



**SUICIDE PREVENTION IN INDIGENOUS COMMUNITIES:
A VIRTUAL WORKSHOP**

**WEBINAR 1
FRIDAY, APRIL 22, 2022
11:00 AM—4:00 PM ET**

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FORUM ON MENTAL HEALTH AND SUBSTANCE USE DISORDERS

Suicide Prevention in Indigenous Communities
A Virtual Workshop

Webinar 1:
April 22, 2022 | 11:00 AM—4:00PM ET

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FORUM ON MENTAL HEALTH AND SUBSTANCE USE DISORDERS

**SUICIDE PREVENTION IN INDIGENOUS COMMUNITIES:
A VIRTUAL WORKSHOP**

Webinar 1
April 22, 2022
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WEBINAR LOGISTICS

- Join the webcast via this link:
<https://www.nationalacademies.org/event/04-22-2022/suicide-prevention-in-indigenous-communities-a-virtual-workshop-webinar-1>
- An archive of the video webcast and presentation slides will be available at:
<https://www.nationalacademies.org/event/04-22-2022/suicide-prevention-in-indigenous-communities-a-virtual-workshop-webinar-1>
- Proceedings-in-Brief of the workshop will be published following National Academies procedures. Rapporteurs will compose the proceedings from the workshop transcript and external reviewers will examine the proceedings to make sure it accurately reflects workshop discussions and conforms to institutional policies.
- Interested in receiving updates from the Forum on Mental Health and Substance Use Disorders or the National Academies of Sciences, Engineering, and Medicine's Health and Medicine Division?

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**SUICIDE PREVENTION IN INDIGENOUS COMMUNITIES:
A VIRTUAL WORKSHOP
AGENDA**

WEBINAR 1 STRENGTH AND PROTECTIVE FACTORS APRIL 22, 2022 11:00AM—4:00PM ET	
WELCOME FROM THE FORUM ON MENTAL HEALTH AND SUBSTANCE USE DISORDERS	
11:00 AM	William R. Beardslee, MD Director, Distinguished Gardner Monks Professor of Psychiatry Baer Prevention Initiatives, Boston Children's Hospital, Harvard Medical School <i>Planning Committee Co-Chair</i>
OPENING PRAYER	
11:05 AM	Dolores BigFoot, PhD Professor, Pediatrics College of Medicine University of Oklahoma
OPENING REMARKS	
11:10 AM	Elizabeth A. Fowler Acting Deputy Director Indian Health Services
KEYNOTE	
11:20 AM	Abigail Echo Hawk, MA Chief Research Officer, Seattle Indian Health Board Director, Urban Indian Health Institute All of Us Research Program National Institutes of Health
SESSION 1: EPIDEMIOLOGY OF SUICIDE TRENDS IN INDIGENOUS COMMUNITIES	
11:30 AM	Dolores BigFoot, PhD Professor, Pediatrics College of Medicine University of Oklahoma Emily Haozous, PhD, RN, FAAN Research Scientist Pacific Institute for Research and Evaluation

	<p>Don Warne, MD, MPH Associate Dean of Diversity, Equity, Inclusion Director, Indians Into Medicine and Public Health Programs Professor of Family and Community Medicine University of North Dakota</p>
	12:15 PM AUDIENCE Q&A
	<p><i>Moderator:</i> Teresa Brockie, PhD, RN, FAAN Assistant Professor Johns Hopkins School of Nursing <i>Planning Committee Co-Chair</i></p> <p><i>Panelists:</i> Dolores BigFoot, PhD Professor, Pediatrics College of Medicine University of Oklahoma</p> <p>Emily Haozous, PhD, RN, FAAN Research Scientist Pacific Institute for Research and Evaluation</p> <p>Don Warne, MD, MPH Associate Dean of Diversity, Equity, Inclusion Director, Indians Into Medicine and Public Health Programs Professor of Family and Community Medicine University of North Dakota</p>
12:30 PM	BREAK
	SESSION 2: TRIBAL STRENGTHS AND CULTURAL ASPECTS FOR SUICIDE INTERVENTIONS
1:00 PM	<p>Miigis Gonzalez, PhD Assistant Scientist International Health Social and Behavioral Interventions Johns Hopkins Bloomberg School of Public Health</p> <p>Daniel Foster, PsyD, MS Consulting Psychologist Fort Belknap, Integrated Behavioral Health</p> <p>Michelle Kahn-John, PhD, RN Research Associate Johns Hopkins School of Nursing</p> <p>Evon Peter, MA Senior Research Scientist</p>

