

NEW JOURNEYS IN WASHINGTON STATE

& PATHWAYS TO CARE

Oladunni Oluwoye, PhD, CHES

Assistant Professor

Elson S. Floyd College of Medicine, Washington State University
Washington State Center of Excellence for Early Psychosis



**Elson S. Floyd
College of Medicine**

WASHINGTON STATE UNIVERSITY

Creating a new path.

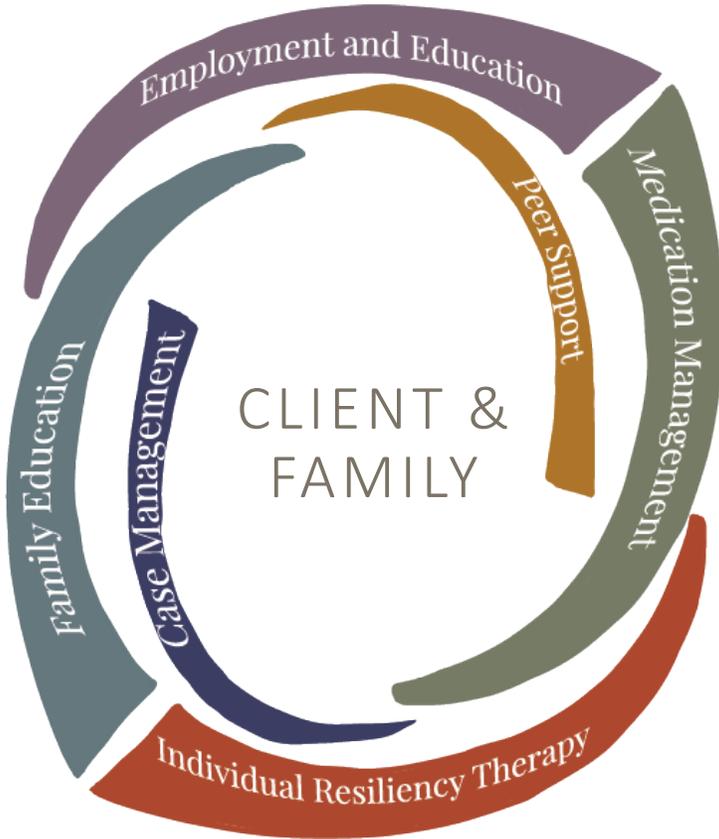


CSC MODEL

BHO/AGENCY

WEEKLY MEETINGS

PERSON-CENTERED TREATMENT PLANNING



COMPREHENSIVE ASSESSMENT & ASSESSMENT BATTERY

WSU EVALUATION & MEASUREMENT TEAM

UW IMPLEMENTATION TEAM

DATA-INFORMED CARE

