



August Martin High School “Where Dreams Take Flight”

Rory Parnell, Principal

Roundtable on Health Literacy:
“Developing Health Literacy Skills in Youth”

November 19th, 2019

Who am I?

- White
- Female
- Affluent Neighborhood
- Medical Household
- Catholic/Private School Education
- Catholic/Private College
- Career

Who are my scholars?

- African American/Black (67%)
- Below poverty line (Title 1 School)
- Displaced housing (ats: 14-16%/reality: 70%)
- Below Average Reading/Math Level: 2
- Working Parent
- 3 or more siblings
- Average 45 minute school commute (2 buses + train)
- First to go to College (Majority)

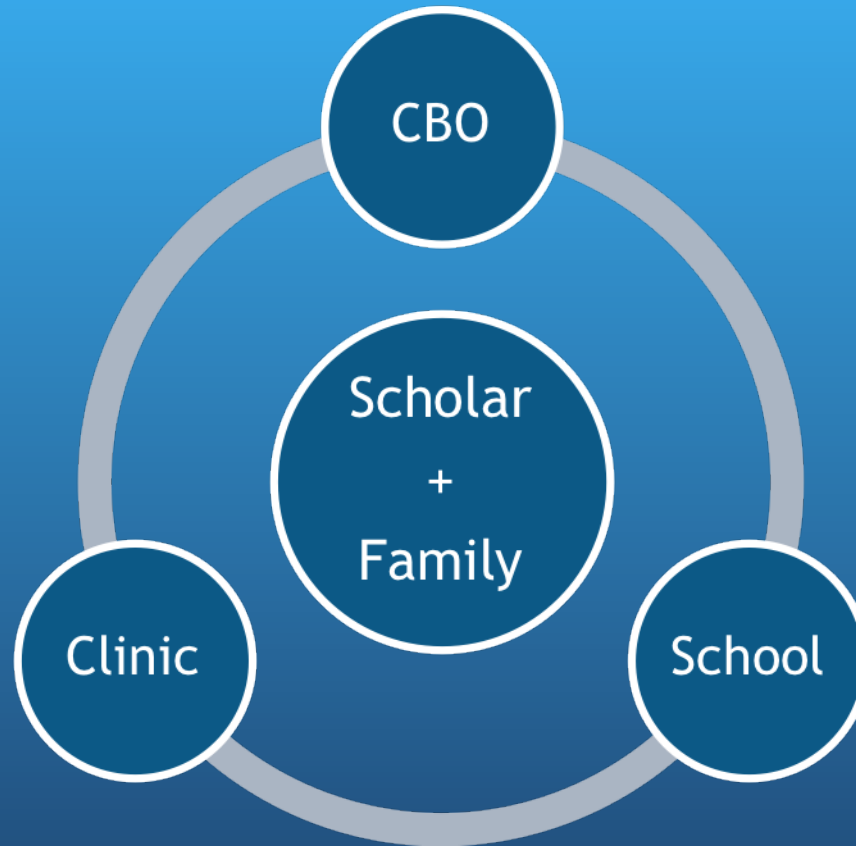
**What determines who is
worthy of success?**

Our “Old” Reality

- 98% of parents do not attend/engage in school activities
- 63.2% Attendance Rate/174 LTAs
- Incoming 9th Grade enrollment 44 scholars
- June Graduation Rate 23.7% (4 year graduation rate)
- Scholars had no access to Mental Health Services in school
- 1 school nurse, 3 days a week



Health Literacy Partnership



CCNY Services

- Vision screening and free eye wear
- Family and Individual counseling
- Lunch Groups - GSA, Mindfulness, Yoga, Leadership, Conflict Resolution
- Immigration Services - Clinics
- Relationship Abuse Prevention Program (RAPP)
- Attendance Outreach/Interventions/Support
- Restorative Justice Advisory
- Resiliency work - Scholar
- Nutritional Snacks (Breakfast, Lunch, Dinner)

