

Food Forum

Dietary Patterns to Prevent and Manage Diet-Related Disease Across the Lifespan



TUESDAY, AUGUST 15, 2023

- 10:00 AM** **Opening Remarks and Overview of Workshop Focus**
Robin McKinnon, *U.S. Food and Drug Administration; Planning Committee Chair*
- Session 1: Setting the Stage on Dietary Patterns and Chronic Disease**
Moderator: Cindy Davis, U.S. Department of Agriculture; Planning Committee Member
- 10:15 AM** **Dietary Pattern Assessment across the Life Course**
Jill Reedy, *National Institutes of Health*
- 10:40 AM** **Beyond Traditional Nutrition Markers for Assessing Dietary Quality and Chronic Disease Risk**
Johanna Lampe, *Fred Hutchinson Cancer Center*
- 11:05 AM** **Review of the Evidence on Dietary Patterns and Chronic Disease Across the Lifespan**
Edward Giovannucci, *Harvard University*
- 11:30 AM** **BREAK**
- 11:40 AM** **Developmental Origins of Chronic Disease and the Influence of Diet**
Robert Waterland, *USDA/ARS Children's Nutrition Research Center, Baylor College of Medicine*
- 12:05 PM** **Q&A and Discussion**
- 12:30 PM** **Lunch Break**

Session 2: Dimensions of Food Choice and Influences on Dietary Patterns

Moderator: Alison Brown, National Institutes of Health; Planning Committee Member

- 1:00 PM** **Understanding and Intervening on Inequities in Nutrition and Health**
Cindy Leung, *Harvard University*
Tashara M. Leak, *Cornell University*
- 1:40 PM** **Q&A and Discussion**
- 1:55 PM** **Food Choice and Access to Healthy Diets: Evidence from Food Prices and Diet Costs Worldwide**
William Masters, *Tufts University*
- 2:15 PM** **Improving Dietary Health Through Behavioral Economics**
Kevin Volpp, *University of Pennsylvania*
- 2:35 PM** **Q&A and Discussion**
- 2:50 PM** **The Role of Industry and Consumer Perspectives**
Marco Palma, *Texas A&M University*
Beatrice Abiero, *Instacart*
Sarah Ludmer, *Kellogg Company*
Josh Hix, *Season Health*
- 3:30 PM** **ADJOURN DAY 1**

WEDNESDAY, AUGUST 16, 2023

- 10:00 AM** **Welcome and Workshop Recap**
Robin McKinnon, *U.S. Food and Drug Administration; Planning Committee Chair*
- Session 3: Translating Solutions for the Future of Dietary Patterns and Chronic Disease**
Moderator: Fang Fang Zhang, *Tufts University; Planning Committee Member*
- 10:10 AM** **Lessons Learned from Research to Improve the Healthfulness of Food Environments**
Melissa Laska, *University of Minnesota*
- 10:30 AM** **Lessons Learned from Research to Improve Food Environments for Infants and Children in DC**
Kofi Essel, *Elevance Health*
- 10:50 AM** **Lessons Learned from Research to Improve Food Environments for Adults in Baltimore**
Joel Gittelsohn, *Johns Hopkins University*
- 11:10 AM** **Q&A and Discussion**
- 11:20 AM** **Community-Based Organization Experiences**
Celia Cole, *Feeding Texas*
Robert S. Harvey, *FoodCorps*
Brent Ling, *Wholesome Wave*
- 12:00 PM** **Legal and Policy Challenges for Intervention**
Jennifer Pomeranz, *New York University*
- 12:20 PM** **Q&A and Discussion**
- 12:30 PM** **ADJOURN WORKSHOP**

WORKSHOP PLANNING COMMITTEE

Robin A. McKinnon, Ph.D., M.P.A. (Chair)

Senior Advisor for Nutrition Policy
Center for Food Safety and Applied Nutrition
U.S. Food and Drug Administration

Alison Brown, Ph.D., M.S., R.D.N.

Program Director
National Heart, Lung, and Blood Institute
National Institutes of Health

Cindy Davis, Ph.D.

National Program Leader for Human
Nutrition
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Professor and Section Chief
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Emily Oken, M.D., M.P.H.

Alice Hamilton Professor and Vice Chair
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Across the Lifecourse
Department of Population Medicine
Harvard Pilgrim Health Care Institute, Harvard Medical
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Professor, Department of Nutrition
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**Rebecca Seguin-Fowler, Ph.D., M.S., R.D.N.,
L.D., CSCS**

Associate Director, Healthy Living, Institute for
Advancing Health through Agriculture
Chief Scientific Officer, Healthy Texas Institute
Professor of Nutrition, College of Agriculture and
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Jessica Smith, Ph.D.

Senior Principal Scientist, Nutrition
Scientific and Regulatory Affairs
Mars Wrigley

Fang Fang Zhang, Ph.D., M.D.

The Neely Family Professor and Associate
Professor
Interim Chair, Division of Nutrition Epidemiology
and Data Science
Friedman School of Nutrition Science and Policy
Tufts University

The Food Forum convenes scientists, administrators, and policymakers from academia, government, industry, non-profits, professional societies, and consumer groups on an ongoing basis to issues related to food (including safety, regulation, systems, nutrition, and health) and identifying approaches to address them. It provides a unique way to identify areas of concordance among these diverse interest groups. It does not make recommendations, nor does it offer specific advice. It compiles information, develops options, and brings interested parties together.

The Food and Nutrition Board (FNB) established the Food Forum in 1993 to allow selected science and technology leaders in the food industry, top administrators in the federal government, representatives from consumer interest groups, and academicians to periodically discuss and debate food and food related issues openly and in a neutral setting. The Forum provides a mechanism for these diverse groups to identify possible approaches for addressing food and food safety problems and issues surrounding the often complex interactions among industry, academia, regulatory agencies, and consumers.

About the FNB: The FNB falls within the Health and Medicine Division of the National Academies of Sciences, Engineering, and Medicine. The Academies are private, nonprofit institutions that provide independent, objective analysis and advice to the nation to solve complex problems and inform public policy decisions related to science, technology, and medicine. The Academies operate under an 1863 congressional charter to the National Academy of Sciences, signed by President Lincoln.