



STANLEY CENTER

FOR PSYCHIATRIC RESEARCH

AT BROAD INSTITUTE

The Long View: Gene Targeting for Complex Circuit Disorders

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Statement of interests



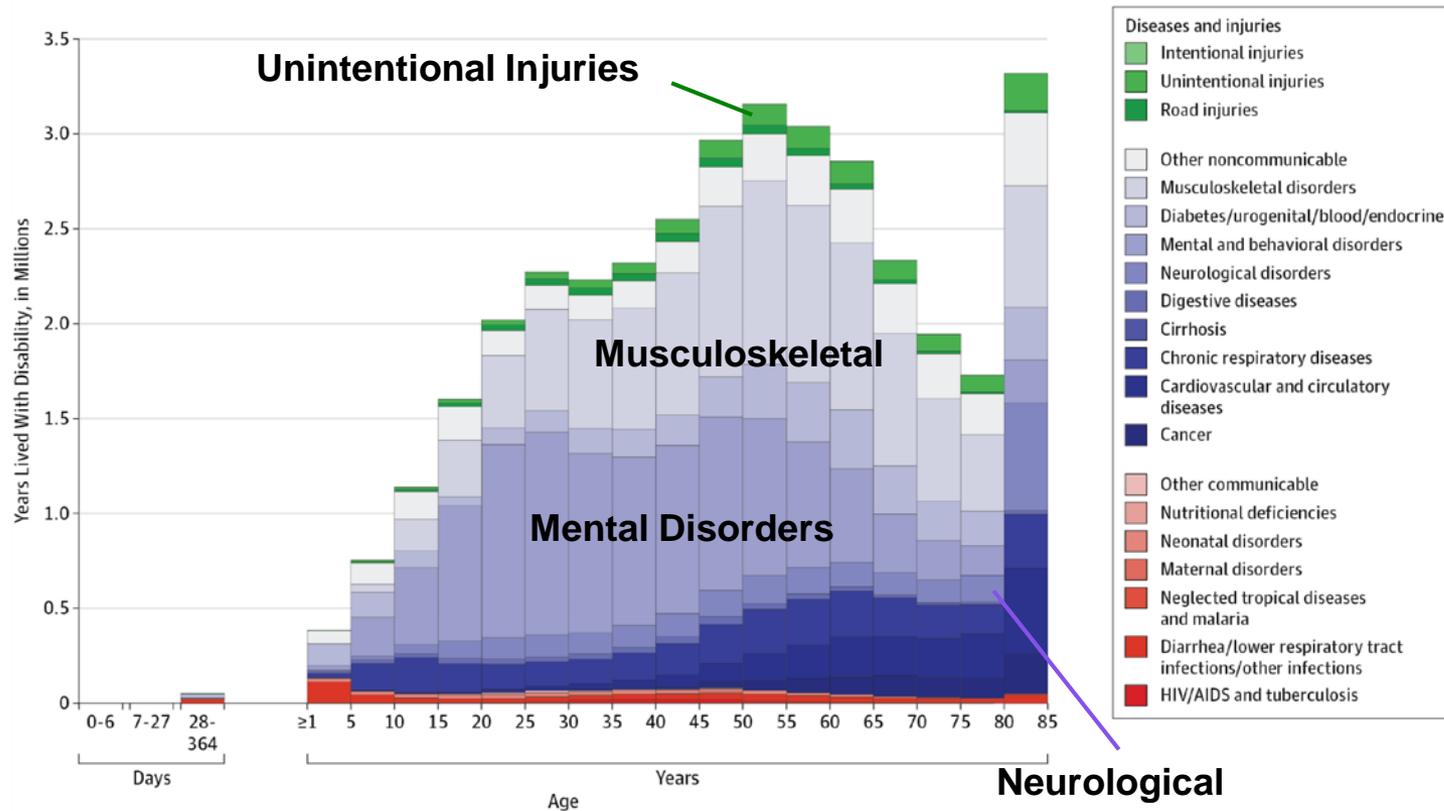
Industry

- Director, Voyager Therapeutics
- Director, Q-State Biosciences
- Scientific Advisory Board, Janssen
- Scientific Advisory Board, BlackThorn
- Scientific Advisory Board, F-Prime Capital

Relevant Nonprofit

- Director (Board Chair) Charles A Dana Foundation
- SAB (Co-chair) One Mind for Research

Neuropsychiatric disorders are the common, chronic, disabling diseases of the young



Burden of Diseases, Injuries, and Risk Factors, U.S.1990-2010:

Years lived with *disability* by age and disease class

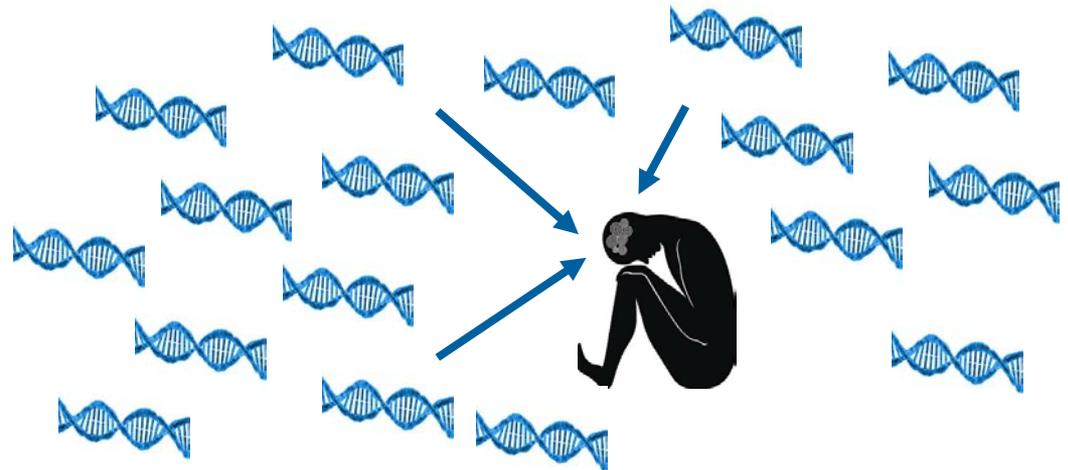
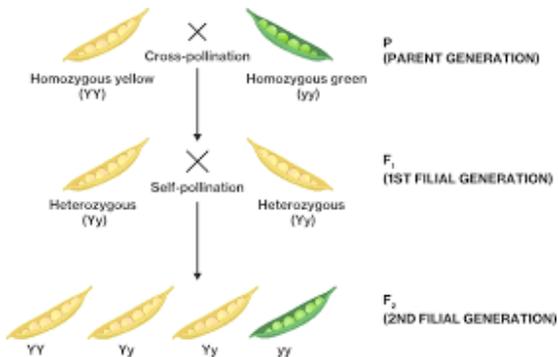
Source: JAMA 2013 doi:10.1001/jama2013.13805

What genes shall we target?