Center for Alaska Native Health Research University of Alaska Fairbanks		
2:00 PM AUDIENCE Q&A		
<p><i>Moderator:</i> Victoria O'Keefe, PhD Mathuram Santosham Endowed Chair in Native American Health Assistant Professor Johns Hopkins Bloomberg School of Public Health <i>Planning committee member</i></p> <p><i>Panelists:</i> Miigis Gonzalez, PhD Assistant Scientist International Health Social and Behavioral Interventions Johns Hopkins Bloomberg School of Public Health</p> <p>Daniel Foster, PsyD, MS Consulting Psychologist Fort Belknap, Integrated Behavioral Health</p> <p>Michelle Kahn-John, PhD, RN Research Associate Johns Hopkins School of Nursing</p> <p>Evon Peter, MA Senior Research Scientist Center for Alaska Native Health Research University of Alaska Fairbanks</p>		
SESSION 3: BREAKOUT SESSION		
2:30 PM	Lisa Wexler, PhD Professor of Social Work University of Michigan <i>Planning committee member</i>	
	2:45 PM BREAKOUT SESSION 1. Researchers 2. Practitioners/Clinicians 3. Policy leaders 4. Community workers	2:45 PM BREAK (those who did not register for breakouts)
BREAKOUT ROOM DISCUSSION		
3:05 PM	Lisa Wexler, PhD Professor of Social Work University of Michigan <i>Planning committee member</i>	

	<p>James Allen, PhD Professor, Department of Family Medicine and BioBehavioral Health University of Minnesota <i>Planning committee member</i></p> <p>Victoria O'Keefe, PhD Mathuram Santosham Endowed Chair in Native American Health Assistant Professor Johns Hopkins Bloomberg School of Public Health <i>Planning committee member</i></p> <p>Justin Coffey, MD Professor and Chair, Department of Psychiatry and Behavioral Health Geisinger <i>Planning committee member</i></p>
CLOSING PRAYER/REMARKS	
3:45 PM	<p>Sade Heart of the Hawk Ali, MA Tribal Lead, Zero Suicide Institute <i>Planning committee member</i></p>
4:00 PM	ADJOURN

Workshop Planning Committee | This workshop was organized by the following experts: William Beardslee, Harvard University (Co-chair); Teresa Brockie, Johns Hopkins School of Nursing (Co-chair); James Allen, University of Minnesota; Justin Coffey, Geisinger; Sade Heart of the Hawk Ali, Zero Suicide Institute; Victoria O'Keefe, Johns Hopkins Bloomberg School of Public Health; Kathy Pham, American College of Clinical Pharmacy; Lisa Wexler, University of Michigan

FORUM ON MENTAL HEALTH AND SUBSTANCE USE DISORDERS

Workshop on Suicide Prevention in Indigenous Communities

Speaker Roster

Webinar 1: April 22, 2022

Dolores Bigfoot, PhD

Professor, Pediatrics
College of Medicine
University of Oklahoma

Emily Haozous, PhD, RN, FAAN

Research Scientist
Pacific Institute for Research and Evaluation

Abigail Echo Hawk, MA

Chief Research Officer, Seattle Indian Health
Board
Director, Urban Indian Health Institute
All of Us Research Program
National Institutes of Health

Michelle Kahn-John, PhD, RN

Research Associate
Johns Hopkins School of Nursing

Daniel Foster, PsyD, MS

Consulting Psychologist
Fort Belknap, Integrated Behavioral Health

Evon Peter, MA

Senior Research Scientist
Center for Alaska Native Health Research
University of Alaska Fairbanks

Elizabeth A. Fowler

Acting Deputy Director
Indian Health Services

Donald Warne, MD, MPH

Associate Dean of Diversity, Equity, Inclusion
Director, Indians Into Medicine and Public
Health Programs
Professor of Family and Community Medicine
University of North Dakota

Miigis Gonzalez, PhD

Assistant Scientist
International Health
Social and Behavioral Interventions Johns
Hopkins Bloomberg School of Public Health