Health Clinic *Medical* Services

Cohen Children's Medical Center - *Northwell Health System*

- Physicals for registration, sports, working papers or college
- Immunizations
- Flu shots
- Urgent visits for illness and injuries
- Laboratory screenings
- Reproductive health care
- Asthma care
- Weight management and nutrition counseling
- HIV testing/ Pregnancy testing/ STI screenings
- Diabetes care and management
- Health education counseling
- Referrals to specialists
- Collaboration with primary care physicians for better outcomes

Health Clinic *Mental* Health Services

Cohen Children's Medical Center - *Northwell Health System*

- Clinical assessment and evaluation
- Individual, group and family therapy
- Reproductive health counseling
- Crisis intervention
- Classroom education
- Trauma-informed care

AMHS Values

- High Expectations: Academically/Socially/Emotionally
- Scholar Centered (Voice, Choice, Leadership)
- Unity: Uniform, Community Gatherings
- Academics: College and Career, as well as Art and Music
- Restorative Justice: Scholar Ownership
- Hands-on Leadership
- Extended Learning
- Trust

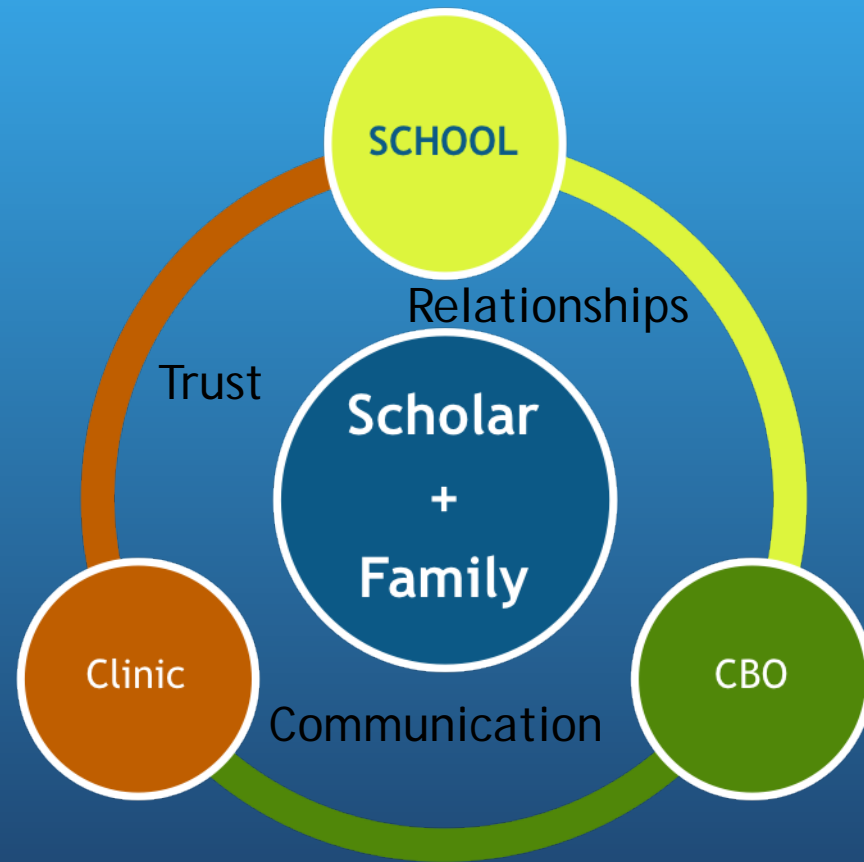
Culinary Arts CTE (Career & Technical Education)

- Culinary Arts CTE Program
- Course Sequence: Nutrition & Food Literacy
- Scholars cook for their families
- Food Scholar Advisory Council

Building Health Literacy at Home

- Parent Workshops: Nutrition, “Who is your child?,” Stress Management
- Family Counseling
- Medical Clinic Open House-Orientations
- Father’s Cooking Event
- Community Schools forum-Wellness Fair
- Dinner with your Scholar

True Health Literacy Partnership



Impact

2014 - 2015

- Community School Forum Attendance: 7
- Grad. Rate: 23%
- Attendance: 63.2%
- Scholarship data: 61.6%
- Overall Regents Passing Rate: 17%
- 1 School Nurse

