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Private Practice overview

• 2 post-graduate trained providers
• Practice limited to orofacial pain and dental sleep medicine
• In-network provider for medical insurance and Medicare
Challenges in private practice

• When referred by a dentist, TMD patients often enter the practice with a dental treatment proposed or attempted.

• When referred by a physician or mid-level provider, “TMJ” is often the diagnosis given.

• Patient often question why their plan has excluded TMD for treatment.
Challenges in Reimbursement

• TMD does not fit the dental practice model

• Medical insurance companies and Medicare do not always recognize that there are trained orofacial pain providers

• A significant amount of insurance plans exclude TMD

• Results: Trained providers often opt out of insurance and Medicare
Suggestions for improving reimbursement

• Educate the public that there are providers that have completed university evidence based care training programs

• Educate medical insurance companies and Medicare that providers utilizing evidence based care can be cost effective and successful in treating TMD