

# Community Interventions to Prevent Veteran Suicide: The Role of Social Determinants - A Workshop

## Resources and Tools Provided by Workshop Attendees:

**Alliance of Hope** <https://allianceofhope.org/> Suicide Loss Survivors

**The American Foundation for Suicide Prevention** <https://afsp.org/> (national and has local chapters)

### **Facts About Suicide Among Women Veterans: June 2018**

[https://www.mentalhealth.va.gov/suicide\\_prevention/docs/Final\\_Facts\\_About\\_Suicide\\_Among\\_Women\\_Veterans\\_508.pdf](https://www.mentalhealth.va.gov/suicide_prevention/docs/Final_Facts_About_Suicide_Among_Women_Veterans_508.pdf) Information with a list of resources and services for Women Veterans

**Justice for Vets** <https://justiceforvets.org/> Provides training and technical assistance to help communities bring together local, state, and federal resources to directly serve veterans involved in the justice system due to mental health disorders, trauma, and substance use.

**PsychArmor** <https://psycharmor.org/> Provides education and training to improve the health and life outcomes of military-connected individuals. They create data-driven and evidence-based virtual training courses that help to enhance the level of connection between civilians and military-connected people.

**Survivor Outreach Services (SOS)** <https://www.armymwr.com/programs-and-services/personal-assistance/survivor-outreach> offers you access to support, information, and services closest to where you live, when you need it and for as long as you need it. Survivor Outreach Services is part of the Army Casualty Continuum of Care. It's designed to provide long-term support to surviving Families of Fallen Soldiers. Our goal is to reassure Survivors that they remain valued members of the Army Family.

**TAPS (Tragedy Assistance Program for Survivors)** <https://taps.org/> - nonprofit providing care and resources to anyone grieving the death of a service-member, including those who died by suicide.

**Together With Veterans** <https://www.mirecc.va.gov/visn19/togetherwithveterans/> Rural Veteran Suicide Prevention Program

### **VA Veteran Outreach Toolkit**

<https://www.va.gov/HOMELESS/nchav/resources/docs/prevention/Suicide/VA-Suicide-Prevention-Community-Outreach-Toolkit.pdf> A community call to action to prevent veteran suicide.

### **VA Whole Health Personal Health Inventory** [https://www.va.gov/wholehealth/docs/10-](https://www.va.gov/wholehealth/docs/10-773_PHI_July2019_508.pdf)

[773 PHI July2019 508.pdf](https://www.va.gov/wholehealth/docs/10-773_PHI_July2019_508.pdf) - Whole Health Education Handouts

<https://www.va.gov/WHOLEHEALTH/veteran-handouts/index.asp>

### **Veteran Crisis Line Community Toolkit-** <https://starttheconversation.veteranscrisisline.net/toolkit>

Provides information about common issues that many Veterans face, as well as concrete steps to help you support a Veteran who may be dealing with emotional distress or be at risk for suicide.

**Vets 2 Industry** <https://vets2industry.org/> FREE resource library for active, guard, reserve, veteran, military-spouse, dependent children, Blue-Star & Gold-Star Families, and caregivers

**Vets4Warriors** [www.vets4warriors.com](http://www.vets4warriors.com) a 24/7 peer support network. Vets4Warriors operates independently of the U.S. military, complementing official government resources available to service members and veterans. Committed to ensuring that all veterans, service members, their families, and caregivers always have direct and immediate access to a peer who understands their life experiences

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and the challenges they face, and can provide support whenever they confront an issue, wherever they are in the world.

**Vets Counseling Vets** <https://vetscounselingvets.org/> a veteran-led nonprofit providing training, education, advocacy, mentorship and service (TEAMS) to veterans and their families in the areas of mental wellness and suicide prevention.

### Local Resources:

**The Resilient Veteran** <https://www.theresilientveteran.org/> Northwestern Pennsylvania Veteran Suicide Prevention Program. They work with healthcare partners, community organizations, veterans and their families to end suicide deaths.

**Stop One** <https://stopone.info/> Provides educational tools for community intervention for suicide prevention. (Texas- provides virtual courses)

**The Veterans Mental Health Department (VMHD)** <https://www.milvetpeer.net/> Focused on ensuring access to competent mental health services for service members, veterans, and their families. (Texas)

**Veterans Accessing Lifelong Opportunities for Rehabilitation (VALOR) Program**  
<https://www.valortx.com/> In-custody, Veteran-specific inpatient treatment for Veteran offenders across Texas.

### Programs for Transition to Civilian Life:

**ETS Sponsorship Program** <https://etssponsorship.com/> established in partnership with the Department of Veterans Affairs (VA) and the Department of Defense (DoD), exists to sponsor service members through the transition process from military to civilian life.

**Center for Women Veterans (CWV)** <https://www.va.gov/womenvet/whtt/index.asp> The online, self-paced Women's Health Transition Training is available for servicewomen and women Veterans to take anytime, anyplace at <https://www.tapevents.mil/courses/197>

**My Life My Story** <https://www.va.gov/WHOLEHEALTH/mylifemystory/index.asp> - program that allows Veterans to tell their own story, and is written up in the Veteran's own words (originally meant to inform medical providers of the Veteran as a whole person)

### **Women Veterans Network**

<https://www.wovenwomenvets.org/?msclid=26bfb8a3af9011eca6f7e7a142d4c2c9>- Provides a unique social network of women Veterans to foster connections and build relationships in local communities and across the nation.

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## **Referenced Information:**

- 2021 National Veteran Suicide Prevention Annual Report  
<https://www.mentalhealth.va.gov/docs/data-sheets/2021/2021-National-Veteran-Suicide-Prevention-Annual-Report-FINAL-9-8-21.pdf>
- Minority Veteran Report: Military Service History and VA Benefit Utilization Statistics  
[https://www.va.gov/vetdata/docs/SpecialReports/Minority\\_Veterans\\_Report.pdf](https://www.va.gov/vetdata/docs/SpecialReports/Minority_Veterans_Report.pdf)
- Bridging the Deadly Gap with the ETS Sponsorship Program  
<https://www.queri.research.va.gov/centers/ExpirationTermService.pdf>
- Blue Star Families' Social Impact Research 2021: Understanding The Diverse Experiences of Military & Veteran Families of Color <https://ivmf.syracuse.edu/article/bsf-rei/>
- Women in the Military: From Service to Civilian Life-Infographic  
<https://ivmf.syracuse.edu/article/women-military-service-civilian-life-infographic/>
- Suicide prevention in women Veterans: Risk and resiliency factors  
[https://www.hsrd.research.va.gov/for\\_researchers/cyber\\_seminars/archives/2370-notes.pdf](https://www.hsrd.research.va.gov/for_researchers/cyber_seminars/archives/2370-notes.pdf)

## **Recommended Apps:**

- VA Mental Health App Library - <https://mobile.va.gov/appstore/mental-health>
- Beyond MST <https://mobile.va.gov/app/beyond-mst> a free, secure, trauma-sensitive mobile app that was created specifically to support the health and well-being of survivors of sexual assault or harassment during military service, also called military sexual trauma (MST).
- PTSD Family Coach <https://mobile.va.gov/app/ptsd-family-coach> for family members of those living with posttraumatic stress disorder (PTSD).