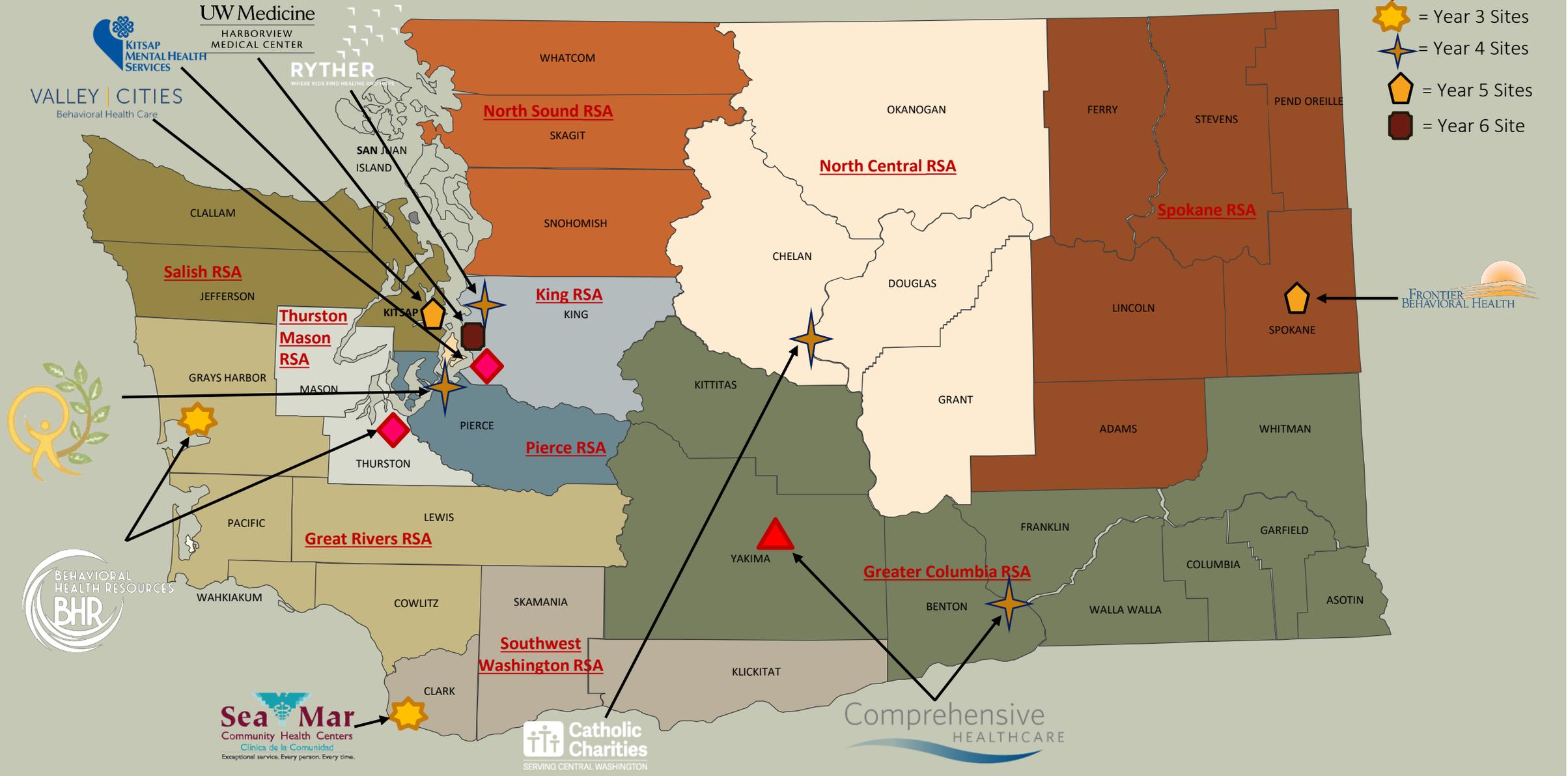
HEALTH CARE AUTHORITY



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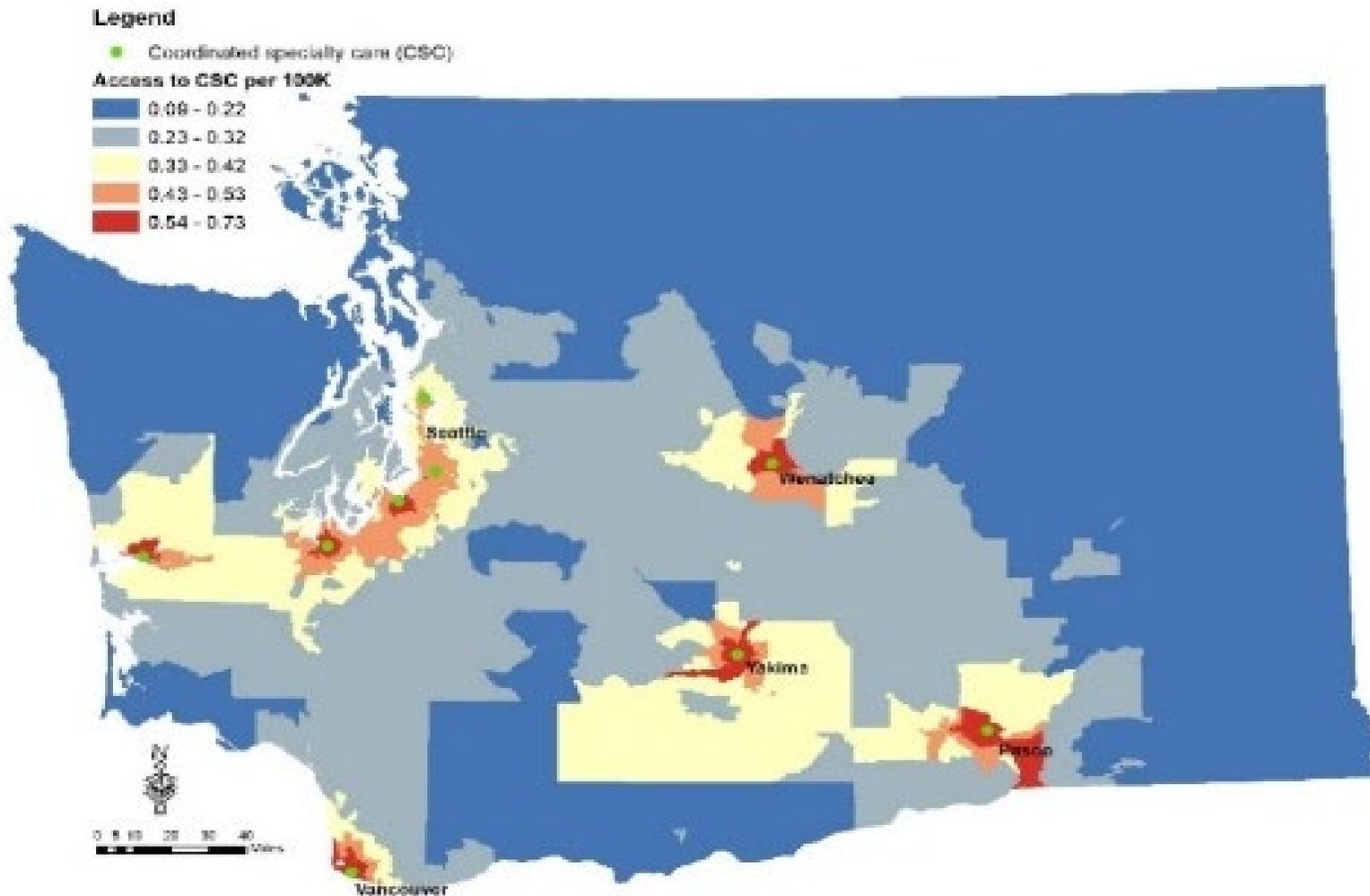
LOCATIONS

-  = Year 1 Pilot Site
-  = Year 2 Sites
-  = Year 3 Sites
-  = Year 4 Sites
-  = Year 5 Sites
-  = Year 6 Site