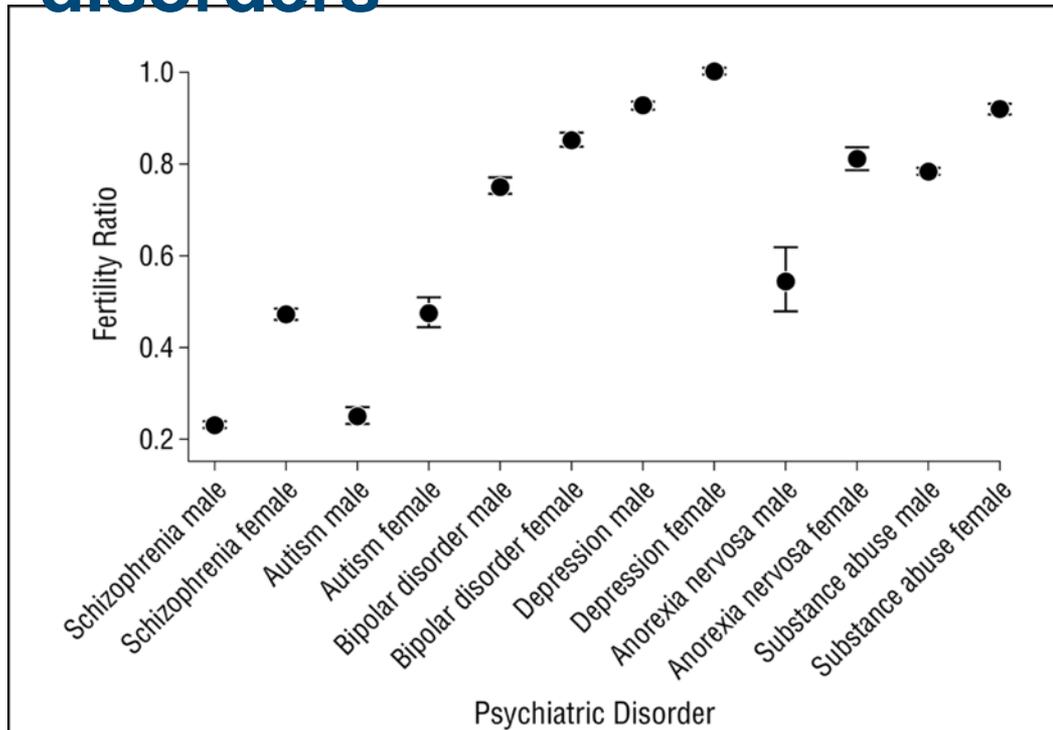
Despite the high heritabilities of common neuropsychiatric disorders, therapeutic targets are not easy to identify

Disorder	λ	Heritability (h^2)
Autism Spectrum	25	0.8
Schizophrenia	9	0.8
Bipolar Disorder	8	0.7-0.8
Major Depression	2-5	0.35

Our brains are not like Mendel's peas; most relevant phenotypes result from myriad small genetic nudges rather than a large genetic shove



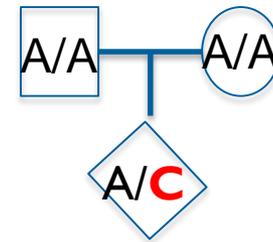
Reproductive fitness gives insight into low penetrance of risk alleles for early onset disorders



Fertility ratios by disorder and gender.
A fertility ratio of 1 = that of the general population.

Ramifications:

- Common and Rare Variants can readily be transmitter at very low effect sizes (OR < 1.1)
- Large effect alleles occur *de novo* (i.e., no opportunity yet for natural selection to act), but very rarely transmitted