FORUM ON MENTAL HEALTH AND SUBSTANCE USE DISORDERS

Workshop on Suicide Prevention in Indigenous Communities

Webinar 1: April 22, 2022

Speakers' Bios

Dolores Subia BigFoot, PhD, a child psychologist by training, is a Presidential Professor who directs the Indian Country Child Trauma Center within the Center on Child Abuse and Neglect at the University of Oklahoma Health Sciences Center. Since 1994 she has directed Project Making Medicine, a clinical training program to training mental health providers in the treatment of child maltreatment using culturally based teachings. In 2020 she was awarded the National Suicide Prevention Resource Center, providing training and technical assistance throughout the country on suicide prevention efforts. With the establishment of the Indian Country Child Trauma Center in 2004, she was instrumental in the cultural adaptations of evidenced-based child treatment protocols. Under her guidance, four Evidenced Based Treatments were enhanced for American Indian and Alaska Native families in Indian Country, titled the Honoring Children Series. One of the four is Honoring Children – Mending the Circle, a cultural enhancement of Trauma Focused Cognitive Behavior Therapy, for use with American Indian and Alaska Native children and their families. Dr. BigFoot has over 15 published articles and chapters, including serving as the lead author of the recent publication, “Adapting Evidence-Based Treatments for Use with American Indians and Native Alaskan Children and Youth.” Dr. BigFoot has served as PI on sixteen federally funded projects. She currently serves on the federal Commission on Native Children, whose mission is to make recommendations to improve conditions affecting American Indian, Alaska Native, and Native Hawaiian children and their families. Dr. BigFoot has over 30 years of experience and is knowledgeable about the concerns of implementation and adaptation of evidenced based practices being introduced into Indian Country. Dr. BigFoot is a member of the national TF-CBT Trainer Network. Dr. BigFoot is an enrolled member of the Caddo Nation of Oklahoma with affiliation to the Northern Cheyenne Tribe of Montana where her children are enrolled members.

Abigail Echo-Hawk, MA (Pawnee) is the Executive Vice President of the Seattle Indian Health Board and the Director of the Urban Indian Health Institute, a tribal epidemiology center. She works to support the health and well-being of urban Indian communities and tribal nations across the United States. Abigail has been

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recognized as a national leader in decolonizing data for Indigenous people, by Indigenous people.

Daniel Foster, PsyD, MS, Western Band Cherokee, though Dakota/Lakota culturally, grew up in the West. He was discharged from the Army in November of 1971, as a Sergeant, having entered in 1969. He completed his undergraduate work at Willamette University, Salem, Oregon, where he was a member of Psi Chi (Psychology Honor Society) and Omicron Delta Kappa (a National Honor Society), graduating with a B.S. in Psychology, Education and Social Science in 1975. He completed his Doctorate in Clinical Psychology at Baylor University, Waco, Texas, in 1980. In 2011, he completed a Post-Doctoral Masters of Science in Psychopharmacology from Alliant International University's California School of Professional Psychology. A member of Willamette's Athletic Hall of Fame, he was a Collegiate and Elite International Athlete, competing as a Wrestler and Football player in college and on the US Team Handball National Team for 11 years. He was a member of multiple TH National Championship Teams, including the Collegiate Championship in 1974 and 1975, and the last one at Hofstra University in 2002, in the Elite Division. He worked for the Bureau of Prisons for 11 years, including serving as the first National Director, Drug Abuse Programs, and retired from IHS after 23 years in Browning MT and Rosebud SD, in 2017. He and his wife, Becky (Blackfeet/Dakota/Lakota), a Ph.D in Clinical Psychology, have been blessed to raise many children and are still learning the privilege, responsibilities and humility, inherent in parenting. They have belonged to the Buffalo Lake Sundance Circle in SD for decades. They work with Traditional Healers as well as with Western Medicine practitioners and strongly support holistic Health Promotion and Wellness as a paradigm for Health Care. He currently works with Fort Belknap Tribes Integrated Behavioral Health, in MT.