2018 - 2019

- Community School Forum Attendance: 347
- Grad. Rate: 84.0%
- Attendance: 91.6% (94.7%)
- Scholarship data: 88.7% (SWD 89.8%)
- Overall Regents Passing Rate: 54%
- Full Medical and Mental Health Clinic



September
2019

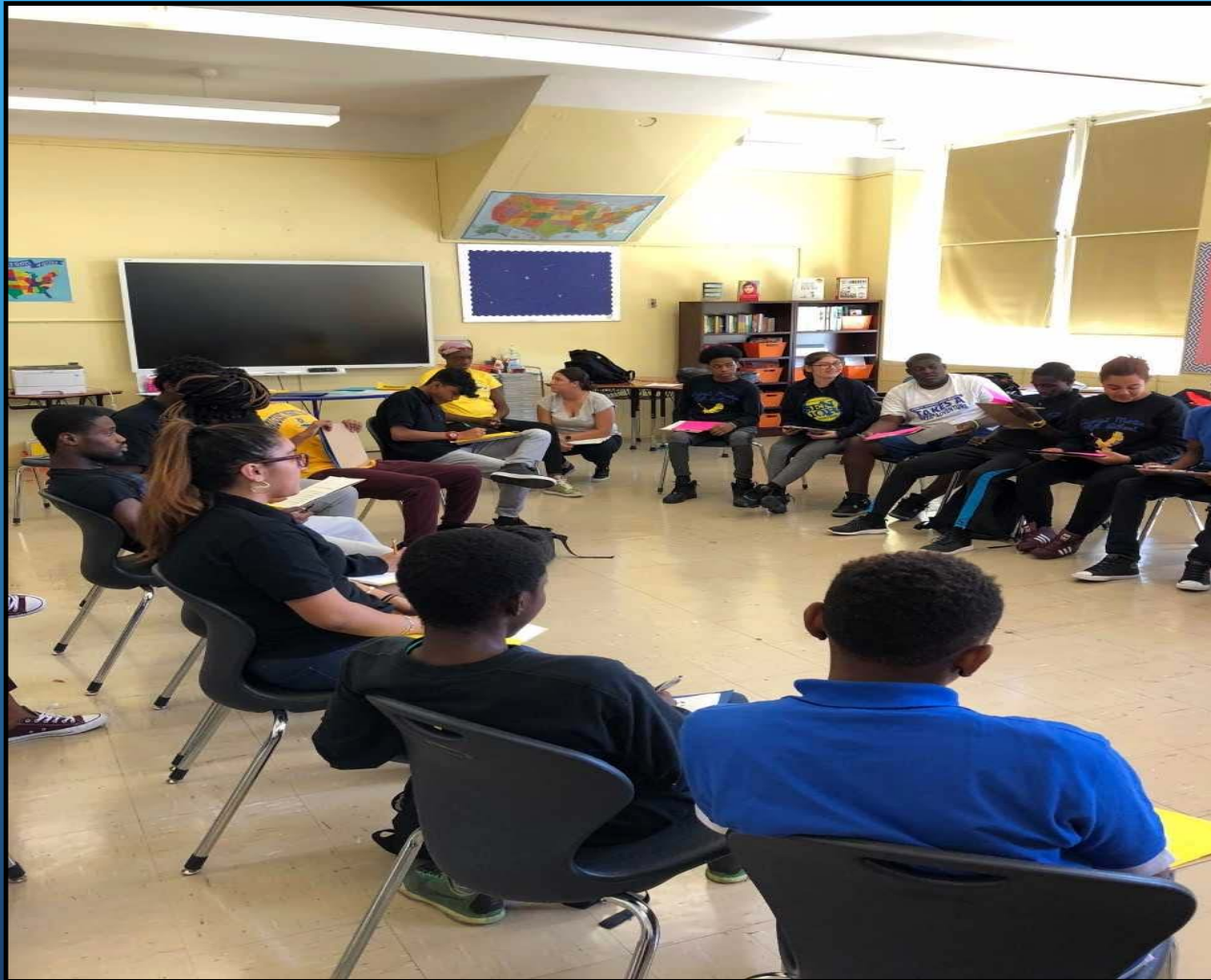
INTEGRITY
COLLABORATION
COMMUNICATION



Family



Healing



Nutrition