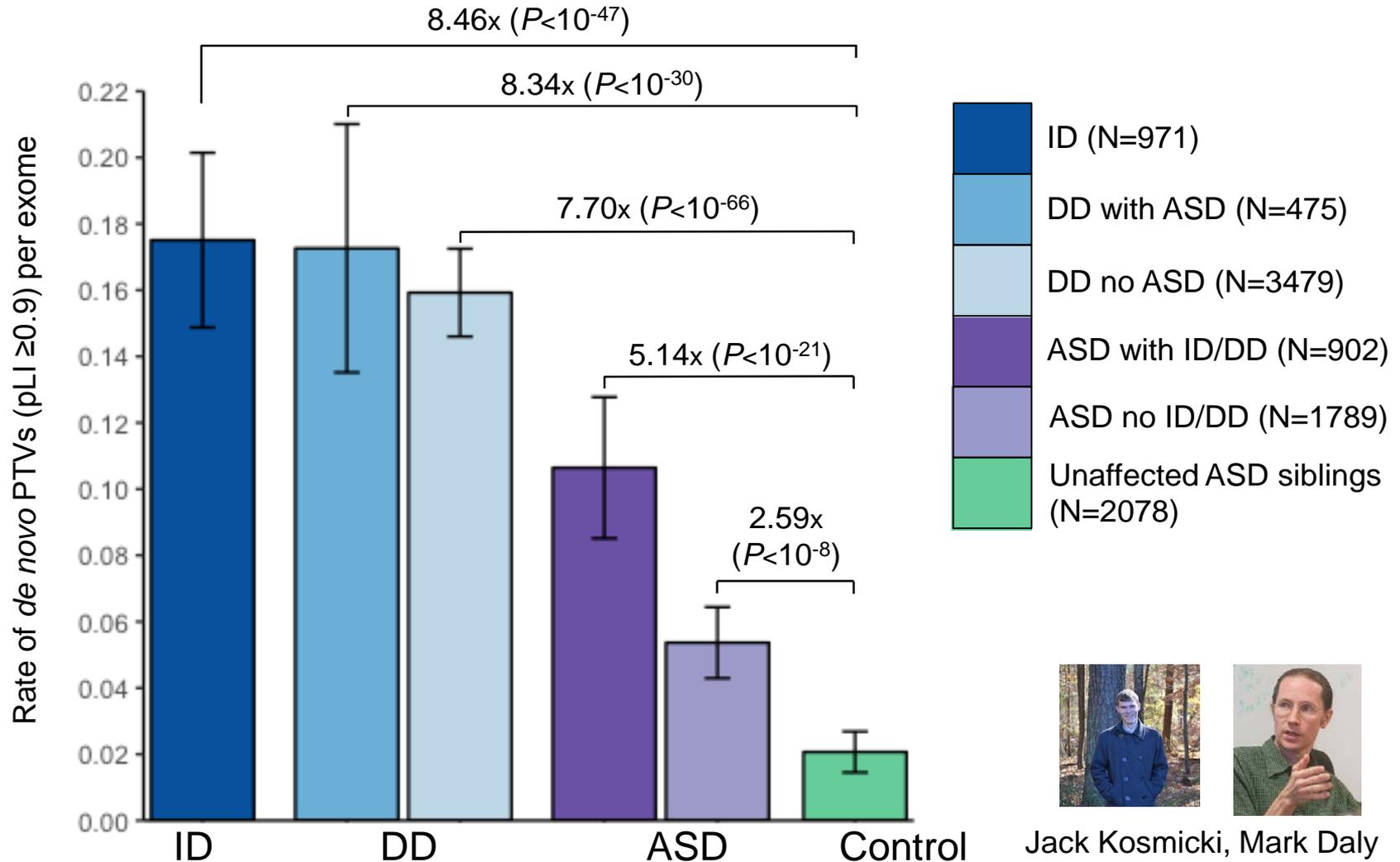


De novo protein truncating variants (PTV) burden by ascertainment

ID/DD strongest irrespective of ASD status

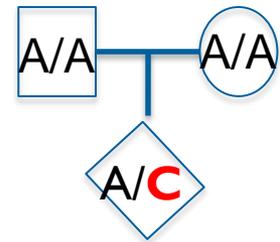
ASD with ID/DD more PTVs than without ID/DD

ASD without ID/DD significant, but at same rate as ADHD and other diagnoses



Possible playbook for *de novo* mutations—not suspected prenatally

- Somatic cell (brain) repair of severe neurodevelopmental disorders due to penetrant *de novo* mutations: possible strategy
 - Disease models such as Rett (mouse and macaque) and Shank3 (macaque) can be evaluated for translational relevance
 - **Key experiments: timing and efficacy of postnatal rescue**
 - Then consider development of brain gene therapy (e.g., replacement, editing)