Elizabeth A. Fowler, a member of the Comanche Nation with descendance from the Eastern Band of Cherokee Indians, is the acting deputy director and has the delegable duties as the director of the Indian Health Service, an agency within the U.S. Department of Health and Human Services. The IHS is the principal federal health care advocate and provider of health care services for American Indians and Alaska Natives. In her position, Ms. Fowler administers a nationwide health care delivery program that is responsible for providing preventive, curative, and community health care to approximately 2.6 million American Indians and Alaska Natives in hospitals, clinics, and other settings throughout the United States. Ms. Fowler has served as the executive officer for the IHS Oklahoma City Area since

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February 2019, overseeing the administrative functions for the area, including human resources, finance, acquisitions, property and supply, the National Supply Service Center, business office, purchased and referred care, health information management, and information technology programs. She began her career with IHS in 1990 in the IHS headquarters Division of Personnel Management. Ms. Fowler has also served in a variety of different roles at IHS headquarters, including IHS deputy director for management operations, and deputy director for budget formulation within the Division of Financial Management. She has also served as director of the Office of Finance and Accounting, the agency's chief financial officer, charged with providing oversight and leadership for financial management within the IHS. Ms. Fowler has received numerous awards from the IHS and HHS, including the HHS Secretary's Award for Distinguished Service, various IHS Director's Awards, and the Luana Reyes Leadership Award. She received her Bachelor of Science degree in Mathematics from the University of Maryland university system.

Miigis Gonzalez, PhD, (Lac Courte Oreilles Ojibwe) is an Assistant Scientist for the Johns Hopkins Bloomberg School of Public Health, Center for American Indian Health, Great Lakes Hub. Her research is grounded in her values, beliefs, and personal experiences as an Anishinaabe woman, mother, and leader. Her research promotes Indigenous language and culture as the means to improve wellbeing among Indigenous peoples. Her work supports what is innately understood among Indigenous people – that language, culture, and spirituality are inseparable components of Indigenous wellbeing; and that we cannot deny contemporary experiences of loss and disconnection. As a new faculty member, she hopes to utilize research and the resources of Johns Hopkins to create new opportunities to increase access to Indigenous language, culture, and wellbeing for Anishinaabe Peoples. In addition to Assistant Scientist, Miigis is a parent (with her three children) of Gookonaanig Endaawaad (Our Grandmother's House), an Ojibwe language nest. Gookonaanig Endaawaad brings together parents, babies, and elders in a cultural, immersion setting to revive the language, the culture, Anishinaabe parenting practices, and ultimately, to raise a new generation of first language speakers. Miigis is dedicated to engaging her young family in cultural and ceremonial spaces because it is within these spaces that Anishinaabe teachings are alive and transferable.

Emily Haozous, PhD, RN, FAAN (Enrolled Chiricahua Fort Sill Apache) is a Research Scientist with the Pacific Institute for Research and Evaluation's Southwest Center, in Albuquerque, New Mexico. Dr. Haozous' research is guided by the health

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and wellness priorities of the Native American partners with whom she collaborates. She has published in peer reviewed journals on cancer pain management, telehealth and video conferencing, complementary and alternative therapies for pain management, issues in racial misclassification, and national trends in premature mortality and deaths of despair. Dr. Haozous has a background in hospice and palliative care nursing and is passionate about policy change that brings equitable healthcare delivery for Native Americans. Dr. Haozous received her undergraduate degree in music from the University of California, Santa Cruz, and her masters and PhD in nursing from Yale University. Dr. Haozous lives in Santa Fe, New Mexico with her husband and two sons.

Michelle Kahn-John, PhD, RN, is a member of the Diné (Navajo) Nation. She's currently a Research Fellow at the Johns Hopkins School of Nursing, Dr. Kahn-John is a Psychiatric Nurse Practitioner and Geriatric Nurse practitioner and has 20 years of clinical experience with the Indian Health Services on the Navajo Nation and with Alaska Natives in Sitka, Alaska. Dr. Kahn-John's research focuses on the protective relationship between American Indian cultural practices (language, stories, ceremony, spirituality) and physical and psychological health of American Indian populations. Her research focuses on the development of culturally tailored strength-based health delivery methods for American Indian populations as she continues to advocate for innovative and culturally tailored health care delivery models. In her work with tribes, Michelle has served as the director of a large, Indian Health Service mental health department (inpatient and outpatient) over a period of seven years and was successful in establishing an integrated model of healthcare delivery that combined Diné Traditional healing interventions alongside western medicine at the Fort Defiance Indian Hospital in AZ. She was instrumental in establishing the first inpatient adolescent psychiatric unit on the Navajo Nation (also an integrated model). She has skills and experience as an instructor, a clinician, a health care administrator, a program developer and as a researcher. Her American Indian (AI) cultural insights lend to her expertise on the development of tailored, individualized, and culturally relevant health related health and wellness options for AIs.

