

NASEM Consensus Study

The Role of Seafood in Child Growth and Development

Presentation from Sponsors to Committee
January 19, 2023



U.S. FOOD & DRUG
ADMINISTRATION



EPA United States
Environmental Protection
Agency



Food and Nutrition Service
U.S. DEPARTMENT OF AGRICULTURE



Federal Sponsor Representatives



Kellie Casavale, Senior Science Advisor for Nutrition
Center for Food Safety and Applied Nutrition, FDA, HHS



Khesha Reed, Deputy Director
Standards and Health Protection Division, Office of Science and
Technology, Office of Water, EPA

*Office of Research and Development, Office of Children's Health Protection, and
Office of Environmental Justice and External Civil Rights also represented in the collaboration



Jon Bell, Director
National Seafood Inspection Lab, NOAA Fisheries

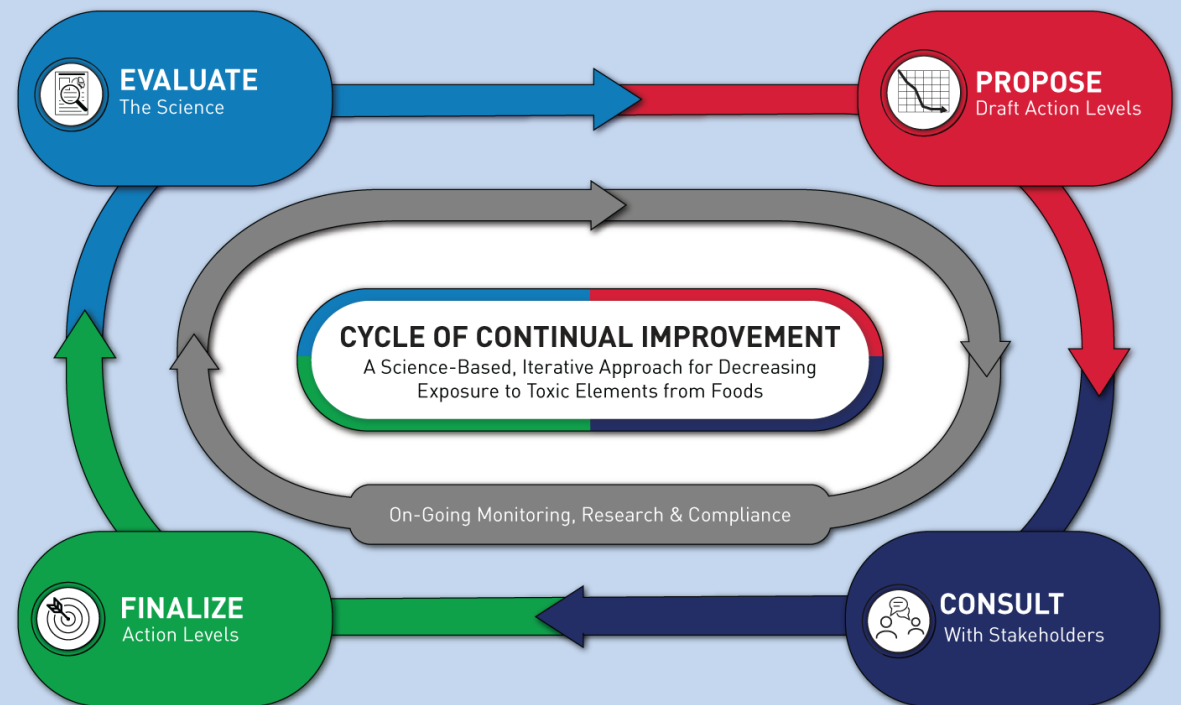
*Office of International Affairs and Seafood Inspection and National Sea Grant also represented in
the collaboration



Kristin Garcia, Director
Food Safety and Nutrition Division, Supplemental Nutrition
and Safety Programs, Food and Nutrition Service, USDA