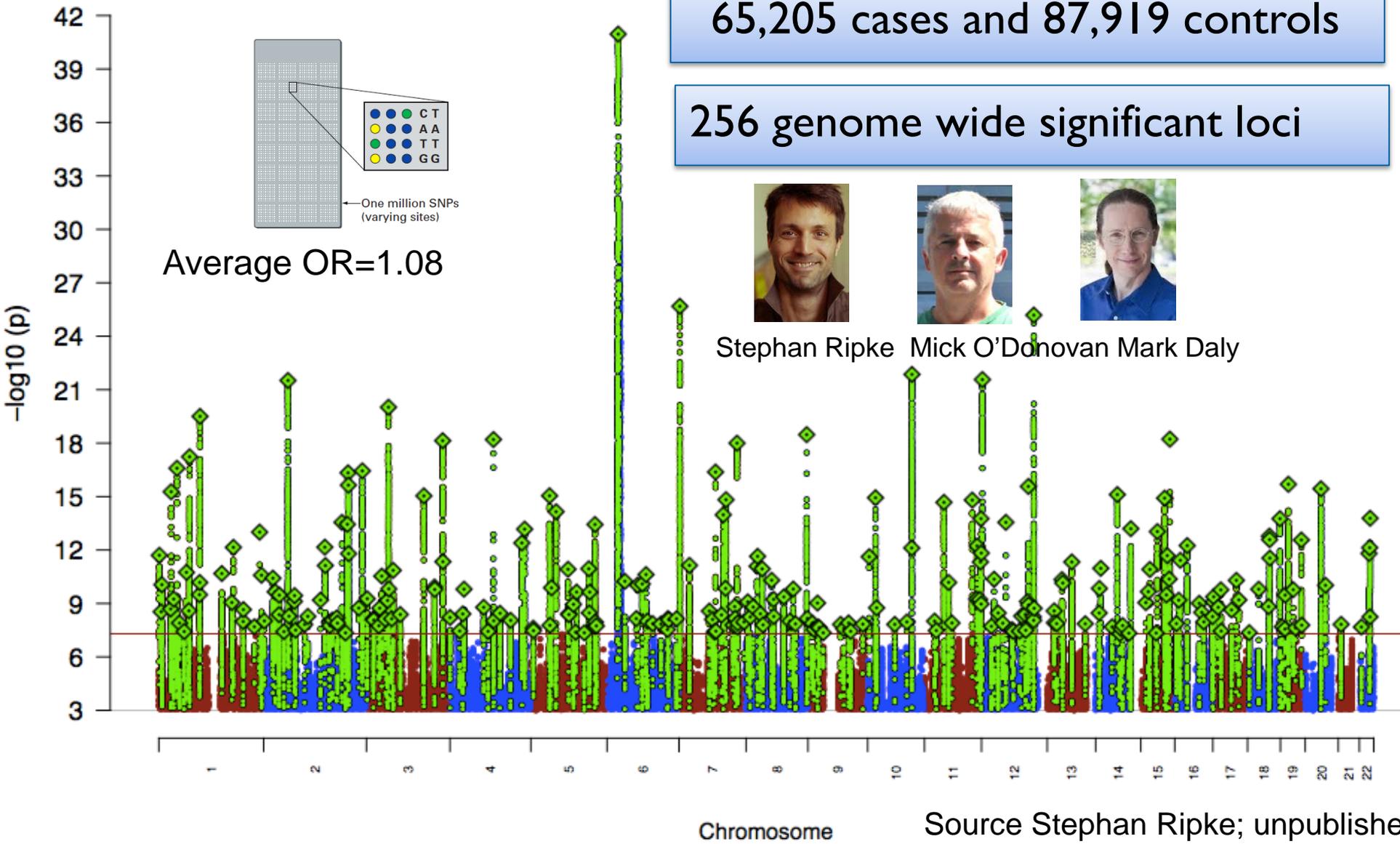
Rett mouse

Schizophrenia is a polygenic trait: PGC wave 3 schizophrenia GWAS



65,205 cases and 87,919 controls

256 genome wide significant loci



Schema Consortium: Rare transmitted exome variants associated with schizophrenia have modest effect sizes

25,033 cases / 51,507 controls yield only two genes with exome-wide levels of significance



TJ Singh Mark Daly



TRIO

Affects dendritic branching



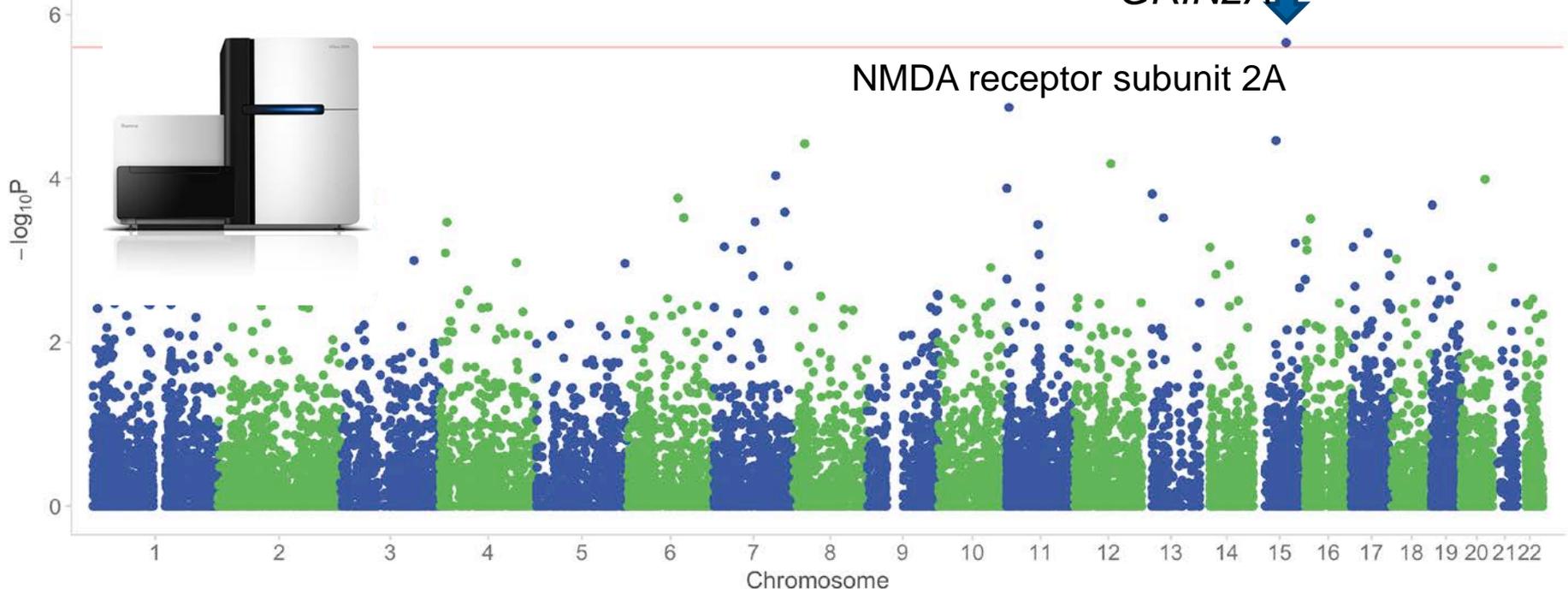
SETD1A

Component of histone methyltransferase

GRIN2A

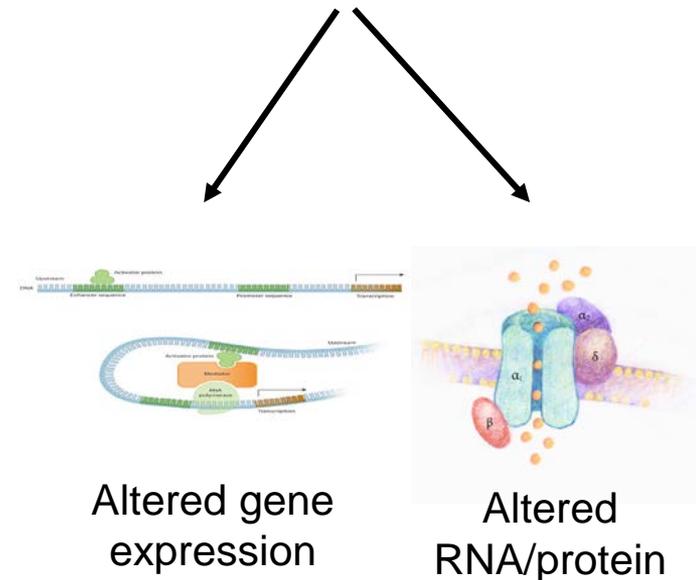
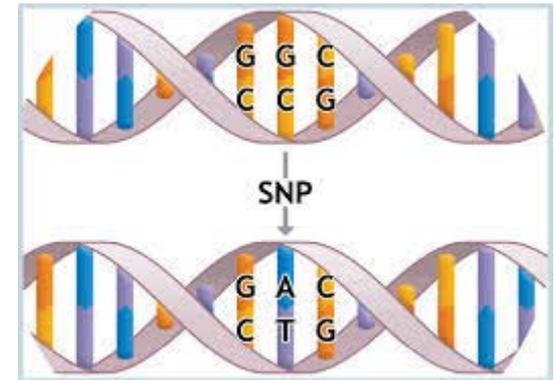