Evon Peter, MA, is Neets'qjj Gwich'in and Koyukon from Vashraqjj K'q̄q̄ (Arctic Village), Alaska. He is an advocate of Indigenous knowledges, languages, and rights, especially as they relate to the health and well-being of communities. Evon is a senior research scientist at the Center for Alaska Native Health Research at the University of Alaska Fairbanks (UAF) and director of Tanan Ch'at'oh, a Gwich'in

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language nest. He serves as a board member of the Gwich'in Council International. Evon has previously served as the tribal chief for Vashraqj K'QQ and as vice chancellor for rural, community and Native education at UAF. His work has focused on incorporating Indigenous knowledge and practices into healing, leadership development, and Alaska Native language programs. He holds a baccalaureate degree in Alaska Native studies and a master's degree in rural development.

Donald Warne, MD, MPH (Oglala Lakota) serves as the Associate Dean of Diversity, Equity and Inclusion; Chair of the Department of Indigenous Health; Director of the Indians Into Medicine (INMED) and Public Health Programs; and Professor of Family and Community Medicine at the School of Medicine and Health Sciences at the University of North Dakota. Dr. Warne is the Principal Investigator for the Indigenous Trauma & Resilience Research Center at UND, and he also serves as the Senior Policy Advisor to the Great Plains Tribal Leader's Health Board in Rapid City, SD. Dr. Warne is a member of the *Oglala Lakota* tribe from Pine Ridge, SD and comes from a long line of traditional healers and medicine men. Donald Warne received his MD from Stanford University School of Medicine in 1995 and his MPH from Harvard School of Public Health in 2002. His work experience includes: several years as a primary care physician with the Gila River Health Care Corporation in Arizona; Staff Clinician with the National Institutes of Health; Indian Legal Program Faculty with the Sandra Day O'Connor College of Law at Arizona State University; Health Policy Research Director for Inter Tribal Council of Arizona; Executive Director of the Great Plains Tribal Chairmen's Health Board; and Chair of the Department of Public Health at North Dakota State University. Dr. Warne is also a member of the Stanford University Alumni Hall of Fame.

Professional activities include:

- Member, Health Equity Advisory Committee, *HealthAffairs*;
- Member, Culture of Health Advisory Committee, National Academy of Medicine;
- Member, Framing the Future 2030 Initiative, Association of Schools and Programs of Public Health;
- Member, Group of Diversity and Inclusion, Association of American Medical Colleges;
- Member, EC 50 People Changing the World, Explorers Club;
- Member, Health Disparities Subcommittee of the Advisory Committee to the Director of the Centers for Disease Control and Prevention (CDC);
- Member, International Advisory Committee, *Australian Journal of Rural Health*;
- Member, Indigenous Health Research Fund Expert Advisory Panel, Medical

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- Research Future Fund, Australia; and
- Member, Diabetes in Indigenous Populations Special Interest Group, International Diabetes Federation.

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Forum on Mental Health and Substance Use Disorders

Planning Committee for Suicide Prevention in Indigenous Communities: A Workshop

William R. Beardslee, MD (Co-Chair)

Director, Distinguished Gardner Monks Professor of Psychiatry
Baer Prevention Initiatives, Boston Children's Hospital, Harvard Medical School

Teresa Brockie, PhD, RN, FAAN (Co-Chair)

Assistant Professor
Johns Hopkins School of Nursing

James Allen, PhD

Professor, Department of Family Medicine and BioBehavioral Health
University of Minnesota

Justin Coffey, MD,

Professor and Chair,
Department of Psychiatry & Behavioral Health,
Geisinger

Sadé Heart of the Hawk Ali, MA

Tribal Lead, Zero Suicide Institute

Victoria M. O'Keefe, PhD

Mathuram Santosham Endowed Chair in Native American Health
Assistant Professor
Johns Hopkins University Bloomberg School of Public Health

Kathy Pham, Pharm.D., BCPPS

Director of Policy and Professional Affairs
American College of Clinical Pharmacy

