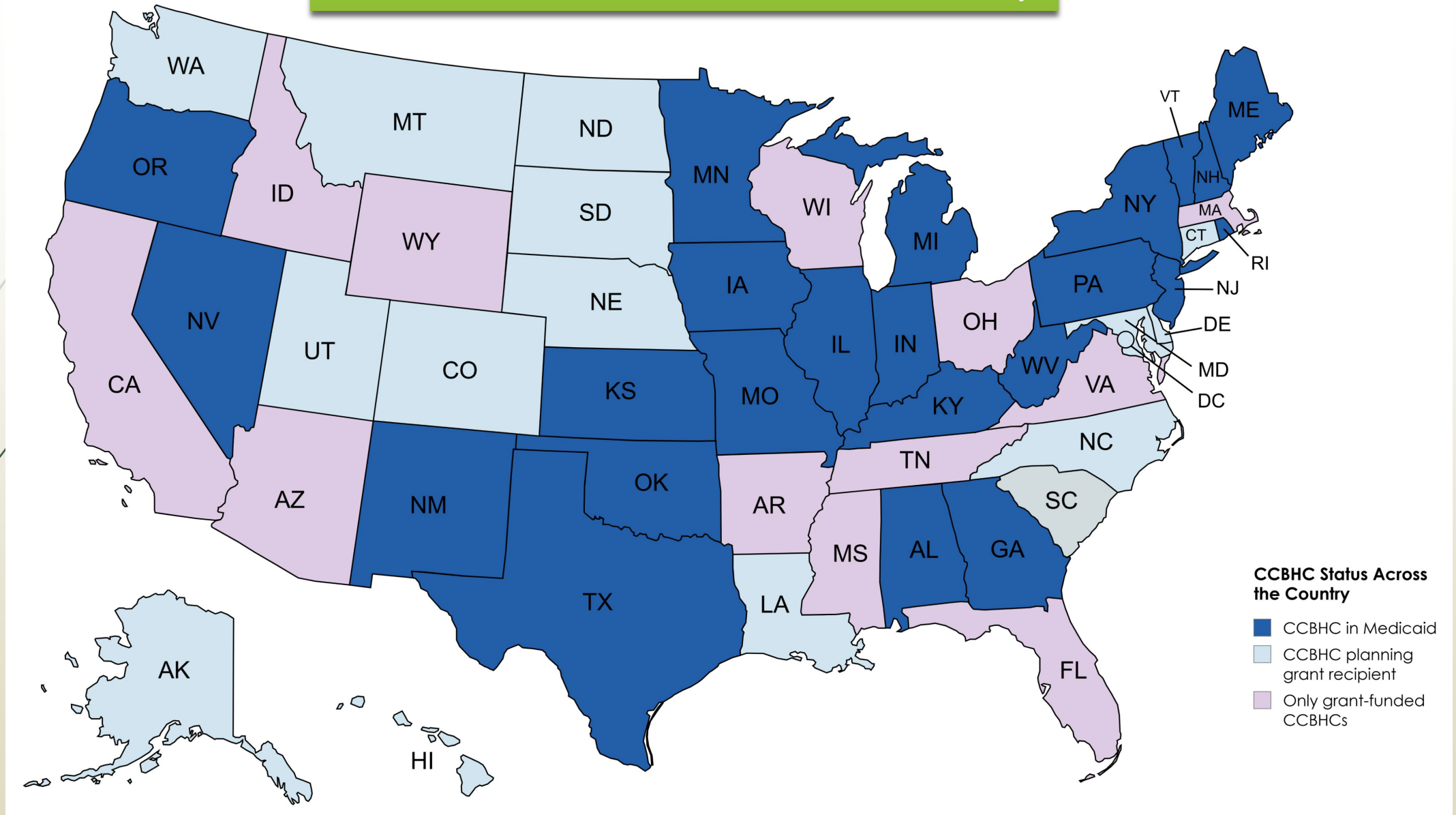


<https://www.samhsa.gov/technical-assistance/ccbhc-s-tac/resources>

There are over 500 clinics in 46 states



# CCBHC Status Across The Country



# CCBHC Collaboration at the State

## Crucial Ongoing Actions

- Identify CCBHC team members (Medicaid and Behavioral Health)
- Provide data on the overlap of TBI and MH/SU Services in your state
- Work with Medicaid area to determine if TBI services or waivers can be included in the CCBHC Scope of Services (TBI service triggers a PPS payment)