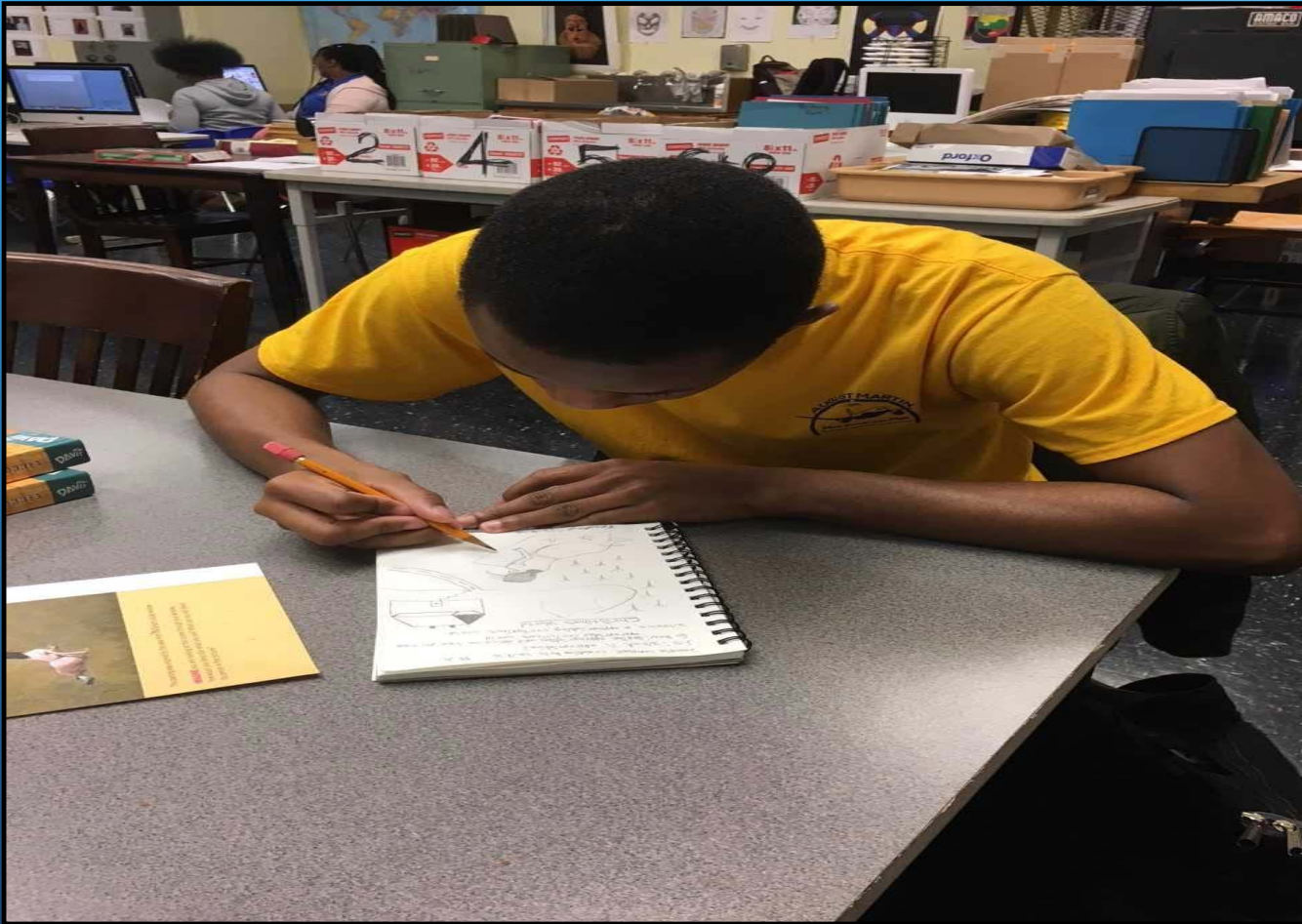
Partnership



Pride



Well-Rounded



Voice



Perseverance

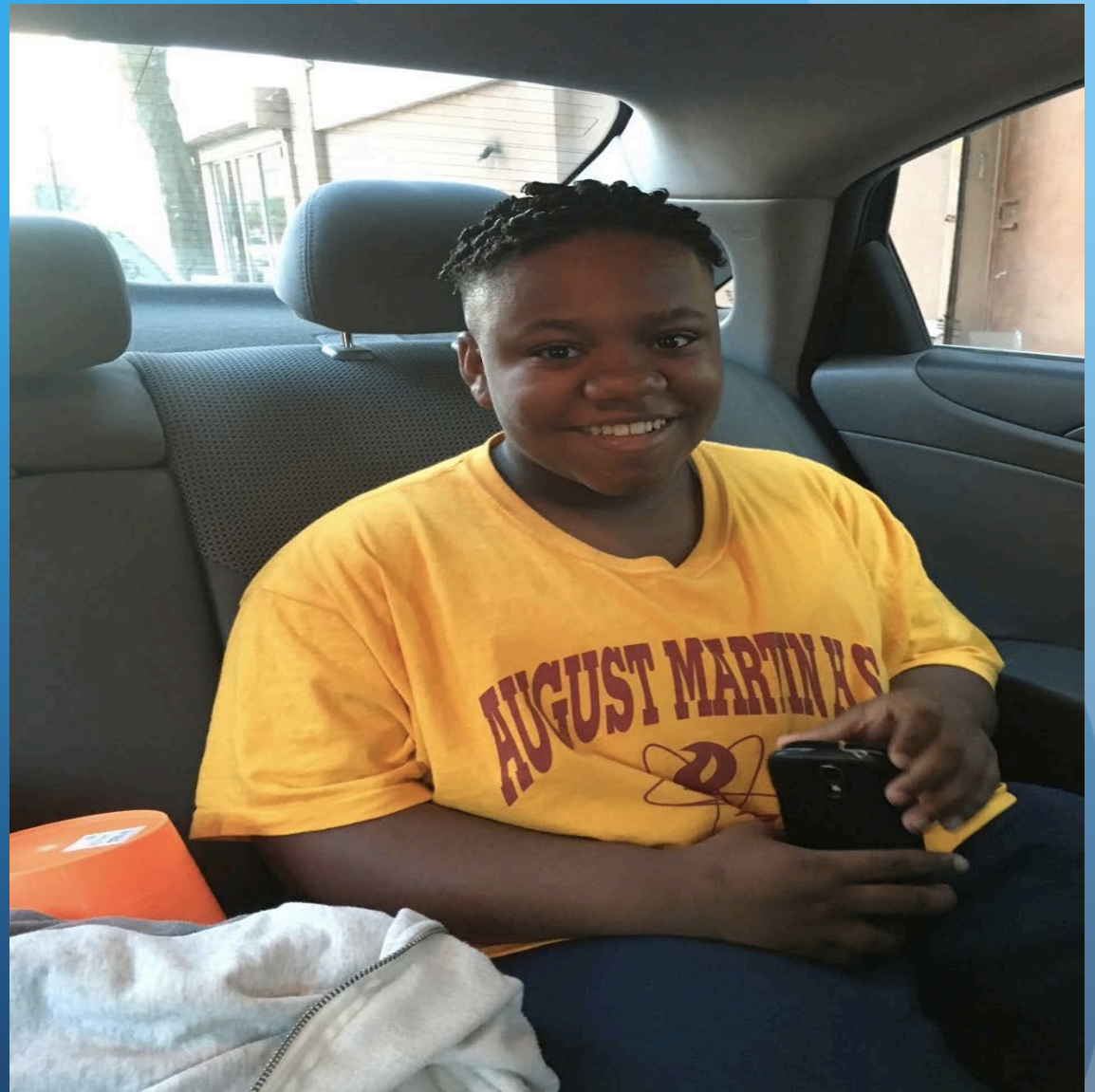


Final Thoughts

- Resources are only as good as the relationships
- Health literacy is not everyone's first language, we need to teach it
- Health literacy in youth opens the door to overall health and well-being of an adult
- Health literacy knowledge inspires lifelong advocacy
- When you teach a child the language of health, you teach the family

“There can be no keener revelation of a society’s soul than the way in which it treats its children.”

-- Nelson Mandela



Thank you !

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