ACCESS TO SERVICES

Distribution of CSC Programs in Washington State



LIMITED ACCESS TO SERVICES FOR RURAL AREAS

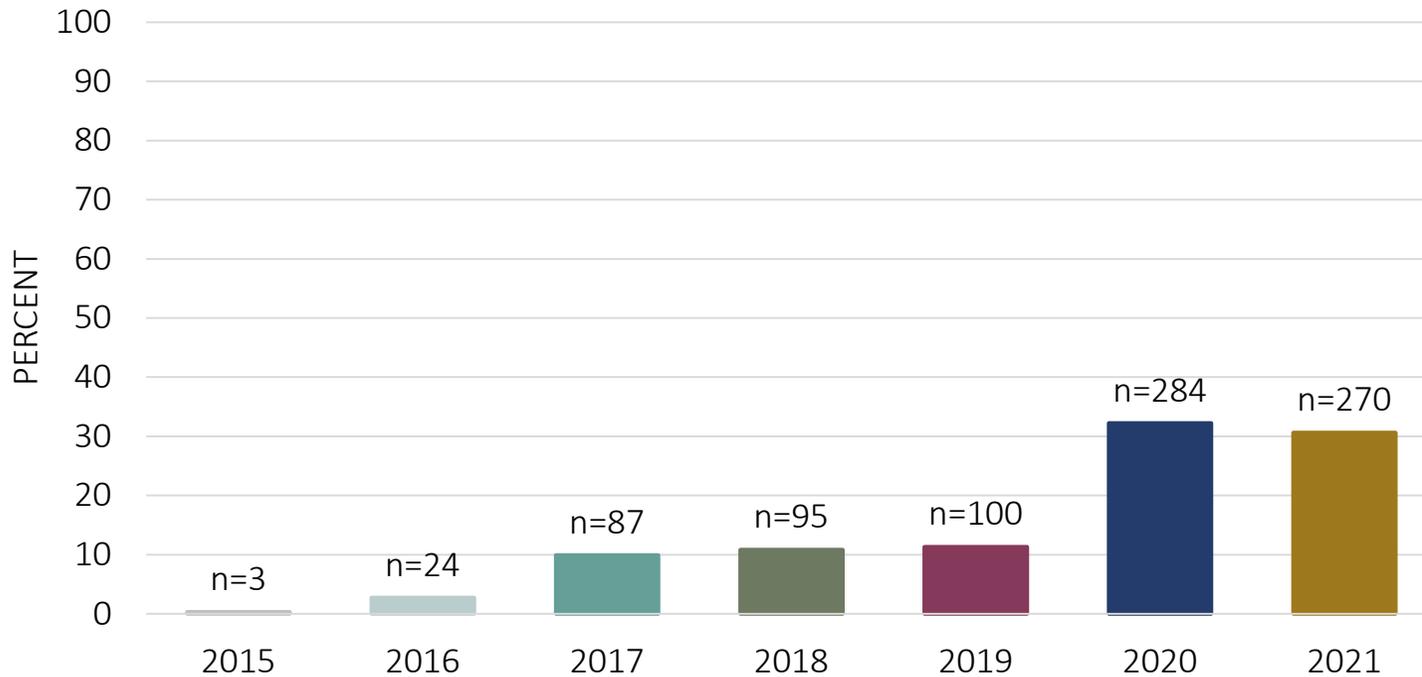
LIMITED ACCESS TO SERVICES CONTRIBUTES TO DELAYS

SPATIAL LOCATION OF SERVICES CONTRIBUTES TO REFERRAL DECISIONS AND TREATMENT DELAYS



REFERRALS

REFERRALS BY STATE FISCAL YEAR



MAJORITY OF REFERRALS ARE FROM INTERNAL MENTAL HEALTH PROVIDERS (50%)

FAMILY (~20%)

MEDICAL PROVIDER (11%)

INPATIENT (7%)

OTHER (12%)

SCHOOL, ED, JUSTICE SYSTEM, ETC



INEQUITIES IN PATHWAYS TO CARE

BLACK AND LATINX INDIVIDUALS ARE SIGNIFICANTLY LESS LIKELY TO USE OUTPATIENT MENTAL HEALTH SERVICES COMPARED TO NON-HISPANIC WHITE INDIVIDUALS EXPERIENCING THEIR FIRST EPISODE OF PSYCHOSIS

BLACK/AFRICAN AMERICAN INDIVIDUALS TEND TO HAVE MORE CONTACT WITH EMERGENCY SERVICES IN THE YEAR PRIOR TO THE ONSET OF PSYCHOSIS

BLACK/AFRICAN AMERICAN INDIVIDUALS ARE UP TO 5 TIMES MORE LIKELY TO BE DIAGNOSED WITH A SCHIZOPHRENIA-SPECTRUM DISORDER – OVER DIAGNOSIS