CCBHC Status	Suggested Actions
CCBHC in Medicaid State Plan	<ul style="list-style-type: none"><li>• Engage in opportunities to improve and grow the established CCBHC program to be inclusive of people with Brain Injuries</li></ul>
Implementing CCBHC through Demonstration	<ul style="list-style-type: none"><li>• Identify the demonstration end date in your state (demo authorization is 4 years)</li><li>• Encourage CCBHC team to include TBI services when drafting the SPA</li></ul>
State received planning grant	<ul style="list-style-type: none"><li>• Join internal work groups, steering committees, and other opportunities to build TBI services into the CCBHC program at the ground level</li><li>• Encourage CCBHC team to include TBI services when developing the program and in the demonstration application</li></ul>

# CCBHC Collaboration at the Association

## Level

### Crucial Ongoing Actions

- Identify the local Behavioral Health Association in your state ([National Council list of associations](#))
- Connect the local Behavioral Health Association with the local associations for brain injury, I/DD, and other cognitive disorders

### CCBHC Status

### Suggested Actions

CCBHC in Medicaid State Plan

- Engage in opportunities to collaborate with the Behavioral Health Association in your state that represents Community Mental Health Centers and CCBHCs

Implementing CCBHC through Demonstration

- Identify the demonstration clinics and the Behavioral Health Association
- Build referral and coordination connections between CCBHCs and BI Providers through association collaboration

State received planning grant and/or local clinics received SAMHSA grants

- Join internal work groups, steering committees, and other state opportunities to build TBI services into the CCBHC program at the ground level
- Engage the BH association to provide training and education on Brain Injury Screening

# CCBHC Collaboration at the Clinic Level

## Crucial Ongoing Actions

- Identify CCBHCs across your state ([National Council list of CCBHCs](#))
- Connect CCBHCs and Brain Injury service providers in their service areas
- Establish stakeholder work groups to advocate for inclusion of BI services and screening into CCBHC

CCBHC Status	Suggested Actions
CCBHC has only grant funding	<ul style="list-style-type: none"><li>• Consider that the clinic is only receiving up to \$1M/year for 4 years</li><li>• Build early connections and understanding of the BI needs and providers in their service areas</li></ul>
CCBHC has Medicaid demonstration certification	<ul style="list-style-type: none"><li>• Consider that the demonstration is only 4 years long and the state will need to submit a SPA to make the funding permanent</li><li>• Facilitate signed care coordination agreements between CCBHCs and local BI service providers</li></ul>
CCBHC has Medicaid state plan certification	<ul style="list-style-type: none"><li>• CCBHCs certified under the SPA can count on continued funding as long as they remain certified</li><li>• Consider that certified clinics under a SPA could have rebasing options (rate increases) when they add services or staff they have not had before</li><li>• Focus on mature CCBHCs who are utilizing CQI to build and improve on the model</li></ul>



# Takeaways

## Key Points

- ▶ CCBHC is the future of behavioral health care for the safety net
- ▶ CCBHC provides sustainable funding in Medicaid for services that serve people with brain injuries

## Recommendations

- ▶ Providers – Reach out to the CCBHCs in your area to build partnerships
- ▶ Associations – Reach out to the BH association in your state to find synergies
- ▶ State-level administrators – Reach out to the CCBHC team in your state to provide needs assessment data to support inclusion of TBI services in CCBHC



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