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Primary Care Lacks a Conceptual Framework



Primary care is qualitatively different from other areas of medicine.

- Defined by processes (access, coordination, continuity, etc.)
- Operates at the interface of medical care, public health, and community
- The nexus between personhood and patienthood
- Person-centered, relationshipbased
- Goal-oriented

Foundational

Collaboration Requires Common Goals



Clinicians and patients

Interprofessional team members

Primary care and referral specialists

Primary care and public health

Primary care and community organizations



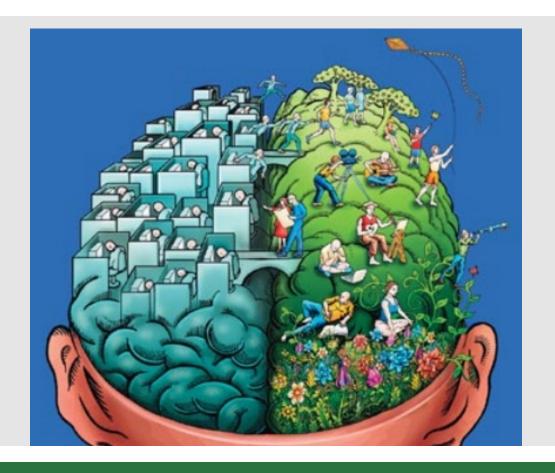
Goal-Oriented Health Care

Health: The ability to derive as much joy and fulfillment as possible from life's journey.

The goals of health care are to help each person:

- Prevent premature (preventable) death and disability
- Experience the best possible quality of life
- Optimize personal growth and development
- Experience a good death

Consistent with that person's values and priorities



Implementation Requirements

Mindshift

- From problem-solving to goal attainment
- From standardization to prioritization

Education and training

- From problem-based to goal-oriented teaching/learning
- From traditional residency- to interprofessional team-based training



Implementation Requirements

Practice transformation

 Integration of key competencies (e.g., administration, behavioral/mental health, social work, rehab therapies, others)

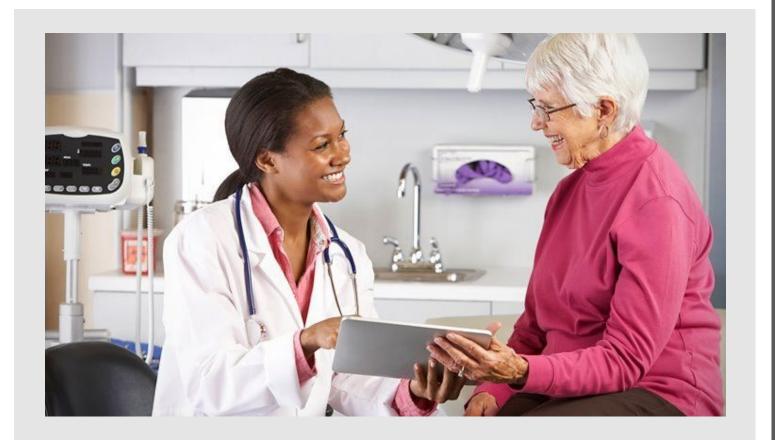
Research

- Methods that allow for individualization of interventions and outcomes.
- Longitudinal comparative-impact research to inform prioritization and projective models

Health system adjustments

 Values clarification and goal-setting establish the foundational nature of primary care

Take Home Points



Primary care is different Foundational

Partnership, coordination, and collaboration require common goals

At macro, meso, and micro levels healthcare can be organized around four categories of measurable goals:

LOL, QOL, G&D, and QOD

Steps that Can Be Taken Today to Advance Goal-Oriented Primary Care

https://www.goalorientedcare.org/general-4

Key References

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