Lisa Wexler, PhD, MSW

Professor of School of Social Work
University of Michigan, Ann Arbor

FORUM ON MENTAL HEALTH AND SUBSTANCE USE DISORDERS

Workshop on Suicide Prevention in Indigenous Communities

Webinar 1: April 22, 2022

Planning Committee Member Biographies

William R. Beardslee, MD directs the Baer Prevention Initiatives at Boston Children's Hospital and is the Distinguished Garner Monks Professor of Child Psychiatry at Harvard Medical School. He has a long-standing interest in the development of children at risk because of severe parental mental illness or other adversities such as poverty and in developing interventions to address these risks. He has been especially interested in the protective effects of self-understanding in enabling youngsters and adults to cope with adversity and has studied self-understanding in civil rights workers, survivors of cancer, and children of parents with affective disorders. He directed the Preventive Intervention Project, a study funded by the National Institute of Mental Health (NIMH), to explore the effects of a clinician-facilitated, family-based preventive intervention designed to enhance resiliency and family understanding for children of parents with mood disorders. After a successful efficacy study, this work has been adapted for African-American families, Latino families, and used in Head Start. It has been part of countrywide programs in Finland, Holland, Norway, Sweden, Costa Rica, and Australia. He has also been involved in several long-term trials for the prevention of episodes of depression. He co-founded and served as co-chair of The National Academy of Medicine's Forum on Children's Wellness for six years and currently serves on the Forum. He has also served on a number of other committees at the National Academies. He has received numerous awards, including the Human Rights Award of the Department of Mental Health for the Commonwealth of Massachusetts, an honorary Doctorate of Science Degree from Emory University, and was last year's Distinguished Contribution to Child Advocacy Awardee of the American Psychological Association.

Teresa Brockie, PhD, RN, FAAN is an Assistant Professor at the Johns Hopkins School of Nursing with a Joint Appointment in the Johns Hopkins Bloomberg Center for American Indian Health. Prior to her current role, she served as Research Nurse Specialist at the National Institutes of Health Clinical Center in Nursing Research and Translational Science. Dr. Brockie is an Indigenous nurse scientist and educator whose research focuses on achieving health equity through community-based prevention and intervention of suicide, trauma, and adverse childhood experiences among vulnerable populations. She is currently a Principal Investigator or Co-Investigator on 11 projects, including two R01's and two randomized controlled trials. She is a Fellow in the American Academy of Nursing, where she currently

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serves as a member of the Diversity and Inclusivity Committee. In 2020, she received the Brilliant New Investigator Award from the Council for the Advancement of Nursing Science within the American Academy of Nursing, and in 2016 she received the RADM Faye G. Abdellah Award for Nursing Research from the United States Public Health Service. A member of the White Clay (A'aninin) Nation from Fort Belknap, Montana, Dr. Brockie earned her PhD at the Johns Hopkins School of Nursing in 2013 and then completed a post-doctoral fellowship at the National Institutes of Health Clinical Center.

James Allen, PhD is professor in the Department of Family Medicine and Biobehavioral Health at the University of Minnesota Medical School, Duluth campus. He was previously Associate Director at the Center for Alaska Native Health Research and graduate faculty in the clinical-community psychology program with Indigenous and rural emphasis at the University of Alaska Fairbanks, Fulbright Scholar at University of Oslo Medical School, and graduate faculty in the clinical psychology program at the University of South Dakota. Research interests include prevention of American Indian and Alaska Native and youth suicide, community based participatory research, multi-level intervention, and research methods for small populations. He currently collaborates with Alaska Native communities developing an evidence base for the effectiveness of cultural strategies in promoting protective factors to prevent youth suicide and alcohol misuse risk, and documenting community-level resilience structures that promote youth well-being in protection from suicide. Dr. Allen's graduate training was in clinical psychology.

Justin Coffey, MD currently serves as Chair of the Department of Psychiatry and Behavioral Health at Geisinger, a large, integrated health system in Danville, PA. He leads the provision of all clinical and academic programs in psychiatry, psychology, and addiction medicine and serves on the leadership team of the Neuroscience Institute. He is board certified in psychiatry, behavioral neurology, and clinical informatics, is a Fellow of the American Psychiatric Association, a Fellow of the American Neuropsychiatric Association, and a member of the American College of Psychiatrists. He serves as President of the International Society for ECT and Neurostimulation, serves on the editorial board of multiple scientific journals, and has made important academic contributions to the fields of neuropsychiatry, brain stimulation, suicide, care redesign, and health technology.