NMDA receptor subunit 2A



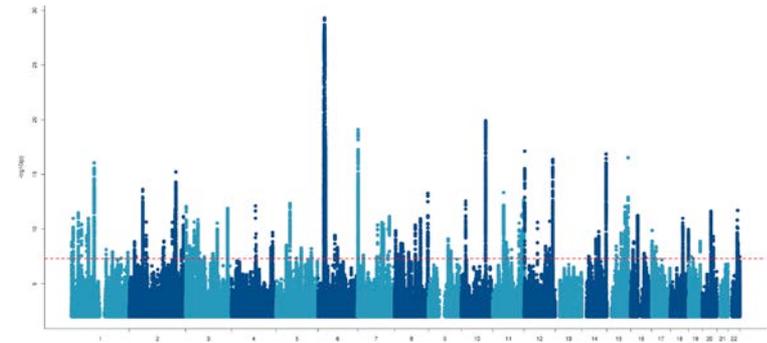
The challenges for gene targeting in common neuropsychiatric and cognitive phenotypes

- Extreme polygenicity, phenotypic heterogeneity
- For common early-onset disorders, risk alleles are of low penetrance.
 - Later onset (e.g., AD) have a few more penetrant alleles (e.g., APOE ϵ 4)
- Pleiotropy
- Limitations of preclinical models
- *Timing*: Does development 'lock in' some neural phenotypes?

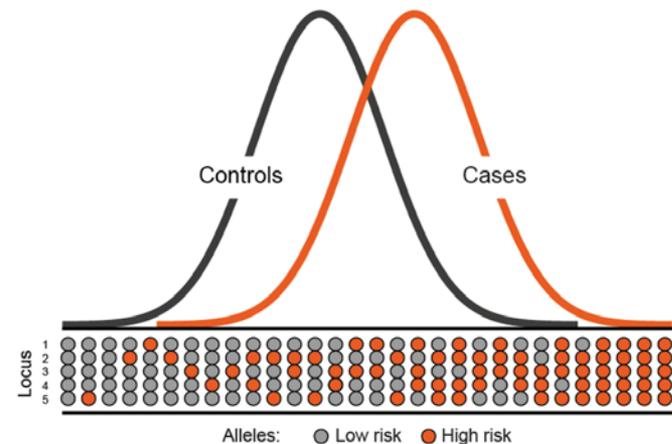


Aggregate signals: Polygenic Risk Scores (PRS)

- Basis: largest GWAS meta-analysis *appropriate for person's ethnicity*
- For each individual, calculate weighted sum (based on effect size) of risk alleles across the whole genome.
- PRS can stratify subjects by severity of genetic loading
- PRS permits identification of shared common variant risk across phenotypes

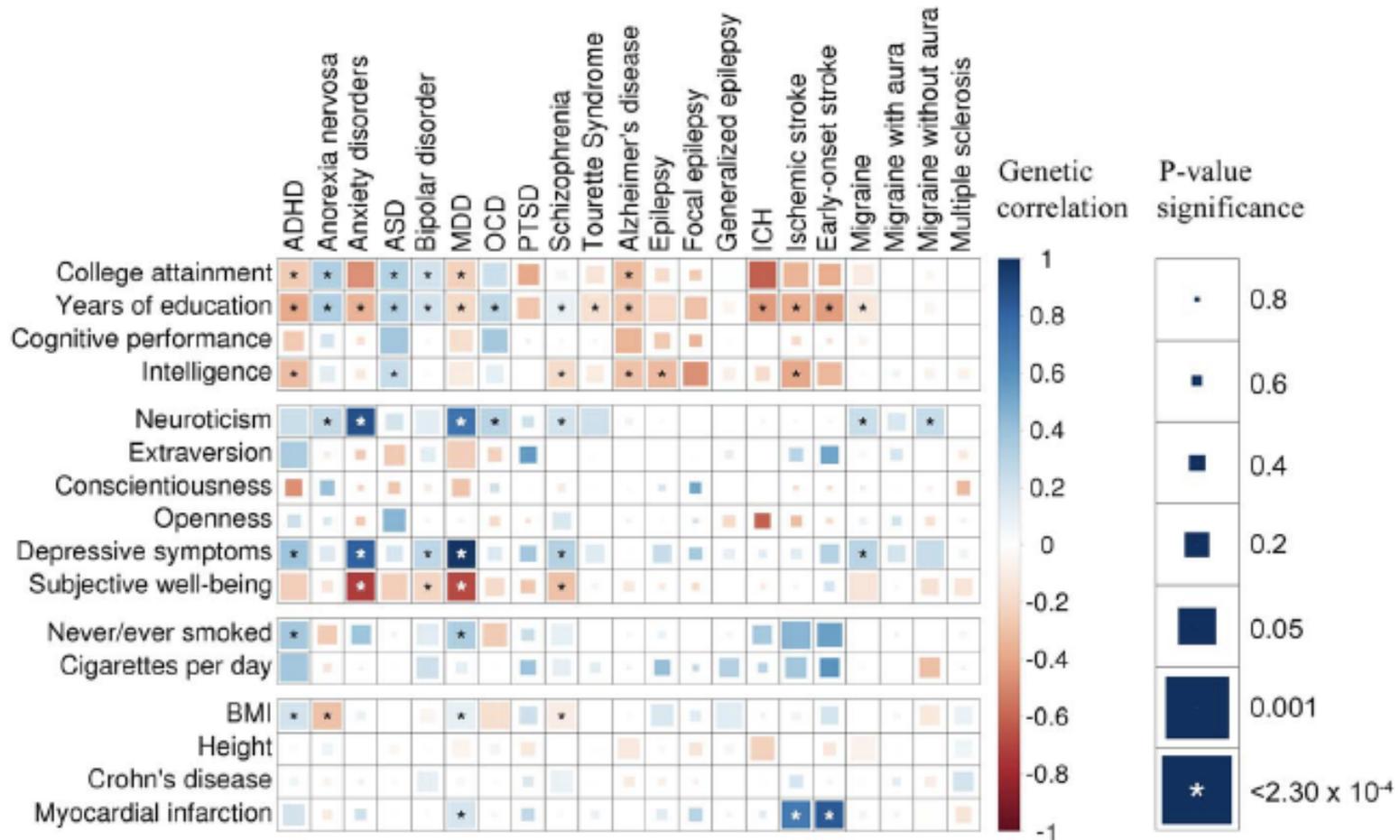


$$\text{PRS: } \sum \beta_i * g_i$$



Pleiotropy: Common variant genetic correlations across neural phenotypes:

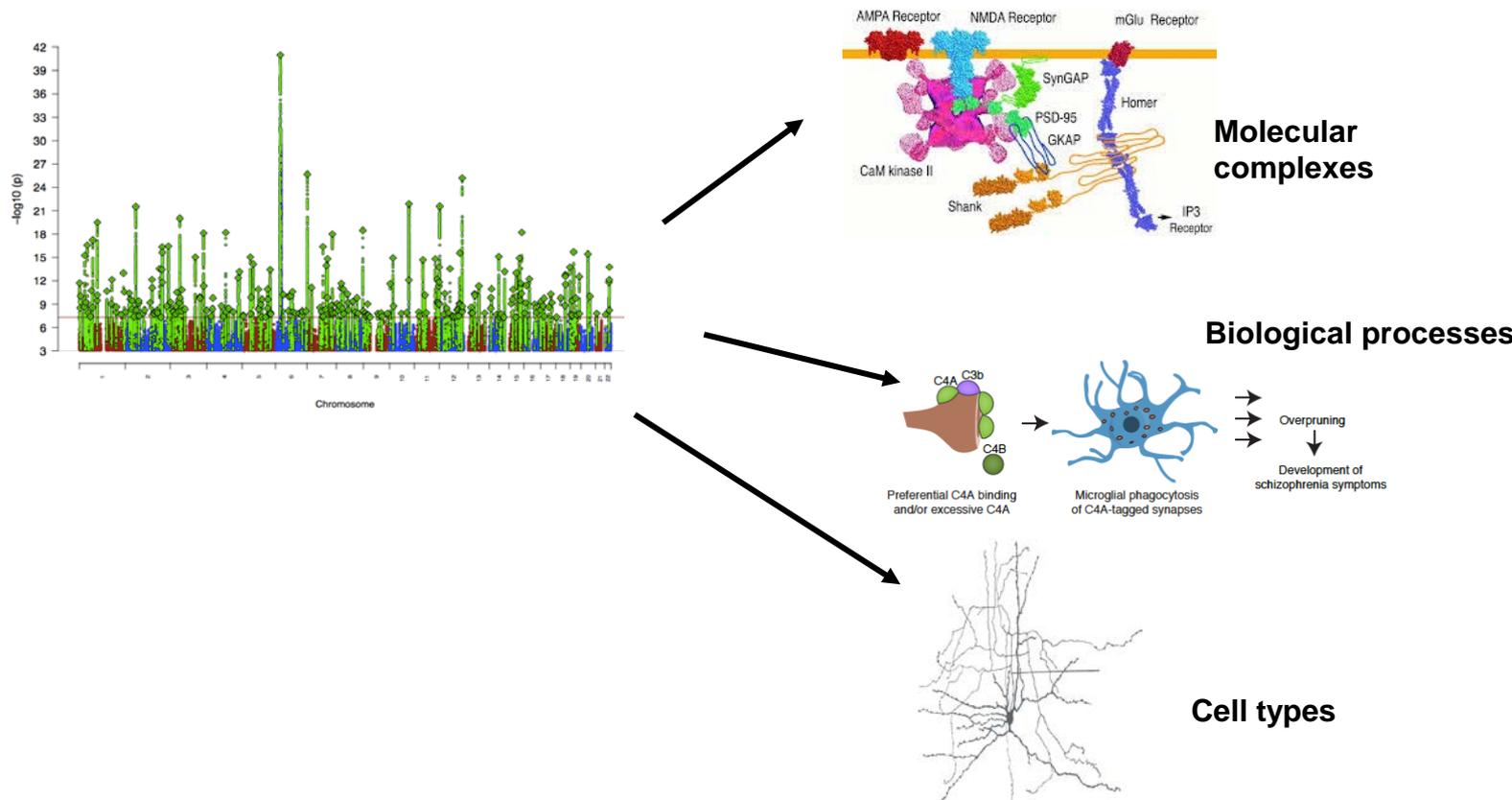
ASD risk is associated with higher IQ and EA



Source: Brainstorm Consortium Science **360**, 2018

Biological interpretation of polygenic risk:

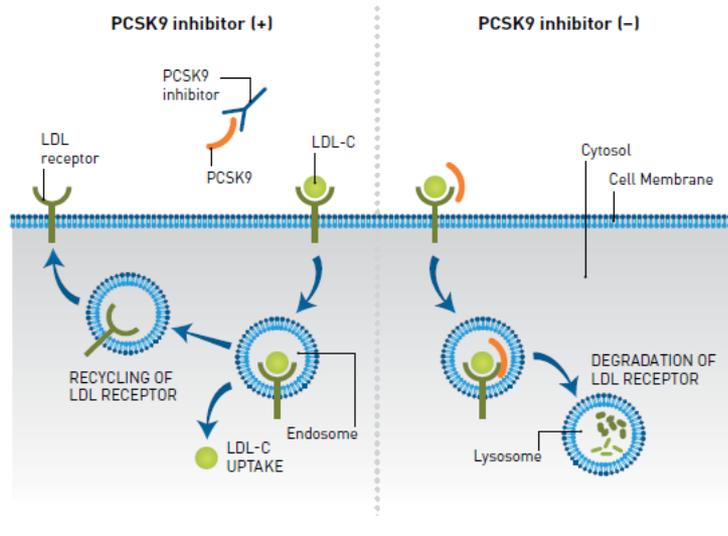
Hypothesis of convergence on a smaller number of cell types, molecular pathways, biological mechanisms



