# **Overview of Commonwealth Care Alliance**



**One Care** 

MassHealth+Medicare

Commonwealth Care Alliance is an experienced health plan and delivery organization focused exclusively on Massachusetts beneficiaries dually eligible for Medicare and Medicaid. We serve over 20,000 members with complex medical, behavioral and social needs. CCA administers and manages the full spectrum of Medicare and Medicaid covered benefits, including behavioral health, primary and specialty care, acute and post-acute care and long-term services and supports.

#### **SENIOR CARE OPTIONS** *Over-65 duals (D-SNP); high frailty*



- Achieved 4.5 CMS Stars rating (2017)
- 62% speak a primary language other than English
- Two thirds did not complete high school
- More than 65% report their general health status to be "poor" or "fair"
- 70% have four or more chronic conditions; 45% have three or more activities of daily living (ADL) impairments
- \$3,564 PMPM, including medical care management but excluding pharmacy
- More than 75% are nursing-home certifiable; over 95% are community dwelling

#### ONE CARE Under-65 duals (MMP)

- Top rated MMP plan in the nation (2016 CAHPS survey)
- 70% have a behavioral health diagnosis; 45% screened positive for depression
- 15% have schizophrenia
- 7% are homeless; many more are marginally housed
- Almost 15% have substance or alcohol dependency
- \$2,389 PMPM, including medical care management but excluding pharmacy
- High rates of "unmet need", particularly in primary care and long term supports and services

# **Overview of CCA Member Population**







- Is a not-for-profit, full-spectrum care system that serves individuals with complex medical,
- behavioral health and social needs who are dually eligible for MassHealth and Medicare
- Mission: to provide the best possible care individually tailored to the members we serve
- Recognized nationally for innovative Model of Care that improves quality and health outcomes and reduces overall cost of care
- Serves over 20,000 members via two health plans:
  - CCA Senior Care Options (HMO SNP), known as SCO, for those 65+ with MassHealth Standard only, or both MassHealth Standard and Medicare
    - 8,080 members
    - 4 1/2 CMS Star Rating (2017, for ninth year out of the last ten years)
  - CCA One Care (MMP), for adults 21 to 64 who have complex health needs and are dually eligible for MassHealth and Medicare
    - 12,782 Members
    - Top Rated Medicare-Medicaid Plan in the country (CAPHS, 2016)

### CCA Fast Facts

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### CCA Fast Facts (continued)

- Care Delivery:
  - Clinical affiliate, Commonwealth Community Care, is a specialized primary care practice offering comprehensive, disability-competent care; currently serving 1,323 patients with locations in Boston, Lawrence, Springfield and Framingham
  - Crisis Stabilization Unit, alternative to psychiatric hospitalization for members with acute behavioral health and/or substance use disorder needs; two locations: in Carney Hospital, Dorchester (12 beds) and Marie's Place, Brighton (14 beds)
- Clinical Innovations:
  - Acute Community Care: A community paramedicine program that responds to urgent care needs, providing high-intensity care in member's setting of choice
  - Life Choices Palliative Care: An integrated approach to palliative care that decreases acute utilization at end of life
  - Winter Street Ventures: CCA's for-profit health innovation accelerator subsidiary; partners with early-stage entrepreneurs to take healthcare technology, devices and services from concept to marketplace