Sadé Heart of the Hawk Ali, MA is the retired Deputy Commissioner of Philadelphia's Department of Behavioral Health and Intellectual disability Services.

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She is now the President of First Nations, LLC, a behavioral health training and consulting organization in Delaware. For the past four years, she was a Senior Associate with Altarum in Washington, DC, providing training and technical assistance to Tribal Governments and other providers engaged in SAMHSA's Access to Recovery (ATR) initiative. Ms. Ali holds faculty positions at Brown University, Temple University's College of Health Professions and Drexel University's School of Public Health. Ms. Ali has traveled the US and Canada extensively providing culturally appropriate recovery management and resilience-promoting training in both the mental health and addictions fields. She has published her thesis, other scholarly articles, and a textbook on culturally appropriate recovery/resilience services, the ending of health disparities through enhanced access to care, and the impact of inter-generational trauma on the Indigenous peoples of North America. She is one of the co-authors of the Philadelphia Behavioral Health Transformation Practice Guidelines for Recovery and Resilience Oriented Treatment, a framework for the fields of mental health and addictions treatment services that is used worldwide. She recently published *Social Healing Words-Using Language to Promote Recovery and Resilience for Individuals, Families and Communities*. Ms. Ali has been in recovery and the field of behavioral health services for over 47 years. Ms. Ali holds a Bachelor of Arts in Counseling Psychology and a Master of Arts in Clinical Psychology. She is First Nations Mi'kmaq from the Sturgeon Clan, the Elder and Medicine Keeper of the East Coast Two Spirit Society and a lifetime member of SAIGE (Society of American Indian Government Employees).

Victoria M. O'Keefe, PhD (Cherokee Nation/Seminole Nation) is the Mathuram Santosham Endowed Chair in Native American Health at Johns Hopkins University. Dr. O'Keefe is an Assistant Professor at the Johns Hopkins Bloomberg School of Public Health's Department of International Health (Social and Behavioral Interventions Program), an Associate Director at the Johns Hopkins Center for American Indian Health, and a Licensed Psychologist. Her community-based participatory research (CBPR) with Native communities focuses on strengths-based and culturally-informed suicide prevention, mental health promotion, and wellness. Dr. O'Keefe has received numerous fellowships and awards including a Ford Foundation Predoctoral Fellowship, the American Psychological Association/American Psychological Association of Graduate Students Award for Distinguished Graduate Student in Professional Psychology, and most recently she was honored with a Cherokee Nation Community Leadership Individual Award. In 2020-2021, she served as an expert panel member on "Promoting Emotional Well-Being and Resilience" for the National Academies of Sciences, Engineering, and Medicine in collaboration with the Centers for Disease Control and Prevention. Dr. O'Keefe received her PhD in clinical psychology from Oklahoma State University

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and completed her clinical internship at the Puget Sound VA Health Care System – Seattle Division, both in 2016.

Kathy Pham, Pharm.D., BCPPS is the Director of Policy and Professional Affairs at the American College of Clinical Pharmacy (ACCP), a professional and scientific society that provides leadership, education, advocacy, and resources enabling clinical pharmacists to achieve excellence in practice, research, and education. Dr. Pham came to ACCP from the Pew Charitable Trusts, where she served as Senior Officer of the Drug Safety Project. Her previous clinical experience has been in pediatric pharmacy practice, with the majority of that time spent as the NICU clinical specialist and pharmacy residency director at Children's National Medical Center in Washington, D.C. She is also a board-certified pediatric pharmacotherapy specialist. Dr. Pham earned her Doctor of Pharmacy degree from Rutgers, the State University of New Jersey. After completing her pharmacy residency at the University of Illinois at Chicago, she practiced as a pediatric clinical pharmacist and held faculty appointments at various schools of pharmacy including Long Island University, Rutgers, Creighton University, University of Maryland, and Virginia Commonwealth University. Dr. Pham leads ACCP's engagement, collaboration, and communication with medical, pharmacy, other health professional societies, health quality organizations, and payers/purchasers to promote and help achieve medication optimization for individual patients and populations. She participates as the ACCP representative in working groups and task forces of health policy development and research enterprises at the national level that address issues of interprofessional practice, research, and education.