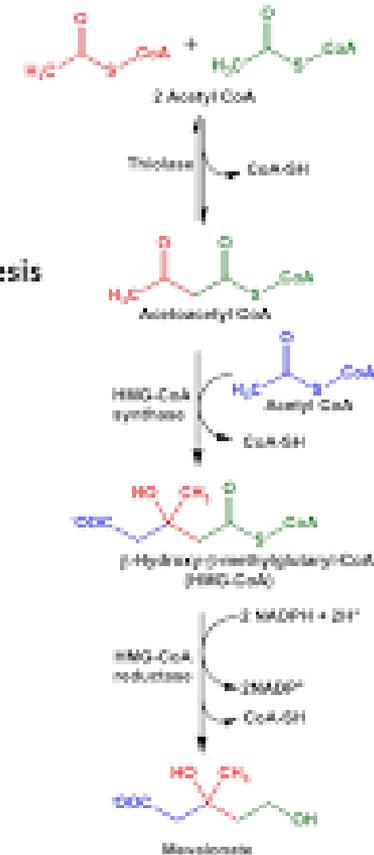


We can be lucky—or we will have to get better at multiplexing

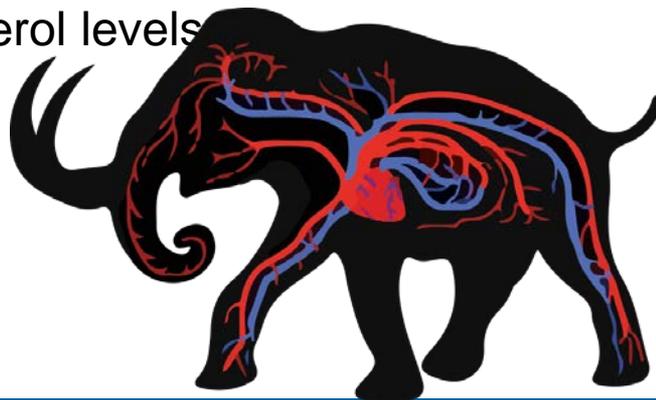
FIGURE. Mechanism of LDL-C Reduction via PCSK9 Inhibition^{4*}



Cholesterol Biosynthesis Stage 1



Single targets can emerge from analysis of pathways: HMG-CoA and PCSK9 for LDL cholesterol levels

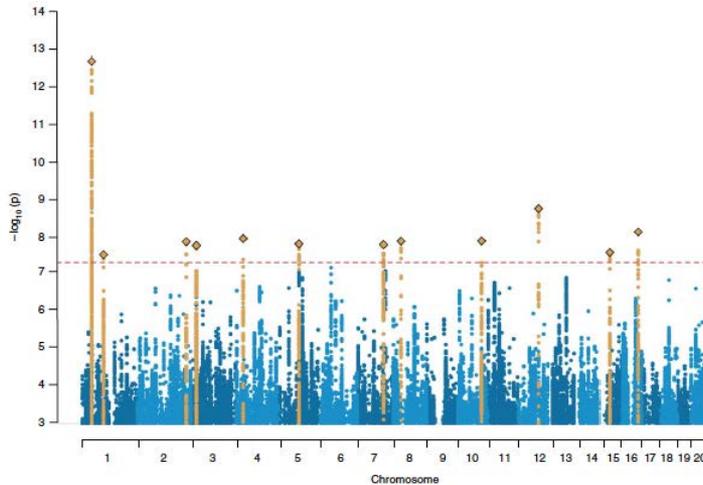


<https://reviverestore.org/projects/woolly-mammoth/progress-to-date/>

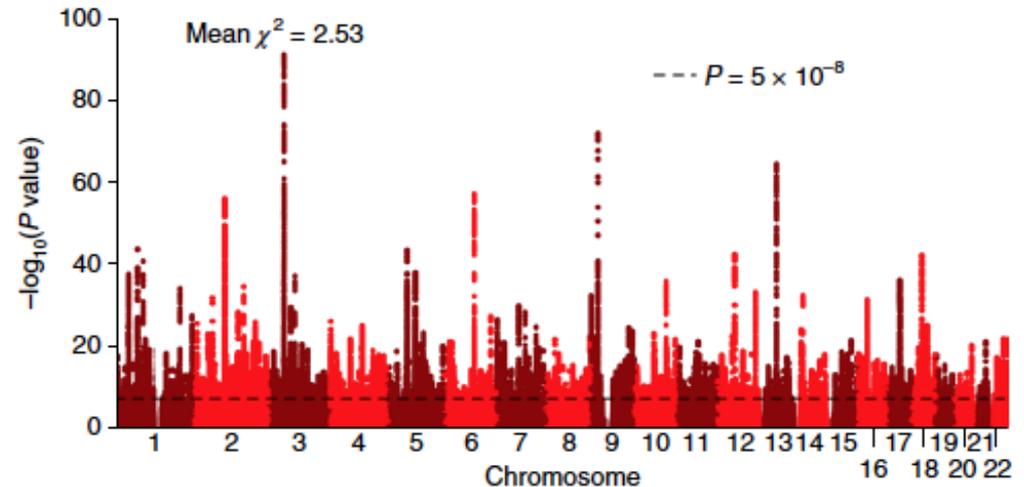
GWAS results for cognitive and behavioral phenotypes



Manhattan plot: meta-analysis of GWAS for ADHD



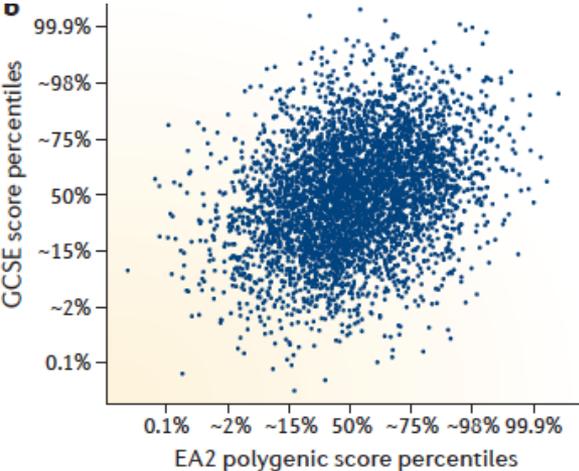
Manhattan plot: GWAS for Educational attainment (1.1 million subjects)