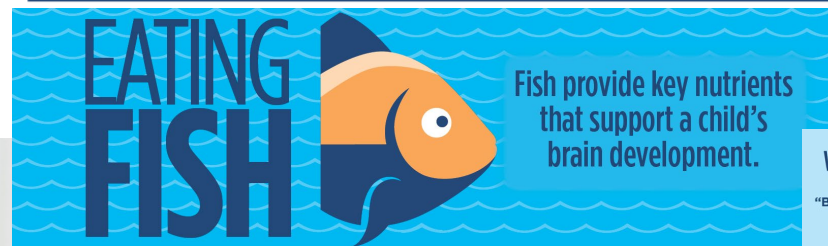


CLOSER TO ZERO



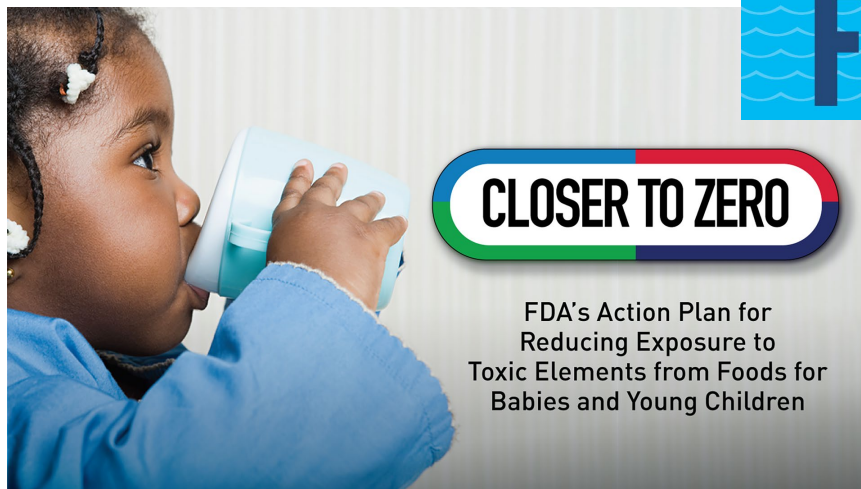
ADVICE ABOUT EATING FISH

For Those Who Might Become or Are Pregnant or Breastfeeding
and Children Ages 1 - 11 Years



What Kind of Fish Should I Eat?

Choose a variety of fish from
"Best Choices," which are lower in mercury.

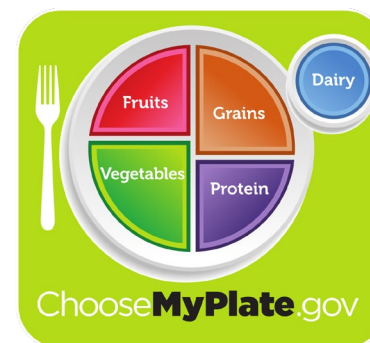


FDA's Action Plan for
Reducing Exposure to
Toxic Elements from Foods for
Babies and Young Children

DGA Dietary
Guidelines
for Americans
2020 - 2025

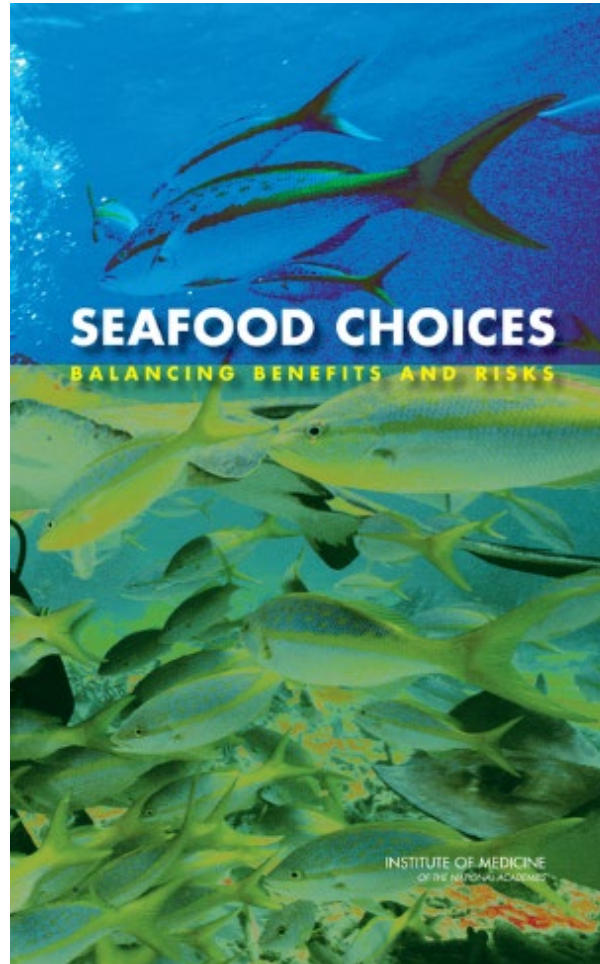


Make Every
Bite Count With
the *Dietary
Guidelines*



2007 Seafood Choices

Balancing Benefits and Risks



Co-sponsors: NOAA, FDA, EPA

FDA/EPA's Evidence Scan

Purpose

To explore the potentially available evidence on seafood and health to inform the scope and tasks for a 3rd party systematic review and integration of that evidence from multiple disciplines and methodologies.

Review Questions

Protocol

- Search strategy
 - Review of existing search strategies
- Inclusion/exclusion criteria
- Screening protocol
- Extraction protocol

Summary of findings

NASEM Statement of Task

Scientific Review on Seafood and Child Growth and Development

- Consider existing sources of publicly available information on **dietary intake and nutrient and contaminant composition of seafood**.
- Gather information through from published peer-reviewed literature through **systematic reviews** and informed by consultation with additional expert in relevant fields as determined by the Committee.
- **Develop, execute, and document a research plan for conducting systematic reviews** of peer-reviewed literature to **answer scientific questions provided by the federal sponsors**.