Lisa Wexler, PhD conducts research that focuses on three overlapping and complimentary areas that address both scientific and community priorities: suicide prevention, wellness/resilience and learning. Her research engages participants in all levels of the process, responds to cultural and community priorities, and builds on and promotes personal and collective assets. Currently, she is working with community partners and academics to pilot Promoting Community Conversations About Research to End Suicide (PC CARES) (NIMH R34096884), which uses critical pedagogy to mobilize community members for strategic and collaborative suicide prevention and wellness initiatives. Additionally, her present work utilizes Intergenerational Dialogue Exchange and Action (IDEA)—a participatory research method—to engage young people in efforts to find local strengths, skills and wisdom through cross-generational and community-based investigations that—through the effort—enhance youth possibilities for action and strengthen their social connections within and outside of their home communities.

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Workshop on Suicide Prevention in Indigenous Communities

Webinar 1: April 22, 2022

Readings and Resources

- Center for American Indian Health. 2021. Culture Forward: A Strengths and Culture Based Tool to Protect our Native Youth from Suicide. Johns Hopkins Bloomberg School of Public Health.
https://caih.jhu.edu/assets/documents/CULTURE_FORWARD_FULL_GUIDE_Web.pdf
- Cwik, M. F., L. Tingey, A. Maschino, N. Goklish, F. Larzelere-Hinton, J. Walkup, and A. Barlow. 2016. Decreases in suicide deaths and attempts linked to the White Mountain apache suicide surveillance and prevention system, 2001-2012. *American journal of public health* 106(12):2183-2189.
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PREVENTING DISCRIMINATION, HARASSMENT, AND BULLYING EXPECTATIONS FOR PARTICIPANTS IN NASEM ACTIVITIES

The National Academies of Sciences, Engineering, and Medicine (NASEM) are committed to the principles of diversity, integrity, civility, and respect in all of our activities. We look to you to be a partner in this commitment by helping us to maintain a professional and cordial environment. All forms of discrimination, harassment, and bullying are prohibited in any NASEM activity. This commitment applies to all participants in all settings and locations in which NASEM work and activities are conducted, including committee meetings, workshops, conferences, and other work and social functions where employees, volunteers, sponsors, vendors, or guests are present.

Discrimination is prejudicial treatment of individuals or groups of people based on their race, ethnicity, color, national origin, sex, sexual orientation, gender identity, age, religion, disability, veteran status, or any other characteristic protected by applicable laws.

Sexual harassment is unwelcome sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature that creates an intimidating, hostile, or offensive environment.

Other types of harassment include any verbal or physical conduct directed at individuals or groups of people because of their race, ethnicity, color, national origin, sex, sexual orientation, gender identity, age, religion, disability, veteran status, or any other characteristic protected by applicable laws, that creates an intimidating, hostile, or offensive environment.

Bullying is unwelcome, aggressive behavior involving the use of influence, threat, intimidation, or coercion to dominate others in the professional environment.

REPORTING AND RESOLUTION

Any violation of this policy should be reported. If you experience or witness discrimination, harassment, or bullying, you are encouraged to make your unease or disapproval known to the individual, if you are comfortable doing so. You are also urged to report any incident by:

- Filing a complaint with the Office of Human Resources at 202-334-3400, or
- Reporting the incident to an employee involved in the activity in which the member or volunteer is participating, who will then file a complaint with the Office of Human Resources.

Complaints should be filed as soon as possible after an incident. To ensure the prompt and thorough investigation of the complaint, the complainant should provide as much information as is possible, such as names, dates, locations, and steps taken. The Office of Human Resources will investigate the alleged violation in consultation with the Office of the General Counsel.

If an investigation results in a finding that an individual has committed a violation, NASEM will take the actions necessary to protect those involved in its activities from any future discrimination, harassment, or bullying, including in appropriate circumstances the removal of an individual from current NASEM activities and a ban on participation in future activities.

CONFIDENTIALITY

Information contained in a complaint is kept confidential, and information is revealed only on a need-to-know basis. NASEM will not retaliate or tolerate retaliation against anyone who makes a good faith report of discrimination, harassment, or bullying.

Updated June 7, 2018