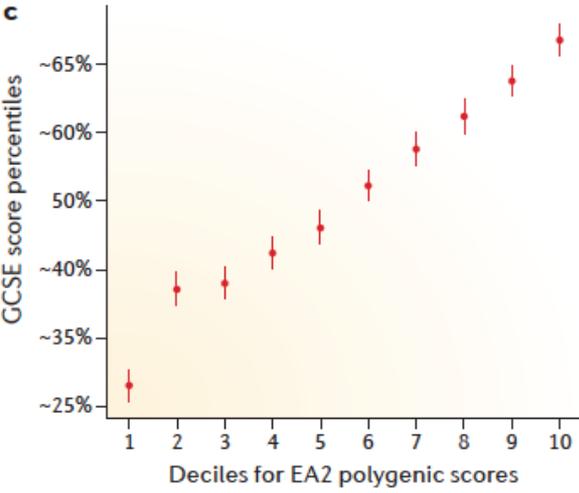
Source: Demontis et al. *Nat. Genet.* 2019

Lee et al. *Nature Genetics* 50:229-237, 2018

Educational attainment (EA2) polygenic scores Vs. UK-wide General Certificate of Secondary Education scores (Age 16)



Individual prediction is poor



Correlation of group averages when polygenic scores divided into deciles

Cognitive and behavioral phenotypes, including common disorders are quantitative

- Normal and disorder-associated traits and polygenic loading are normally distributed in populations (e.g., IQ, educational attainment, ADHD, ASDs, depression)
- This means that setting thresholds for diagnosis and treatment require a deliberative decision
- This also means that an intervention developed as treatment can be deployed for enhancement: yielding functional outcomes better than reversing pathology or better than species-typical
- For polygenic cognitive and behavioral phenotypes this has already produced suggestions of embryo selection in IVF
- For traits that emerge in childhood, this raises important questions for society as well as for regulators and practitioners about multiplex gene therapy postnatally and genomic engineering of embryos.

The Stanley Center Community



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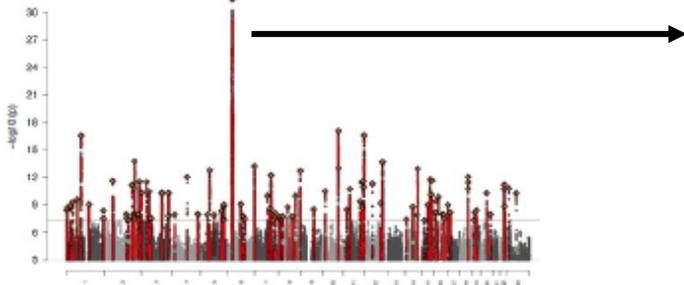
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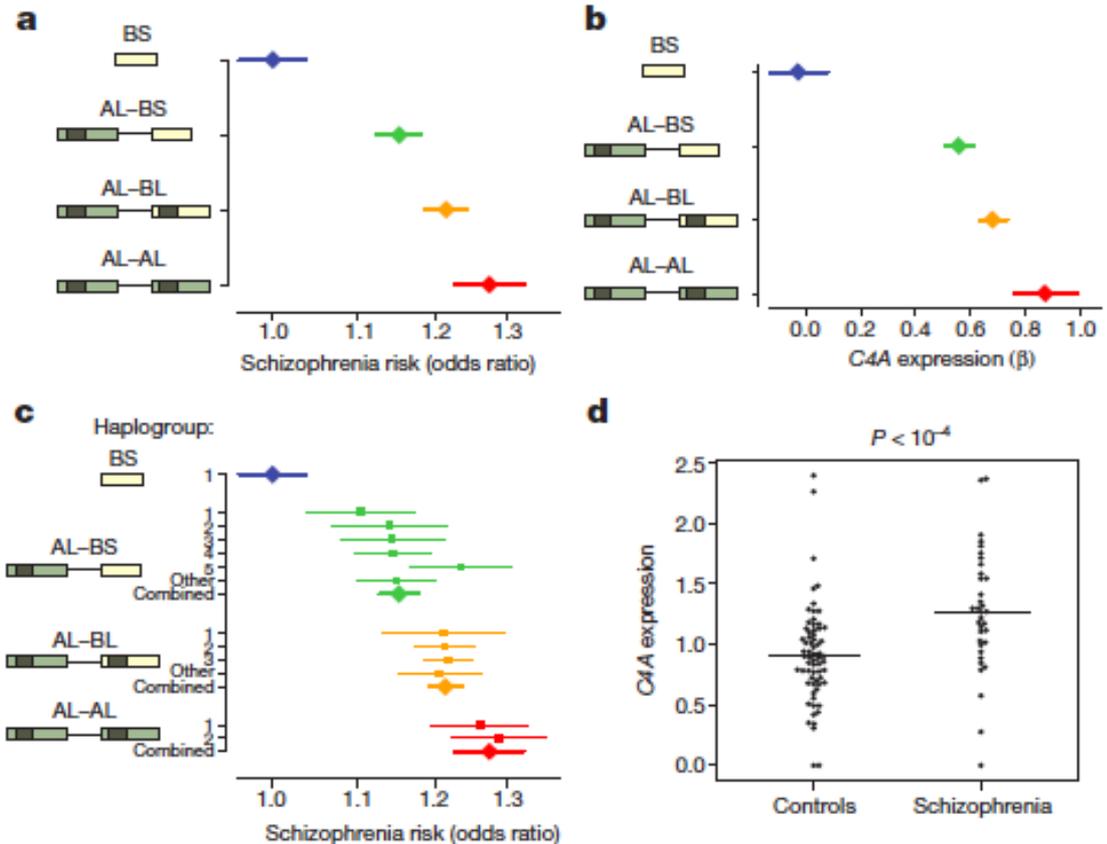
Mt. Sinai, NY

~~Joseph Buxbaum~~
Stanley Foundation
Kent and Liz Dauten
Ray Dalio Foundation
NIMH
NHGRI
Simons Foundation
Lundbeck Foundation

Alleles of C4 shape schizophrenia risk in proportion to their effects on expression of C4A protein



MHC locus; fine mapping implicates Complement Factor 4A (C4A)



Steve McCarroll Beth Stevens

Sekar et al. Nature 2016