EXPERIENCES OF RACISM/DISCRIMINATION – MISTRUST, DISENGAGEMENT/LACK OF TREATMENT, TREATMENT DELAYS

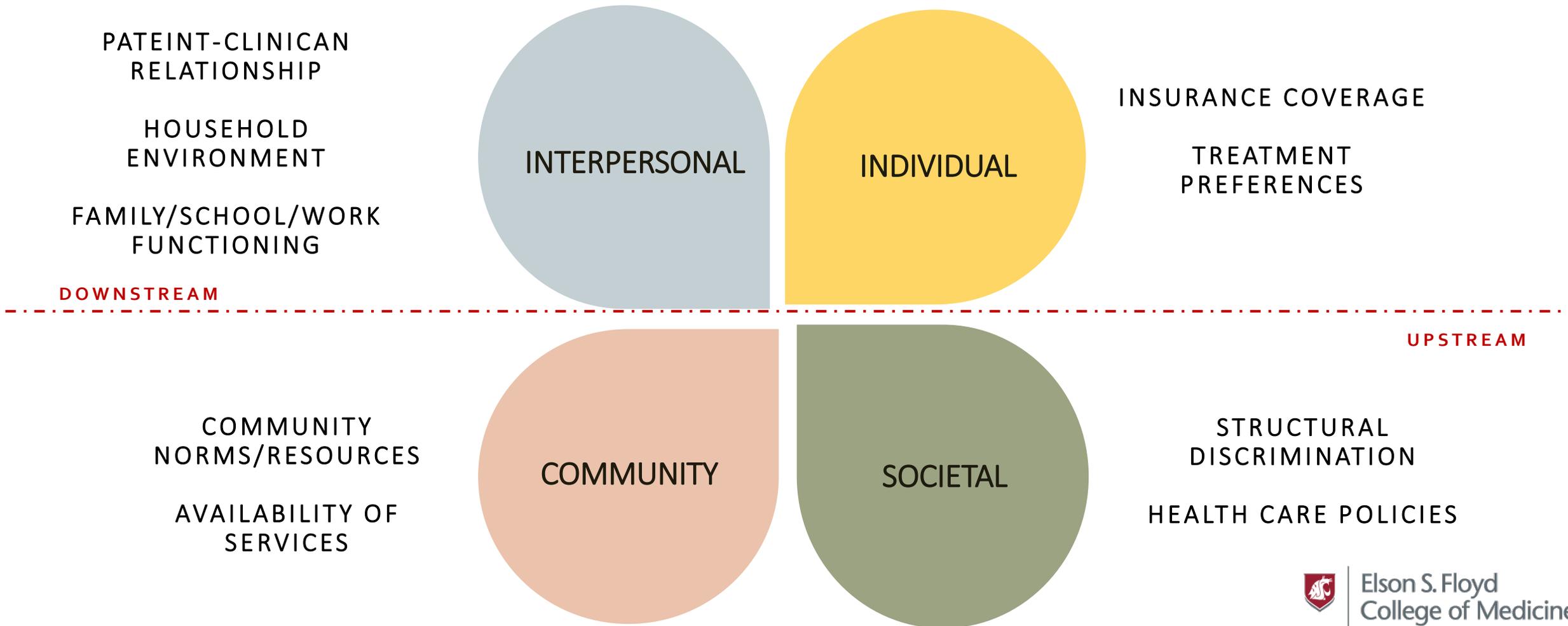


WHERE ARE THE GAPS?

HOW CAN WE ADDRESS INEQUITIES?

WHAT'S NEXT?

LEVELS OF INFLUENCE



SUGGESTIONS/ AREAS FOR IMPROVEMENT

MULTILEVEL INTERVENTIONS THAT INCLUDE COMMUNITY

INCREASED FOCUS ON DISSEMINATION RESEARCH
– FUNDING FOR OUTREACH AND OTHER DISSEMINATION EFFORTS

IMPROVED NAVIGATION AND LINKAGE

CONSIDERATION FOR WHERE PROGRAMS ARE IMPLEMENTED (LOCATION)

IMPLEMENTING SCREENING IN OTHER PLACES (E.G., SCHOOLS)

BUT NOT JUST SCREENING



THANK YOU



Rebecca Daughtry, MSW, LICSW, CMHS
FEP Program Director

Cammie Perretta, MSW, LSWAIC
FEP Program Director



Maria Monroe-DeVita, PhD
Associate Professor | Harborview Medical Center