Research Questions

Overarching question: What is the relationship between seafood consumption and child growth and development?

Answered through conclusions drawn on the following questions:

1. What is the **exposure** to nutrients and chemical contaminants from seafood before and during pregnancy, lactation, and childhood?

- Are there **inequities** (i.e., differences due to social, economic, health, and environmental disadvantage) in nutrient and chemical contaminant exposures from seafood before and during pregnancy, lactation, and childhood?

2. What is the **relationship** between seafood consumption (exposures in Q1) during pregnancy, lactation, and childhood and growth and development in the child?

- How does the relationship between seafood consumption during pregnancy, lactation, and during growth and development of the child **differ by social, economic, health, and/or environmental disadvantage** (e.g., race/ethnicity and income status, higher cumulative exposure to environmental stressors, pre-existing disease burden, etc.)?

3. What are the **biological mechanisms** of action (single actions, interactions, compound effects, and/or synergistic effects) of nutrients and chemical contaminants from seafood in the human body that relate to child growth and development?

- How are biological mechanisms of action of nutrients and chemical contaminants from seafood **altered given social, economic, health, and/or environmental disadvantage**?

4. What **other evidence** on diet or other exposures should be considered within the context of conclusions (i.e, answers to questions 1-3) about the associations of seafood intake to child growth and development?

- What other evidence on diet or other exposures related to **differences by social, economic, health, and/or environmental disadvantage** (e.g., race/ethnicity and income status, higher cumulative exposure to environmental stressors, pre-existing disease burden, etc.) should be considered within the context of conclusions (i.e, answers to questions 1-3) about the associations of seafood intake to child growth and development?

NASEM Statement of Task



Evidence Integration Methodology

Develop and implement an approach to integrate scientific evidence in a transparent way and draw conclusions (quantitative and/or qualitative) on seafood and child development.

Overarching Question

What is the relationship between seafood consumption and child growth and development?

Overarching Conclusions

```
graph TD; Q1[Q1: Intake and Composition] --> OC[Overarching Conclusions]; Q2[Q2: Exposure on Outcomes] --> OC; Q3[Q3: Mechanisms of Action] --> OC; Q4[Q4: Other Considerations] --> OC; MainQ[What is the relationship between seafood consumption and child growth and development?] --> OC;
```

Q1: Intake and Composition

Pregnancy: Conclusion (Grade)

Lactation: Conclusion (Grade)

Childhood: Conclusion (Grade)

Q2: Exposure on Outcomes

Pregnancy:

Outcome A: Conclusion (Grade)

Outcome X: Conclusion (Grade)

Lactation:

Outcome A: Conclusion (Grade)

Outcome X: Conclusion (Grade)

Childhood:

Outcome A: Conclusion (Grade)

Outcome B: Conclusion (Grade)

Outcome C: Conclusion (Grade)

Outcome D: Conclusion (Grade)

Outcome X: Conclusion (Grade)

Q3: Mechanisms of Action

Toxicology:

Tox A Outcomes: Conclusion (Grade)

Tox B Outcomes: Conclusion (Grade)

Tox X Outcomes: Conclusion (Grade)

Nutrition:

Nutr A Outcomes: Conclusion (Grade)

Nutr B Outcomes: Conclusion (Grade)

Nutr X Outcomes: Conclusion (Grade)

Interactions:

Tox A Nutr A: Conclusion (Grade)

Tox A Nutr B: Conclusion (Grade)

Tox B Nutr A: Conclusion (Grade)

Tox X Nutr X: Conclusion (Grade)

Q4: Other Considerations

Pregnancy:

TBD

Lactation:

TBD

Childhood:

TBD

NASEM Statement of Task



Evidence Integration Methodology

- *Not to conduct a quantitative Risk Benefit Analysis (RBA) – but to evaluate **when to or not to conduct a formal RBA**,*
 - How to assess quality and uncertainty of an RBA;
 - Provide risk managers scientific information and principles that can serve as a foundation to evaluate confidence in the potential conclusions of an RBA; and
 - Identify additional context that is additive to the findings of an RBA for the purpose of assessing implications/applications capable of informing policy decisions by decision makers

Questions?



Kellie Casavale, Senior Science Advisor for Nutrition
Center for Food Safety and Applied Nutrition, FDA, HHS



Khesha Reed, Deputy Director
Standards and Health Protection Division, Office of Science and Technology,
Office of Water, EPA

*Office of Research and Development, Office of Children's Health Protection, and
Office of Environmental Justice and External Civil Rights also represented in the collaboration



Jon Bell, Director
National Seafood Inspection Lab, NOAA Fisheries

*Office of International Affairs and Seafood Inspection and National Sea Grant also represented in the collaboration



Kristin Garcia, Director
Food Safety and Nutrition Division, Supplemental Nutrition and Safety
Programs, Food and Nutrition Service, USDA